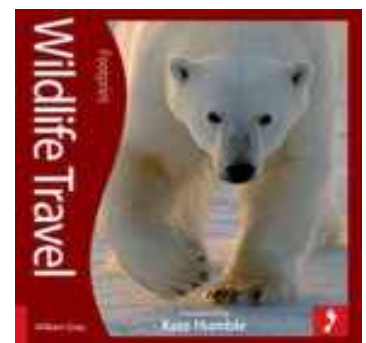
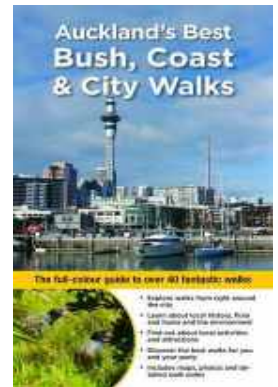
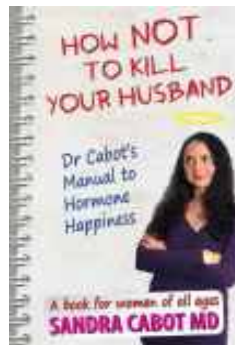
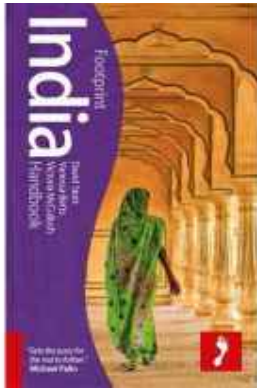


Trade & Travel New Book Releases



January 2012



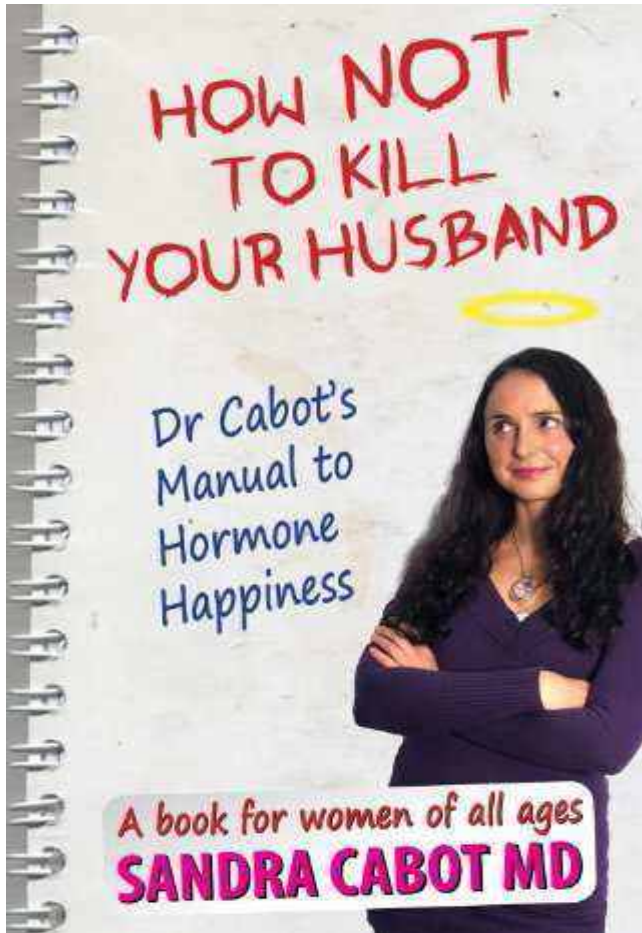
How Not to Kill Your Husband

Dr Cabot's Manual to Hormone Happiness

Author: Cabot, Sandra



DR SANDRA CABOT



Balancing your hormones can save your marriage, as well as your husband's life. Maybe you don't care? Chances are that you are angry, frustrated, tired and just over it. That's your perspective and it's real and probably justified – hell who wants to be a perfect superwoman and mum and wife at the same time. The expectations on women these days to be everything to everybody whilst under the influence of hormonal upheaval can be enough to see you reach breaking point. For many women natural progesterone is a miracle healer and yet they don't know about it! In this book you will learn why natural progesterone is one of medicine's best kept secrets and why doctors are outside their comfort zone without this knowledge. Thankfully Doctor Cabot's nearly 40 years of clinical experience and research is available today to help you feel more control in your life. If you are a woman you may buy this book to help yourself or your daughters or perhaps to save your marriage.

More Bestselling Sandra Cabot Books:

- 9780975743706 **Breast Cancer Prevention Guide** A\$21.95 NZ\$27.99
- 9780958613705 **Can't Lose Weight? You Could Have Syndrome X** A\$21.95 NZ\$27.99
- 9780975743720 **Help for Depression & Anxiety** A\$24.95 NZ\$29.99
- 9780958613729 **Hormone Replacement – The Real Truth** A\$24.95 NZ\$29.99
- 9780958613767 **Hormones, Don't Let Them Ruin Your Life** A\$19.95 NZ\$24.99
- 9780975743744 **Liver Cleansing Diet Revised** A\$24.95 NZ\$29.99
- 9780975743669 **Magnesium – The Miracle Mineral** A\$24.95 NZ\$29.99
- 9780975743645 **Your Thyroid Problems Solved** A\$19.95 NZ\$24.99

AUD RRP: \$14.95
 NZD RRP: \$19.99
 ISBN-13: 9780982933664
 Due Date: Available Now
 Discount: TRADE INTERNATIONAL
 Format: Paperback
 Size (mm): 178 X 110
 Illustrations: COL & B&W THROUGHOUT

Sandra Cabot will be promoting across all media channels, she has now sold well in excess of one million books in the ANZ market!

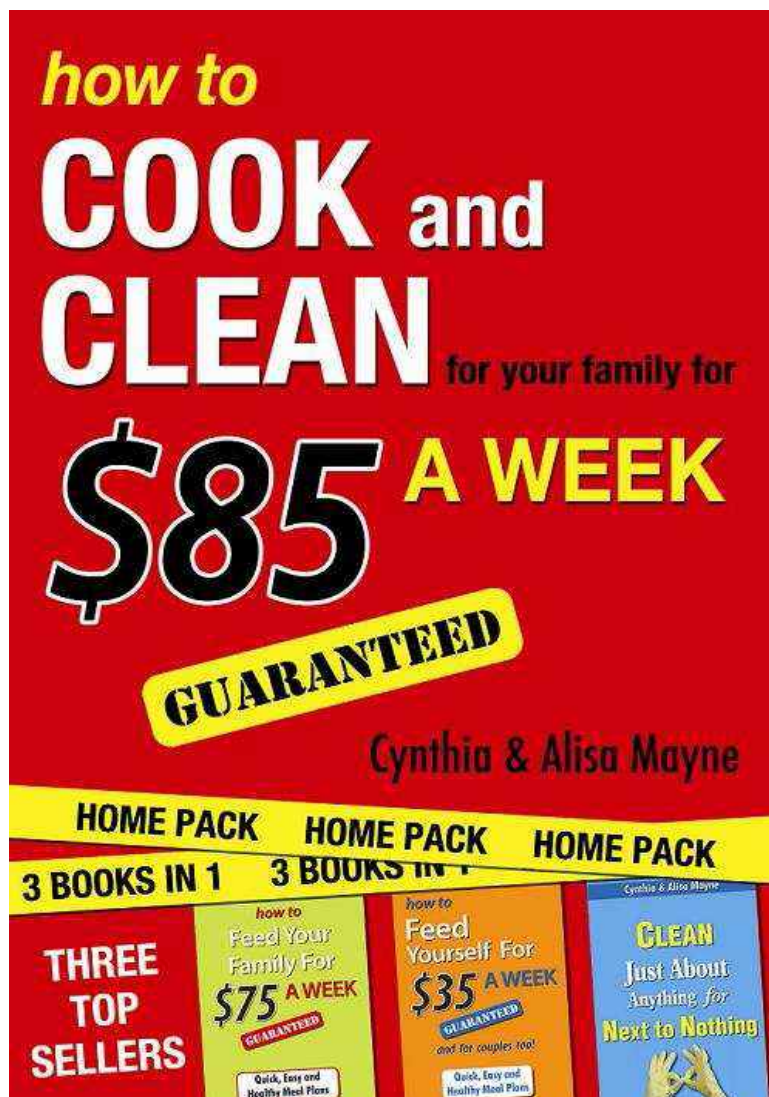
How to Cook and Clean for Your Family for \$85 a Week



3-in-1

Author: Mayne, Cynthia

WILKINSON PUBLISHING



From top selling authors Cynthia and Alisa Mayne come 3 handy books in 1 - to save you and your family money and time in the home and kitchen. From how to feed a family on a budget, to cheap and delicious meals for singles, and finally how to keep your house spotless while saving money and the environment, this is the must have book of handy hints and tips to save you \$\$\$.

AUD RRP: \$19.99
NZD RRP: \$24.99
ISBN-13: 9781921804564
Due Date: January 2012
Discount: TRADE AUSTRALIAN
Format: Paperback
Size (mm): 205 X 140

Unbeatable Value – 3 Books in 1!

How to Feed Your Family for \$75 A Week

How To Feed Your Family for \$75 Per Week shows you how good food and good times can be had on a very tight budget.

How to Feed Yourself for \$35 A Week

From nourishing breakfasts to tasty lunches and tempting dinner ideas this book is packed full of useful tips, delectable recipes and everything a modern single Australian will need to make meal times quick, affordable and enjoyable.

Clean Just About Anything for Next to Nothing

Cynthia and Alisa tell you how to get better results for less money, and it's good for the environment too.

Over **30 000 copies** sold of the original \$9.95 books to date – now in one bookstore friendly volume!

Portion Perfection 2/e



A Visual Weight Control Plan

Author: Clark, Amanda

INDEPENDENT PUBS



Over 15,000 copies sold since the first edition in 2009!
Portion Perfection contains photographic diet plans for weight loss or maintenance for Australian men, women and children. Author Amanda Clark is known for her practicality and is winner of the Dietitian's Association of Australia's Innovation Award. Portion Perfection includes pictures of brand named products found in Australian Supermarkets so readers can see how much to eat of the foods they currently enjoy .Foods are divided into everyday and occasional categories based on their nutritional content. Plates and Bowls to complement the system are available separately.

The Holy Grail of Weight Control!

To use Portion Perfection, readers simply:

1. Identify which calorie intake is right for them
2. Refer to the section for their meal of choice
3. Choose a menu option and turn to that page
4. Note the appropriate portion serve

AUD RRP: \$34.95
NZD RRP: \$45
ISBN-13: 9780980747942
Previous: 9780980747911
Due Date: January 2012
Discount: TRADE AUSTRALIAN
Format: Paperback
Illustrations: COLOUR THROUGHOUT



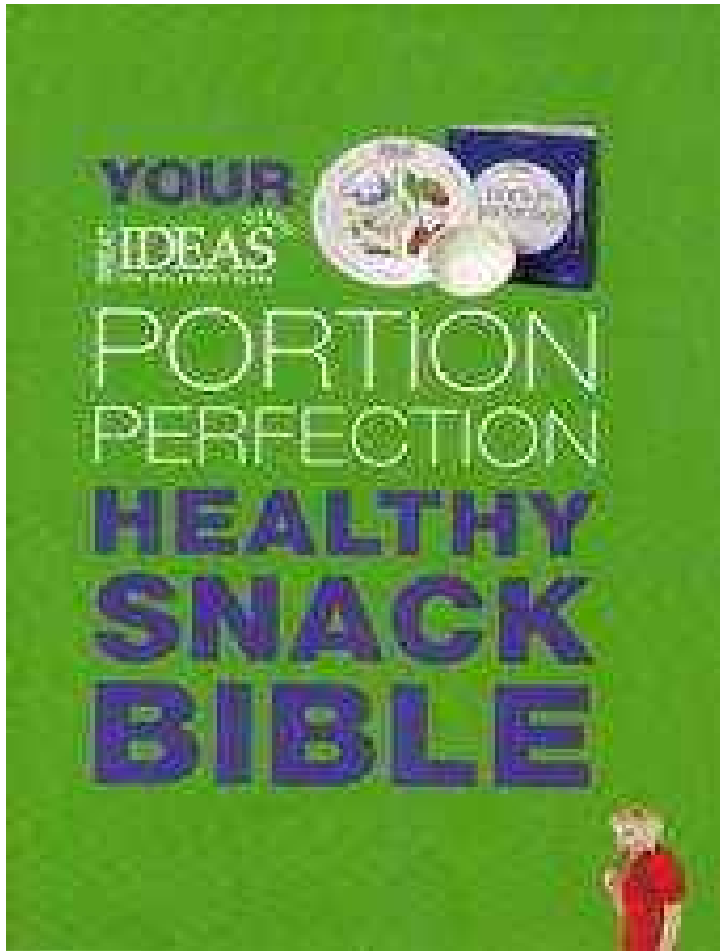
**Kerri-Anne
Channel
7's Sunrise**

Portion Perfection Healthy Snack Bible 2012

Author: Clarke, Amanda

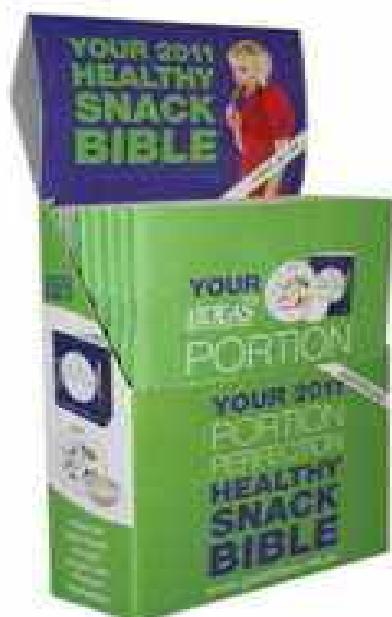


INDEPENDENT PUBS



This handy pocket size guide is a quick reference to those 'everyday' and 'occasional' snack foods in 100 calorie (420kj) and 200 calorie (840kj) portions. For those who have a copy of Portion Perfection this guide features pictures of new and existing products that meet the criteria for Portion Perfection.

AUD RRP: \$7.95
NZD RRP: \$9.99
ISBN-13: 9780980747959
Due Date: January 2012
Discount: TRADE AUSTRALIAN
Format: Paperback
Size (mm): 147 X 150



Also available as:
10 Copy Counterpack



AUD RRP: \$79.50
NZD RRP: \$105
ISBN-13: 9780980747966
Due Date: January 2012
Discount: TRADE AUSTRALIAN
Format: Paperback

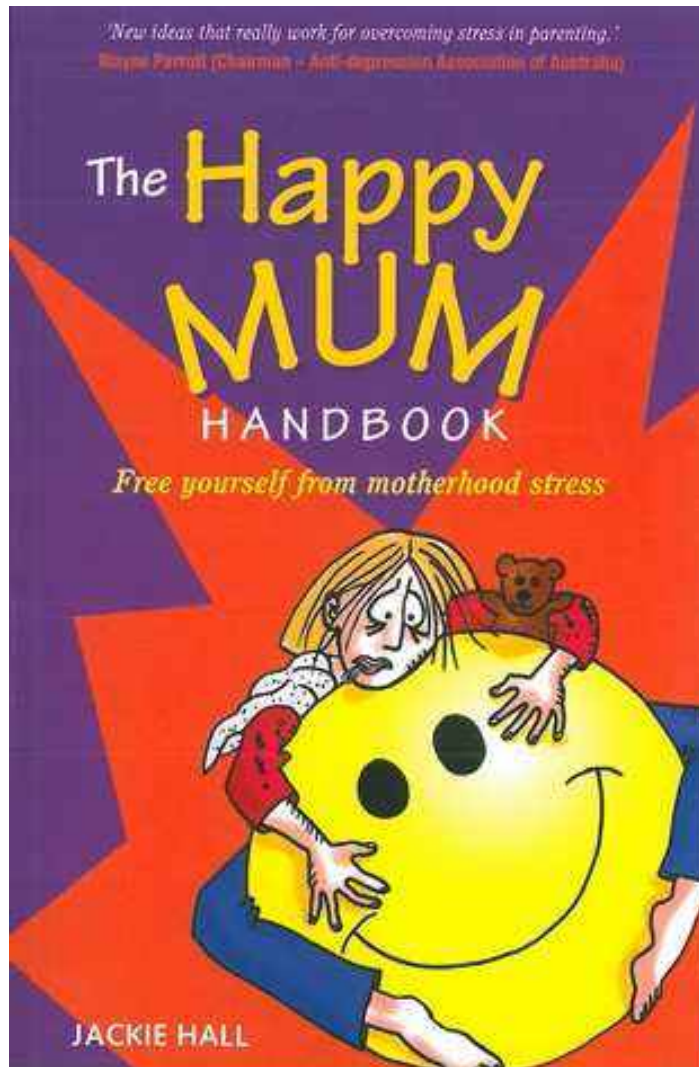
Happy Mum Handbook



Free Yourself from Motherhood Stress

INDEPENDENT PUBS

Author: Hall, Jackie



There are many books on how to raise happy children, but where's the manual on how to be a happy mum? Where are the instructions that teach mums how to deal with the anger, the guilt, the lost identity, or the feeling of being consumed, overwhelmed or stressed? Well, here it is! The Happy Mum Handbook teaches mums how to handle the mental and emotional challenges of motherhood and prevent stress, depression and anxiety using an easy to remember 5-step process called Mind TRACK to Happiness.

AUD RRP: \$29.95
NZD RRP: \$39.99
ISBN-13: 9780646540719
Due Date: Available Now
Discount: TRADE AUSTRALIAN
Format: Paperback
Size (mm): 234 X 152
Pages: 290
Illustrations: B&W THROUGHOUT

Reviews:

“Jackie Hall's meltdown is a lesson for other mums in her book.” **Herald Sun**

“Hall has recognised that there is little material on how to be a happy mum and this book will certainly provide some interesting ideas for those mothers who find themselves 'losing the plot' more than they would like.”

Essential Baby

About the Author:

Jackie Hall is a parenting coach that specialises in helping mums to STOP and prevent motherhood stress, depression and anxiety

Know Where You Stand



Divorce, Separation, De Facto Relationships and the Family Law System

WILKINSON PUBLISHING

Author: Shann, Ian



When lawyer Ian Shann’s marriage ended, he found himself in a world he had never imagined: adversarial, emotional and expensive! He upgraded his legal qualifications to enable him to handle his own family law case. It was an enlightening experience especially as the lawyer on the other side telephoned him without realising who he was and shared stories about what a terrible person “the husband” in the case was. The experience was so profound that, after his own case settled, Ian decided he wanted to practise family law full-time. Today life is much happier for Ian and his blended family; what he has learned as a lawyer and as a participant in the Family Court has changed his life. Now he’s put 20 years of experience on both sides of the fence into a unique plain English guide to separation for married and de facto couples. This book is full of practical tips and resources with a strong emphasis on not wasting money and avoiding stress. With this book, a separating couple could easily save themselves a wealth of time and legal fees, as well as avoiding extra pain at what s already an emotional time for all involved.

- Ian Shann is an accredited family law specialist and the national head of family law at Slater & Gordon.

- Established in 1935, Slater & Gordon is Australia’s largest plaintiff law firm. With a strong commitment to justice for all Australians, the maverick law firm is proud of its long record of “firsts” – such as ‘No win, no fee’ and its many historic legal cases

SALES & PUBLICITY:

News Ltd newspapers across Australia will be featuring **Know Where You Stand**, with in-paper promotion and online support as well as being used in Slater & Gordon’s advertising, the author has already appeared on Sunrise with more media to follow.

