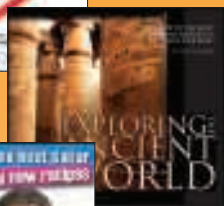


WOODSLANE ESSENTIALS



NEW WOODSLANE TITLES MARCH – MAY 2009

HOTTEST RECENT RELEASES



IN THIS ISSUE:

GENERAL NON-FICTION

- The perfect on-sell to book club members
- A simple gift idea for all book lovers
- A perfect Mother's Day gift

See page 2

TRAVEL

- Over 2 million copies of Key Guides have been sold worldwide to date
- Content increased and reorganised to make the guides more accessible and informative
- Stronger colour-coded sections for easy navigation

See page 12

BUSINESS

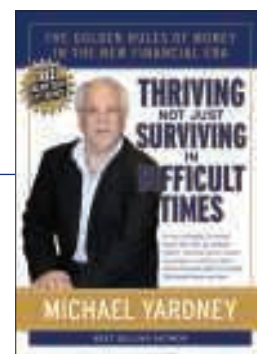
- Best-selling author Michael Yardney delivers a timely plan to finish up rich in this new financial era
- All you need to go from beginner to independently wealthy at any stage in life

See Page 10

COMPUTING

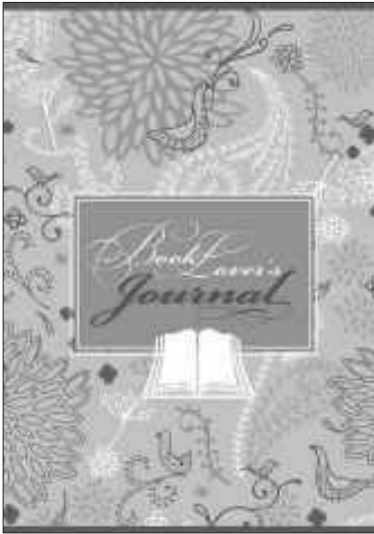
- Adobe Photoshop is the best selling software in its category
- This concise title for quick-learning is fully updated to cover the key features of new version
- Perfect guide for the beginner or accomplished computer user

See page 14



NEW MOTHER'S DAY TITLES

FROM WOODSLANE



BOOK LOVER'S JOURNAL H/C

Have you ever wished you had recorded all the books you read and when? What you thought of them and the affect they had on you? The *Book Lover's Journal* is a custom-designed diary for the reader who wants to record and explore their love of books and reading. High production values ensure this has strong gift and personal appeal. Packed with prize-winning and best-seller lists, quotes, facts and figures, writers and readers, the *Book Lover's Journal* will become a treasured keepsake.

Author: Woodslane
ISBN: 9781875889303
RRP: \$29.95

MOTHER'S DAY BACKLIST BESTSELLERS!

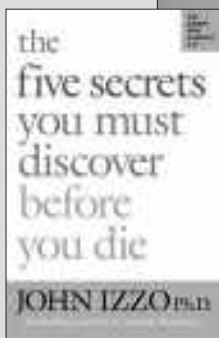


THE ANSWER

How Nature Can Help You When Life Seems Too Hard

Feeling stressed, harassed, lost or stuck on your path in life? The Answer is the perfect antidote for all those times you've wailed, It's Too Hard! In these frazzled times we live in, words like 'natural', 'green' and 'fresh' are balmy for busy lives. Accordingly, The Answer is for everyone whose schedule could do with a little unfrazzling.

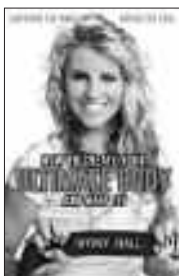
Author: Dawson, Lindsey • **ISBN:** 9780473124359 • **RRP:** \$19.95



FIVE SECRETS YOU MUST DISCOVER BEFORE YOU DIE

Based centrally on over 200 interviews conducted with people between the ages of 60-106, The Five Secrets You Must Discover Before You Die is powerful, personal, and practical. The interviewees ranged from aboriginal elders to town barbers, from Hollacaust survivors to former CEO's. In these interviews, each person was asked to reflect back on his or her life to identify the sources of happiness and meaning as well as lessons learned, regrets, major crossroads, and what did not contribute to meaning in their lives.

