

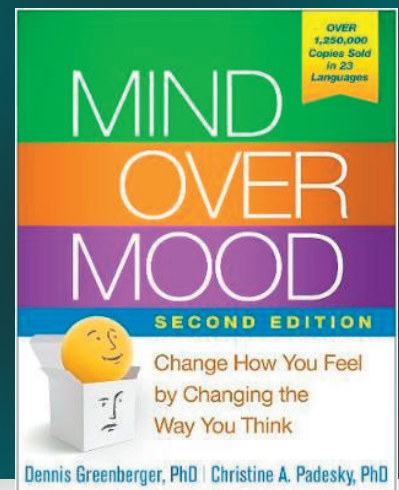
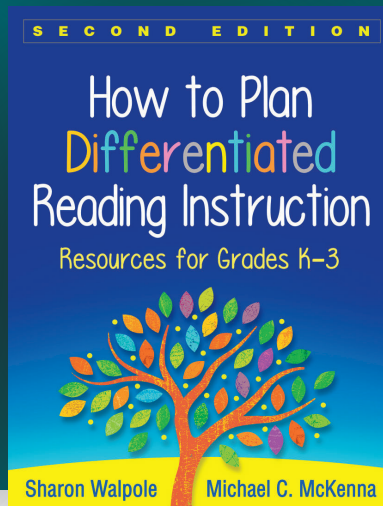
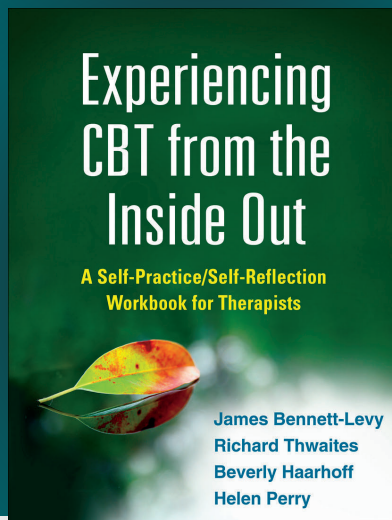
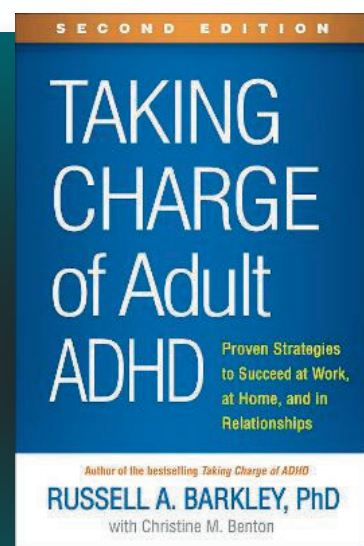
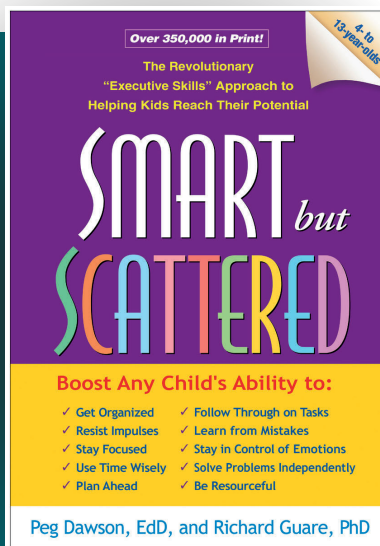
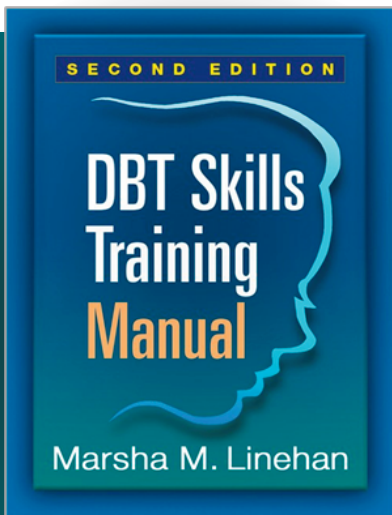


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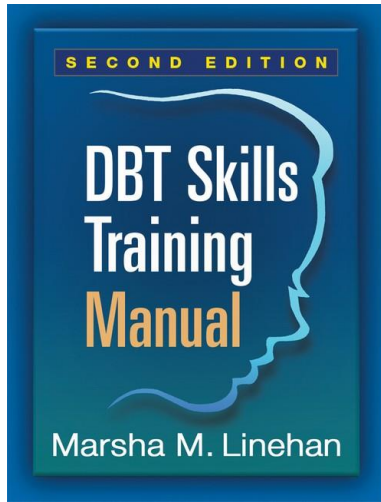
**Guilford Press**

**BESTSELLING TITLES**

**APRIL 2023**

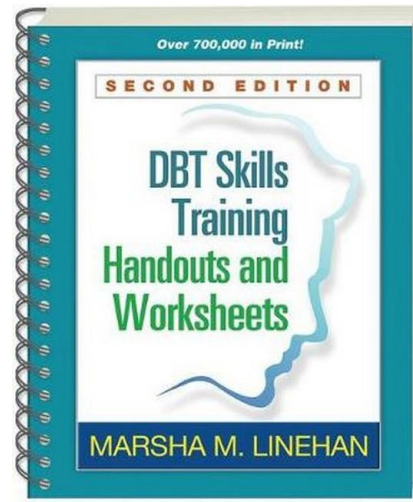


**Woodslane**



### DBT Skills Training Manual 2/e

By Marsha M. Linehan



### DBT Skills Training Handouts and Worksheets 2/e

By Marsha M. Linehan



From Marsha M. Linehan--the developer of dialectical behavior therapy (DBT)--this comprehensive resource provides vital tools for implementing DBT skills training.

Featuring more than 225 user-friendly handouts and worksheets, this is an essential resource for clients learning dialectical behavior therapy (DBT) skills, and those who treat them.