- AUD RRP: \$29.95
- NZD RRP: \$39.99
- ISBN-13: 9781921804595
- Due Date: Available Now
- Discount: TRADE AUSTRALIAN
- Format: Paperback
- Size (mm): 245 X 175



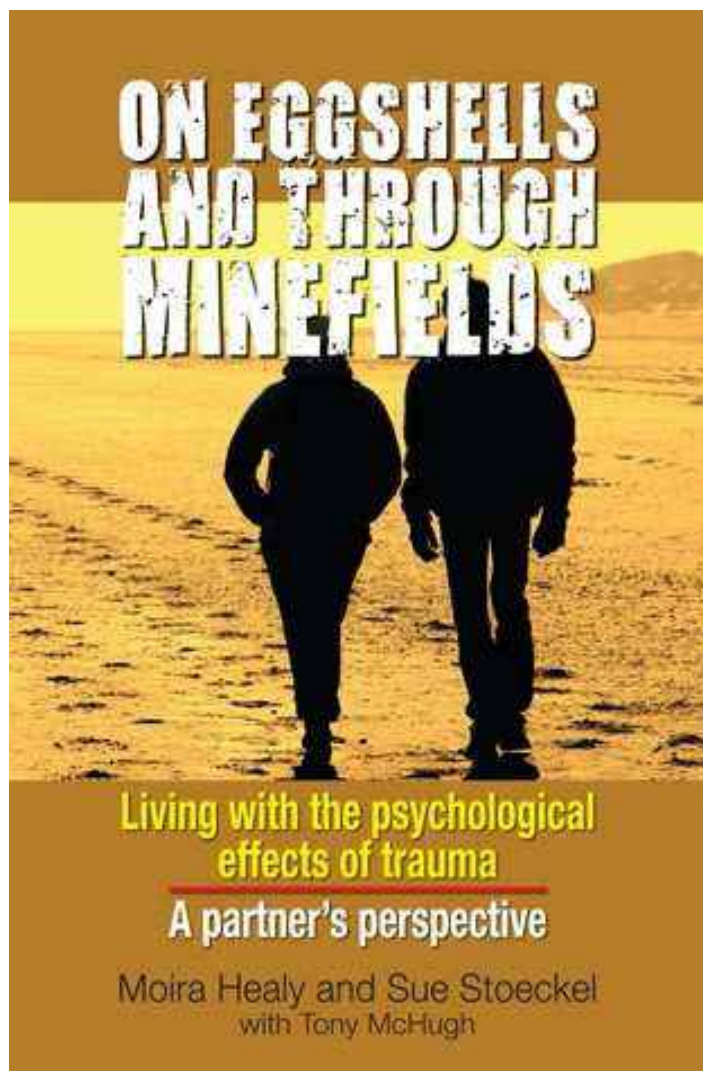
Channel 7's Sunrise

On Eggshells and Through Minefields

Living with the Psychological Effects of Trauma

Austin Health

Author: Healy, Moira et al



On Eggshells and Through Minefields is for anyone who has been through a trauma and found their lives profoundly changed, but most importantly it explores the psychological impact upon intimate relationships. The title reflects how loved ones, particularly the partners and children, often live their lives - treading warily and afraid that one wrong step may cause their whole world to fracture and crumble. Or alternatively like waiting for something to explode and blow apart all they love.

The Authors work for Melbourne's Austin Hospital

AUD RRP: \$29.95
NZD RRP: \$39.99
ISBN-13: 9781920997991
Due Date: Available Now
Discount: TRADE AUSTRALIAN
Format: Paperback
Size (mm): 234 X 152
Pages: 314
Illustrations: B&W THROUGHOUT

This book will help to:

- Understand life from the partner's perspective, sharing stories from those living with a sufferer of PTSD
- Understand the psychological impact of trauma on individuals and the broader community
- Understand and manage the problematic relationship styles that may emerge following trauma

It will provide:

- An explanation of the diagnosis and symptoms of PTSD and other trauma related difficulties
- Insights from the therapists' understanding of the struggles experienced by those affected by trauma
- Self-help strategies for change and a comprehensive list of resources.



The 7.30 Report & 3AW

Author is planning a comprehensive national marketing and publicity campaign for late 2011 / early 2012.

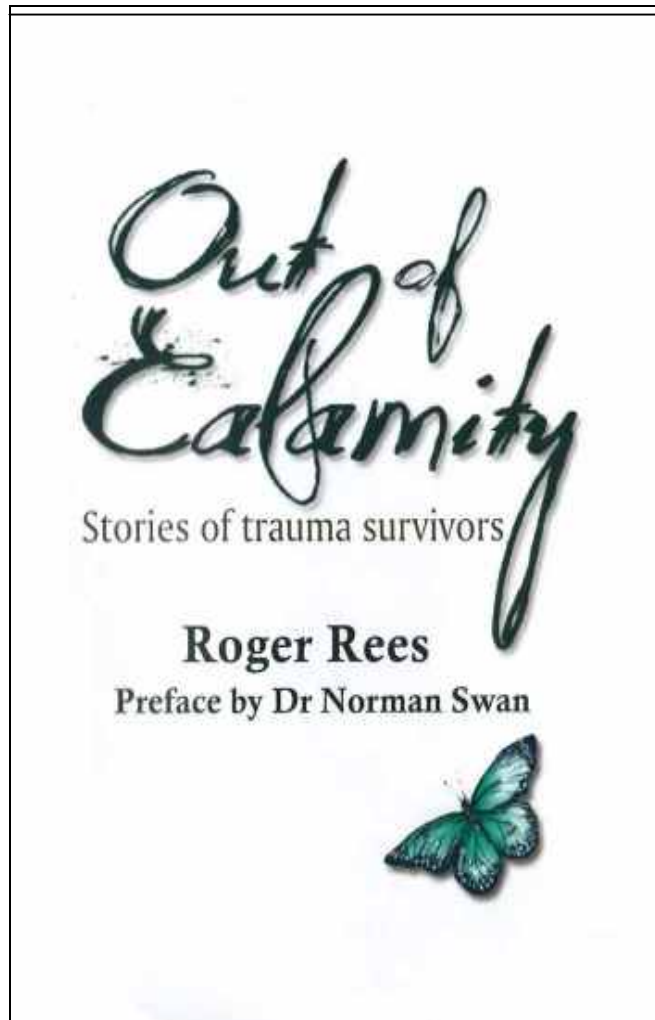
Out of Calamity



Stories of Trauma Survivors

INDEPENDENT PUBS

Author: Rees, Roger



All the people in these stories are unsung heroes. Their stories are true. To honour their privacy, most of the individuals profiled bear fictitious names; a few are composite characters. They have suffered severe trauma, the consequences of which have affected every aspect of their lives, as well as those of family and friends. They demonstrate great, if not superhuman, courage and resilience and never seek or expect applause. Over time, day-by-day, they endeavour to cope with loss, bid to reclaim lost skills, and unheralded, make significant contributions to society. 'Out of Calamity' stories and portraits are told in language that is realistic but also poetic, and demonstrate heroic dimensions even when people appear overwhelmed. Superbly crafted writing that is often raw but also eloquent, spare and affecting, these stories are gems replete with insight and compassion.

About the Author:

Roger Rees, Emeritus Professor of Disability Studies and Research at Flinders University, has spent 25 years involved in the rehabilitation and education of people with brain injury, and his newly published memoir focuses squarely on the people he has met and “helped to help”.

Author is planning a comprehensive national marketing and publicity campaign for late 2011 / early 2012

- AUD RRP: \$24.95
- NZD RRP: \$32.99
- ISBN-13: 9781864766615
- Due Date: Available Now
- Discount: TRADE AUSTRALIAN
- Format: Paperback
- Size (mm): 210 X 150
- Pages: 280
- Illustrations: NOT ILLUSTRATED

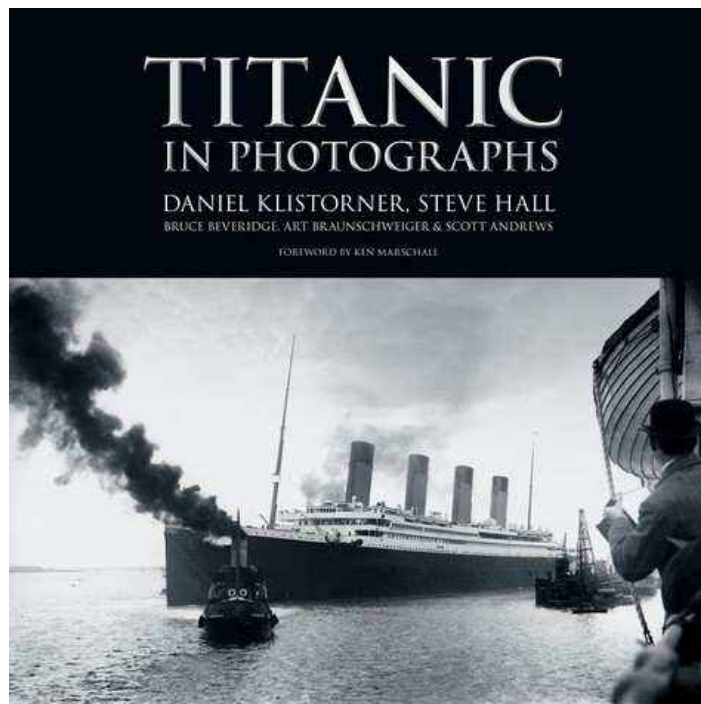
.....
: Foreword by Dr Norman Swann the
: ABC’s health specialist & the voice
: of Radio National’s *Health Report* .
:

Titanic in Photographs H/C



Author: Hall, Steve et al

HISTORY PRESS



The name Titanic has become synonymous with catastrophe, the story of this luxurious liner legendary. Wrecked after colliding with an iceberg on her maiden voyage, the loss of around 1,500 lives among her passengers and crew has gone down in history as one of the most emotive and tragic disasters in history. In this evocative collection of photographs the authors of Titanic The Ship Magnificent tell her full story, from the shipyards of Harland & Wolff and its early vessels, with the backdrop of the great race to build the biggest and best passenger liner, to the frenzy of excitement surrounding her launch. Looking at her officers and crew, as well as her stops at Cherbourg and Queenstown - including some special, rare photographs - the book follows the story to its inevitable conclusion, considering the lifeboats, the presence of the Carpathia and the aftermath of the disaster.



RMS Titanic 1912 –2012 100 Years

About the Authors:

Daniel Klistorner is the world's foremost expert on Titanic's passenger accommodations and has consulted to the media, auction houses and museums around the world.

Steve Hall is a renowned Titanic visual historian, having collected, studied and researched the ship's photographic record for over four decades. Klistorner and Hall have each compiled extensive reference photographic portfolios of the ship, which are among the finest collections privately held.

Bruce Beveridge is one of the world's foremost authorities on Titanic's exterior and general working arrangements, and, with **Scott Andrews**, is a recognized authority on the technical aspects of her layout and construction.

All four, along with Titanic modeller and researcher Art Braunschweiger, previously wrote TITANIC: The Ship Magnificent, the most comprehensive book published on Titanic to date.

- AUD RRP: \$49.95
- NZD RRP: \$65
- ISBN-13: 9780752458960
- Due Date: December 2011
- Discount: TRADE INTERNATIONAL
- Format: Hardback
- Size (mm): 250 X 250
- Pages: 160
- Illustrations: COL & B&W THROUGHOUT



Available for Christmas

In store December 1st

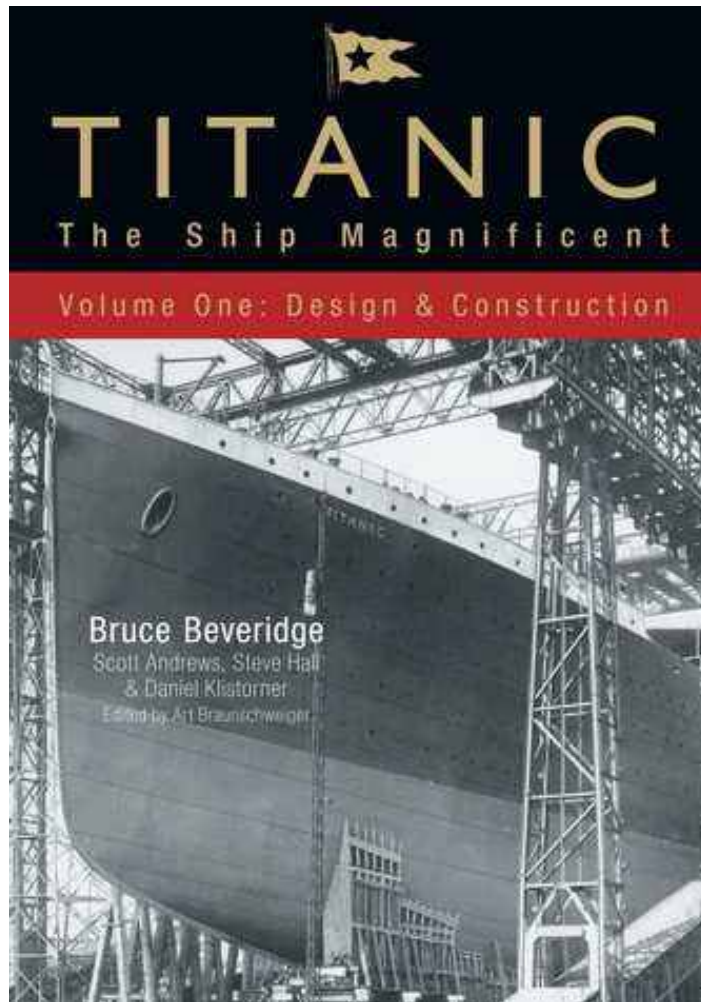
Titanic The Ship Magnificent H/C Volume One



Design & Construction

Author: Beveridge, Bruce

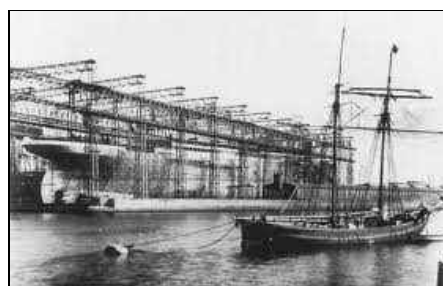
HISTORY PRESS



The largest, most luxurious ship in the world, wrecked on her maiden voyage after colliding with an iceberg in mid- Atlantic has become the stuff of legends, her name, Titanic! While everyone knows the new White Star liner was the most glamorous and was full of millionaires when she sank, few appreciate just how luxurious she was. Even in Third Class, the accommodation was better than on First Class on many older ships. For the first time, Bruce Beveridge, Steve Hall, Scott Andrews and Daniel Klistorner look at the ship itself, and at her interior design and fittings. From cobalt blue Spode china and Elkington plate silverware in the a la carte restaurant to the design of the boilers and fixtures and fittings onboard the world's most luxurious vessel, they tell the story of a liner built at the peak of the race between the British, French and Germans to build bigger and better ships.



AUD RRP: \$99.95
NZD RRP: \$130
ISBN-13: 9780752446066
Due Date: December 2011
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 296 X 210
Pages: 688
Illustrations: B&W THROUGHOUT



**Available for
Christmas**

In store December 1st

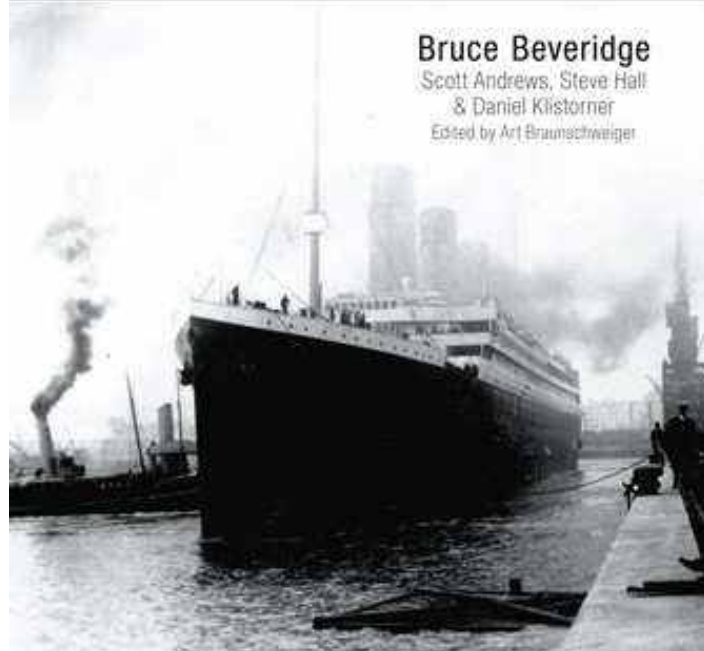
Titanic The Ship Magnificent H/C Volume Two



Interior Design & Fitting Out

Author: Beveridge, Bruce

HISTORY PRESS



Bruce Beveridge
Scott Andrews, Steve Hall
& Daniel Klistorner
Edited by Art Braunschweiger

The largest, most luxurious ship in the world, wrecked on her maiden voyage after colliding with an iceberg in mid- Atlantic has become the stuff of legends, her name, Titanic! While everyone knows the new White Star liner was the most glamorous and was full of millionaires when she sank, few appreciate just how luxurious she was. Even in Third Class, the accommodation was better than on First Class on many older ships. For the first time, Bruce Beveridge, Steve Hall, Scott Andrews and Daniel Klistorner look at the ship itself, and at her interior design and fittings. From cobalt blue Spode china and Elkington plate silverware in the la carte restaurant to the design of the boilers and fixtures and fittings onboard the world's most luxurious vessel, they tell the story of a liner built at the peak of the race between the British, French and Germans to build bigger and better ships



AUD RRP: \$99.95
NZD RRP: \$130
ISBN-13: 9780752446264
Due Date: December 2011
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 296 X 210
Pages: 520
Illustrations: B&W THROUGHOUT



**Available for
Christmas**



In store December 1st

Titanic Slipcase



Volumes I & II

Author: Beveridge, Bruce

HISTORY PRESS



RMS Titanic, the largest, most luxurious ship in the world, wrecked on her maiden voyage after colliding with an iceberg in the mid-Atlantic, has become the stuff of legends. This special slip-cased edition of Titanic: The Ship Magnificent contains both stunning volumes, Volume I focusing on her design and construction and Volume II on her interior design and fitting out.

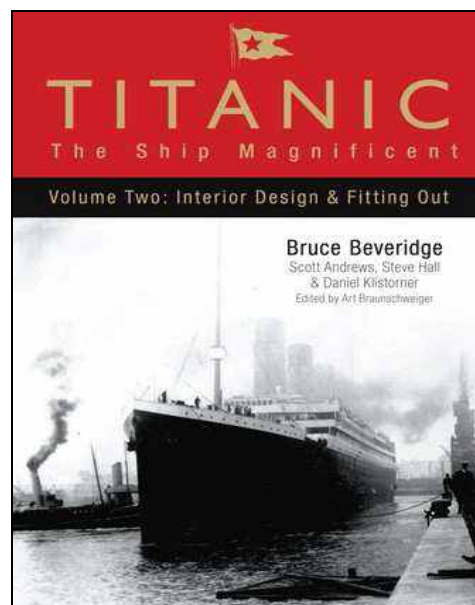
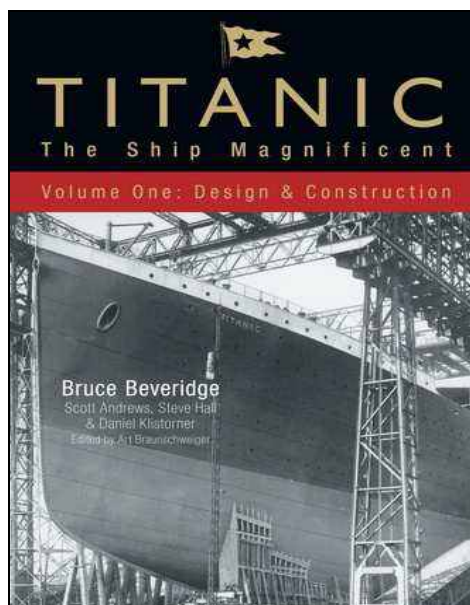
AUD RRP: \$199.95
NZD RRP: \$250
ISBN-13: 9780752447407
Due Date: December 2011
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 296 X 209
Pages: 1100
Illustrations: B&W THROUGHOUT

Available for Christmas



In store December 1st

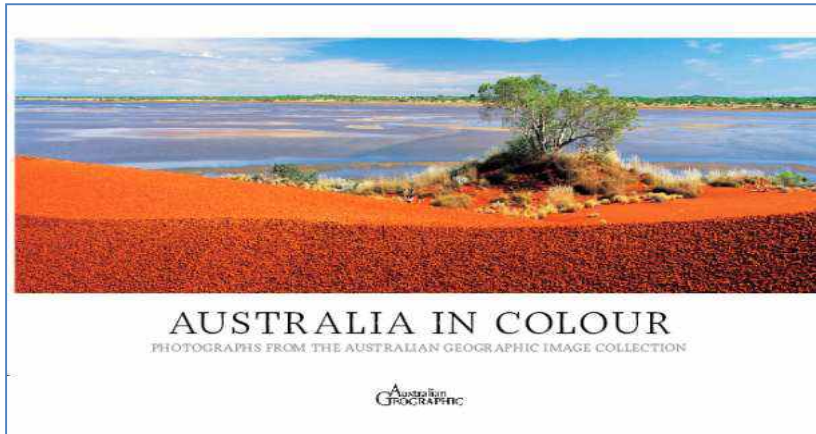
Special Slip Cased Collectors Edition



Australia in Colour H/C



Author: Australian Geographic AUST GEOGRAPHIC

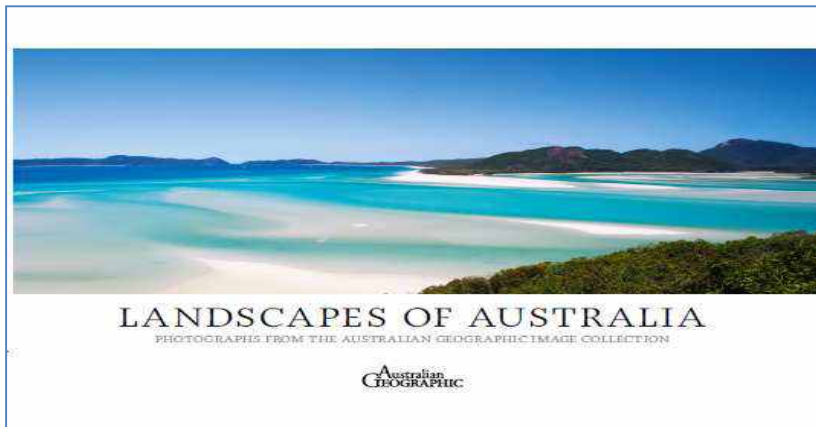


AUD RRP: \$14.95
 NZD RRP: \$19.99
 ISBN-13: 9781742452272
 Due Date: January 2012
 Discount: TRADE AUSTRALIAN
 Format: Hardback
 Size (mm): 236 X 160
 Illustrations: COLOUR THROUGHOUT

Landscapes of Australia H/C



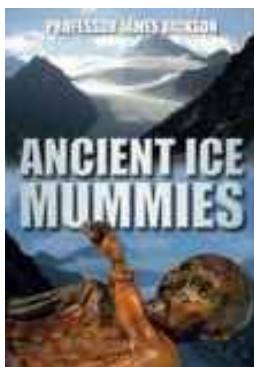
Author: Australian Geographic AUST GEOGRAPHIC



AUD RRP: \$14.95
 NZD RRP: \$19.99
 ISBN-13: 9781742452258
 Due Date: January 2012
 Discount: TRADE AUSTRALIAN
 Format: Hardback
 Size (mm): 236 X 160
 Illustrations: COLOUR THROUGHOUT

Australia is the world's smallest continent but the world's largest island, unsurpassed in its diversity of cultures and natural wonders. Australian Geographic invites readers to explore this vast and beautiful land through this superb collection of bird's-eye photographs that spotlight Australia's fascinating contrasts in these two books. The result is a spectacular portfolio of pictures that give us a rare glimpse of Australia's complex beauty. The books transport readers to the remote reaches of this country: from the boundless expanses of the Outback to the incomparable sapphire blue of the Great Barrier Reef. Readers experience the heat of scorching deserts dominated by rocks of bizarre shapes and otherworldly colors, dive into bountiful waterfalls and salt lakes, and encounter exotic animals and futuristic cities. They also evoke the idiosyncratic personality of each of the country's major cities, including Sydney, Brisbane, Melbourne, and Adelaide, which, when viewed from above, are all the more compelling.