Author: Izzo, John, Ph.D • **ISBN:** 9781576754757 • **RRP:** \$29.95



HOW TO CREATE YOUR ULTIMATE BODY AND KEEP FIT

Diet is a swearword! This is the cheapest and most effective way to create your ultimate body, no expensive products or gym memberships needed. It's not how much weight you've got to lose that holds you back, but how much we all hate dieting!

Author: Hall, Tiffany • **ISBN:** 9781921332579 • **RRP:** \$29.95



PMS (PROBLEMS MEN STARTED) H/C

The hilarious column from "skirt" magazine makes its national debut in a value-priced illustrated format. This handy reference is crammed with lists of favourites: Trophy Wives, Car Alarms, The Speedo, Prenups, Fast Food, Super-sizing, Scientology, Cybersex, Sidewalk Spitting, "Novelty" Condoms, Tanning Beds, among other things.

Author: Hardin, Nikki • **ISBN:** 9781599212227 • **RRP:** \$26.95



QUOTABLE BITCH

Women Who Tell it Like it Really Is

This book celebrates outspoken women by gathering their wisdom and humour in a smart book filled with the words of Madonna, Gloria Steinem, Angelina Jolie, Hillary Rodham Clinton, Tallulah Bankhead, Joan Crawford, Erma Bombeck, Molly Ivins, and many more.

Author: Shiers, Jessie C. • **ISBN:** 9781599212135 • **RRP:** \$29.95

NEW MOTHER'S DAY TITLES

FROM WOODSLANE



THE ULTIMATE GODDESS

Following on from the bestselling 'Goddess' this second book in the series contains 149 further NEW ideas to help women get more out of their increasingly over-stretched lives. *Ultimate Goddess* contains even more inspiration to help today's women be smarter, sexier, more charismatic and endlessly creative. For a simpler, more fulfilling, more successful, more exciting life, this book is the ultimate empowering tool.

Author: Wilson, Elisabeth
ISBN: 9781921203749
RRP: \$34.95



SAVING MUM

The Modern Parent's Guide to Saving Money, Saving Time, and Helping the Planet

Modern family life is challenging. *Saving Mum* brings together the very best tips and tricks shared between the authors and busy Australian mums from www.savingmum.com.au. Methods used by mums generations ago and implemented today, will mean a more simplified, cost efficient household that also focuses on reducing, reusing and recycling. The *Saving Mum* ideas are empowering, easy and, at the same time, fun.

Author: Pleydon, Amy
ISBN: 9781921332388
RRP: \$29.99



VASILIS GARDEN

If You're Not Growing It, Don't Eat It

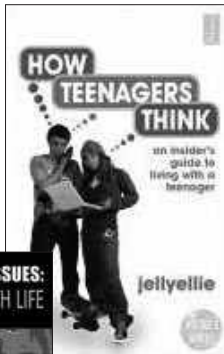
Famous for his catchcry of "MARESI" (meaning 'I like it'), Vasili gives us his first book, *Vasili's Garden* - from the garden to the kitchen Mediterranean style. Popular Australia-wide, Vasili has the happy knack of presenting gardening tips in a fun and informative manner, combining his famous garden tips with ever popular food recipes. Full colour throughout with some amazing photographs.

Author: Kanidiadis, Vasili
ISBN: 9781921332340
RRP: \$29.95

NEW FAMILY & SELF-HELP TITLES

FROM WOODSLANE

LIVING WITH YOUR TEENAGER!



HOW TEENAGERS THINK

An Insider's Guide to Living with a Teenager

A real life teenager, 15 year old Jellyellie, dishes the dirt on what she and the many fellow teenagers she interviews really think. Essential reading for all parents, she explains what encourages teenagers to co-operate with their parents and what pushes all their rebellious buttons.

Author: Ellie, Jellie • **ISBN:** 9781905410132 • **RRP:** \$24.95

COPING WITH LIFE

Real Life Issues

Down-to-earth information and guidance for teenagers on coping and how to stay in control. Includes advice and guidance on how to seek, and where to go to, for help and related issues that might be worth exploring.