**GUILFORD PUBLICATIONS**

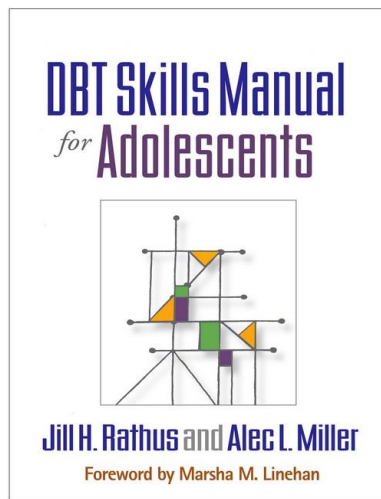
Disc: TEXT  
279 X 216 mm  
Release Date: December 2014  
9781462516995

Paperback  
504 pages  
AUD\$: 118.00

**GUILFORD PUBLICATIONS**

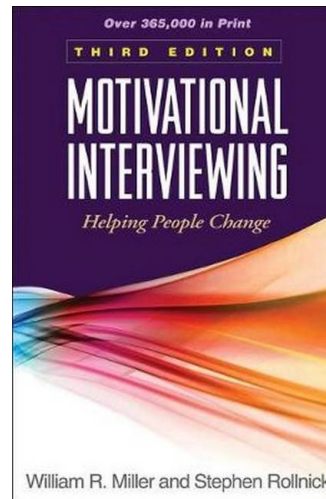
Disc: ACAD & PROFESSIONAL  
279 X 216 mm  
Release Date: January 2015  
9781572307810

Paperback  
422 pages  
AUD\$: 86.99



### DBT Skills Manual for Adolescents

By Jill H. Rathus, Alec L. Miller



### Motivational Interviewing 3/e

By Miller R. William, Stephen Rollnick

NEW EDITION COMING  
NOVEMBER 2023



From leading experts who have trained thousands of professionals in dialectical behavior therapy (DBT), this manual provides indispensable tools for treating adolescents with emotional or behavioral problems of any level of severity.

This bestselling work for professionals and students is the authoritative presentation of motivational interviewing (MI), the powerful approach to facilitating change. The book elucidates the four processes of MI.

**GUILFORD PUBLICATIONS**

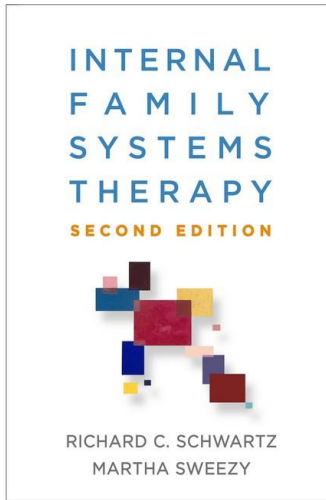
Disc: TEXT  
266 X 203 mm  
Release Date: February 2015  
9781462515356

Paperback  
392 pages  
AUD\$: 99.99

**GUILFORD PUBLICATIONS**

Disc: TEXT  
229 X 152 mm  
Release Date: November 2012  
9781609182274

Hardback  
482 pages  
AUD\$: 135.00

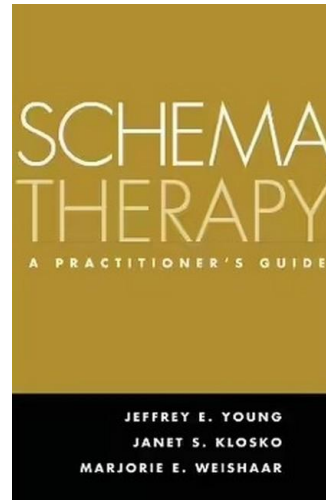


**Internal Family Systems Therapy 2/e**

*By Richard C. Schwartz, Martha Sweezy*



9 781462 541461



**Schema Therapy  
A Practitioner's Guide**

*By Jeffrey E Young, Janet S. Klosko*



9 781593 853723

Now significantly revised with over 70% new material, this is the authoritative presentation of Internal Family Systems (IFS) therapy, which is taught and practiced around the world.

Designed to meet the challenges of treating personality disorders and other complex difficulties, schema therapy combines cognitive-behavioral techniques with elements of other therapies.

**GUILFORD PUBLICATIONS**

Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: November 2019  
**9781462541461**

Hardback  
304 pages

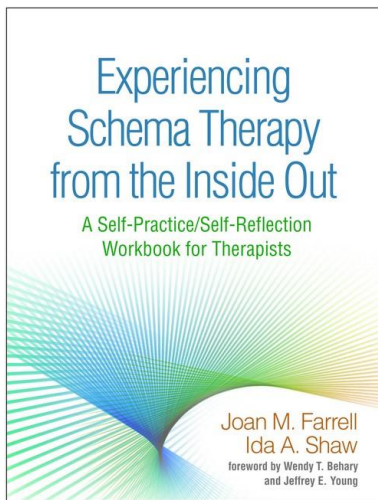
**AUD\$: 91.99**

**GUILFORD PUBLICATIONS**

Disc: ACAD & PROFESSIONAL  
235 X 156 mm  
Release Date: January 2007  
**9781593853723**

Paperback  
436 pages

**AUD\$: 117.00**

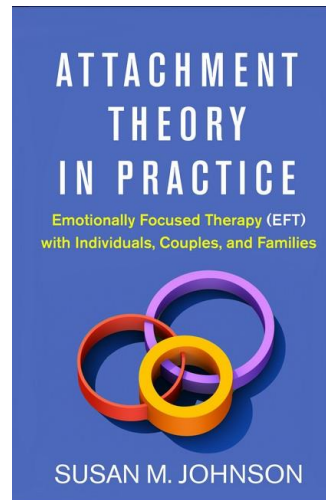


**Experiencing Schema Therapy from the Inside Out**

*By Joan M. Farrell, Ida A. Shaw*



9 781462 533282



**Attachment Theory in Practice**

*By Susan M. Johnson*



9 781462 538249

This unique resource helps therapists build their skills in schema therapy (ST) by applying ST techniques to themselves and reflecting on the experience.

Drawing on cutting-edge research on adult attachment--and providing an innovative roadmap for clinical practice--Susan M. Johnson argues that psychotherapy is most effective when it focuses on the healing power of emotional connection.