Ancient Ice Mummies



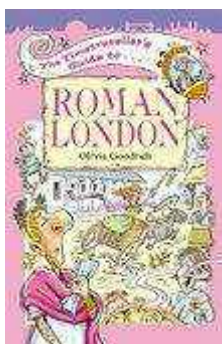
Author: Dickson, James Holmes

Rising high above the South American continent, the Andes seem untouched by earthly struggles. But their pristine, ice-capped peaks are haunted by a dark secret: a deadly mountaintop ritual. These frozen bodies—all children—date to the time of the Inca—the great civilization that ruled the Andes 500 years ago. How they died has remained shrouded in mystery. Now, a new kind of scientist—part scholar, part adventurer—is unlocking the secrets of the ancient mummies.

HISTORY PRESS

AUD RRP: \$44.95
NZD RRP: \$59.99
ISBN-13: 9780752459356
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 248 X 172
Pages: 192
Illustrations: COLOUR THROUGHOUT

Life in Roman London



Author: Webb, Simon

Following its foundation in the mid 1st century, early Roman London occupied a relatively small area, roughly equivalent in size to Hyde Park at 350 acres (1.4 km²). The 19th-century antiquarian Roach Smith estimated its length from the Tower west to Ludgate at about a mile; and from London Wall in the north to the Thames bank around half a mile. Archeologists have uncovered numerous goods imported from across the Roman Empire in this period, suggesting that early Roman London was a highly cosmopolitan community of merchants from across the Empire and implying that there was a local market for such objects.

HISTORY PRESS

AUD RRP: \$32.95
NZD RRP: \$42.99
ISBN-13: 9780752465364
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 234 X 156
Pages: 160

Running the Roman Home



Author: Croom, Alexandra

The text will chronicle the features and characteristics of the Roman age and explore the lives of the different social classes, as well as men, women and children. Readers will learn what it was like to live as a Roman, be able to compare how their present lives have been influenced by the past and learn how much has changed since Roman times.

HISTORY PRESS

AUD RRP: \$32.95
NZD RRP: \$42.99
ISBN-13: 9780752465173
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 160
Illustrations: B&W THROUGHOUT

To Rule Britannia

The Claudian Invasion of Britain, AD 43



Author: Waite, John

Britain, heralding the beginning of recorded British history and laying the cultural foundations of today's national identity. Yet despite the crucial importance of this event, the actual location of the landings is still uncertain. Historians and archaeologists have debated and written much over the years with regard to this particular question, with Richborough in Kent and Chichester in Sussex most often proposed as favourites. Taking an alternative approach, To Rule Britannia places much greater emphasis on the practical problems the Romans faced in deciding on a landing site and offers fresh thinking on many key aspects. The result is the most comprehensive study to date of the invasions of Caesar and Claudius, presenting a straightforward and logical examination that can be readily appreciated by both the casual and specialist reader alike.

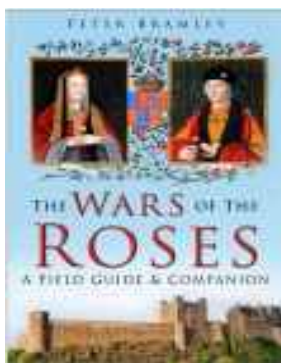


HISTORY PRESS

AUD RRP: \$44.95
NZD RRP: \$54.99
ISBN-13: 9780752451497
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 215 X 123
Pages: 192
Illustrations: B&W SECTION(S)

Wars of the Roses

A Field Guide & Companion



Author: Bramley, Peter

The Wars of the Roses (1455-85) saw the end of Plantagenet rule in England & Wales, and the accession of the Tudor dynasty to the throne. It is sometimes seen as the end of the Middle Ages in England, and the start of the modern era, and it paved the way for the reigns of Henry VIII and Elizabeth I. A surprising number of historic sites from this turbulent period survive: battlefields, castles, churches, monasteries. Peter Bramley's beautifully illustrated field guide and companion to the Wars of the Roses gives full details of both the events and the personalities associated with each of these sites, together with the historical background and the reasons for the struggle between the houses of York and Lancaster. Arranged by region, it covers the whole of England and Wales, and provides invaluable information for anyone visiting or planning to visit any of the sites connected with the conflict, as well as anyone interested in the history of this period in general.

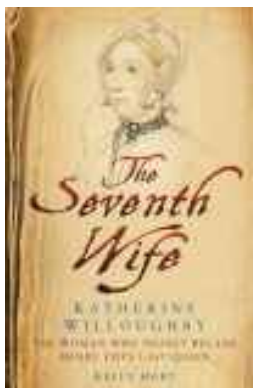


HISTORY PRESS

AUD RRP: \$44.95
NZD RRP: \$54.99
ISBN-13: 9780752463360
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 248 X 172
Pages: 288
Illustrations: COL & B&W THROUGHOUT

Seventh Wife of Henry VIII: Katherine Willoughby H/C

The Woman who Almost Became his Last Queen



Author: Hart, Kelly

In 1546 there were rumours that Henry VIII wanted to annul his marriage to Katheryn Parr and marry her close friend and lady-in-waiting Katherine Willoughby, the dowager Duchess of Suffolk. Young, attractive, feisty, intelligent and devoutly religious, perhaps most importantly she had already given birth to two sons. The king even agreed to the arrest of Katheryn Parr on the grounds of heresy, but she successfully persuaded him of her innocence and charmed her way back into his affections. Katherine Willoughby would go on to reject the proposal of the King of Poland and marry for love, then a rather radical idea. She gave up wealth, power and even her Protestant faith to wed one of her servants, before fleeing to the Continent, not to return to England until after Henry's death. Kelly Hart's biography of this fascinating woman brings her story up to date using recent research, and focuses on the events of 1546: was Henry really thinking of making the young widow his seventh wife?



HISTORY PRESS

AUD RRP: \$49.95
NZD RRP: \$65
ISBN-13: 9780752449920
Due Date: January 2012
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Format: Hardback
Size (mm): 215 X 123
Pages: 192
Illustrations: B&W SECTION(S)

Armies of the Seven Years War H/C



Author: Smith, Digby

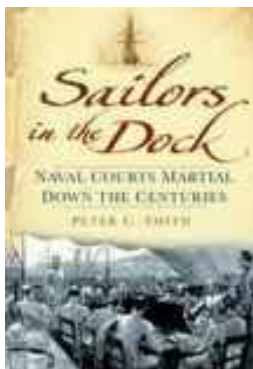
Drawn from many international sources, most not seen before in English-language publications, *Armies of the Seven Years War* is the definitive reference work for students, readers and enthusiasts of the period. It details the senior commanders, uniforms, weapons, equipment, artillery, strategy, tactics and combat involvement (military and naval) of the forces that fought for survival and world supremacy from 1756 to 1763. States covered include Austria, Bavaria, Britain, Brunswick, Denmark, Hanover, Hessen-Darmstadt, Hessen-Kassel, Holland, France, the Palatinate, Portugal, Prussia, Russia, Spain, Sweden, Wurttemberg and the minor contingents of the Holy Roman Empire. Coverage of the intricacies of the uniforms, colours and standards is on an unprecedented scale, many details of which are previously unpublished. The tactics of the 'horse and musket' era are examined, as is Frederick the Great's abilities as a war leader who led his armies against the rest of Europe. With over 150 illustrations and maps and drawn from wide-ranging research, *Armies of the Seven Years War* is an invaluable resource.

HISTORY PRESS

AUD \$65
RRP:
NZD \$89.99
RRP:
ISBN-13: 9780752459233
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Date:
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 248 X 172
Pages: 320

Sailors in the Dock H/C

Naval Courts Martial Down the Centuries



Author: Smith, Peter C.

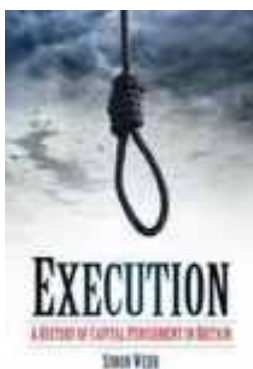
Through carefully selected quotations and rigorous analysis, the text reveals the development of a coherent system of justice within the Navy, one which was instrumental in its progressive modernization. Illustrations are provided, including a page of text and signatures from a report of Court Martial in 1694. This is a highly informative volume that will be of value to anyone with an interest in naval history.

HISTORY PRESS

AUD \$44.95
RRP:
NZD \$59.99
RRP:
ISBN-13: 9780752465623
Due January 2012
Date:
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 234 X 156
Pages: 272

Execution

A History of Capital Punishment in Britain



Author: Webb, Simon

Capital punishment has played its part as the ultimate judicial penalty in the UK for centuries. This unique book meticulously examines the ominous origins of this horrific tradition, and the arguments behind society's final punishment. Often a macabre, graphic exercise in physical mutilation, capital punishment was once a highly popular form of entertainment for the masses, as well as serving the death penalty to murderers - man, woman and child alike. Within the pages of this chilling book, these condemned victims and the methods in which they met their plight come to life once more. The death penalty is examined in its different guises through the centuries, from execution methods pre-1800 by hanging - both individual and multiple, hanging, drawing and quartering for the charge of high treason, to other sickening alternatives which included burning, boiling alive and use of the dreaded Halifax gibbet, precursor to the Guillotine. Witches fell to watery graves through violent drownings, whilst damned women were often pressed slowly to death.

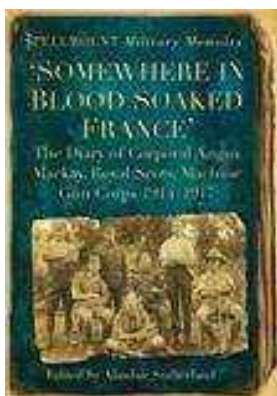
HISTORY PRESS

AUD \$32.95
RRP:
NZD \$42.99
RRP:
ISBN-13: 9780752464077
Due January 2012
Date:
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 234 X 165
Pages: 160

HISTORY - Military history

Somewhere in Blood Soaked France

The Diary of Corporal Angus Mackay Royal Scots Machine Gun Corps 1914-17



Author: Sutherland, Alasdair

In *Somewhere in Blood Soaked France*, Alasdair Sutherland reveals this previously unpublished account of the First World War, complete with historical context, orders of battle and extracts from official war diaries. This rare source – it was an offence to keep a record in case of capture – offers a stirring insight into the bravery of Mackay and his companions, who were not afraid to die for their country. ‘If I go under it will be in a good cause, so roll on the adventure.’

HISTORY PRESS

AUD RRP: \$39.95
NZD RRP: \$49.99
ISBN-13: 9780752464466
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Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 215 X 123
Pages: 224
Illustrations: B&W SECTION(S)

HISTORY - Military history

VCs of the First World War: The Somme



Author: Gliddon, Gerald

Covering all the men who gained VCs during the Somme campaign 1916, it tells the story in chronological order. Many photos and maps included with descriptions of the actions where these VCs were gained. Sadly, many of the men didn't survive the battle, or indeed the war. This book is a legacy to their memory and courage, struggling to survive in terrible conditions in what was one of the great battles of the Great War 1914-1918.

HISTORY PRESS

AUD RRP: \$22.95
NZD RRP: \$29.99
ISBN-13: 9780752463032
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 198 X 124
Pages: 288

HISTORY - Military history

World War II Story,



Author: McNab, Chris

A concise, richly illustrated narrative of the war and the effect it had on human life and history. In September 1939 Hitler's Nazi Germany invaded Poland, sparking international condemnation and declarations of war on Germany from France and most of the British Empire and Commonwealth. From that beginning, this pocket history traces one of the greatest wars in history. It discusses how World War II witnessed the mobilization of more than 100 million military personnel, total war on a scale that had not been previously experienced by any of the countries involved. It examines how the war eclipsed everything--industry, technology, the economy, and home life; and changed generations of people who grew up under the shadow of war. It also discusses the legacy of the deadliest conflict in human history, with its loss of 50 million and over 70 million people, and the only use of nuclear weapons in warfare to this day.

HISTORY PRESS

AUD RRP: \$19.95
NZD RRP: \$29.99
ISBN-13: 9780752462059
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 124 X 185
Pages: 128
Illustrations: COLOUR THROUGHOUT

World War II: The Book of Lists H/C



Author: Martin, Chris

Everything you ever wanted to know about the Second World War, from the highest-rated fighter aces to the most inventive escape equipment used to break out of Colditz; from army pay by rank to the largest battleships; from the most stirring speeches to the biggest tactical errors; from the strangest regimental mottoes to the plays most performed by ENSA; and from the dates each country joined the war to the most unlikely spies. All the major events and dates in the war are covered in detail, but equal emphasis is placed on the human experience of combat. Often poignant and always revealing, World War II: the Book of Lists offers a unique insight into the deadliest conflict in human history.

HISTORY PRESS

AUD RRP: \$27.95
NZD RRP: \$39.99
ISBN-13: 9780752461632
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 216 X 138
Pages: 192

War's Forgotten Women

British Widows of the Second World War



Author: Millgate, Helen D. et al

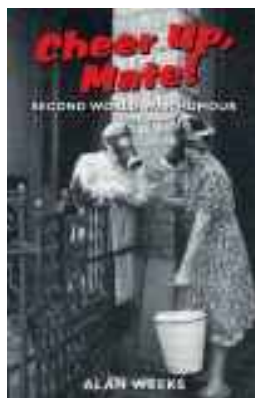
The Second World War widows were the 'forgotten women', largely ignored by the government and the majority of the population. The men who died in the service of their country were rightly honoured, but the widows and orphans they left behind were soon forgotten. During the war and afterwards in post-war austerity Britain their lives were particularly bleak. The meagre pensions they were given were taxed at the highest rate and gave them barely enough to keep body and soul together, let alone look after their children. Through their diaries, letters and personal interviews we are given an insight into post-war Britain that is a moving testament to the will to survive of a generation of women. The treatment of these war widows was shameful and continued right up to 1989. This is their story.

HISTORY PRESS

AUD RRP: \$24.95
NZD RRP: \$29.99
ISBN-13: 9780752461793
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 198 X 124
Pages: 160
Illustrations: B&W SECTION(S)

Cheer Up, Mate!

Second World War Humour



Author: Weeks, Alan

Between 1939 and 1945 the world witnessed what is generally agreed to be the most horrific war in history. Millions died and millions more were physical or psychologically wounded by the conflict. Yet amidst the pain and devastation, people were not only able to survive, but also managed to maintain a sense of humour. For some, it was precisely this ability to laugh at their misfortunes (and those of the other side) that enabled them to soldier on. This was especially true of the British, a nation whose reaction to more or less anything up to and including someone's house being bombed to rubble tended to be, 'never mind, have a cup of tea.' This 'Blitz Spirit' is perhaps best summed up by Mona Lott, one of the characters in Tommy Handley's radio show It's That Man Again (the show's title itself being a comical reference to Hitler): 'it's being so cheerful as keeps me going.'

HISTORY PRESS

AUD RRP: \$24.95
NZD RRP: \$29.99
ISBN-13: 9780752459721
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 198 X 124
Pages: 224
Illustrations: B&W THROUGHOUT

HISTORY - Hist specific events

How Hitler Hijacked World Sport H/C

The World Cup, the Olympics, the Heavyweight Championship and the Grand



Author: Hilton, Christopher

The Berlin Olympic Games, more than 70 years on, remain the most controversial ever held. This book creates a vivid account of the disputes, the personalities, and the events which made these Games so memorable. Ironically, the choice of Germany as the host nation for the 1936 Olympics was intended to signal its return to the world community after defeat in World War I. In actuality, Hitler intended the Berlin Games to be an advertisement for Germany as he was creating it, and they became one of the largest propaganda exercises in history. Two German Jews competed in the Games while the most memorable achievement was that of black American Jesse Owens, who won four gold medals. Ultimately, however, Germany was the overall biggest medal winner. The popular success of Owens allowed the Nazis to claim that their policies had no racial element and charges of antisemitism that did arise were leveled at the Americans.

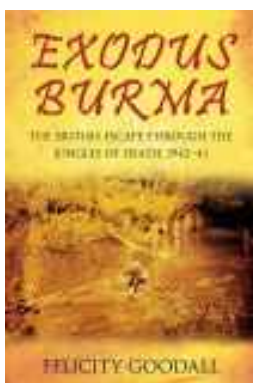
HISTORY PRESS

AUD RRP: \$39.95
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NZD RRP: \$49.99
RRP:
ISBN-13: 9780752459257
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 234 X 156
Pages: 192

HISTORY - GENERAL & WORLD HIST

Exodus Burma H/C

The British Escape through the Jungles of Death 1942-43



Author: Goodall, Felicity

Until a few weeks before the fall of Rangoon, the British had not dreamt the Japanese would invade Burma. So in early 1942, British soldiers trained for desert warfare fought a Japanese Army trained and equipped for the jungle. Those who survived this fierce fighting faced malaria, air attack, and lack of food and water, on the long walk out through the Valley of Death. Ragged groups of soldiers and civilians were forced to trek out of Burma through some of the most inhospitable terrain in the world. They hacked their way through jungle, forded rivers, and climbed steep mountainsides to escape. Many did not survive the journey. Among these incredible stories was that of Bill Williams, who led refugees out on a herd of elephants. Other civilians who had enjoyed an idyllic colonial lifestyle were ill-equipped for the journey. Setting off with the family silver and their pets, they soon had to abandon all but the essentials in order to survive. Thousands died, but many more crossed the border into India and safety.