Author: Trotman Publishing • **ISBN:** 9780856609947 • **RRP:** \$24.95

BULLYING

Real Life Issues

This essential new self-help series offers down-to-earth information and advice on key issues that matter to teenagers, such as bullying. Full of case studies of people who have experienced and come through bullying, this is an inspirational new series.

Author: Caprez, Emma • **ISBN:** 9780856609879 • **RRP:** \$24.95

EATING DISORDERS

Real Life Issues

This guide covering eating disorders is presented in a clear and accessible manner to help teenagers understand the eating disorder issues that they might be encountering and provide tips on how they can best deal with it.

Author: Trotman Publishing • **ISBN:** 9780856609909 • **RRP:** \$24.95

FAMILY BREAK-UPS

Real Life Issues

Full of case studies of people who have experienced and come through a family break-up, this essential new self-help series offers down-to-earth information and advice on key problems that matter to teenagers.

Author: Trotman Publishing • **ISBN:** 9781844551002 • **RRP:** \$24.95



FULL TIME FATHER

How to Succeed as a Stay at Home Dad

One in eleven full time parents is a father. Making the decision to give up work and stay home with the kids is a huge one. It affects the father's self-image, his friendships, his future career, the relationship, the family income and much more.

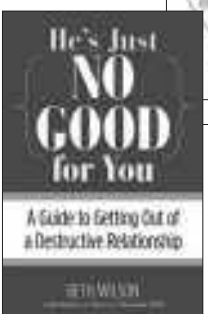
Author: Hallows, Richard • **ISBN:** 9780954391461 • **RRP:** \$29.95

HE'S JUST NO GOOD FOR YOU

A Guide to Getting Out of a Destructive Relationship

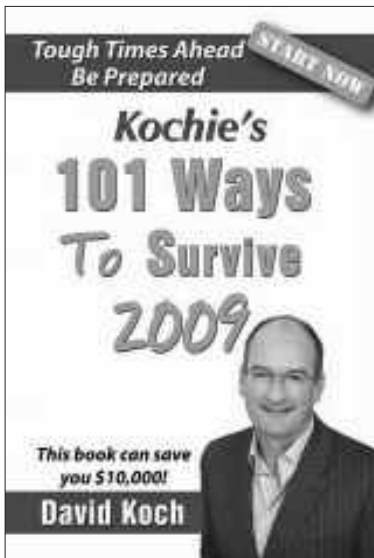
Woman-to-woman advice on identifying - and dumping - bad news guys. No one is immune when it comes to destructive relationships. This book zeroes in on the heart of the matter - women's well-being and self-worth--and sets forth a clear vision of just what a healthy relationship looks like.

Author: Wilson, Beth • **ISBN:** 9780762749348 • **RRP:** \$34.95



NEW FAMILY & SELF-HELP TITLES

FROM WOODSLANE



KOCHIE'S 101 WAYS TO SURVIVE 2009

2009 is a tough year, and it's more important than ever to take control of your finances, carefully manage your money, get on top of debt and save what you can. In *Kochie's 101 Ways to Survive 2009*, David Koch will show you how you can commit to changing your bad financial habits so that 2009 will be a whole lot easier.

Author: Koch, David • **ISBN:** 9781921332586 • **RRP:** \$7.95

Also available:

10 PACK COUNTERPACK

ISBN: 9781921203954 • **RRP:** 79.50



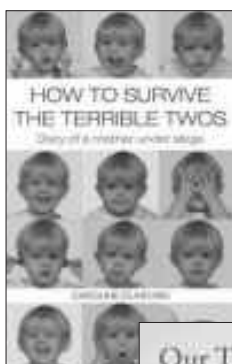
HOW TO FEED YOUR FAMILY FOR \$75 A WEEK

Most of us love to eat. With all the talk of doom and gloom, looming recessions and tight times it can be too easy to believe that you need lots of money to feed your family well. Well that just isn't so. This book shows you how good food and good times can be had on a very tight budget.