**GUILFORD PUBLICATIONS**

Disc: TEXT  
266 X 203 mm  
Release Date: February 2018  
**9781462533282**

Paperback  
318 pages

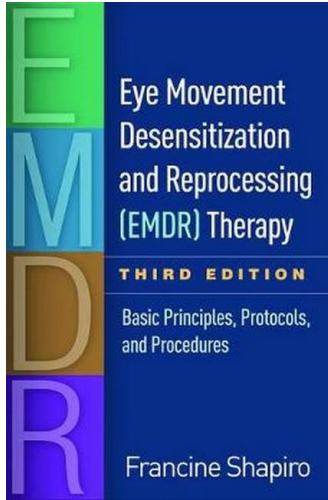
**AUD\$: 71.99**

**GUILFORD PUBLICATIONS**

Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: March 2019  
**9781462538249**

Hardback  
278 pages

**AUD\$: 79.99**



### Eye Movement Desensitization and Reprocessing (EMDR) Therapy 3/e

By *Francine Shapiro*

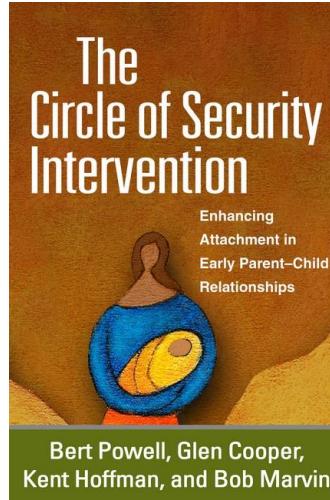


The authoritative presentation of Eye Movement Desensitization and Reprocessing (EMDR) therapy, this groundbreaking book--now revised and expanded--has enhanced the clinical repertoires of more than 125,000 readers.

**GUILFORD PUBLICATIONS**

Disc: TEXT  
235 X 156 mm  
Release Date: February 2018  
9781462532766

Hardback  
568 pages  
AUD\$: 133.00



### The Circle of Security Intervention

By *Bert Powell, Glen Cooper*

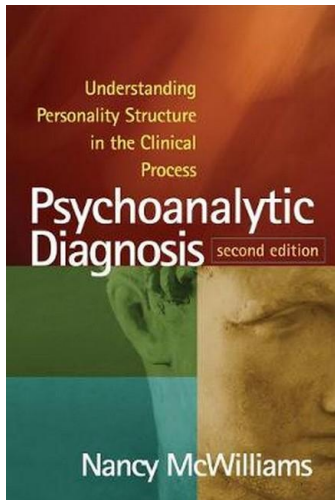


Presenting both a theoretical foundation and proven strategies for helping caregivers become more attuned and responsive to their young children's emotional needs (ages 0-5), this is the first comprehensive presentation of the Circle of Security Intervention.

**GUILFORD PUBLICATIONS**

Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: December 2016  
9781462527830

Paperback  
396 pages  
AUD\$: 70.99



### Psychoanalytic Diagnosis 2/e

By *Nancy McWilliams*

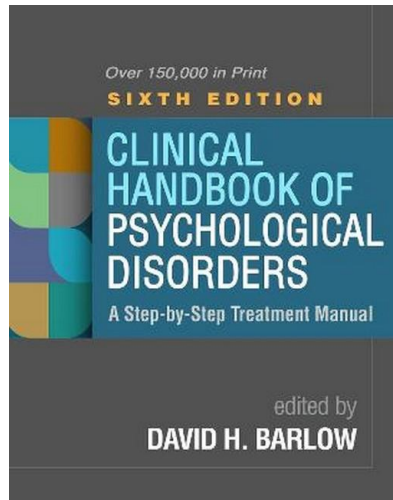


This acclaimed clinical guide and widely adopted text has filled a key need in the field since its original publication. Nancy McWilliams makes psychoanalytic personality theory and its implications for practice accessible to practitioners.

**GUILFORD PUBLICATIONS**

Disc: TEXT  
229 X 152 mm  
Release Date: May 2020  
9781462543694

Paperback  
426 pages  
AUD\$: 81.99



### Clinical Handbook of Psychological Disorders 6/e

By *David H. Barlow*

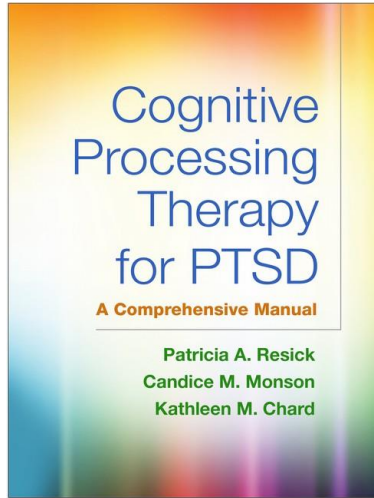


Now in a revised and expanded sixth edition, this is the leading text on evidence-based treatments for frequently encountered mental health problems. David H. Barlow has assembled preeminent experts to present their respective approaches.

**GUILFORD PUBLICATIONS**

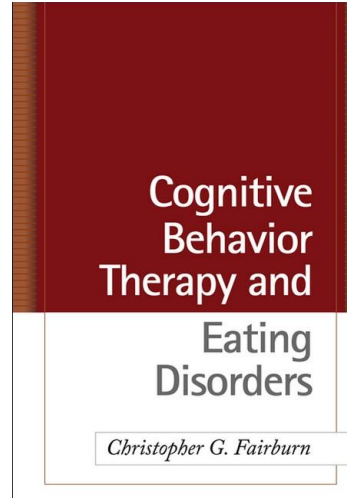
Disc: ACAD & PROFESSIONAL  
150 X 150 mm  
Release Date: August 2021  
9781462547043

Hardback  
822 pages  
AUD\$: 194.00



**Cognitive Processing Therapy for PTSD**

*By Patricia A. Resick, Candice M. Monson*



**Cognitive Behavior Therapy and Eating Disorders**

*By Christopher G. Fairburn*



The culmination of more than 25 years of clinical work and research, this is the authoritative presentation of cognitive processing therapy (CPT) for posttraumatic stress disorder (PTSD).