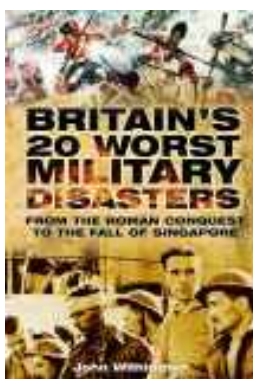
HISTORY PRESS

AUD RRP: \$49.95
NZD RRP: \$65
ISBN-13: 9780752460925
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 215 X 123
Pages: 240
Illustrations: B&W SECTION(S)

HISTORY - Military history

Britain's 20 Worst Military Disasters

From the Roman Conquest to the Fall of Singapore



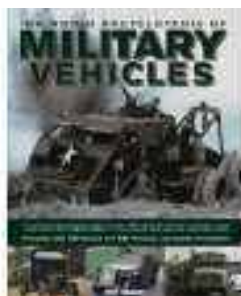
Author: Withington, John

Crecy, Agincourt, Blenheim, Trafalgar, Waterloo, El Alamein - the names trip off the tongue and resound through our history. Great British military victories, often won against the odds. But what of the defeats and disasters - from our conquest by Roman armies to the fall of Singapore in 1942, described by Churchill as the 'worst disaster' in our military history. This is the story of those disasters, and the ones in between. From famous battles like Hastings and Yorktown, to those that are less well-known but had far-reaching consequences, such as Castillon. Others, like the Battle of the Medway in 1667, which were deeply shameful - 'a dishonour never to be wiped off' - but had relatively little long term impact. Sometimes, a brilliant retreat helped prevent an even greater calamity, as at Gallipoli and Dunkirk. It is an epic story following British armies and navies across the world to France, Africa, North and South America and the Far East. It is a tale of bungling, miscalculation, unpreparedness and heroism.

HISTORY PRESS

AUD RRP: \$39.95
NZD RRP: \$49.99
ISBN-13: 9780752461977
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 215 X 123
Pages: 256
Illustrations: B&W SECTION(S)

Classic Military Vehicles Story



Author: McNab, Chris

Through statistics, action accounts, and timelines, this book charts the development of farm vehicles into weapons of war in the form of tanks during the World War I, and civilian motor vehicles into fast-moving, mobile weapons units. It traces how such vehicles changed the way wars are fought, enabling the rapid deployment of soldiers and weapons through changing terrain. Each section of the book looks at a different type of vehicle, including the Willy's Jeep, Honey Tank, International Halftrack, Dodge Weapons Carrier, Austin Champ, DUKW, Bren Gun Carrier, Thornycroft Big Ben, and Land Rover, as well as many more. It examines how and why they were invented, how they developed during their use in action, their strengths and weaknesses, and what it was like to be in the driving seat of these "monsters of the battlefield." Packed with stats and information boxes, this is an ideal reference for any modeler or war-gamer, as well as being a highly readable guide to these much-loved classic vehicles for any enthusiast.

HISTORY PRESS

AUD RRP: \$32.95
NZD RRP: \$42.99
ISBN-13: 9780752464220
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Mixed media product
Size (mm): 124 X 185
Pages: 128

TRANSPORT GEN INTRST - Aircraft: gen intrst

Victor Story H/C



Author: McLelland, Tim

After the success of the Reich-pulverising Halifax bomber, Handley Page soon looked at new designs and the Victor was born. One of three V bombers, the Victor proved to be remarkable in its role and saw service with Bomber Command with the Yellow Sun hydrogen bomb. Flying faster and higher than the Vulcan, the Victor also saw action as a low-level bomber and carried the Blue Steel nuclear missile. However, by the early 1960s, the future of the Victor was in doubt.

HISTORY PRESS

AUD RRP: \$19.95
NZD RRP: \$29.99
ISBN-13: 9780752463148
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 124 X 185
Pages: 128
Illustrations: COLOUR THROUGHOUT

TRANSPORT GEN INTRST - Aircraft: gen intrst

F/A18 Hornet Story H/C



Author: Holmes, Tony

The story of the revolutionary strike-fighter which has been at the forefront of American air combat for nearly three decades. From failed Air Force fighter to the Navy's universal soldier, this history chronicles the evolution of the Hornet. Built to replace both the A-7 Corsair II light attack aircraft and the F-4 Phantom II fighter in Navy service, the F/A-18 evolved from Northrop's YF-17 in the late 1970s. Production aircraft reached the Navy in May 1980, with the Marine Corps receiving Hornets two years later. More than 800 examples would eventually be built for American service, with a further 500 aircraft being sold to seven export customers. Earning its battle spurs in April 1986 flying strike missions against Libya from U.S. carriers in the Mediterranean, the Hornet would subsequently participate in Operation Desert Storm five years later and the various policing operations in Iraq and the Balkans that followed. Still very much in frontline use with the Navy and Marine Corps today, the legacy Hornet, as all non-Super Hornet variants have been dubbed, provides the backbone for carrier-based naval aviation.

HISTORY PRESS

AUD RRP: \$19.95
NZD RRP: \$29.99
ISBN-13: 9780752462691
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 124 X 185
Pages: 128

Cunard Story H/C



9 780752 459141



Author: Frame, Chris et al

Cunard is a name synonymous with the most famous ocean liners in the world. The Cunard Story details the history of this iconic Atlantic passenger line, from the early days of Samuel Cunard's Britannia, to the world's largest ocean liner, Queen Mary 2. Following the company's 170-year history, this brightly illustrated book begins with the early days of the paddle steamer, through to Cunard's efforts in the First World War (Mauretania and Aquitania) as well as the Second World War (Queen Mary and Queen Elizabeth). No history of Cunard would be complete without detailing QE2, the longest-serving ocean liner of all time, and her role in the Falklands campaign. The story ends with the current Queens: QM2, QV and the new QE. Written by two maritime authors, both experts on the field, and accompanied by Did You Know facts and quotations, The Cunard Story is a must-have addition to any maritime library.

HISTORY PRESS

AUD RRP: \$24.95
NZD RRP: \$29.99
ISBN-13: 9780752459141
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 174 X 111
Pages: 128
Illustrations: COL & B&W THROUGHOUT

Hovercraft Story H/C



9 780752 461281



Author: Hollebhone, Ashley

Motoring journalist Ashley Hollebhone reveals for the first time the full story behind the hovercraft, a wonderful British invention that was created in a back shed from a rusty baked bean tin and an old hair dryer - simple but remarkable nonetheless! The hovercraft has a multitude of uses across numerous arenas, including leisure cruising and Formula 1 racing; it has modernised travel and saved many lives - boasting zero fatalities in accidents - yet despite all this little has been written about this most humble craft. This colourful book decisively redresses the balance and with a detailed potted history and photographs and diagrams comprehensively reveals the story behind the hovercraft, an invaluable addition to every enthusiast's library.

HISTORY PRESS

AUD RRP: \$24.95
NZD RRP: \$29.99
ISBN-13: 9780752461281
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 185 X 124
Pages: 128
Illustrations: COL & B&W THROUGHOUT

VW Camper Story H/C



9 780752 462813



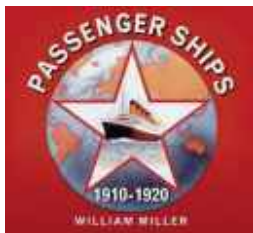
Author: Chapman, Giles

In his new book, well-known motoring writer Giles Chapman tells us the complete story of the VW Camper, from its origins to its enduring appeal. The history and development of the Camper is explored here, alongside ninety colourful images. This is a light-hearted romp through the world of Campers, and is full of juicy snippets and fascinating quotes which will be of great interest to anyone who loves this iconic vehicle.

HISTORY PRESS

AUD RRP: \$24.95
NZD RRP: \$29.99
ISBN-13: 9780752462813
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 185 X 124
Pages: 128
Illustrations: COLOUR THROUGHOUT

Passenger Ships 1910-1920



Author: Miller, William

It was an age of evolution, when size and speed were almost the ultimate considerations. 'Bigger was said to be better' and ship owners were not exempted from the prevailing mood. While the German four-stackers of 1897-06 and then Cunard's brilliant Mauretania & Lusitania of 1907 led the way to larger and grander liners. White Star Line countered by 1911 with the Olympic, her sister Titanic and a near-sister, the Britannic. The French added the France while Cunard took delivery of the beloved Aquitania. But the Germans won out - - they produced the 52,000-ton Imperator and a near-sister, the Vaterland, the last word in shipbuilding and engineering prior to the First World War. They and their sister, the Bismarck, remained the biggest ships in the world until 1935.

HISTORY PRESS

AUD RRP: \$49.95
NZD RRP: \$65
ISBN-13: 9780752456638
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 248 X 226
Pages: 96
Illustrations: B&W THROUGHOUT

Queen Elizabeth H/C

A Photographic Journey



Author: Frame, Chris et al

"QE2: A Photographic Journey" takes the reader on a voyage of appreciation of the best-known and most-loved ocean liner. Readers can stroll the decks, visit the various bars and lounges, take high tea in the Grand Lounge and retire to their cabin without leaving their armchair. Each public room is featured with color photographs and historical commentary, including little-known anecdotes and snippets, and the book is complemented by new information from Commodore R.W. Warwick, former master of QE2 and the son of the first captain, about his time on board. In November 2008 QE2 finally retires to a new life in Dubai World, where she will become a hotel from February 2009, and the last chapter of her exceptional life in service will close. This affectionate record provides the most fitting of souvenirs.

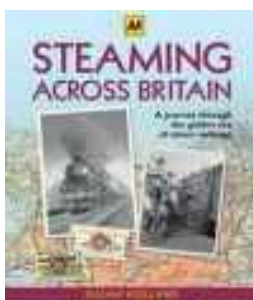
HISTORY PRESS

AUD RRP: \$65
NZD RRP: \$79.99
ISBN-13: 9780752459165
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 248 X 226
Pages: 120
Illustrations: COLOUR THROUGHOUT



Steaming Across Britain

A Nostalgic Journey Through the Golden Years of Steam Railways



Author: Holland, Julian

This nostalgic book looks back to the glorious final years of Steam on the British railways in the 1950s & 1960s. Featuring 33 routes covering the entire country, this guide is a fascinating combination of meticulously researched railway history and more than 350 rarely-seen images from Britain's leading railway photographers.

AA PUBLISHING

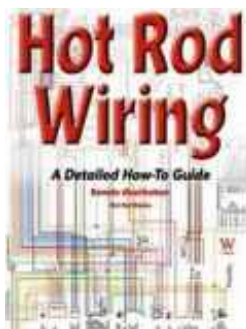
AUD RRP: \$55
NZD RRP: \$69.99
ISBN-13: 9780749570774
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 280 X 220
Pages: 256
Illustrations: COLOUR THROUGHOUT



TRANSPORT GEN INTRST - Road/motor: gen int

Hot Rod Wiring

A Detailed How-to Guide



Author: Overholser, Dennis

There is one job that most mechanics farm out, that that job is wiring. No more. Today you can pick the best components, the appropriate harness kit, and install everything yourself - with help from this new book from Wolfgang Publications. Whether it's an old skool '32 Ford with a flathead for power, or a modern kustom with fuel injected V-8 and a set of airbags, the information needed to wire that hot rod can be found between the covers of Hot Rod Wiring from Wolfgang Publications. The electrical components used on modern hot rods have changed over the years. The stereo systems draw more power, and the number of accessories goes up and up. Hot Rod Wiring reflects these changes, and helps the reader determine how to pick the best components and design the best electrical system. This book includes a theory chapter on direct current electricity, another on choosing the best components, a discussion of the various harness kits, three start-to-finish installations, and a trouble-shooting chapter.

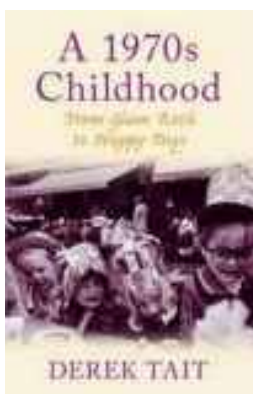
WOLFGANG PRESS

AUD RRP: \$39.95
NZD RRP: \$54.99
ISBN-13: 9781929133987
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 279 X 216
Pages: 144

MUSIC - Music styles genres

A 1970s Childhood

From Glam Rock to Happy Days



Author: Tait, Derek

Do you remember glam rock, flares, cheesecloth shirts and chopper bikes? Then it sounds like you were lucky enough to grow up during the 1970s. Who could forget all the glam rock bands of that era, like Slade, Wizard, Mud and Sweet, or singers like Alvin Stardust, Marc Bolan and David Bowie? What about those wonderful TV shows like Starsky and Hutch, Kojak, Kung Fu and Happy Days? Fashion included platform shoes (we all had a pair), flared trousers, brightly patterned shirts with huge collars and colourful kipper ties. And everyone remembers preparing for power cuts and that long, hot summer of 1976? So dust off your space hopper and join us on this fascinating journey through a childhood during the seventies, with hilarious illustrations and a nostalgic trip down memory lane for all those who grew up in this memorable decade.

HISTORY PRESS

AUD RRP: \$19.95
NZD RRP: \$29.99
ISBN-13: 9780752463445
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 174 X 111
Pages: 160
Illustrations: B&W SECTION(S)

MUSIC - Music styles genres

Pet Rocks, Puka Shells, and Pong

An Illustrated History of 1970s Pop Culture



Author: Epting, Chris

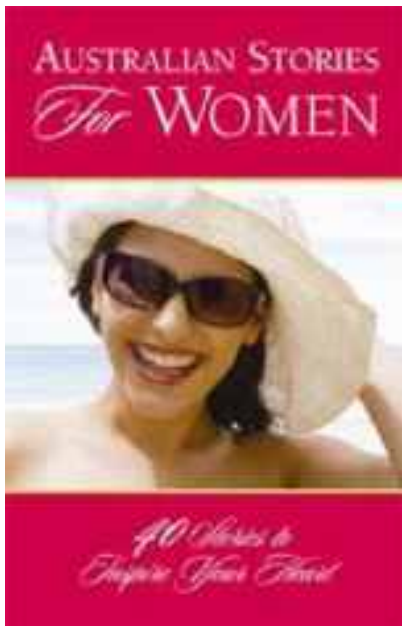
Proving that no other era packs the punch of the 1970s, this recollection captures the smiley-faced, day-glo- drenched decade that brought The Brady Bunch, The Partridge Family, Peter Frampton, and "Fonzie" to the forefront of pop culture. The chapters conduct a behind- the-scenes tour, capturing everything that made the era of punk, disco, and heavy metal so memorable - from mood rings and sea monkeys to the most celebrated television shows, movies, and music. Answering questions such as Who created the Pet Rock? and Did someone really "invent" the smiley face? this fabulous compilation of facts, figures, and trivia revives treasured memories of eight-track tapes and lava lamps.

SANTA MONICA PRESS

AUD RRP: \$34.95
NZD RRP: \$44.99
ISBN-13: 9781595800657
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 279 X 216
Pages: 256
Illustrations: COL & B&W THROUGHOUT

Australian Stories for Women H/C

40 Stories to Inspire Your Heart



Author: Various

40 short, true stories about Australian experiences of living in spiritual abundance. Women of all ages will relate to these stories from the bestselling Australian Stories series about hearing God's whispers, delighting in simple things, finding strength in hard times, the power of gratitude, and much, much more. This treasury of funny, heart-warming and thoughtful pieces will inspire you to live with higher purpose, greater kindness and more faith.

An Aussie version of Chicken Soup for the Women's Soul. An ideal gift for Christmas!

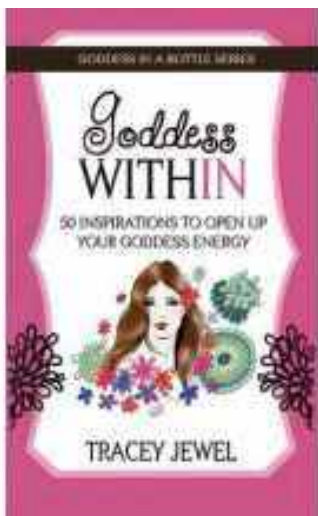
STRAND PUBLISHING

AUD RRP: \$14.95
NZD RRP: \$19.99
ISBN-13: 9781921202438
Due Date: Available Now
Discount: TRADE INTERNATIONAL
Format: Hardback
Illustrations: COLOUR THROUGHOUT



Goddess Within

50 Inspirations To Open Up Your Goddess Energy



Author: Jewel, Tracey

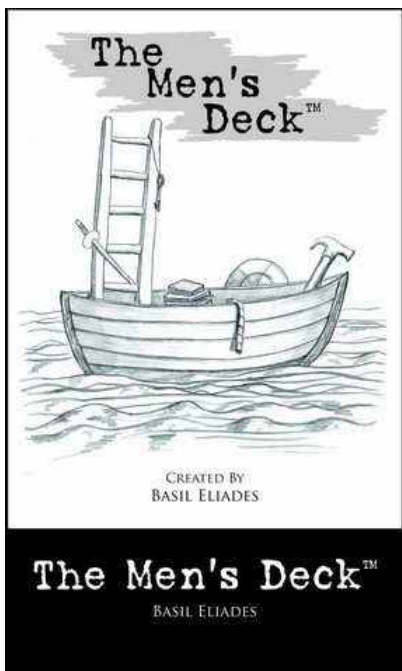
Goddess Within is full of tips, tricks and rituals to integrate into your life to re-ignite your Goddess again. It explains simple ways to live in a Goddess energy inspired and guided by ancient Goddesses but practised in a modern way. Covering nurturing naps to igniting a spark for life, from Yoga Yawns to self-acceptance. Whether you read this book page by page or at random, it will help you to connect again, undo your top and shine that Goddess. Each inspiration includes Goddesses to call upon for guidance, feel good and sometimes humorous quotes and daily contemplations.

INDEPENDENT PUBS

AUD RRP: \$19.95
NZD RRP: \$24.99
ISBN-13: 9780986985898
Due Date: January 2012
Discount: TRADE AUSTRALIAN
Format: Paperback
Size (mm): 220 X 127
Pages: 142
Illustrations: B&W THROUGHOUT

Men's Deck Bk & Card Set

A New Tool in the Shed of Enlightenment



Author: Eliades, Basil

The Men's Deck is an opportunity to explore what is going on in your own head. We all have feelings that we refuse to acknowledge, let alone deal with. If we are interested, if we are open to listening and learning, our responses to particular situations can reveal to us our own programming. The Men's Deck is made up of 78 cards and a 100 page handbook explaining the images on the cards. The book and the cards are an introduction into understanding your psyche.

INDEPENDENT PUBS

AUD RRP: \$39.95
NZD RRP: \$49.99
ISBN-13: 9780646551784
Due Date: January 2012
Discount: TRADE AUSTRALIAN
Format: Cards
Size (mm): 145 X 110
Pages: 104
Illustrations: COL & B&W THROUGHOUT

Werewolf Book

The Encyclopedia of Shape-Shifting Beings



Author: Phillips, Charlie

With 250 entries, this updated filmography and resource is the encyclopedic guide to all things lycanthropic and a fascinating compendium of comparative mythology and folklore. Delving into the 15th century to uncover the origins of the werewolf legend, it is an eye-opening, blood-pounding tour through the ages, landing on the doorstep of creatures like hirsute mass-murderer Albert Fish, Michael Lupo (Lupo is "wolf" in Italian), and Fritz Haarman who slaughtered and ate his victims—selling the leftovers as steaks and roasts in his butcher shop. The photos and drawings provide hair-raising evidence of strange and obsessional behavior through the centuries, and a helpful chronology of lycanthropic activities dates back 140,000 years to the first mixing of human and lupine blood. Werewolf hunters of all ages will appreciate the detailed section on slaying the beast, while potential victims will find the information on detecting and warding away the occasional wayward wolfman more to their immediate liking—if not need.

VISIBLE INK

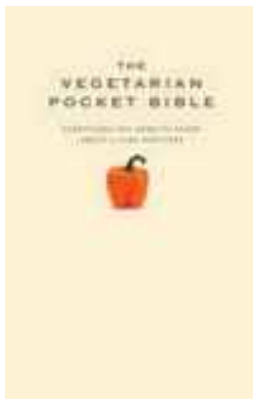
AUD RRP: \$24.95
NZD RRP: \$32.99
ISBN-13: 9781578593675
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 230 X 175
Pages: 430
Illustrations: COL & B&W THROUGHOUT

Vegetarian Pocket Bible H/C

Everything You Need to Know About Vegetarianism



Author: Matthews, Carys



The Vegetarian Pocket Bible is packed with tasty vegetarian recipes, easy-to-use nutritional information and all the need-to-know facts for any vegetarian. Including practical advice, trivia and tips for all vegetarians from children to the elderly, plus a guide to the different types of vegetarianism.

CRIMSON PUBLISHING

AUD RRP: \$22.95
NZD RRP: \$29.99
ISBN-13: 9781907087295
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 186 X 115
Pages: 192

Into the Skin



Author: Superior Tattoo



Into the Skin is the first complete comprehensive directory to the art of tattooing. This is the first book to delve wholly into the world of tattoo; from the origins and history of tattooing, to modern practices and the equipment used today. This book not only informs the reader about tattooing and the equipment required, but it is also a complete guide combining the art and culture of tattoos with step by step guidance to the entire process. Into the Skin covers the essentials, from purchasing tattoo equipment all the way through the application of a tattoo and then how to care for the finished art. It's more than simple instruction, and much more than an encyclopedia entry. Into the Skin is a culmination of decades of real world tattoo experience, and thousands of hours of research. It's a history book, training guide and tattoo owners manual all in one. DVD included.