Author: Mayne, Cynthia • **ISBN:** 9781921332555 • **RRP:** \$9.95

Also available: **10 PACK COUNTERPACK**

ISBN: 9781875889235 • **RRP:** 99.50

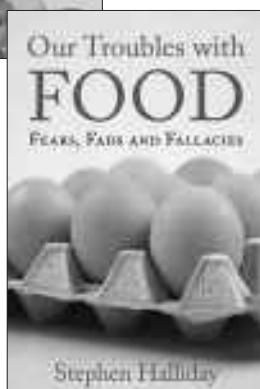


HOW TO SURVIVE THE TERRIBLE TWOS

Diary of a Mother Under Siege

As soon as you become a parent everyone warns of the terrible twos, in much the same way as Caesar was told about the ides of March. Anyone about to cross into this dangerous area of parenthood will not only empathise with the humour and realism of this book, but also find a series of essential tips and reassurance for surviving the experience.

Author: Dunford, Caroline • **ISBN:** 9780954821937 • **RRP:** \$24.95

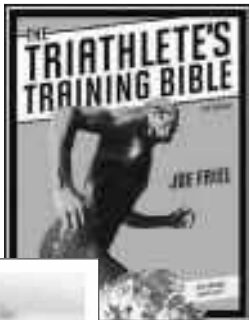


OUR TROUBLES WITH FOOD H/C

For the first time, social historian Stephen Halliday looks at the history of our fascinating relationship with food, from Galen in the first century AD declaring that fruit was the worst kind of food to eat, through to modern fears such as mad cow disease to our current fascination with superfoods.

Author: Halliday, Stephen • **ISBN:** 9780750948692 • **RRP:** \$55.00

NEW SPORT AND GENERAL INTEREST TITLES FROM WOODSLANE



TRIATHLETE'S TRAINING BIBLE 3/E

The *Triathlete's Training Bible* empowers triathletes with every detail they need to consider when planning a season, lining up a week of workouts, and preparing to race. Featuring case studies and multiple contingency plans, this book expertly guides triathletes to the top of their game.

Author: Friel, Joe • **ISBN:** 9781934030196 • **RRP:** \$44.95



COMPANION TO THE TRIATHLETE'S TRAINING BIBLE

This companion volume to Joe Friel's trusted guide, offers a straightforward presentation of the latest developments in triathlon training. With this scientifically based new information, athletes can better meet or even exceed their performance goals.

Author: Friel, Joe • **ISBN:** 9781934030349 • **RRP:** \$19.95



ANNUAL - AUSTRALIAN MOTORSPORT 2008

The *Annual - Australian Motorsport* is a comprehensive review of Australian motor racing. This yearbook for 2008 documents the racing and results from local and international motorsport.

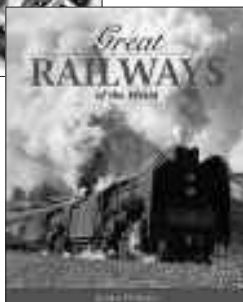
Author: Rowley, Grant • **ISBN:** 9781921203855 • **RRP:** \$24.95



POKER FOR SENIORS IN EASY STEPS

The poker craze is sweeping the globe, and Australasia hasn't been spared. With poker now played in many of the nation's pubs and clubs, newcomers are desperate for any tips to turn them into winning players.

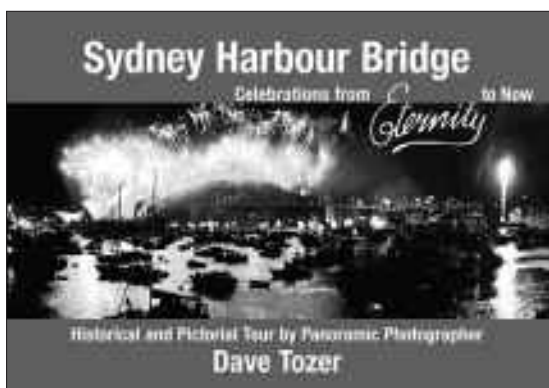
Author: Yarnold, Stuart • **ISBN:** 9781840783759 • **RRP:** \$29.95



GREAT RAILWAYS OF THE WORLD H/C

This book is a wonderful photographic celebration of rail transport across 60 countries worldwide. With chapters covering six continents, the book extends across all forms of automotive power, from steam and diesel to electric haulage.