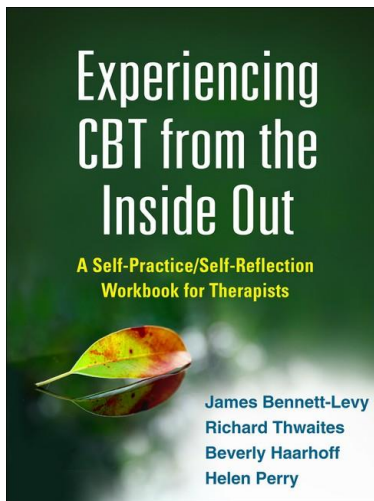
Presents a comprehensive guide to the practice of "enhanced" cognitive behaviour therapy (CBT-E), the leading empirically supported treatment for eating disorders.

**GUILFORD PUBLICATIONS**  
Disc: ACAD & PROFESSIONAL  
266 X 203 mm  
Release Date: February 2017  
**9781462528646**

Paperback  
312 pages  
**AUD\$: 86.99**

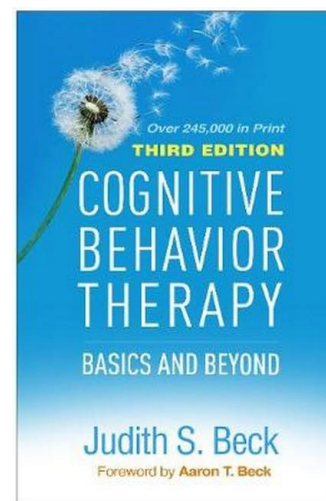
**GUILFORD PUBLICATIONS**  
Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: June 2008  
**9781593857097**

Hardback  
324 pages  
**AUD\$: 114.00**



**Experiencing CBT from the Inside Out**

*By James Bennett-Levy, Richard Thwaites*



**Cognitive Behavior Therapy 3/e**

*By Judith S. Beck*



Engaging and authoritative, this unique workbook enables therapists and students to build technical savvy in contemporary CBT interventions while deepening their self-awareness and therapeutic relationship skills.

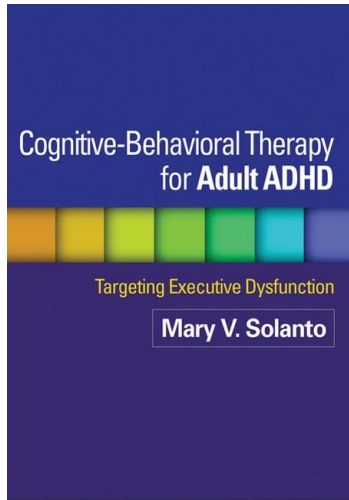
Hundreds of thousands of clinicians and graduate students have relied on this text--now significantly revised with more than 50% new material--to learn the fundamentals of cognitive behavior therapy (CBT).

**GUILFORD PUBLICATIONS**  
**Australian and NZ Contributor**  
Disc: TEXT  
266 X 203 mm  
Release Date: April 2015  
**9781462518890**

Paperback  
278 pages  
**AUD\$: 73.99**

**GUILFORD PUBLICATIONS**  
Disc: TEXT  
229 X 152 mm  
Release Date: January 2021  
**9781462544196**

Hardback  
414 pages  
**AUD\$: 122.00**



**Cognitive-Behavioral Therapy for Adult ADHD**

By **Mary V. Solanto**

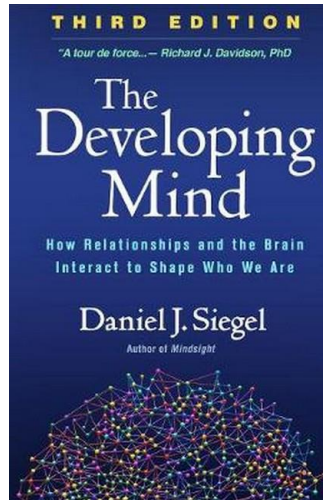


This highly practical book provides evidence-based strategies for helping adults with ADHD build essential skills for time management, organization, planning, and coping.

**GUILFORD PUBLICATIONS**

Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: November 2013  
**9781462509638**

Paperback  
214 pages  
**AUD\$: 66.99**



**The Developing Mind 3/e**

By **Daniel J. Siegel**

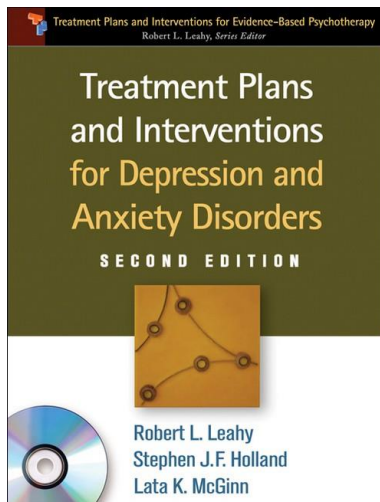


This highly influential work--now in a revised and expanded third edition incorporating major advances in the field--gives clinicians, educators, and students a new understanding of what the mind is, how it grows, and more.

**GUILFORD PUBLICATIONS**

Disc: TEXT  
235 X 156 mm  
Release Date: November 2020  
**9781462542758**

Hardback  
674 pages  
**AUD\$: 112.00**



**Treatment Plans & Interventions for Depression & Anxiety Disorders 2/e**

By **Robert L. Leahy, Stephen J. F. Holland**

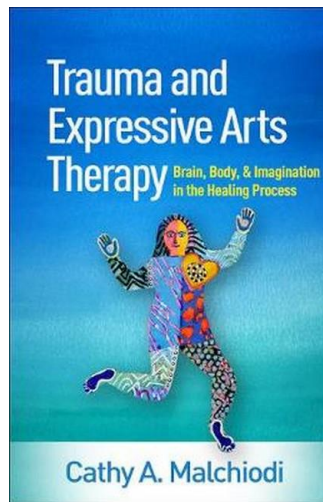


This practical resource provides busy practitioners with empirically supported treatments for seven common disorders. Chapters describe basic cognitive-behavioral therapy (CBT) techniques and how to tailor them to each disorder.