WOLFGANG PRESS

AUD RRP: \$49.95
NZD RRP: \$65
ISBN-13: 9781935828174
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 144

Beginning Airbrush Techniques

A Detailed How-to Guide



Author: Remus, Timothy



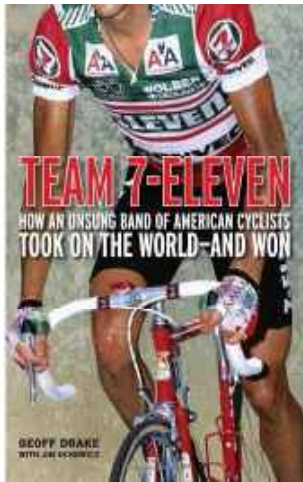
There isn't much about the basics of Airbrushing that isn't included in this new book from Wolfgang Publications: Beginning Airbrush Techniques. Use and mixing of paint is described and explained in detail, for both water and solvent based materials. Color and color theory are an important part of any artist's abilities, and the topic is covered here in detail. Most airbrush images can be created with only a few basic strokes, creating those strokes requires just the right mix of trigger pull and brush position. All of which is explained with detailed start-to-finish photo sequences. Different surfaces require different techniques. Beginning Airbrush Techniques covers use of the airbrush on T-shirts, leather, metal, ceramic and even birthday cakes. Photo sequences of various projects make up nearly half this book. Each sequence includes everything from the first sketch to the finished object. So whether you want to paint a plastic RC car body, a cotton T-shirt, a metal motorcycle tank, or a leather jacket, the tools and techniques you need to accomplish those tasks are in the pages of Beginning Airbrush Techniques.

WOLFGANG PRESS

AUD RRP: \$39.95
NZD RRP: \$54.99
ISBN-13: 9781935828181
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 279 X 216
Pages: 144
Illustrations: B&W & COLOUR
 THROUGHOUT

Team 7-Eleven

America's Greatest Cycling Team



Author: Drake, Geoff et al

7-Eleven: America's Greatest Cycling Team is the first book to tell the full story of America's first and greatest pro cycling team. Founded in 1981 by Jim Ochowicz and Olympic medalist Eric Heiden and sponsored by the 7-Eleven chain of convenience stores, the team rounded up the best amateur cyclists in North America and formed them into a cohesive, European-style cycling team. As amateurs, they dominated the American race scene and won seven medals at the 1984 Olympic Games in Los Angeles. As professionals, beginning in 1985, the team went to Europe and soon received invitations to the Tour of Italy and then the Tour de France, putting Americans on the podium in landmark victories that would change the face of American cycling forever. Prepared with the enthusiastic cooperation of the team members and co-authored by the team's founder, Jim Ochowicz, 7-Eleven is not only the most important missing piece in the story of American cycling, but the book that American cyclists have been waiting for ever since the 7-Eleven cowboys snagged that first yellow jersey.

VELO PRESS

AUD RRP: \$39.95
NZD RRP: \$49.99
ISBN-13: 9781934030530
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 320
Illustrations: COLOUR SECTION(S)

Italian Racing Bicycles

People, the Products, the Passion



Author: Rubino, Guido P

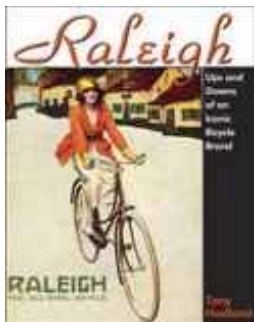
Over the years Italian bicycle manufacturers have been compared to those Italian fashion designers who are so rightly considered national treasures. The Italian passion for design and devotion to cycling merged long ago, making Italy a wellspring of inspired racing bicycles. An Italian bicycle is more intimately yours, a more personal possession, than bicycles of other origin. This deep understanding of man and bicycle has enabled Italian craftsmen to produce technical solutions appreciated by bike racers the world over. Italian Racing Bicycles tells the stories of the people and products that have forged Italy's lasting heritage within the sport of cycling. It is a homage to Italian creativity and craftsmanship, qualities that have raised Italian bicycles from mere means of transport to works of race-worthy art. --

VELO PRESS

AUD RRP: \$59.95
NZD RRP: \$75
ISBN-13: 9781934030660
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 192
Illustrations: COL & B&W THROUGHOUT

Raleigh

Ups and Downs of an Iconic Bicycle Brand



Author: Hadland, Tony

The aim of this book is simple yet ambitious: to produce, in a single volume, a detailed and complete history of the Raleigh cycle company of Nottingham, from its founding to the present. It covers not only bicycles but also motorcycles, cars, vans, munitions, motorcycle engines, and bicycle and motorcycle gears. The story of Raleigh is fascinating in many different respects - the people, the products, the production methods, and more. The personalities involved were many and various, ranging from the founder's ambition to make the best bicycles money could buy to anonymous "suits" almost running the company into the ground from fancy offices in New York. But Raleigh also deeply touched the lives of tens of thousands of other people who depended on it, directly or indirectly, particularly in and around the city of Nottingham.



VAN DER PLAS

AUD RRP: \$65
NZD RRP: \$89.99
ISBN-13: 9781892495686
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 280 X 216
Pages: 360
Illustrations: B&W THROUGHOUT

Unicycling: First Steps, First Tricks 2/e



Author: Anders-Wilkens, Andreas

With the help of detailed descriptions, illustrated by more than a hundred pictures, the beginner learns how to get started and which possible mistakes he can avoid. He also learns how to avoid injuries. Helpers can also learn how they can best provide support to the beginner. The book also includes chapters about advanced techniques like riding backwards, idling, bunny hopping, and Mountain Unicycling (MUni) for beginners, as well as a selection of different teaching methods and many games for the unicycle. The team sport "Unihockey" is also included. In the second part, variations of the ordinary unicycle like Giraffes and Ultimate wheels and some basic tricks are present. The book offers interesting internet links and also includes important tips about buying, maintaining and repairing a unicycle.



MEYER AND MEYER

AUD RRP: \$34.95
NZD RRP: \$44.99
ISBN-13: 9781841263342
Previous: 9781841261997
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 236 X 165
Pages: 152
Illustrations: COLOUR THROUGHOUT

Walking: A Complete Guide for Women 2/e

A Complete Guide for Women



Author: Galloway, Jeff

Any woman, at any level of fitness, can enter into the walking lifestyle. Information on women's issues is included, with inspirational stories of individuals who have made changes. Acclaimed sports nutritionist Nancy Clark, MS, RD offers specific eating suggestions. This is a book that will take any woman, at any level of fitness into the walking lifestyle. Olympian Jeff Galloway and his wife Barbara have helped more than 200,000 people change their lives in a positive way through their coaching, fitness schools, retreats and training programs.



MEYER AND MEYER

AUD RRP: \$29.95
NZD RRP: \$36.99
ISBN-13: 9781841263410
Previous: 9781841262185
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 235 X 165
Pages: 200
Illustrations: COLOUR THROUGHOUT

Galloway's 5K and 10K Running 2/e



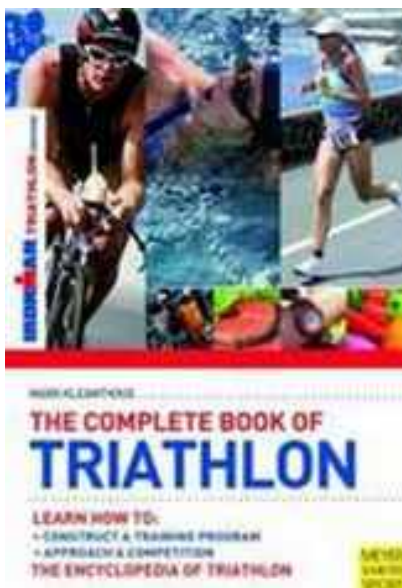
Author: Galloway, Jeff

Olympian Jeff Galloway offers an easy and time-efficient system to train for, and then enter, a 5K or a 10K race. His training has been used successfully by over 500,000 athletes through e-coaching, running schools, fitness retreats, training programs and books. His unique system gives you control over fatigue, while reducing or eliminating aches and pains. Successful schedules help beginners finish each workout strong, with time goal programs for veterans. Easy-to-read advice is given on medical checks, nutrition, fat-burning, aches and pains, shoes, and how to stay motivated. The race day checklist prepares you for the big day.

MEYER AND MEYER

AUD RRP: \$29.95
NZD RRP: \$36.99
ISBN-13: 9781841263366
Previous
 9781841262192
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 235 X 165
Pages: 200
Illustrations: COLOUR THROUGHOUT

Complete Book of Triathlon



Author: Kleanthous, Mark

The book is for all athletes who want to improve in or convert to the fascinating sport of triathlon. It shows among other things how to construct a training program, how to approach a competition and offers an Encyclopedia that covers all aspects of triathlon. Mark Kleanthous has competed in 400 triathlons, including Ironman, double Ironman and triple Ironman events and has achieved British triathlon level 1 and 2 coaching awards..

MEYER AND MEYER

AUD RRP: \$39.95
NZD RRP: \$49.99
ISBN-13: 9781841263267
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 236 X 165
Pages: 360
Illustrations: COLOUR THROUGHOUT

Your Personal Running Journal



Author: Galloway, Jeff

Jeff Galloway tells how to set up a successful training program to avoid injury, improve endurance and run faster. Galloway's magic mile; is used to predict performance and set a safe pace for long runs. Specific run-walk-run strategies are set up based upon current ability. Scheduling of running form drills is explained. Galloway details how to use the training journal to schedule long runs, drills, speed workouts rest days, etc. The 52 week journal is easy to use and easy to analyze.

MEYER AND MEYER

AUD RRP: \$29.95
NZD RRP: \$36.99
ISBN-13: 9781841263403
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 235 X 165
Pages: 200
Illustrations: COLOUR THROUGHOUT

Running to the Top 3/e



Author: Lydiard, Arthur

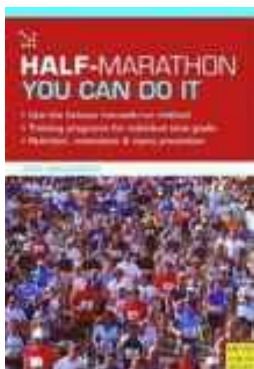
His description of a systematic, detailed training program for beginners and top-runners is based on a clear defined conception of fitness. Beneath detailed schedules for the training, the book includes tips concerning equipment and outfit, nutrition, prevention of injury, therapy and the relationship between the coach and the athlete. Furthermore a test-system is introduced, which enables the athlete to determine the absorption of oxygen through the fatless body mass.

MEYER AND MEYER

AUD RRP: \$34.95
NZD RRP: \$44.99
ISBN-13: 9781841263359
Previous: 9783840305818

Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 235 X 165
Pages: 184
Illustrations: COLOUR THROUGHOUT

Half Marathon: You Can Do it



Author: Galloway, Jeff

Jeff's trademarked run-walk-run method has helped hundreds of thousands of average people to get off the couch, train for marathons and half-marathons without injury and has helped veterans to improve times. This book offers a step-by-step program that starts with setting up your training each week. Jeff will show you how to select a realistic goal, and which workouts are needed to prepare for various performances. The book is loaded with tips on how to stay motivated, eliminate aches, pains, and injuries, with the minimum training needed to enjoy other aspects of life.

MEYER AND MEYER

AUD RRP: \$29.95
NZD RRP: \$36.99
ISBN-13: 9781841263335
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 235 X 165
Pages: 216
Illustrations: COLOUR THROUGHOUT

Smart Marathon Training

Run Your Best Without Running Yourself Ragged

Author: Horowitz, Jeff



Too many runners train for marathons and half-marathons only to find themselves injured before they even get to the starting line. Horowitz maps out a healthier, more streamlined approach to training for distance races, one that emphasizes quality over quantity.



VELO PRESS

AUD RRP: \$27.95
NZD RRP: \$36.99
ISBN-13: 9781934030745
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 224
Illustrations: FIGURES/DIAGRAMS

Strength Training for Faster Swimming



Author: Lucerno, Blyth

Swimming-specific strength training gives competitive swimmers an edge. By strategically incorporating strength training into the swimming routine, better and quicker improvement can be expected.



MEYER AND MEYER

AUD RRP: \$29.95
NZD RRP: \$36.99
ISBN-13: 9781841263397
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 236 X 165
Pages: 160
Illustrations: B&W THROUGHOUT

100 Best Swimming Drills 2/e



Author: Lucerno, Blyth

In The 100 Best Swimming Drills, Blythe Lucero has compiled the most effective swimming drills gathered from more than 20 years of working with swimmers and is an excellent resource for swimmers at any level in the quest for better swimming.

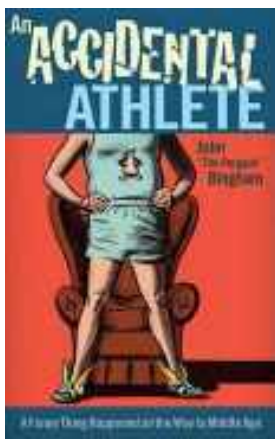


MEYER AND MEYER

AUD RRP: \$39.95
NZD RRP: \$49.99
ISBN-13: 9781841263373
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 236 X 165
Pages: 280
Illustrations: COLOUR THROUGHOUT

Accidental Athlete

A Funny Thing Happened on the Way to Middle Age



Author: Bingham, John

John Bingham is a beloved evangelist of running. Known by fans as The Penguin for his gentle humor and back-of-the-pack speed, Bingham's memoir *An Accidental Athlete* explores with wit and poignancy his evolution from a bespectacled fat kid in the 1950s to unlikely hero of the modern running movement. Bingham remembers unfulfilled childhood dreams of athletic glory seen through Coke-bottle glasses, his unhealthy sedentary years as he chased a career, and his epiphany at age 43, when he stirred from the couch, found his mojo, became a runner, and rediscovered himself. *An Accidental Athlete* is a warm, engagingly written, feel-good book for the everyday athlete who is sure to recognize him or herself somewhere in these pages--

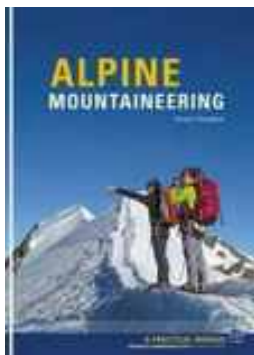


VELO PRESS

AUD RRP: \$24.95
RRP:
NZD RRP: \$32.99
RRP:
ISBN-13: 9781934030738
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 216

Alpine Mountaineering

Essential Knowledge for Budding Alpinists



Author: Goodlad, Bruce

Offers an introduction to Alpine mountaineering. Suitable for those who are planning their first trip to the Alps, this book includes chapters such as: Going Alpine; About the Alps; Objective Dangers; Weather; Kit; Technical Equipment; Protecting Yourself; Speed vs Security; Navigation; Rescue; Planning an Alpine Trip; and, Glacier Travel.

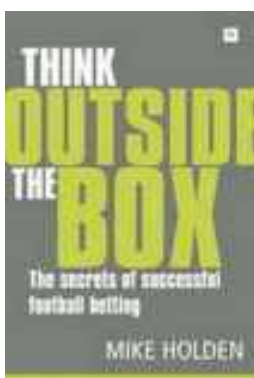


PESDA

AUD RRP: \$39.95
RRP:
NZD RRP: \$49.99
RRP:
ISBN-13: 9781906095307
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 240 X 170
Pages: 264
Illustrations: COLOUR THROUGHOUT

Think Outside the Box

The Secrets of Successful Football Betting



Author: Holden, Mike

Everyone has opinions on football - but do your opinions make money? This book helps you to maximise your profit potential when betting on the world's favourite sport. It lets you gain insight into the way dressing rooms behave, how managers manage, and the circumstantial factors that pave the way for teams to upset the odds and land big prices.



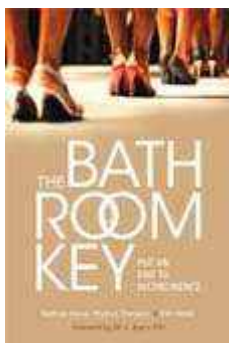
HARRIMAN HOUSE

AUD RRP: \$27.95
RRP:
NZD RRP: \$39.99
RRP:
ISBN-13: 9780857190550
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 156

Bathroom Key

A Treatment Plan to Put an End to Incontinence

Author: Perelli, Kim



Urinary incontinence is an under diagnosed and under reported condition with major economic and psychosocial effects on society. The Bathroom Key is a treatment plan for women to cure their own incontinence issues. This book is a teaching tool, guiding the reader to a better understanding of her body and effective remedies.



DEMOS HEALTH

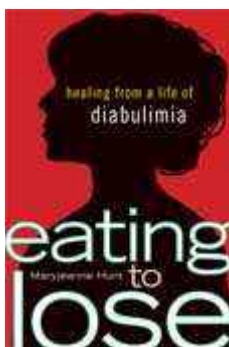
AUD RRP: \$22.95
NZD RRP: \$29.99
ISBN-13: 9781936303212
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 229 X 152
Pages: 198
Illustrations: B&W THROUGHOUT

FAMILY & HEALTH - Personal problems

Eating to Lose

Healing from a Life of Diabulimia

Author: Hunt, Maryjeanne



Diabulimia is an eating disorder in which people with Type 1 diabetes deliberately give themselves less insulin than they need, for the purpose of weight loss. This is one woman's memoir of her journey from illness to recovery, and carves a pathway of hope and empowerment for the millions who continue to suffer with diabulimia.



DEMOS HEALTH

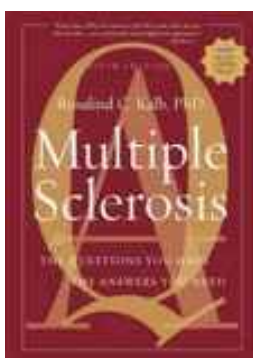
AUD RRP: \$22.95
NZD RRP: \$29.99
ISBN-13: 9781936303274
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 229 X 152
Pages: 192

FAMILY & HEALTH - Personal problems

Multiple Sclerosis

The Questions You Have, the Answers You Need

Author: Kalb, Rosalind



Suitable for those who have Multiple Sclerosis (MS) and those who share their lives with someone who has it, this guide covers a range of topics in a question and answer format that allows people to easily find the information they need while providing a model of successful communication with healthcare providers.



DEMOS HEALTH

AUD RRP: \$32.95
NZD RRP: \$42.99
ISBN-13: 9781936303168
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 229 X 152
Pages: 350

CLINICAL/INT'L MEDIC - Diseases & disorders

Can Do Multiple Sclerosis Guide to Lifestyle Empowerment



Author: Kennedy, Patricia

The Can Do MS program is a nonprofit organization that was founded in 1984 to offer MS programs based on the philosophy of founder, Jimmie Heuga: that a person can have a chronic disease and also maintain their health. This book provides the reader with over 20 years worth of knowledge and information accumulated by this organization.

DEMOS HEALTH

AUD RRP: \$24.95
NZD RRP: \$32.99
ISBN-13: 9781936303182
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 60 X 90
Pages: 232

FAMILY & HEALTH - Home nursing/caring

Home Accessibility

300 Tips for Making Life Easier



Author: Schwarz, Shelley Peterman

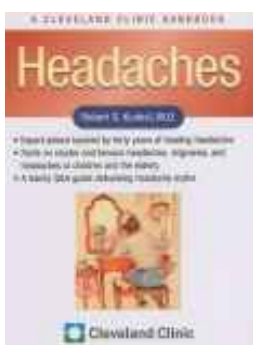
A title designed to help people with chronic illness, physical disability, temporary or permanent (including low vision, blind, hard of hearing, the Deaf, and others), and age-related limitations make their homes safer and more accessible without costly remodeling or structural changes.

DEMOS HEALTH

AUD RRP: \$22.95
NZD RRP: \$29.99
ISBN-13: 9781936303229
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 229 X 152
Pages: 192

MEDICINE: GEN ISSUES - Medical profession

Cleveland Clinic Guide To Understanding Headaches



Author: Kunkel, Robert

The most up-to-date expert medical advice on headaches and migraines from the founder of Cleveland Clinic's Headache Center. The Cleveland Clinic Guide to Understanding Headaches provides headache sufferers of any age real, substantive, useful information that can start them on the road to recovery and a life free from pain. Written by a world-renowned authority on headaches, this guide offers straightforward information and clear advice on all aspects of headache discomfort. This is a book no headache sufferer should be without.