Author: Holland, Julian • **ISBN:** 9780749558611 • **RRP:** \$55.00

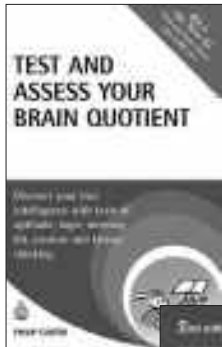


SYDNEY HARBOUR BRIDGE H/C *From Eternity To Now*

A pictorial and historical collection of the celebratory events which have been enjoyed on the Sydney Harbour Bridge, from the first time fireworks were fired from it in 1986, spanning across 22 years until New Year's Eve fireworks 2008. A unique compendium.

Author: Tozer, Dave • **ISBN:** 9781921203701 • **RRP:** \$39.95

NEW CAREERS & TESTING TITLES FROM WOODSLANE



TEST AND ASSESS YOUR BRAIN QUOTIENT

Discover your true intelligence with tests of aptitude, logic, memory

There are different types of intelligence, such as creativity, logic, lateral thinking, memory and personality (EQ/Emotional Intelligence) that are equally or more important than IQ. *Test and Assess Your Brain Quotient* helps you to assess these different types of intelligence.

Author: Carter, Philip • **ISBN:** 9780749454166 • **RRP:** \$29.95

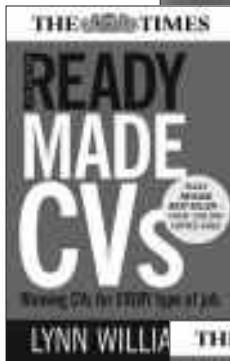


ULTIMATE IQ TESTS 2/E

1000 Practice Test Questions to Boost Your Brain Power

This is the biggest book of IQ practice tests available, with over 1000 practice questions organized into 25 tests. By studying the different types of test, and recognizing the different types of question, you will improve your test score and increase your IQ rating.

Author: Carter, Philip • **ISBN:** 9780749453091 • **RRP:** \$29.95



READYMADE CVS 4/E

Winning CVs for Every Type of Job

The new edition of this best-selling guide sets out the ground rules for preparing a CV. They are ready to be adapted for your individual needs and are accompanied by downloadable online material. Covers situations such as getting your first job, returning to work after a career break, and continuing in work as a mature employee or after retirement.

Author: Williams, Lynn • **ISBN:** 9780749453237 • **RRP:** \$29.95



READYMADE JOB SEARCH LETTERS 4/E

Winning Letters and Emails to Help you Get your Dream Job

This fully revised new edition will help you to make a favourable impression, inform, persuade and build a good relationship with the people you write to. It also provides a wide selection of letters for different situations that can be adapted for individual use. Punchy and informative, with supporting online downloadable sample letters.

Author: Williams, Lynn • **ISBN:** 9780749453220 • **RRP:** \$29.95



YOU'RE HIRED! CVS

How to Write a Brilliant CV

This step-by-step guide enables you to develop a great CV with ease, tackling all aspects from format to functionality. Filled with real-life examples and practical advice on how to address more tricky information, use your CV to stand out from the competition, and make sure you're hired!

Author: Mills, Corinne • **ISBN:** 9781844551774 • **RRP:** \$29.95



YOU'RE HIRED! INTERVIEWS

Tips and Techniques for a Brilliant Interview

Full of practical techniques to prepare you mentally and physically, this book gives job hunters the skills and confidence to make the best impression. Get ahead of the competition with professional insights into self-presentation, social behaviour and helpful exercises to assess your skills and make sure you're hired!

Author: James, Judi • **ISBN:** 9781844551781 • **RRP:** \$29.95

NEW BIOGRAPHY & TRUE STORY TITLES FROM WOODSLANE



MICHELLE OBAMA

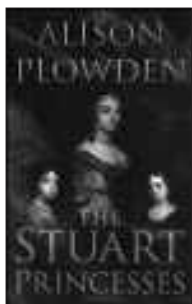
First Lady of Hope

First ladies have captivated and enthralled the voting public for 200 years. Michelle Obama has played an influential role in her husband's campaign, and is certain to do the same during his presidency. *Michelle Obama: First Lady of Hope* examines her astonishing career—from her undergraduate years at Princeton, to her studies at Harvard Law School.