**GUILFORD PUBLICATIONS**

Disc: TEXT  
266 X 203 mm  
Release Date: January 2012  
**9781609186494**

Paperback  
490 pages  
**AUD\$: 163.00**



**Trauma and Expressive Arts Therapy**

By **Cathy A. Malchiodi**

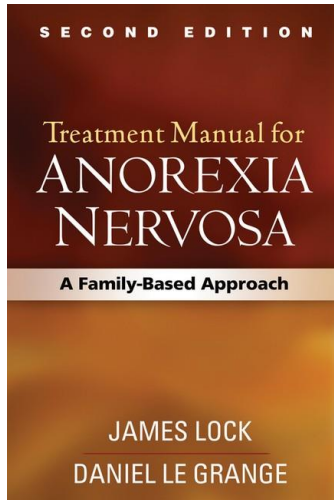


From pioneering therapist Cathy A. Malchiodi, this book synthesizes the breadth of research on trauma and the brain and presents an innovative framework for treating trauma through the expressive arts.

**GUILFORD PUBLICATIONS**

Disc: ACAD & PROFESSIONAL  
235 X 156 mm  
Release Date: November 2020  
**9781462543113**

Hardback  
406 pages  
**AUD\$: 91.99**



### Treatment Manual for Anorexia Nervosa 2/e

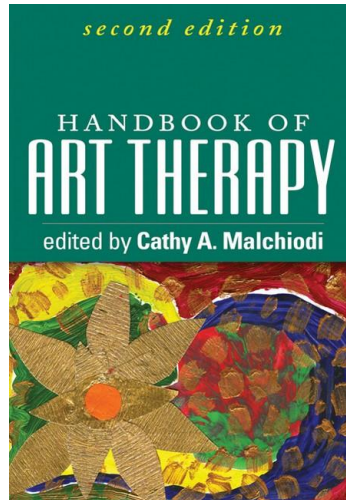
By James Lock, Daniel Le Grange



This indispensable manual presents the leading empirically supported treatment approach for adolescents with anorexia nervosa (AN). What sets family-based treatment apart is the central role played by parents and siblings.

**GUILFORD PUBLICATIONS**  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: September 2015  
9781462523467

Paperback  
289 pages  
AUD\$: 75.99



### Handbook of Art Therapy 2/e

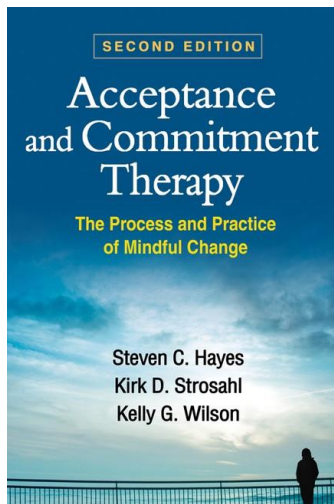
By Cathy A. Malchiodi



Widely regarded as the standard reference in the field, this Handbook provides a complete overview of art therapy, from theory and research to practical applications.

**GUILFORD PUBLICATIONS**  
Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: January 2012  
9781609189754

Hardback  
496 pages  
AUD\$: 174.00



### Acceptance and Commitment Therapy 2/e

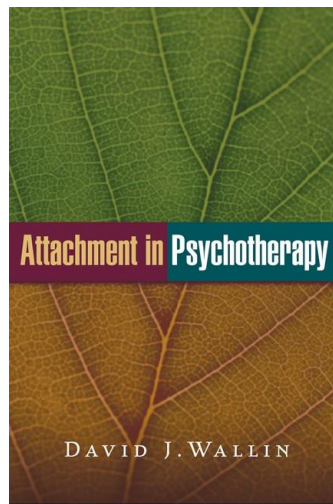
By Steven C. Hayes, Kirk D. Strosahl



Since the original publication of this seminal work, acceptance, and commitment therapy (ACT) has come into its own as a widely practiced approach to helping people change.

**GUILFORD PUBLICATIONS**  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: October 2016  
9781462528943

Paperback  
402 pages  
AUD\$: 84.99



### Attachment in Psychotherapy

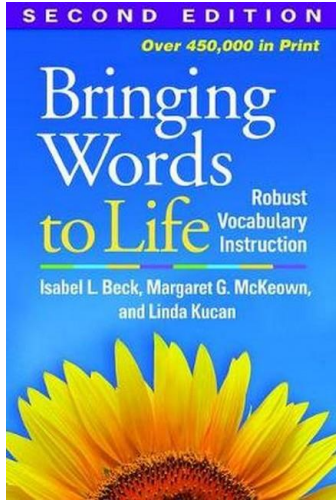
By David J. Wallin



This eloquent book translates attachment theory and research into an innovative framework that grounds adult psychotherapy in the facts of childhood development.

**GUILFORD PUBLICATIONS**  
Disc: ACAD & PROFESSIONAL  
229 X 152 mm  
Release Date: August 2015  
9781462522712

Paperback  
366 pages  
AUD\$: 84.99

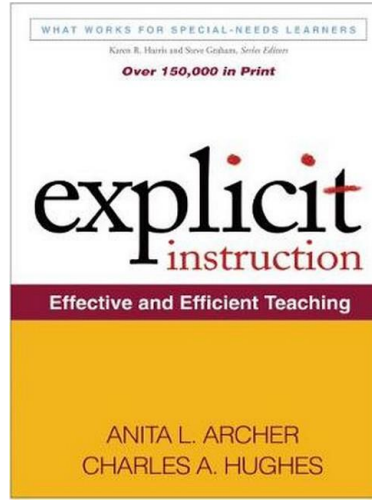
**Bringing Words to Life 2/e***By Isabel L. Beck, Margaret G. McKeown*

9 781462 508167

Exciting and engaging vocabulary instruction can set students on the path to a lifelong fascination with words. This book provides a research-based framework and practical strategies for vocabulary development with children.

**GUILFORD PUBLICATIONS**  
235 X 156 mm  
Release Date: May 2013  
**9781462508167**

210 pages  
**AUD\$: 72.99**

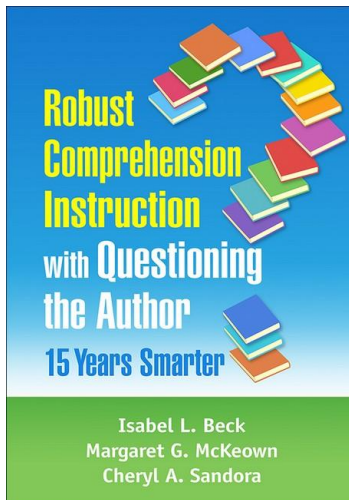
**Explicit Instruction***By Anita L. Archer, Charles A. Hughes*

9 781609 180416

Explicit instruction is systematic, direct, engaging, and success oriented - and has been shown to promote achievement for all students. This highly practical and accessible resource gives special and general education teachers tools.