KAPLAN PUBLISHING

AUD RRP: \$24.95
NZD RRP: \$29.99
ISBN-13: 9781607146360
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 229 X 152
Pages: 160

What Nurses Know HIV& AIDS



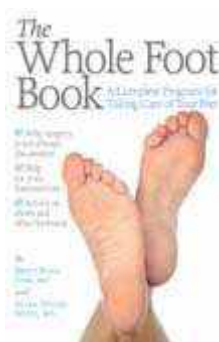
Author: Farnan, Rose

Provides practical health information for people living with HIV and their significant others. This title gives information to help individuals with HIV navigate the healthcare system, offering coverage ranging from receiving an initial HIV test to becoming an engaged member of their healthcare team.

DEMOS HEALTH

AUD \$22.95
RRP:
NZD \$29.99
RRP:
ISBN-13: 9781936303199
Due January 2012
Date:
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 229 X 152
Pages: 208

Whole Foot Book



Author: Fink, Brett Ryan

Foot pain and injuries can thwart everyone from the athlete to weekend warrior. This book offers solutions for each problem, as there is no one best solution - different treatments work for different feet. It covers footwear basics, prevention, and treatments along with diagrams, photos, and charts that demonstrate techniques and solutions.

DEMOS HEALTH

AUD \$22.95
RRP:
NZD \$29.99
RRP:
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Author: Baker, Amy Curran

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*RRP = Recommended Retail Price including GST
Price and Availability are subject to change without notice
A = Trade Australia, E = Trade International,
B = Academic, C = Professional. J & L = Very Short Discount*

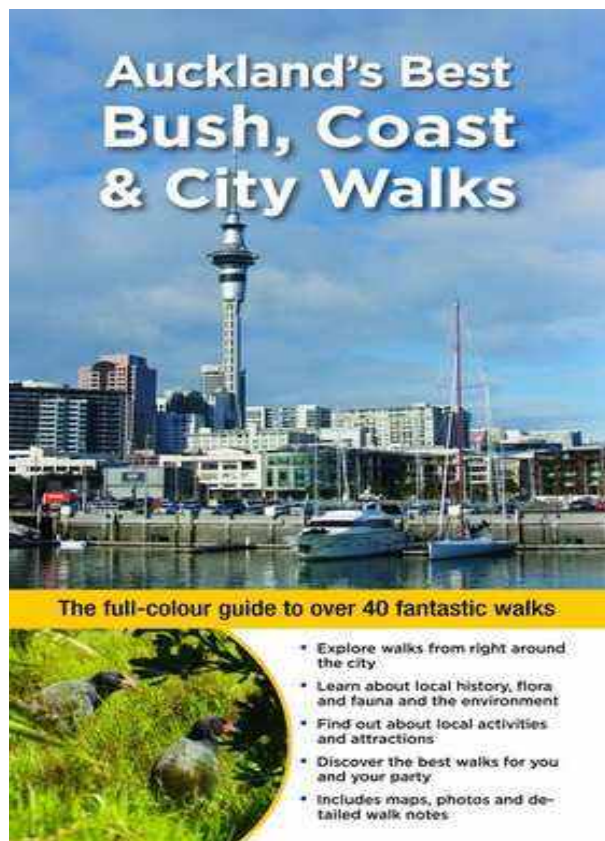
Auckland's Best Bush, Coast & City Walks



The full-colour guide to over 40 fantastic walks

Author: Fitter, Julian

WOODSLANE PRESS



Auckland boasts a huge range of beautiful environments, making the city and the country around it perfect for exploring on foot. Auckland's Best Bush, Coast & City Walks, joins the hugely successful (hitherto only Australian) walking guides series from Woodslane Press. The book introduces the best walks for visitors and residents alike, ranging from fascinating city walks and leisurely bay-side strolls to the more natural parklands and bush tracks beyond the urban fringes. Detailed descriptions, clear directions and colour maps help the reader explore Auckland's parks, bushland, coast and beaches, rivers and most interesting urban areas. As with previous titles in the series, the book is richly illustrated with over 150 full-colour photographs. A summary table of walks indicating distances, facilities and highlights is included to help the reader find exactly the right walk for the occasion.



Market leading 'Walking Series', more than 100,000 books sold!!

- **A variety of walks to suit time and ability**
- **Information on local history and the environment**
- **Details of local activities and attractions**
- **Walking tips for those in wheelchairs, families with children and / or dogs**
- **Accurate full-colour maps, photos and walk notes**

AUD RRP: \$29.95
 NZD RRP: \$34.99
 ISBN-13: 9781921874581
 Due Date: January 2012
 Discount: TRADE AUSTRALIAN
 Format: Paperback
 Size (mm): 220 X 130
 Pages: 224
 Illustrations: COLOUR THROUGHOUT

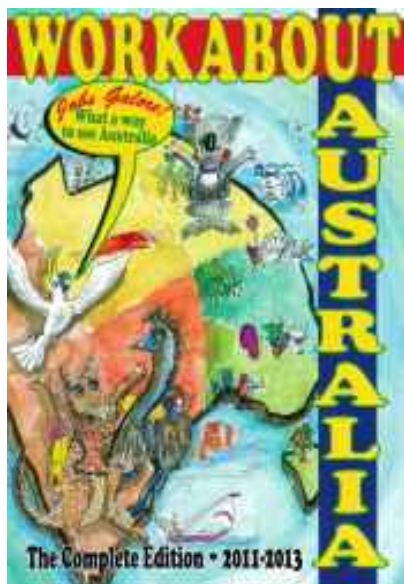
Also available as: **6 Copy Counterpack**



AUD RRP: \$179.70
 NZD RRP: \$209.40
 ISBN-13: 9781921874604
 Due Date: January 2012

WorkAbout Australia 2011-2013

Complete Edition



Author: Brebner, Barry

WORKABOUT Australia provides information on casual and seasonal employment in 182 locations in all states of Australia. The information is available on a State by State basis, with cities, towns or areas listed in alphabetical sequence. Around 500,000 jobs are up for grabs. At the beginning of each State section, a master guide is included, which indicates the month, location and the employment opportunities. Workabout Australia also provides many tips and hints which will help in avoiding any difficulties that may occur when following the casual or seasonal employment trail. All in all, WORKABOUT Australia is virtually an encyclopedia on casual or seasonal work throughout Australia. WORKABOUT Australia is designed to make the task of looking for seasonal or casual work a lot easier.

INDEPENDENT PUBS

AUD RRP: \$27.95
NZD RRP: \$36.99
ISBN-13: 9780957813458
Due Date: Available Now
Discount: TRADE AUSTRALIAN
Format: Paperback
Size (mm): 270 X 147
Pages: 304
Illustrations: B&W THROUGHOUT



Summer Jobs Worldwide 2012

Make the Most of the Summer Break: 2012



Author: Griffith, Susan

Now in its 43rd year, *Summer Jobs Worldwide* is only growing bigger and better. The new edition includes over 40,000 summer jobs listed in farming, construction, teaching and many more industries across the globe, plus opportunities for summer jobs here in the UK helping you find the perfect summer job. You can use this guide as a reference with all the jobs listed by nature of work and country for your ease. *Summer Jobs Worldwide 2012* is the only annually updated guide book with up-to-date information about the most exciting and memorable places to work and live over the summer.

CRIMSON PUBLISHING

AUD RRP: \$32.95
NZD RRP: \$42.99
ISBN-13: 9781854585974
Previous: 9781854585653
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 216 X 138
Pages: 368

Kids Welcome to Queensland



Your Guide to the Best Kid-Friendly Activities, Tours, Attractions, Restaurants and Places to Stay

Author: Pye, Sarah

INDEPENDENT PUBS



Travelling with kids can be a challenge at the best of times and Kids Welcome to Queensland enables parents to choose appropriate experiences without wasting valuable time or money. The first in a state-by-state series, it is jam-packed family-friendly advice. Each review is rated for its suitability for three different age groups - preschool, primary and teen using a unique traffic light rating system. Kids Welcome to Queensland is destined to be a staple on the family bookshelf and it's been called "a must for every glovebox". The colourful A5 size comes complete with Hema maps and has been endorsed by Tourism Queensland and Playgroup Queensland.

Top 10 reasons why this holiday guide is a best-seller:

- Easy to read reviews of activities, attractions, tours and restaurants
- Contact numbers and websites accompany each review
- Full colour images
- Traffic light rating system indicates suitability for preschool, primary and teen
- HEMA maps
- Checklist of family friendly accommodation and campsites
- Playgrounds, beaches and events you won't find easily online
- Seven geographic sections from Brisbane to Cape York covering all of Queensland
- Travel games, advice for travel
- Available in counterpack.

AUD RRP: \$24.95
 NZD RRP: \$32.99
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 Pages: 270
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AUD RRP: \$149.70
 NZD RRP: \$197.94
 ISBN-13: 9781921874628
 Due Date: Available Now

Brisbane & Queensland Focus



Author: Donald, Darroch

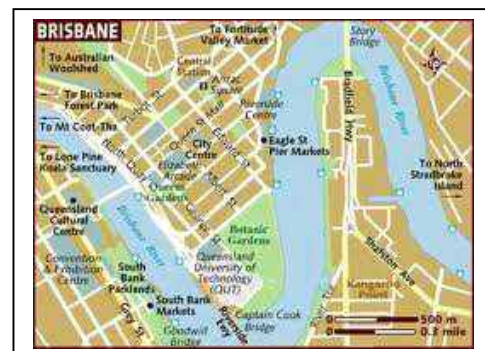
FOOTPRINT



There isn't much that Brisbane & Queensland don't offer - sun, sea and a slice of laid-back life down under. Take off and discover the sunshine coast. From its laidback cities to stunning beaches, the Great Barrier Reef and tremendous rainforests; Brisbane & Queensland are regions so blessed with natural beauty it's no wonder they have attracted visitors for years. Footprintfocus Brisbane & Queensland will help adventurers get away from the crowds and really experience the most from their trip down under. Including all the best places to eat, sleep and play and of course detailed listings on all the adventure activities on offer, this guidebook will be the must-have item on their list of things to pack.

AUD RRP: \$19.95
 NZD RRP: \$24.99
 ISBN-13: 9781908206466
 Due Date: January 2012
 Discount: TRADE INTERNATIONAL
 Format: Paperback
 Size (mm): 174 X 110
 Pages: 152

- Essentials section with practical advice on getting there and around
- Fascinating insights into local history and culture
- Highlights section so you know what not to miss
- Detailed street maps for Brisbane and other important towns and cities
- Slim enough to fit in your pocket.



Perth Focus



Author: Swaffer, Andrew & O'Brien Katrina

FOOTPRINT



Perth is one of the most isolated cities in the world, and yet for many people that is the source of its charm. People are laidback here, even by Australian standards; so while the city itself is sparkling and modern the pace is relaxed and easygoing. Stroll around Kings Park and enjoy the views over the city, go sailing in the Indian Ocean or pig out at a late afternoon barbecue down at Trigg Beach. When you tire of the beach trek inland for more earthy activities, such as mountain biking in the beautiful Perth Hills. Footprintfocus Perth will take you from outdoor cinemas to sandy beaches, with detailed and up-to-date information to ensure your trip is as laidback as the locals themselves.

AUD RRP: \$16.95
NZD RRP: \$21.99
ISBN-13: 9781908206473
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 174 X 110
Pages: 112

- **Essentials section with practical advice on getting there and around**
- **Highlights section so you know what not to miss**
- **Comprehensive listings of where eat & sleep, plus where to go waterskiing, sailing or parasailing**
- **Detailed street maps to help you get around**
- **Includes coverage of the surrounding region**

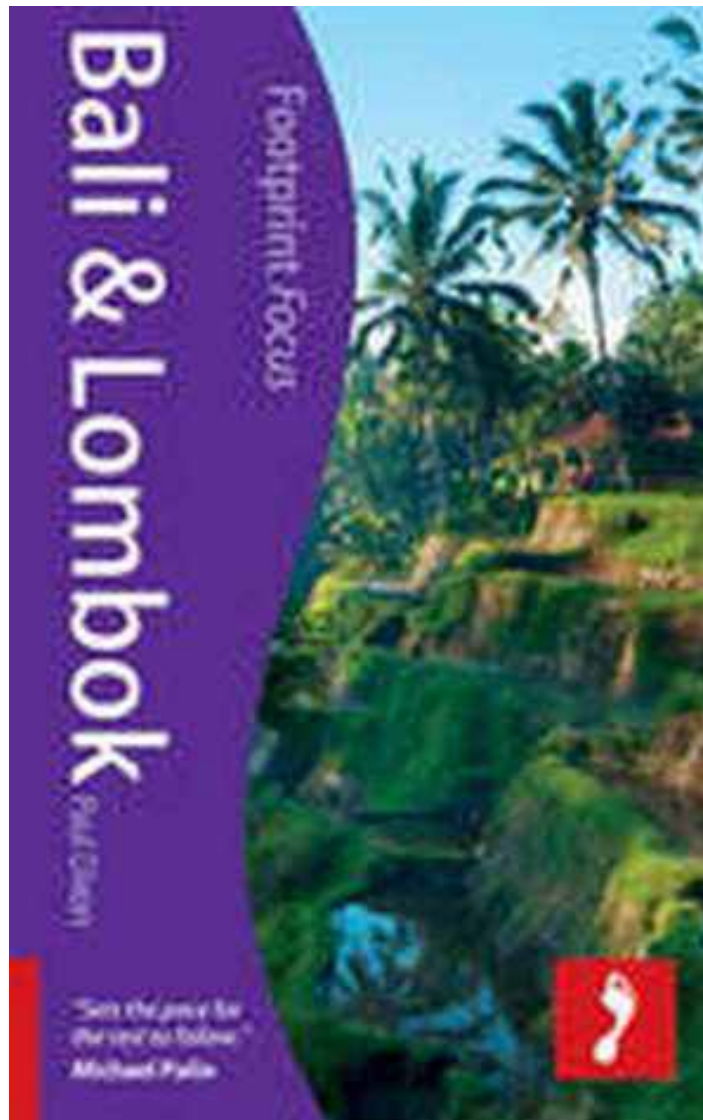


Bali & Lombok



Author: Dixon, Paul

FOOTPRINT



Relax on one of South Bali's fine beaches, where novice surfers practice catching waves in the warm waters of Kuta Bay. When you tire of the surf and sand head inland to explore bright green mountainsides and sacred crater lakes. Visit the artist colony of Ubud or humble villages where dance dramas are performed to please the gods. From cocktails on the beach to extravagant Hindu temples, Footprintfocus Bali & Lombok will show you all the main sights plus a few more that are off the beaten track.

AUD RRP: \$19.95
NZD RRP: \$24.99
ISBN-13: 9781908206459
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 174 X 110
Pages: 136



- **Essentials section with practical advice on getting there and around**
- **Background section fascinating insights into local history and culture**
- **Comprehensive listings including where to eat & sleep, and have fun**
- **Detailed street maps for important towns and cities**
- **Slim enough to fit in your pocket**

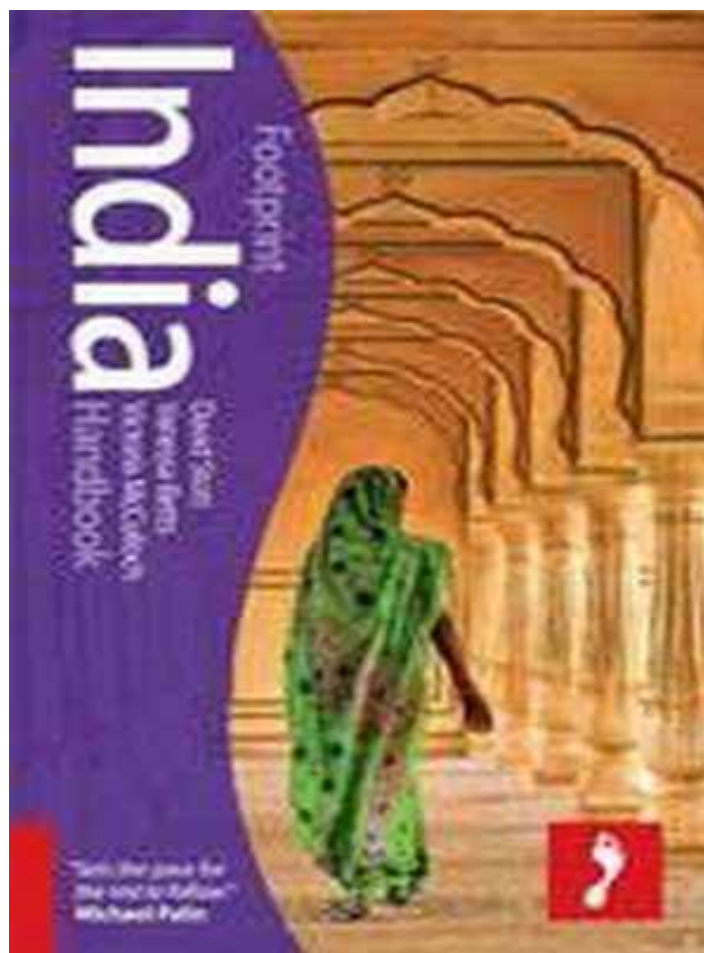


India Footprint Handbook 18/e H/C



Author: Stott, David

FOOTPRINT



The enigmatic sub-continent cannot fail to bewilder, bemuse, frustrate and captivate even the most seasoned traveller. With up-to-minute recommendations, the 18th edition of Footprint's revered and authoritative guide offers comprehensive advice on how to get the most from your trip. Whether you want to escape it all at a rural retreat, learn yoga in Goa, hike the Himalayas or be dazzled by Bollywood, this guide tells you everything you need to know. India strikes the visitor with a sensory, intellectual, spiritual and philosophical assault that's unmatched by any other place on earth. Let Footprint help you navigate this extraordinary country with this new 18th edition Handbook.

- Includes carefully selected itineraries offering advice on how to get the best out of your trip whether you're travelling for a week or a month

- Extensive thoroughly researched information to help you plan your trip as well as advise you on the ground

- In-depth information about history, culture and politics

- Key local words and phrases are included to help you communicate ensuring an even better travel experience

AUD RRP: \$44.95
NZD RRP: \$59.99
ISBN-13: 9781907263422
Previous: 9781906098681
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 185 X 115
Pages: 1540
Illustrations: COLOUR THROUGHOUT

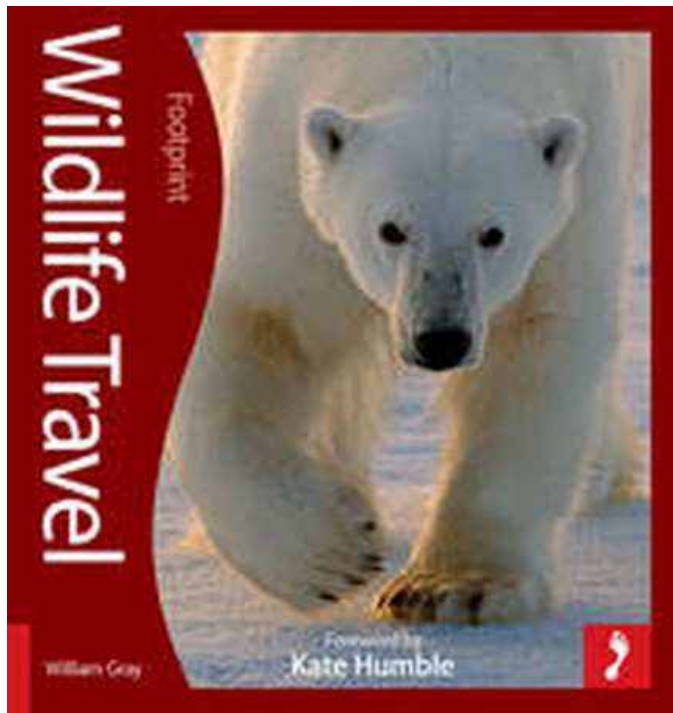


Wildlife Travel



Author: Gray, William

FOOTPRINT



Zoologist and award-winning travel writer and photographer, William Gray has spent over 25 years tracking down the world's best wildlife experiences. In Footprint's Wildlife Travel, Will shares these encounters, taking you on a global safari. From whale-watching in North America to camping on an African safari and tracking tigers in India. Wildlife Travel will help you plan and enjoy the best of the world's wildlife adventures, enabling you to get closer than you ever imagined to the world's greatest wildlife.