Author: Lightfoot, Elizabeth

ISBN: 9781599215211

RRP: \$32.95



STUART PRINCESSES

A study of the fascinating lives of the six princesses of the House of Stuart who lived through the violent social and political upheavals of the 17th century. Set against a backdrop of war, intrigue and high politics, these are stories of tragedy and conflict, intimate domestic drama, romance and adventure

Author: Plowden, Alison

ISBN: 9780750932387 • **RRP:** \$27.95



ECLECTIC GYPSY

An Unauthorised Biography of Doctor Who

Packed with crucial revelations and candid insights, this is the first book ever to examine the remarkable life of the adventurous and mysterious time traveller known as Doctor Who. It traces the legendary "Doctor" from his birth on the now dead planet Gallifrey more than 700 years ago, through 10 regenerations and countless adventures in time and space.

Author: Thompson, Dave

ISBN: 9781894959896 • **RRP:** \$29.95



HEROES, RASCALS AND ROGUES H/C

A Compendium of Notable Historical Characters

This highly illustrated guide, with photos and memorabilia of people who have made their mark on history, includes key entries on more than 400 extraordinary people. It is a fascinating look at some of the most colourful characters in history - from ancient times right up-to the present day. This book is hard to put down.

Author: Matthews, Rupert

ISBN: 9780749558666 • **RRP:** \$49.95



MADMEN

A Social History of Madhouses, Mad-Doctors & Lunatics

A look at the bizarre and savage practices used by doctors for treating those afflicted by manias. The author reveals how Bethlem—the London asylum created to care for the mentally sick—was riddled with sadism and embezzlement, and if that wasn't dehumanizing enough, ogling sightseers were permitted entry—for a fee of course.

Author: Porter, Roy

ISBN: 9780752437309 • **RRP:** \$39.95



K2, THE SAVAGE MOUNTAIN

Classic True Story of Disaster & Survival on the World's Second-Highest Mountain

Then on the descent, tragedy struck, and how they made it back to safety is renowned in the annals of climbing. *K2 - The Savage Mountain* captures this sensational tale with an unmatched power that has earned this book its place as one of the classics of mountaineering literature.

Author: Houston, Charles

ISBN: 9781599216089 • **RRP:** \$34.95



MATTHEW A. HENSON'S HISTORIC ARCTIC JOURNEY

The Classic Account of One of the World's Greatest Black Explorers

Some expedition members questioned Peary's decision to take a black man on the final leg of the journey. Peary received wide recognition, but Henson was largely ignored. This definitive 100th anniversary edition is enhanced with references and photographs from The Explorer Club's archives.

Author: Henson, Matthew

ISBN: 9781599213088 • **RRP:** \$42.95

NEW HISTORY TITLES

FROM WOODSLANE



ANTONY & CLEOPATRA H/C

The immortal lovers Antony and Cleopatra, were reviled by contemporary Romans, but history has transformed them into tragic heroes. Somewhere between their vilification by Augustus and the judgement of a later age, there were two vibrant people whose destinies were entwined. The blending of politics and sex led to the ultimate ruin of both.

Author: Southern, Patricia
ISBN: 9780752443836 • **RRP:** \$54.95



CONCUBINE

All eyes and hair a courtier had said disparagingly of her - and certainly the younger daughter of Tom Boleyn lacked the bounteous charms of most ladies of Court. Black-haired, black-eyed, she had a wild-sprite quality. King Henry found himself bewitched - enthralled by the young girl who was to be known as - the Concubine...

Author: Lofts, Norah
ISBN: 9780752439433 • **RRP:** \$22.9



POMPEII: HISTORY, LIFE & AFTERLIFE

Roger Ling describes the day-to-day life of the city's inhabitants on the eve of the fatal eruption, as well as the eruption itself and its aftermath. The city was rediscovered in the late sixteenth century and since then archaeologists have discovered more and more of the city's past.

Author: Ling, Roger
ISBN: 9780752414591 • **RRP:** \$55.00



PLAGUE 3/E *Black Death & Pestilence in Europe*

The definitive history of one of the greatest catastrophes in human history which wiped out fifty per cent of Europe's population. The Black Death first hit Europe in 1347. This horrific disease ripped through towns, villages and families.