**GUILFORD PUBLICATIONS**  
266 X 203 mm  
Release Date: January 2011  
**9781609180416**

290 pages  
**AUD\$: 91.99**

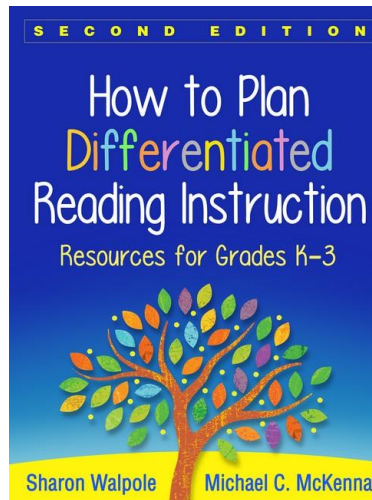
**Robust Comprehension Instruction with Questioning the Author***By Isabel L. Beck, Margaret McKeown*

9 781462 544790

This practical K–12 teacher resource explains the "whats," "whys," and "how-tos" of using Questioning the Author (QtA), a powerful approach for enhancing reading comprehension and engagement.

**GUILFORD PUBLICATIONS**  
Disc: ACAD & PROFESSIONAL  
254 X 178 mm  
Release Date: January 2021  
**9781462544790**

Paperback  
192 pages  
NOT ILLUSTRATED  
**AUD\$: 68.99**

**How to Plan Differentiated Reading Instruction 2/e***By Sharon Walpole, Michael C. McKenna*

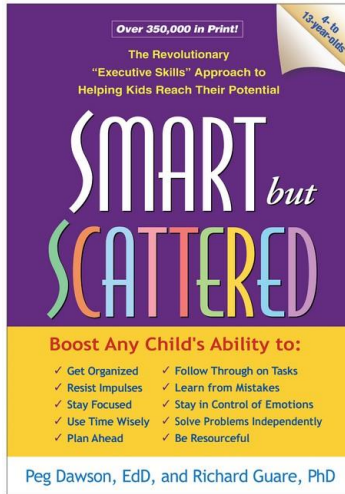
9 781462 531516

Tens of thousands of K-3 teachers have relied on this book--now revised and expanded with more than 50% new material--to plan and deliver effective literacy instruction tailored to each student's needs.

**GUILFORD PUBLICATIONS**  
Disc: ACAD & PROFESSIONAL  
266 X 203 mm  
Release Date: September 2017  
**9781462531516**

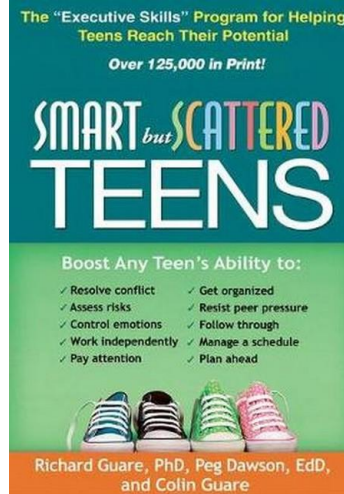
Paperback  
284 pages  
**AUD\$: 72.99**





**Smart but Scattered**

By *Peg Dawson, Richard Guare*



**Smart but Scattered Teens**

By *Richard Guare, Peg Dawson*



Presents ways to assess children's strengths and weaknesses. This book offers guidance on day-to-day issues like following instructions in the classroom, doing homework, completing chores, reducing performance anxiety, and more.

This positive guide provides a science-based program for promoting teens independence by building their executive skills--the fundamental brain-based abilities needed to get organized, stay focused, and control impulses and emotions.

**GUILFORD PUBLICATIONS**

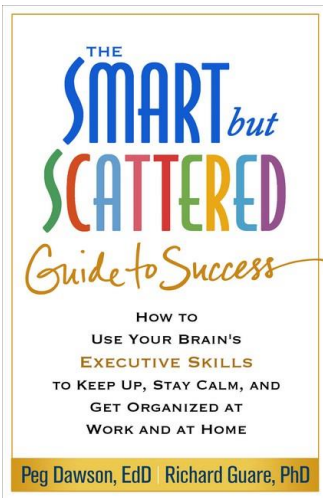
Disc: TRADE INTERNATIONAL  
254 X 178 mm  
Release Date: December 2008  
**9781593854454**

Paperback  
314 pages  
**AUD\$: 47.99**

**GUILFORD PUBLICATIONS**

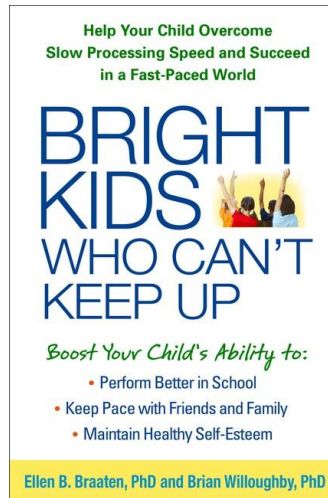
Disc: TRADE INTERNATIONAL  
254 X 178 mm  
Release Date: February 2013  
**9781609182298**

Paperback  
293 pages  
**AUD\$: 47.99**



**The Smart but Scattered Guide to Success**

By *Peg Dawson, Richard Guare*



**Bright Kids Who Can't Keep Up**

By *Ellen Braaten, Brian Willoughby*



Are you smart, scattered, and struggling? You're not alone. Cutting-edge research shows that today's 24/7 wired world and the growing demands of work and family life may simply max out the part of the brain that manages complex tasks.

Do you find yourself constantly asking your child to "pick up the pace"? Does he or she seem to take longer than others to get stuff done--whether completing homework, responding when spoken to, or getting dressed and ready in the morning?

