

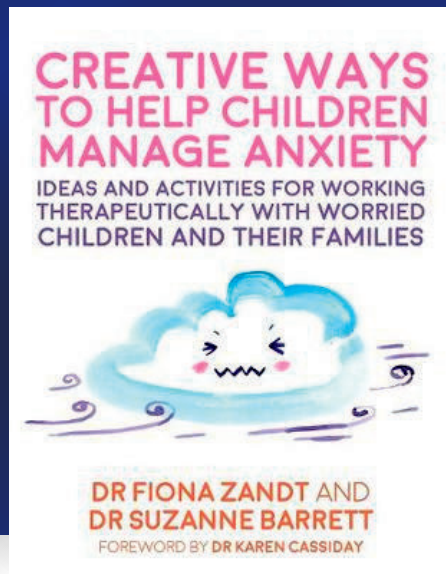
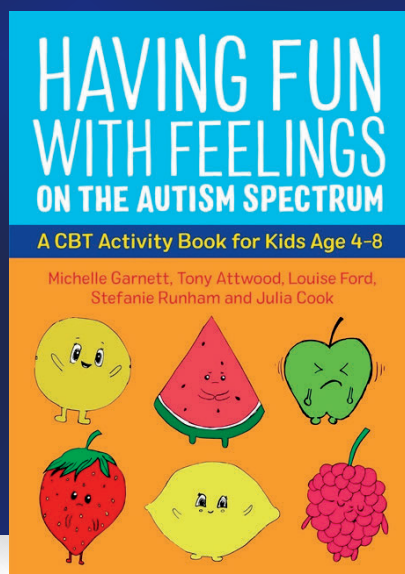
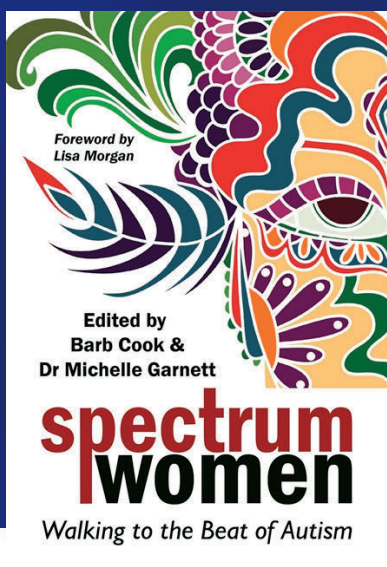
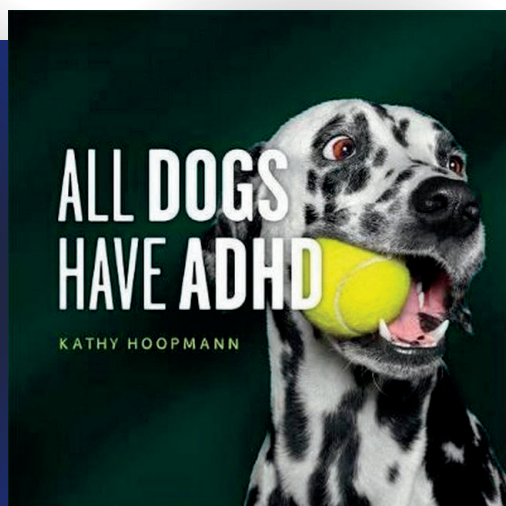
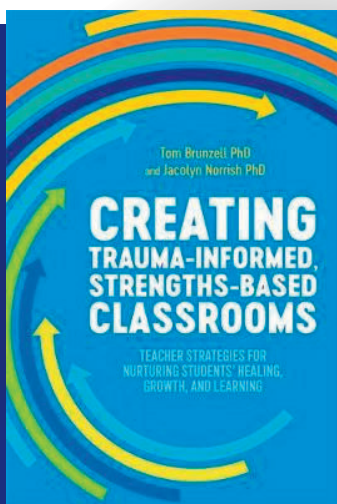