Highlights the best wildlife experiences continent by continent

Groups wildlife trips by type from safaris and cruises to bird-watching and underwater life, helping you focus on your particular area of interest

Features informative, first-hand accounts of wildlife encounters from tracking tigers in India to snorkelling with whale sharks

Stunning full-colour photography throughout

AUD RRP: \$44.95
NZD RRP: \$59.99
ISBN-13: 9781907263484
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Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 210 X 190
Pages: 320
Illustrations: COLOUR THROUGHOUT



Activity & Lifestyle



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Contents



Central America Handbook 19/e H/C



Author: Arghiris, Richard

Formerly part of the legendary 'Travellers' Bible', this new edition of Footprint's guide to Central America has been extensively researched and updated. Taking you along the Ruta Maya, through beautiful colonial cities and sleepy villages, to deserted beaches and lush rainforests, it provides recommendations for all budgets on where to eat and sleep, as well as the low-down on the region's best fiestas and adventure activities. With activities galore, ruins aplenty, year round sunshine and amazing food and drink there is something for everyone and Footprint's Handbook will help you see and experience the real Central America.

FOOTPRINT

AUD RRP: \$39.95
NZD RRP: \$49.99
ISBN-13: 9781907263477
Previous: 9781906098698
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 185 X 115
Pages: 1050
Illustrations: COLOUR THROUGHOUT

Colombia Handbook 4/e H/C



Author: Espater, Anna Maria

Watch the sun set with an evening cocktail on the ramparts of Cartagena's walled city, trek through the rainforest to Ciudad Perdida or stay on a coffee finca in the Zona Cafetera, Footprint's 4th edition of the Colombia Handbook is the perfect companion for the adventurous traveler wanting to get the most out of this vivacious country. The land of coffee, emeralds and Gabriel Garcia Marquez is firmly back on the traveler's 'must-see' map and Footprint's new edition is the ideal companion to help you make sense of it all.

FOOTPRINT

AUD RRP: \$39.95
NZD RRP: \$44.99
ISBN-13: 9781907263491
Previous: 9781906098223
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 184 X 115
Pages: 400
Illustrations: COLOUR THROUGHOUT

Sri Lanka Handbook 5/e H/C




Author: Chare, Sara

A tiny country of outstanding natural beauty and incredible history, Sri Lanka has been charming visitors for years. Having been missing from the bookshelves for some time, Footprint's 5th edition Handbook has been thoroughly revised and updated with everything you need to know about traveling around this beautiful island. From the buzzing capital and foodie's paradise Colombo, to the many national wildlife parks and endless glorious beaches, this is the perfect companion for anyone wanting delves a little deeper into this fascinating and deeply traditional island. From the abundant wildlife and ancient ruins to the full moon festivities and honeymoon hideaways, Footprint's fully updated 5th edition will help you get to the heart of this incredible island.

FOOTPRINT

AUD RRP: \$39.95
NZD RRP: \$44.99
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Illustrations: COLOUR THROUGHOUT

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Angkor Wat Focus

Spooner, Andrew
9781908206145
A\$12.95 N\$16.95
January 2012



Brimming with information and insight into this legendary city, Footprintfocus Angkor Wat is the ideal guide to the ancient temples of Cambodia's spiritual capital as well as fascinating destinations in the region.



Bahia & Salvador Focus

Robinson, Alex
9781908206121
A\$16.95 N\$21.99
January 2012



Brimming with information on Brazil's most beautiful region, this guide will take you from white-sand beaches to the country's cultural centre, Salvador.



Bilbao and Basque Region Focus

Symington, Andy
9781908206213
A\$14.95 N\$16.99
January 2012



Packed with information on Spain's buzzing cultural capital, Bilbao, this Footprintfocus guide also offers you the chance to experience ancient Spanish towns steeped in tradition as well as the stunning beaches of San Sebastian.

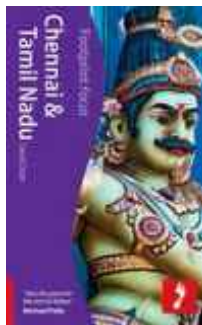


Buenos Aires and the Pampas Focus

Cousins, Lucy E.
9781908206268
A\$16.95 N\$21.99
January 2012



Loaded with information on Argentina's romantic capital, this Footprintfocus guide will take you from the grand baroque buildings of Buenos Aires to the wide-open plains of The Pampas.



Chennai and Tamil Nadu Focus

Stott, David
9781908206398
A\$19.95 N\$24.99
January 2012



Loaded with information on one of India's most spiritual states, Footprintfocus Chennai & Tamil Nadu will take you from the Hindu temples of Kanchipuram to the hill stations of Ooty and Kodaikkanal.



Chiang Mai & Northern Thailand Focus

Spooner, Andrew
9781908206152
A\$16.95 N\$21.99
January 2012



Full of information and advice on visiting Thailand's cultural capital of the north, Footprintfocus Chiang Mai & Northern Thailand will guide you from the serene temples of Chiang Mai to the rolling hills of the north.



Costa Rica Focus

Hutchison, Peter
9781908206367
A\$19.95 N\$24.99
January 2012



Packed with information on this nature-lover's paradise, Footprintfocus Costa Rica will guide you from the country's tall volcanic peaks to it's gentle steaming lagoons.



Cuzco, La Paz and Lake Titicaca Focus

Box, Ben
9781908206305
A\$19.95 N\$24.99
January 2012



Packed with thoroughly researched information on Peru and Bolivia's most famous sights, Footprintfocus Cuzco, La Paz & Lake Titicaca will take you from the ancient ruins of Machu Pichu to the mirror-like waters of Lake Titicaca.



Durban and KwaZulu Natal Focus

Williams, Lizzie
9781908206343
A\$19.95 N\$24.99
January 2012



Brimming with information on this intensely diverse region, Footprintfocus Durban & KwaZulu Natal will take you from the towering Drakensberg Mountains to South Africa's best beaches.



El Salvador Focus

Arghiris, Richard
9781908206428
A\$12.95 N\$16.95
January 2012



Loaded with information on this often overlooked country, Footprintfocus El Salvador will take you from the bustling capital San Salvador to the long sandy beaches of the south.



Goa Focus

Stott, David
9781908206374
A\$14.95 N\$16.99
January 2012



Brimming with information on this tiny Indian state, Footprintfocus will show you how to avoid the tourist trail and find glimpses of the real Goa.



Granada and Sierra Nevada Focus

Symington, Andy
9781908206190
A\$14.95 N\$16.99
January 2012



Packed with information on Andalusia's most charming city, this guide features famous landmarks like La Alhambra as well as lesser-known destinations around the Sierra Nevada.



Guatemala Focus

Arghiris, Richard
9781908206237
A\$19.95 N\$24.99
January 2012



Loaded with thoroughly researched information on this lively Central American country, Footprintfocus Guatemala will guide you from ancient Mayan temples to a sparkling Caribbean coastline.



Havana Focus

Cameron, Sarah
9781908206251
A\$14.95 N\$16.99
January 2012



Packed with information on this splendid and sumptuous capital, Footprintfocus Havana will take you from the thriving music scene of young Havana to the colonial charm of 'Old Havana'.



Honduras Focus

Arghiris, Richard
9781908206435
A\$16.95 N\$21.99
January 2012



Packed with information on a country that epitomizes Latin America, this Footprintfocus guide will take you from the sun-soaked Bay Islands to the mountainous terrain inland.

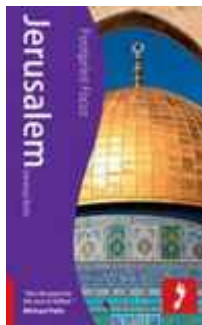


Java Focus

Dixon, Paul
9781908206442
A\$16.95 N\$21.99
January 2012



Brimming with information on Indonesia's political, economic and cultural heartland, this Footprintfocus guide will take you from the frenetic streets of Jakarta to the island's stunning chain of volcanos.



Jerusalem Focus

Betts, Vanessa
9781908206312
A\$19.95 N\$24.99
January 2012



Packed with thoroughly researched information on Jerusalem's most famous sights, Footprintfocus Jerusalem will take you from the mysterious Wailing Wall to the trendy eateries of the new city.



Johannesburg & Kruger National Park Focus

Williams, Lizzie
9781908206336
A\$14.95 N\$16.99
January 2012



Footprintfocus Johannesburg & Kruger National Park is loaded with information on this breathtaking area of South Africa from the bustling streets of Johannesburg to South Africa's top game park, Kruger National Park.



Kenya's Beaches Focus

Williams, Lizzie
9781908206299
A\$19.95 N\$24.99
January 2012



Footprintfocus Kenya's beaches is packed with information on some of Africa's most beautiful beaches. From top-class beachside hotels to dense coastal forests, this guide will prove an invaluable companion.

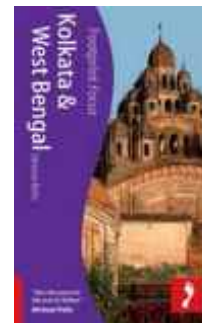


Kerala Focus

Stott, David
9781908206381
A\$16.95 N\$21.99
January 2012



Packed with information on this beautiful Indian coastal state, Footprintfocus Kerala will take you from rice boat tours on Kerala's backwaters to the Ayurvedic massages on its southern beaches.



Kolkata and West Bengal Focus

Betts, Vanessa
9781908206404
A\$12.95 N\$16.99
January 2012



Brimming with information on the cultural corner of India, this Footprintfocus guide will take you from the hill station of Darjeeling to Sunderbans Tiger Reserve.



Malaga Focus

Symington, Andy
9781908206206
A\$12.95 N\$16.99
January 2012



Packed with information on Spain's glitziest province, this Footprintfocus guide offers you the chance to experience a more authentic Spain inland, as well as the beaches on the Costa del Sol.



Mumbai and Gujarat Focus

Stott, David
9781908206411
A\$19.95 N\$24.99
January 2012



Packed with information on India's most vibrant city, Mumbai (Bombay), and the picturesque state of Gujarat, Footprintfocus Mumbai & Gujarat will take you from the home of Bollywood to the birthplace of Gandhi.



Paraguay Focus

Box, Ben
9781908206275
A\$12.95 N\$16.99
January 2012



Brimming with information on this under-explored pocket of South America, this Footprintfocus guide will open your eyes to the tree-lined avenues of Asuncion and the 16th-century architecture of the Jesuit Missions.



Quito and Galapagos Islands Focus

Kunstaetter, Robert
9781908206169
A\$16.95 N\$21.99
January 2012



Brimming with information on this beautiful region of South America, this guide will take you from cosmopolitan cafes of Ecuador's capital to the exotic wildlife of the Galapagos Islands.



Rio De Janeiro Focus

Robinson, Alex
9781908206138
A\$19.95 N\$24.99
January 2012



Loaded with information on Brazil's iconic city, this guide will take you from Rio's famous Mardis Gras carnival to its spectacular beach and mountain scenery.



Uruguay Focus

Box, Ben
9781908206282
A\$14.95 N\$16.99
January 2012



Features detailed information on a land best explored on horseback, the rolling hills of Uruguay. This Footprintfocus guide will take you from the historic centre of Montevideo to the famous Atlantic resort Punta del Este.



Vancouver and Canadian Rockies Focus

Gardner, Matthew
9781908206220
A\$19.95 N\$24.99
January 2012



Loaded with information on two of Canada's most important regions, this Footprintfocus guide will take you from Vancouver's chilled out beaches to North America's greatest mountain range, the Canadian Rockies.



Venezuela Focus

Box, Ben
9781908206176
A\$19.95 N\$24.99
January 2012



Packed with information on this jaw-droppingly beautiful country, this guide will take you from Venezuela's seductive Caribbean coastline to the humid rainforest of the Amazon.



Yucatan Peninsula Focus

Epsater, Anna Maria
9781908206244
A\$14.95 N\$16.99
January 2019



Packed with information on the 'Mayan Riviera', Footprintfocus Yucatan Peninsula covers popular attractions like the Caribbean beach resorts and Mayan temples, as well as lesser known but equally impressive sights.



Zanzibar and Pemba Focus

Williams, Lizzie
9781908206183
A\$16.95 N\$21.99
January 2012



Loaded with advice on what to see and do in Zanzibar and Pemba, this guide will take you from old Arabian townhouses to the coral coastline of Pemba.



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AA Big Easy Read France: 2012 (Spiral)



Author:

Fully revised and updated for 2012, this specialist, easy-to-read, A3 road atlas designed for the British motorist in France includes 44 city, town and port plans, central Paris city plan and district maps of Paris and Lyon.

AA PUBLISHING

AUD RRP: \$27.95
NZD RRP: \$39.99
ISBN-13: 9780749571351
Previous 9780749567460
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Spiral bound
Size (mm): 391 X 270
Pages: 272
Illustrations: B&W THROUGHOUT

AA Big Easy Read France: 2012



Author:

Fully revised and updated for 2012, this specialist, easy-to-read, A3 road atlas designed for the British motorist in France includes 44 city, town and port plans, central Paris city plan and district maps of Paris and Lyon.

AA PUBLISHING

AUD RRP: \$24.95
NZD RRP: \$32.99
ISBN-13: 9780749571344
Previous 9780749567484
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 391 X 270
Pages: 272

AA Big Road Atlas France: 2012



Author:

Fully revised for 2012, this specialist A3 road atlas designed for the British motorist in France includes 21 city / town plans. There is also a channel hopping guide including channel tunnel terminal plans and port plans.

AA PUBLISHING

AUD RRP: \$22.95
NZD RRP: \$29.99
ISBN-13: 9780749571368
Previous 9780749567477
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 390 X 285
Pages: 112
Illustrations: B&W THROUGHOUT

AA Easy Read France: 2012



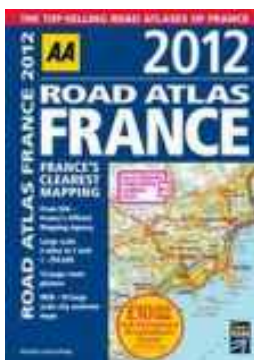
Author:

Fully revised and updated for 2012, this specialist, easy-to-read, A4 road atlas designed to help the British motorist in France includes 86 city centre plans to help you find your way in and around busy centres.

AA PUBLISHING

AUD RRP: \$27.95
NZD RRP: \$39.99
ISBN-13: 9780749571375
Previous 9780749567484
Due Date January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 297 X 228
Pages: 432
Illustrations: B&W THROUGHOUT

AA Road Atlas France: 2012 (Spiral)



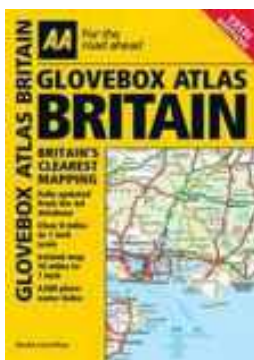
Author:

Fully revised and updated for 2012, this specialist A4 road atlas designed for the British motorist in France includes 32 city centre plans to help you find your way in and around busy centres. Road mapping for Corsica is included, plus 10 district maps including Paris, Lyon, Marseille, Lille, Toulouse and Bordeaux.

AA PUBLISHING

AUD RRP: \$24.95
NZD RRP: \$32.99
ISBN-13: 9780749571382
Previous 9780749567484
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Spiral bound
Size (mm): 297 X 210
Pages: 320
Illustrations: B&W THROUGHOUT

Glovebox Atlas Britain 13/e



Author: AA Publishing

This handy atlas easily fits in the glovebox of your car, perfect for quick referencing on the move. Including information on road map symbols, key to map page and mileage charts, this is the perfect glovebox companion for finding your way throughout Britain and Ireland.

AA PUBLISHING

AUD RRP: \$14.95
NZD RRP: \$19.99
ISBN-13: 9780749571177
Previous ISBN: 9780749563158
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 210 X 153
Pages: 96
Illustrations: COLOUR THROUGHOUT



Budapest: AA Essential Guides 2/e

AA Publishing
9780749570781
A\$12.95
N\$16.99
January 2012



Previous ISBN: 9780749544812



China: AA Essential Guides

AA Essential Guide
9780749570804
A\$12.95
N\$16.99
January 2012



Croatia: AA Essential Guides

AA Essential Guide
9780749570811
A\$12.95
N\$16.99
January 2012



California: AA Essential Guides 2/e

9780749570798
A\$12.95 N\$16.99
January 2012



Previous ISBN: 9780749539443



Cuba: AA Essential Guides 2/e

9780749570828
A\$12.95 N\$16.99
January 2012



Previous ISBN: 9780749525712



Egypt: AA Essential Guides 2/e

9780749570835
A\$12.95 N\$16.99
January 2012



Previous ISBN: 9780749543013

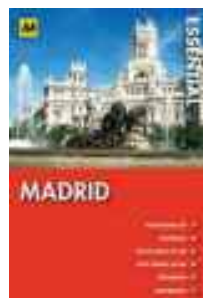


Florida: AA Essential Guides 2/e

9780749570842
A\$12.95 N\$16.99
January 2012



Previous ISBN: 9780749543020



Madrid: AA Essential Guides 2/e

9780749570859
A\$12.95 N\$16.99
January 2012



Previous ISBN: 9780749543105



Mexico: AA Essential Guides 2/e

9780749570866
A\$12.95 N\$16.99
January 2012



Previous ISBN: 9780749543143



South Africa: AA Essential Guides 2/e

9780749570873
A\$12.95 N\$16.99
January 2012



Previous ISBN: 9780749539641

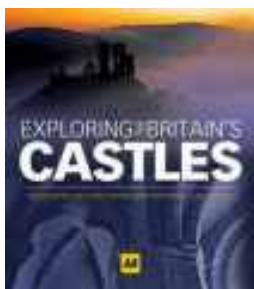


AA Essential Guide Series

- Mapping contained on the cover flaps
- Each destination divided into colour-coded areas for easy navigation
- 'The Best Thing To See' and 'The Best Things To Do' sections
- Pocket-sized and packed full of information you really need
- Great-value – an ideal choice for getting the best out of the destination

Exploring Britain's Castles H/C

Celebrating Britain's Magnificent Legacy



Author:

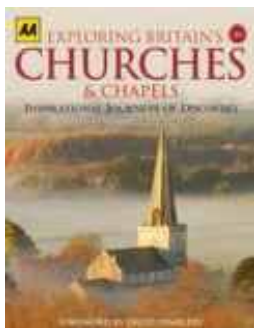
Exploring Britain's Castles takes a closer look at castles all around the country and traces their history through the centuries. This beautifully illustrated guide includes regional and locator maps in addition to practical information such as contact details, opening times and facilities.

AA PUBLISHING

AUD RRP: \$44.95
NZD RRP: \$59.99
ISBN-13: 9780749570750
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 260 X 230
Pages: 224
Illustrations: COLOUR THROUGHOUT

Exploring Britain's Churches and Chapels H/C

Inspirational Journeys of Discovery



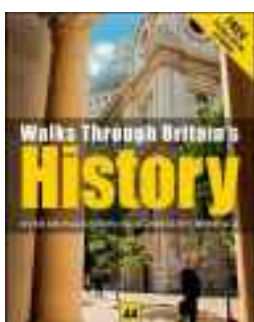
Author: AA Publishing

This practical and inspirational guide has been produced in association with the National Churches Trust, to help you discover which are the very best churches to visit.

AA PUBLISHING

AUD RRP: \$55
NZD RRP: \$69.99
ISBN-13: 9780749570743
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 280 X 215
Pages: 256
Illustrations: COLOUR THROUGHOUT

Walk Through Britain's History H/C



Author: AA Publishing

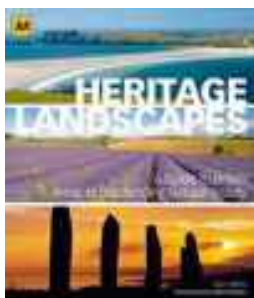
Step back in time with Walks Through Britain's History, containing more than 100 walks, each with a historical theme. Ideal for both history buffs and walkers alike, this family reference book includes routes from the country's past in chronological order from Ancient Britain and the Roman occupation right up to the 19th and 20th centuries. All the circular routes are between 2 and 10 miles and feature detailed maps and directions alongside fascinating background information on the route. The walks are beautifully illustrated with photography, artefacts, maps and a timeline that runs throughout the book. A free 128 page pocket version accompanies the book as a practical aid for those eager to head out and try the routes.

AA PUBLISHING

AUD RRP: \$75
NZD RRP: \$95
ISBN-13: 9780749568627
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 297 X 230
Pages: 256
Illustrations: COLOUR THROUGHOUT

Heritage Landscapes H/C

Britain's Areas of Outstanding Natural Beauty



Author: Smith, Roly

This stunningly illustrated guide showcases 50 of Britain's finest Areas of Outstanding Natural Beauty and features key facts and detailed maps for each location.



AA PUBLISHING

AUD RRP: \$55
NZD RRP: \$69.99
ISBN-13: 9780749570767
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 310 X 265
Pages: 224
Illustrations: COLOUR THROUGHOUT

Extreme Places H/C

AA Driving Test



Author:

This beautiful book transports you to the highest, hottest, coldest, most dramatic and most remote places on earth. Discover the icy expanse of the Baltoro Glacier in Pakistan, the bizarre and exotic wildlife of Madagascar, the searing heat of the Australian Outback and the power of the Iguassu Falls in South America.