**GUILFORD PUBLICATIONS**

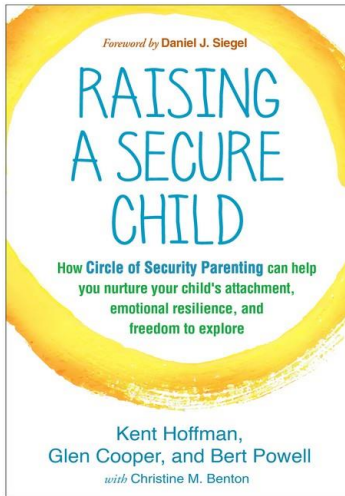
Disc: TRADE INTERNATIONAL  
254 X 178 mm  
Release Date: February 2016  
**9781462516964**

Paperback  
294 pages  
**AUD\$: 44.99**

**GUILFORD PUBLICATIONS**

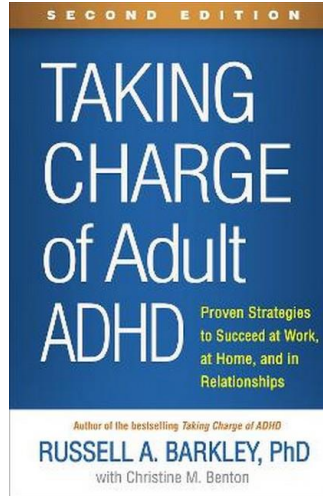
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: October 2014  
**9781609184728**

Paperback  
207 pages  
**AUD\$: 39.99**



**Raising a Secure Child**

By *Kent Hoffman, Glen Cooper*



**Taking Charge of Adult ADHD 2/e (PB)**

By *Russell A. Barkley, Christine M. Benton*



Today's parents are constantly pressured to be perfect. But in striving to do everything right, we risk missing what children really need for lifelong emotional security.

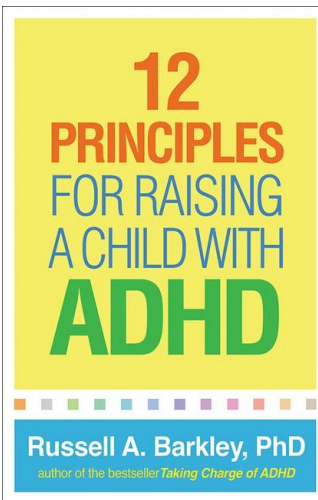
Many tens of thousands of readers have found needed information and support in this authoritative guide, now in a revised and updated second edition. Preeminent expert Russell A. Barkley explains what ADHD looks like in adults.

**GUILFORD PUBLICATIONS**  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: March 2017  
**9781462527632**

Paperback  
280 pages  
**AUD\$: 39.99**

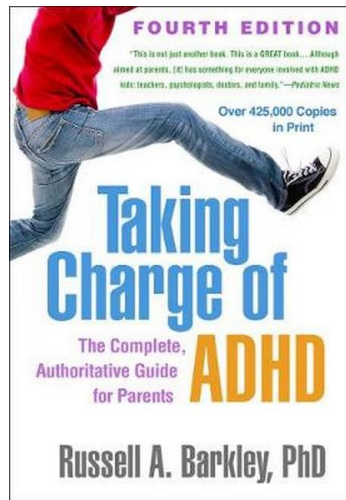
**GUILFORD PUBLICATIONS**  
Disc: TRADE INTERNATIONAL  
254 X 178 mm  
Release Date: February 2022  
**9781462546855**

Paperback  
316 pages  
**AUD\$: 47.99**



**12 Principles for Raising a Child with ADHD**

By *Russell A. Barkley*



**Taking Charge of ADHD 4/e**

By *Russell A. Barkley*



From his decades of research and work with thousands of families, leading authority Russell A. Barkley knows how overwhelming the everyday challenges of ADHD can be.