Author: Spicer, Andrew
ISBN: 9780752429632 • **RRP:** \$29.95



BRITAIN'S SLAVE EMPIRE

The British Empire carried more Africans into bondage across the Americas than any other nation. Not only did the British slavers of the seventeenth and eighteenth centuries do most to hone the art of the 'Africa Trade', it also benefited financially more than any of its competitors. Britain became 'Great' on the backs of millions of slaves.

Author: Walvin, James
ISBN: 9780752444277 • **RRP:** \$39.95



HMS HOOD *Pride of the Royal Navy*

When the battle cruiser HMS Hood was sunk by the Bismark and her consort Prinz Eugen in May 1941, the shock to the Royal Navy, to Britain and the world was immense. Based on primary sources at the Royal Naval Museum and in Germany, plus a unique interview with one of only three survivors. Includes some never-before-published photographs.

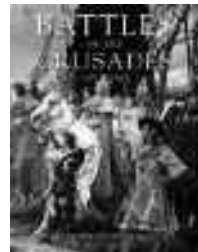
Author: Norman, Dr Andrew
ISBN: 9781862274532 • **RRP:** \$39.95



BATTLES OF AMERICAN CIVIL WAR 1861-1865 H/C

From 1861 to 1865, the Civil War ravaged the United States. Improved artillery and musketry made the war more lethal, while new technology made transportation and communications important elements of battlefield strategy. *Battles of the American Civil War* introduces 20 key battles from a conflict that lay waste the United States for four bloody years.

Author: Dougherty, Kevin
ISBN: 9781862274334 • **RRP:** \$54.95



BATTLES OF THE CRUSADES 1097-1444 H/C *From Dorylaeum to Varna*

Battles of the Crusades introduces 20 key battles from this period of religiously-inspired conflict in Europe and the Middle East. Each battle includes a contextual introduction, a concise description of the action and an analysis of the aftermath. It also includes more than 200 colour maps, artworks and photographs.

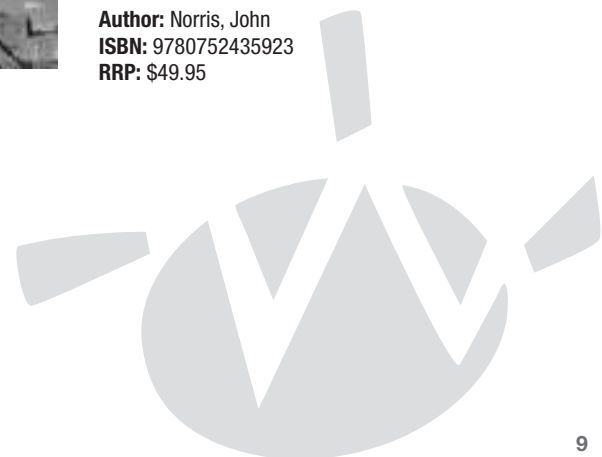
Author: Devries, Kelly
ISBN: 9781862274341 • **RRP:** \$54.95



MEDIEVAL SIEGE WARFARE

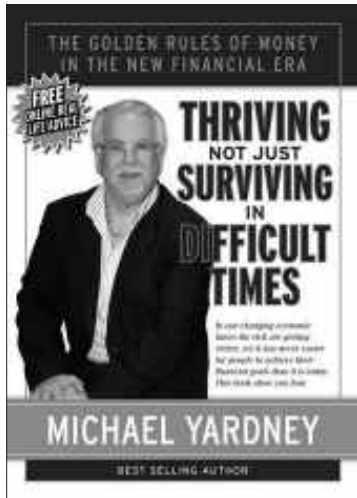
The defense of walled cities and towns, and the siege techniques for overcoming their defenses, were a major part of medieval warfare. John Norris looks at all aspects of the medieval siege and draws examples from all over the medieval world.

Author: Norris, John
ISBN: 9780752435923
RRP: \$49.95



NEW BUSINESS TITLES

FROM WOODSLANE



THRIVING NOT JUST SURVIVING IN DIFFICULT TIMES

The Golden Rules Of Money In The New Financial Era

This book is a timely, powerful plan to finish rich in the new financial era. Fortunes will be made in these turbulent economic times and the divide between the rich and the average Australian is only going to widen. Australia is the land of opportunity and becoming wealthy doesn't have to be a dream.