AA PUBLISHING

AUD RRP: \$29.95
NZD RRP: \$39.99
ISBN-13: 9780749571603
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 280 X 230
Pages: 224
Illustrations: COLOUR THROUGHOUT

European Rail Timetable: Winter: 2011/12



Author: Thomas Cook Publishing

Containing rail and ferry timings for the whole of Europe, this title includes: schedules for over 50,000 rail connections; ferry and catamaran timetables; guide to European rail passes; key country-by-country travel information; airport to city-centre rail and bus links; suggested scenic rail routes; and, a 'Beyond Europe' Supplement.



THOMAS COOK

AUD RRP: \$39.95
NZD RRP: \$49.99
ISBN-13: 9781848485327
Previous: 9781848484092
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 242 X 153
Pages: 672



**Amsterdam
Pocket Guide
4/e**

Thomas Cook
Publishing
9781848484993
A\$12.95 N\$16.99
January 2012



Previous ISBN: 9781848482746



**Barcelona
Pocket Guide
4/e**

Thomas Cook
Publishing
9781848485136
A\$12.95 N\$16.99
January 2012



Previous ISBN: 9781848482845



**Kiev Pocket
Guide 4/e**

Thomas Cook
Publishing
9781848485037
A\$12.95 N\$16.99
January 2012



Previous ISBN: 9781848482777



**Lanzarote
Pocket Guide
4/e**

Baker, Charles
9781848485341
A\$12.95 N\$16.99
January 2012



Previous ISBN: 9781848482685



**Malta Pocket
Guide 4/e**

Thomas Cook
Publishing
9781848485358
A\$12.95 N\$16.99
January 2012



Previous ISBN: 9781848482470



**Monte Carlo
Pocket Guide
4/e**

Thomas Cook
Publishing
9781848485044
A\$12.95 N\$16.99
January 2012



Previous ISBN: 9781848482784



**Reykjavik
Pocket Guide
4/e**

Thomas Cook
Publishing
9781848485167
A\$12.95 N\$16.99
January 2012



Previous ISBN: 9781848482876



**Syria Traveller
Guide 3/e**

Thomas Cook
Publishing
9781848485129
A\$22.95 N\$29.99
January 2012



Previous ISBN: 9781848482012



Thomas Cook pocket guides

This vibrant series covers over 170 destinations worldwide, from cosmopolitan urban delights to sun-kissed beach idylls. Bursting with insightful and easily accessible information, these guides are full of practical information on how to make the most of a city break or longer holiday.

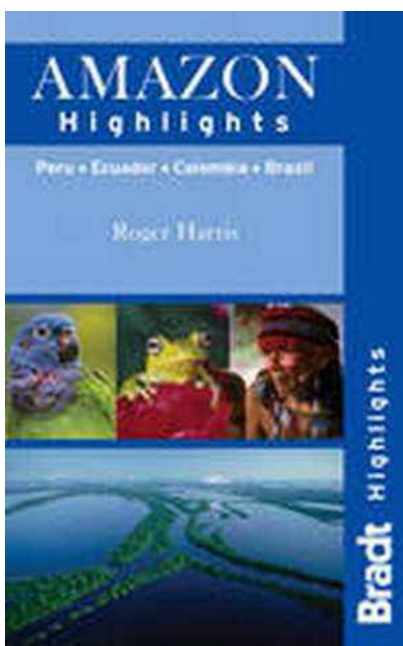
- Organised by recognisable areas, making orientation easy
- Compact format makes it easy to locate the top must-see-and-do attractions
- Includes practical listings to suit varied budgets and tastes
- Imaginative suggestions reveal each destinations hidden gems

Amazon Highlights: Peru - Ecuador - Colombia - Brazil Bradt



Peru - Ecuador - Colombia - Brazil Bradt

Author: Harris, Roger



The Amazon is the world's biggest rainforest, falling within the confines of nine countries and luring millions of visitors. This title showcases the best of the region - example itineraries and ideal starting points, a selection of 'tried and tested' lodges, and a review of leading tour operators and tour guides.

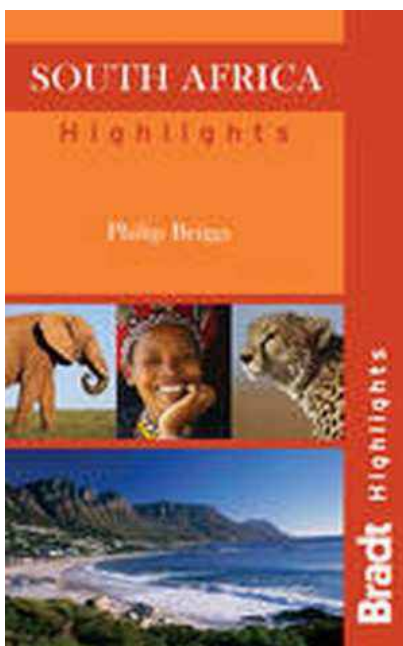
BRADT GUIDES

AUD RRP: \$39.95
NZD RRP: \$49.99
ISBN-13: 9781841623740
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 216 X 135
Pages: 208
Illustrations: COLOUR THROUGHOUT

South Africa Highlights



Author: Briggs, Philip

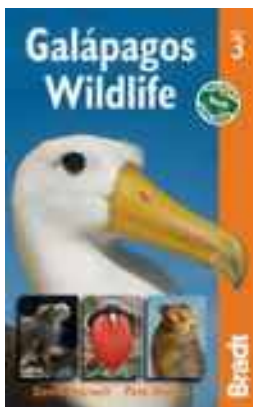


South Africa has one of the world's most diverse tourist offerings. Attractions range from stately Cape Town with majestic Table Mountain, to the scenic winelands around Stellenbosch and the world-renowned Kruger National Park and adjacent private reserves. This guide focuses on the 'must-see' sights of this magnificent country.

BRADT GUIDES

AUD RRP: \$39.95
NZD RRP: \$49.99
ISBN-13: 9781841623689
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 216 X 135
Pages: 208

Galapagos Wildlife 3/e



Author: Oxford, Pete

Travelling to the Galapagos to discover the unique flora and fauna that so captivated Darwin and the many that followed him is a rite of passage for serious wildlife enthusiasts. This guide features full-colour photography that aids in identifying key species both on land and below water.

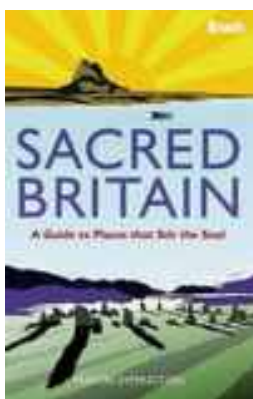
BRADT GUIDES

AUD RRP: \$39.95
NZD RRP: \$49.99
ISBN-13: 9781841623603
Previous: 9781841621005
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 216 X 135
Pages: 160
Illustrations: COLOUR THROUGHOUT

TRAVEL & HOLIDAY - Travel & holiday gds

Sacred Britain H/C

A Guide to Places That Stir the Soul



Author: Symington, Martin

Britain is packed with places to visit that can be called 'sacred'. Many are tourist sites, such as Iona, Lindisfarne and Stonehenge. This book journeys from pilgrimage sites with tombs of martyrs and scenes of medieval miracles to the remote islands of Iona, Bardsey and Lindisfarne, as well as to modern Buddhist, Hindu and Islamic shrines.

BRADT GUIDES

AUD RRP: \$39.95
NZD RRP: \$49.99
ISBN-13: 9781841623634
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Hardback
Size (mm): 216 X 135
Pages: 240

TRAVEL & HOLIDAY - Travel & holiday gds

Total Solar Eclipse: 2012-2013

2012-2013



Author: Williams, Sheridan

In 2012, total solar eclipse starts in Australia's Northern Territory and crosses Queensland before disappearing over the Pacific. In November 2013, the annular-total eclipse, the Sun may appear as a bright ring around the Moon. Packed with maps, weather conditions, and photography tips, this guide can help you make the most out of this event.

BRADT GUIDES

AUD RRP: \$14.95
NZD RRP: \$19.99
ISBN-13: 9781841623665
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 216 X 135
Pages: 48



Argentina 2/e

McCloskey, Erin
9781841623511
P: 9781841621388
A\$39.95 N\$49.99
January 2012



Vast and vibrant Argentina has it all - adventure, culture, luxury, scenery. From eating beefsteak in Buenos Aires to drinking Malbec in Mendoza, from the tango rhythms of town to remote landscapes and hidden gems, this guide provides the necessary practical and background information to take visitors beyond the tourist haunts.



Burkina Faso 2/e

Night, James
9781841623528
P: 9781841621549
A\$39.95 N\$49.99
January 2012



From balafon players in the laidback town of Bobo-Dioulasso to masters of horsemanship further north landlocked Burkina Faso, in the heart of west Africa, has something to offer everyone. This book leads visitors on camel safaris from desert markets to dramatic waterfalls and spectacular sandstone rock formations.



Colombia 2/e

Woods, Sarah
9781841623641
P: 9781841622422
A\$39.95 N\$49.99
January 2012



With its jagged, volcanic peaks; palm-trimmed Pacific and Caribbean coastlines; dense jungles, snow-capped mountains and idyllic islands; numerous indigenous cultures, Colombia is 'ten countries in one'. This title provides many first-hand insights into striking colonial cities, rainforests, beaches, historic villages and secret gems.

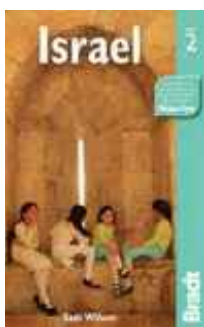


Iceland 2/e

Evans, Andrew
9781841623610
P: 9781841622156
A\$39.95 N\$49.99
January 2012



A guide to Iceland. It helps you learn when to use each one of the eight Icelandic words for sheep, how to avoid injury from dive-bombing Arctic terns, or the connections between present-day sites and Iceland's rich literary tradition of sagas. It covers biking, trekking, deep-sea and river fishing, horse-riding, glacier exploration, and more.



Israel 2/e

Wilson, Samantha
9781841623627
P: 9781841622712
A\$39.95 N\$49.99
January 2012



Israel is a land of dramatic contrasts where three world religions - Judaism, Christianity and Islam - meet in stunning landscapes. This title gives practical tips on the top hotels and restaurants as well as the information to get the best from Israel's range of attractions.



Kazakhstan 2/e

Brummell, Paul
9781841623696
P: 9781841622347
A\$39.95 N\$49.99
January 2012



Landlocked between Russia and China, and surrounded by the shimmering Caspian Sea shores and the Altai and Tian Shan mountains, a trip to the exotic wilds of Kazakhstan will erase any association Westerners may have with the film "Borat". This title provides an explanation of the rich Kazakh traditions and nomadic heritage.



Kyrgyzstan 2/e

Mitchell, Laurence
9781841623498
P: 9781841622217
A\$39.95 N\$49.99
January 2012



Billed 'the most beautiful country in the world' by "The Times", Kyrgyzstan is a must-stop destination for anyone travelling through Central Asia or along the Silk Road. This is a guide for those venturing into this destination. It features maps and practical information.

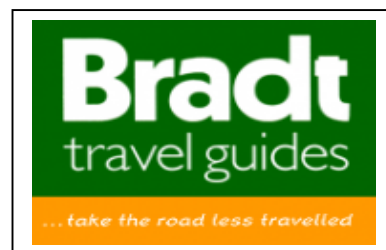


Lapland 2/e

Proctor, James
9781841623658
P: 9781841622354
A\$39.95 N\$49.99
January 2012

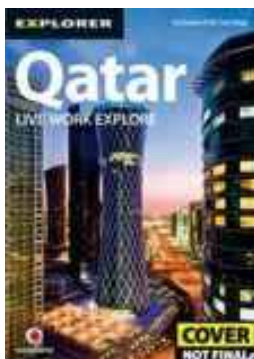


Spanning the northernmost fringes of Norway, Sweden and Finland, this title offers winter and summer adventures.



Qatar Complete Residents Guide 4/e

Case-Based Approach to Current Management



Author: Explorer Publishing and Distribution

Packed with vital information and advice, Qatar Explorer is the essential guide for anyone living in this emerging country. From the baffling bureaucracy and issues such as housing and healthcare, to exploring, activities and socialising, it's all covered here in meticulous detail.

EXPLORER

AUD RRP: \$32.95
NZD RRP: \$42.99
ISBN-13: 9789948450221
Previous: 9789948033172
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 210 X 148
Pages: 10
Illustrations: COLOUR THROUGHOUT

Doha & Qatar Map 2/e



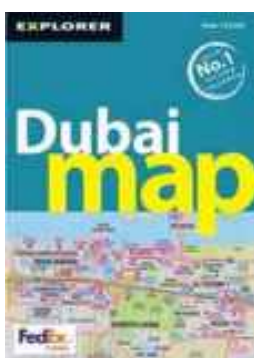
Author: Explorer Publishing and Distribution

This large fold-out map shows the whole of Doha & Qatar in pinpoint detail. The easy-to-read map features road names and numbers, hotels, malls, parks, beaches, embassies, hospitals and places of interest.

EXPLORER

AUD RRP: \$19.95
NZD RRP: \$29.99
ISBN-13: 9789948450337
Previous: 9789948441137
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Sheet map, folded
Size (mm): 210 X 150
Pages: 10

Dubai Map 4/e



Author: Explorer Publishing and Distribution

Brought to you by the region's unrivalled map experts, this is the most comprehensive and up-to-date Dubai map available.

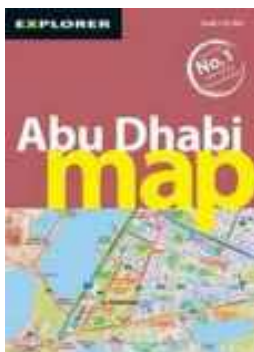
EXPLORER

AUD RRP: \$19.95
NZD RRP: \$29.99
ISBN-13: 9789948450252
Previous: 9789948442226
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Sheet map, folded
Size (mm): 210 X 150
Pages: 10

Abu Dhabi Map 3/e

A New Life for People with Parkinson's, Dystonia and Essential Tremor

Author: Explorer Publishing and Distribution



This large fold-out map shows the whole of Abu Dhabi in pinpoint detail. The easy-to-read map features road names and numbers, hotels, malls, parks, beaches, embassies, hospitals, and places of interest.



EXPLORER

AUD RRP: \$19.95
NZD RRP: \$29.99
ISBN-13: 9789948450344
Previous: 9789948442219
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Sheet map, folded
Size (mm): 210 X 150
Pages: 10

Hedonist's Guide to Sao Paulo

What the Practitioner Needs to Know and Do

Author: Robinson, Alex



Sao Paulo is Brazil's commercial, artistic and fashion heart -- everyone knows Rio is just for tourist, Sao Paulo is where it is really at. With Brazil's rise to prominence and role as the regional economic powerhouse, Sao Paulo has had to rise to the challenge -- some of the most interesting and design-conscious hotels, restaurants and bars have opened up in the city and over the next couple of years many more are scheduled to open. The World Cup in 2014 and the Olympics in 2016 will see the city and the country flow into the public's consciousness turning it into the beating heart of the continent.



HEDONIST GUIDES

AUD RRP: \$24.95
NZD RRP: \$32.99
ISBN-13: 9781905428656
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 190 X 115
Pages: 208
Illustrations: B&W THROUGHOUT

Hedonist's Guide to Toronto, A

The Questions You Have, the Answers You Need

Author: Plentl, Stephanie



'Hg2 is foreign life as Art' - Vanity Fair The beautifully packaged, new-look Hg2 Toronto contains 200 of the city's most interesting hotels, bars, restaurants, cafes, clubs, shops and spas. Intelligent, Irreverent & Inspired



HEDONIST GUIDES

AUD RRP: \$24.95
NZD RRP: \$32.99
ISBN-13: 9781905428762
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 185 X 115
Pages: 208

Hedonists Guide to Almaty & Astana, A



Author: Kallo, Isabelle

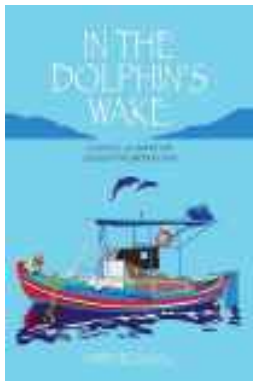
Kazakhstan is thriving -- it is fast becoming the business hub of Central Asia. Petro-dollars are flowing through the traditional and modern capitals of Almaty and Astana and businesses, tourists and investors are flocking there in droves. To cater to this smart hotels, gourmet restaurants and fast-paced bars are springing up in both cities. The Wild West frontier attitude is slowly fading and any comparisons with Borat have disappeared -- instead replaced by a dynamism and eclecticism that is making both Almaty and Astana the cultural, design and entertainment centres of the region.

HEDONIST GUIDES

AUD RRP: \$24.95
NZD RRP: \$32.99
ISBN-13: 9781905428687
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 190 X 115
Pages: 256
Illustrations: COLOUR THROUGHOUT

In the Dolphin's Wake

Calamities and Caiques in the Greek Islands



Author: Bucknall, Harry

In the summer of 2006, Harry Bucknall travelled from Venice in the West to Istanbul in the East: a journey across the Aegean of over 8,000 kilometres that included the glories of Mount Athos, 36 islands and every island chain in the Greek Archipelago; 57 sea passages on 35 ferries, 4 landing craft, 3 hydrofoils, a fishing caique, a sea plane, 11 buses, 2 trains, an open top Land Rover and a duck egg blue 1961 Morris Oxford. Recounted with humour, pathos and at times drama, In the Dolphin's Wake is not only a journey through the Greek islands but also a journey through Greek history, mythology, custom and folklore - a Greek Island companion loaded with adventure, mishap and laughter offering the reader a contemporary image of Aegean life today.

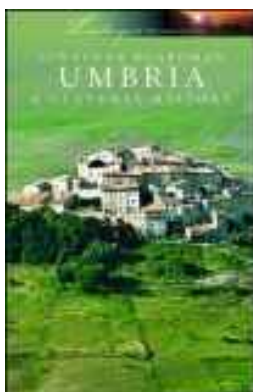
INDEPENDENT PUBS

AUD RRP: \$19.95
NZD RRP: \$24.99
ISBN-13: 9781903071342
Due Date: January 2012
Discount: TRADE AUSTRALIAN
Format: Paperback
Size (mm): 198 X 129
Pages: 240
Illustrations: FIGURES/DIAGRAMS



Umbria

A Cultural History



Author: Boardman, Jonathan

Umbria is a landscape of peaks and valleys, much of it mountainous, with river valleys and lakeside plains providing an imaginative contrast to the dominant uplands. Historically and culturally it has also been a story of highs and lows: from the heights of Etruscan and Roman urban culture to the violent depths of the Dark Ages and medieval period; from the masterworks of undoubted artistic geniuses like Rafael, Giotto, and Burri to the limitations of an impoverished local tradition; from the exemplary moral teaching and lives of myriad saints to the rapacious violence of Renaissance signori. Modern Umbria remains a vibrant contributor to many facets of today's Italy, exhibiting a robust political culture and successful industrial innovation. At the same time the region has never lost its special historical and cultural characteristics which make it the peninsula's green and sacred heart. Jonathan Boardman shows how cultural themes can be identified throughout Umbria's complex history, its uniquely rich artistic legacy and its lively modern trends. From its theatres to its factories, from its farmhouses to its town halls, from its churches to its restaurants, he charts what is distinct about the people who have made this their home.

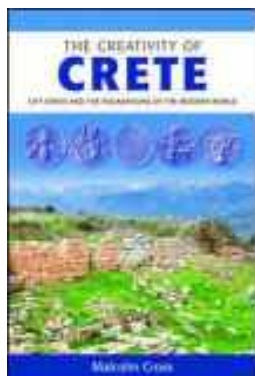
SIGNAL BOOKS

AUD RRP: \$24.95
NZD RRP: \$29.99
ISBN-13: 9781904955948
Due Date: January 2012
Discount: TRADE INTERNATIONAL
Format: Paperback
Size (mm): 215 X 140
Pages: 256
Illustrations: B&W THROUGHOUT



Creativity of Crete

City States and the Foundations of the Modern World



Author: Cross, Malcolm

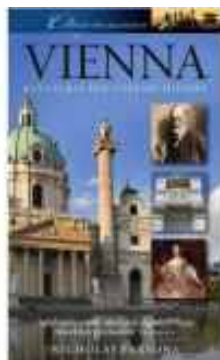
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