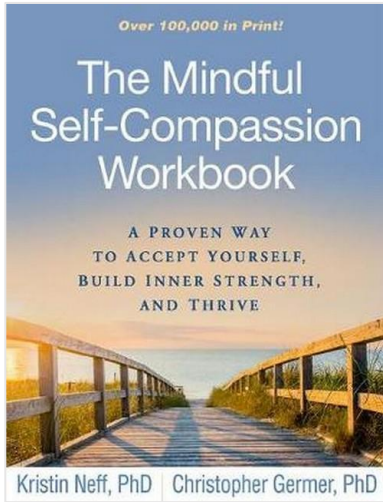
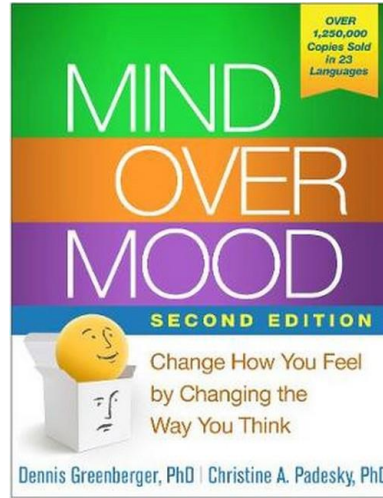
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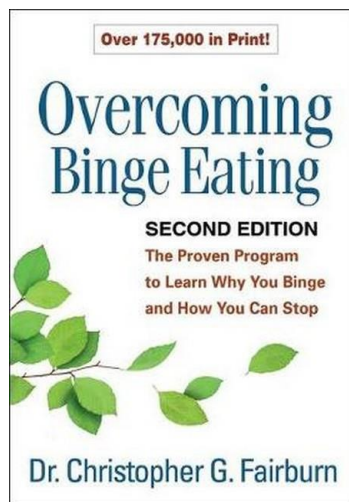
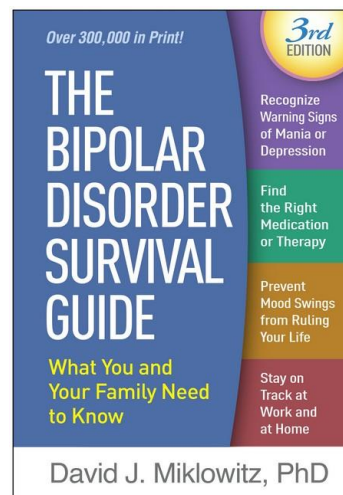
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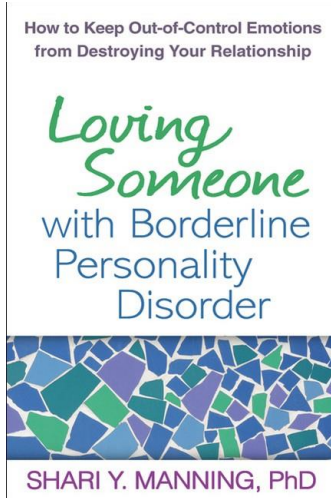
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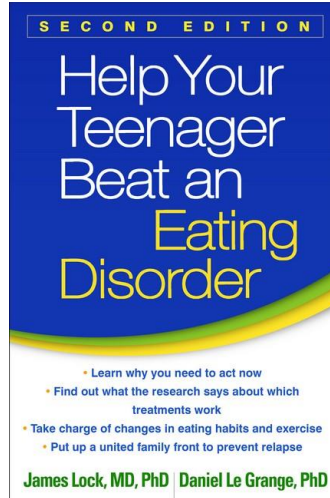
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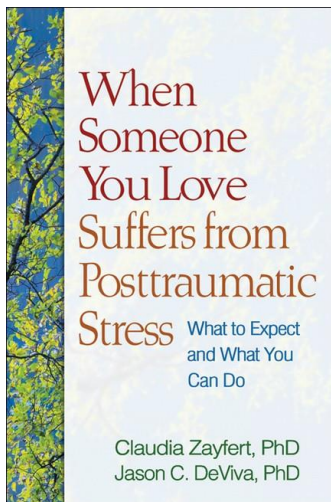
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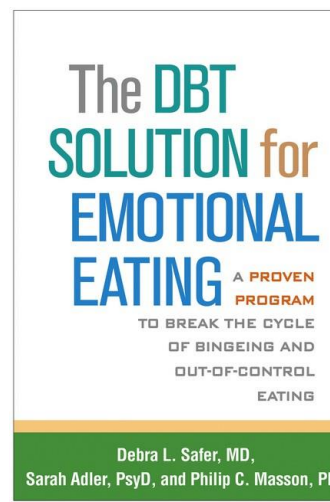
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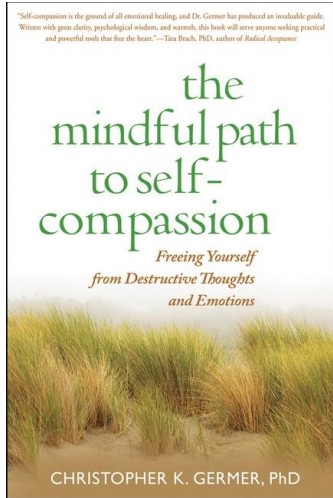
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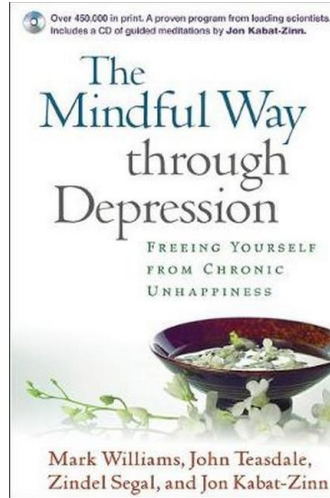
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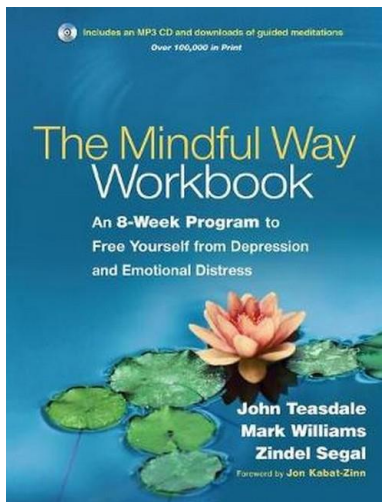
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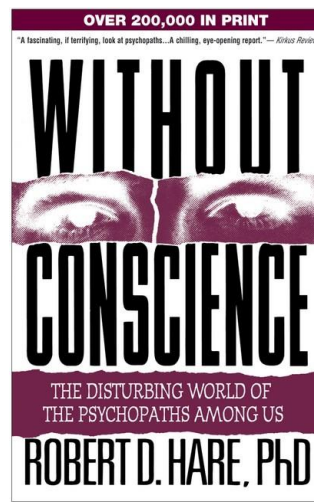
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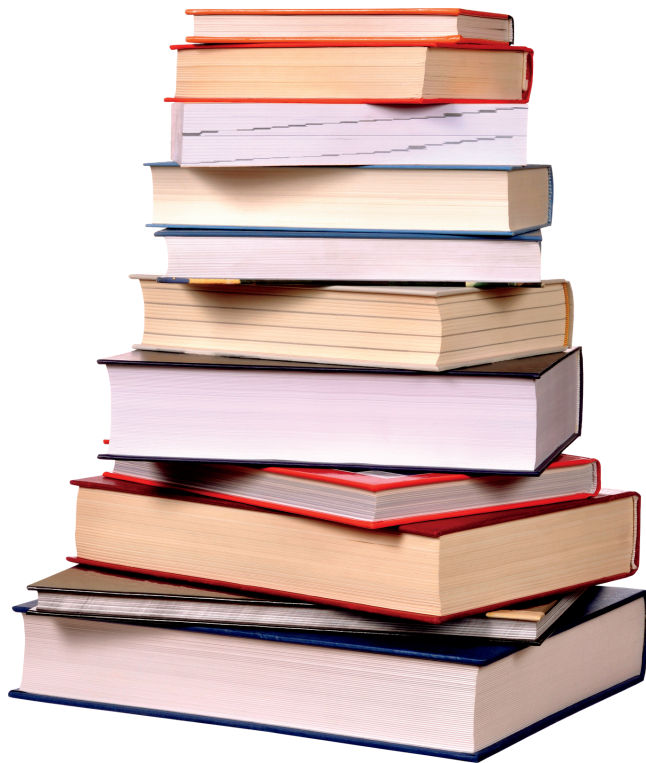
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