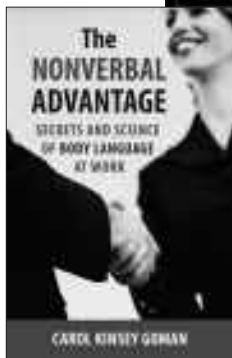
Author: Yardney, Michael • **ISBN:** 9781921332593 • **RRP:** \$29.95

LEADERSHIP & SELF DECEPTION, AUSTRALIAN EDITION

Getting Out of the Box

Through an entertaining and highly instructive story this book clearly demonstrates how people can stop undermining themselves and what amazing things happen when they do - putting to work all the behavioural skills, systems, and techniques that will bring success to them and their organizations. This title fully illuminates the source of what makes a truly effective leader.

Author: Arbinger Institute • **ISBN:** 9781921203527 • **RRP:** \$29.95

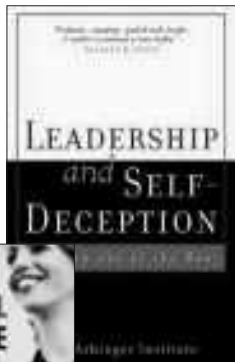


NONVERBAL ADVANTAGE

Secrets and Science of Body Language at Work

Studies show we form opinions of one another within 7 seconds of meeting, and that 93% of the message people receive from us has nothing to do with what we actually say. Good nonverbal communication skills are a huge professional advantage. This book combines the latest research to help readers communicate far more effectively.

Author: Goman, Carol Kinsey • **ISBN:** 9781921203763 • **RRP:** \$24.95



PUBLIC SPEAKING IN EASY STEPS

Learn to deliver inspirational speeches

Public Speaking in easy steps will take you through the various stages of speech-making, from the initial invitation, to planning the speech, using props, planning of the day and establishing yourself as a composed and assured speaker which will help boost confidence but may also help your career. This is a craft that must be learned.

Author: Provan, Drew • **ISBN:** 9781840783742 • **RRP:** \$29.95



6 SECRETS OF HIGHLY EFFECTIVE BOSSES

To be a successful manager it's essential to be able to deal effectively with people. But this doesn't come naturally to all of us. Fortunately people skills can be learnt. This book sets out six core practices that can make you a more successful and efficient boss.

Author: Kohn, Stephen • **ISBN:** 9781854584595 • **RRP:** \$39.95



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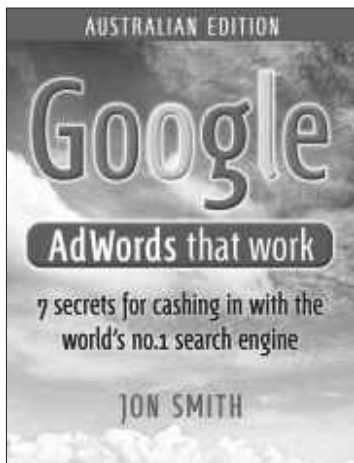


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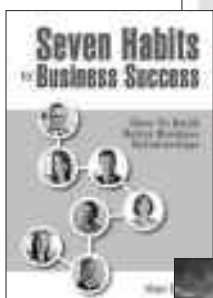


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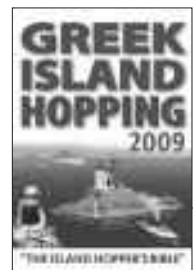
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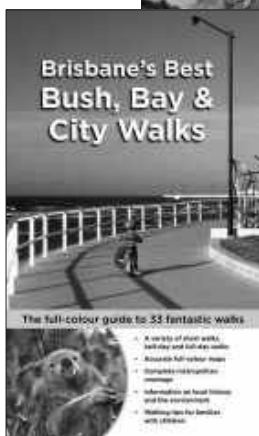


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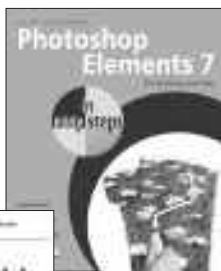
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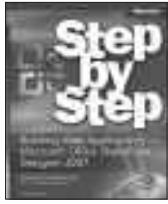
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