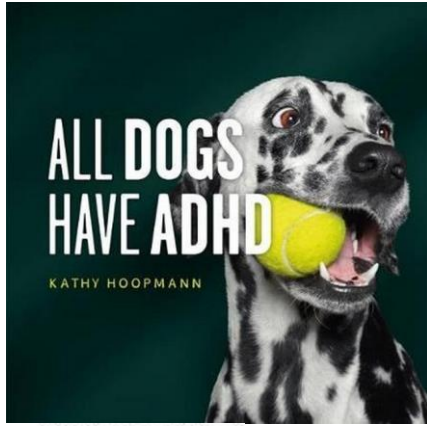
Jessica Kingsley
Publishers

Jessica Kingsley Publishers

BESTSELLING TITLES

APRIL 2023





All Dogs Have ADHD

By Kathy Hoopmann



This delightful, revised edition of All Dogs Have ADHD takes an inspiring and affectionate look at Attention Deficit Hyperactivity Disorder (ADHD). With all-new images from the canine world, it explores a variety of traits.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

Disc: TRADE INTERNATIONAL

216 X 213 mm

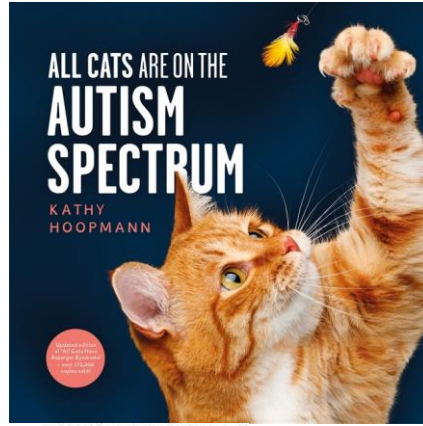
Release Date: August 2020

9781787756601

Hardback

80 pages

AUD\$: 28.99



All Cats Are on the Autism Spectrum

By Kathy Hoopmann



This updated edition of the bestselling All Cats Have Asperger Syndrome provides an engaging, gentle introduction to autism.

JESSICA KINGSLEY PUBLISHERS

Author is from QLD

Disc: TRADE INTERNATIONAL

150 X 150 mm

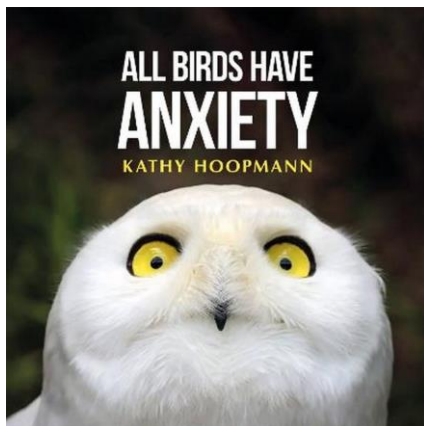
Release Date: September 2020

9781787754713

Hardback

80 pages

AUD\$: 28.99



All Birds Have Anxiety

By Kathy Hoopmann



Life as a bird can be stressful! From worrying about airplanes, windows, and getting enough worms to eat, it is clear that birds can be anxious beings.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

Disc: TRADE INTERNATIONAL

218 X 214 mm

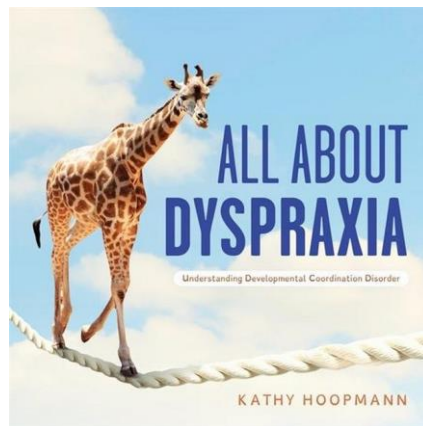
Release Date: May 2017

9781785921827

Hardback

72 pages

AUD\$: 26.99



All About Dyspraxia

By Kathy Hoopmann



A playful look at the world of dyspraxia, explored through photographs of an array of animals, following in the best-selling footsteps of Kathy Hoopmann's Inside Asperger's Looking Out.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

Disc: TRADE INTERNATIONAL

216 X 213 mm

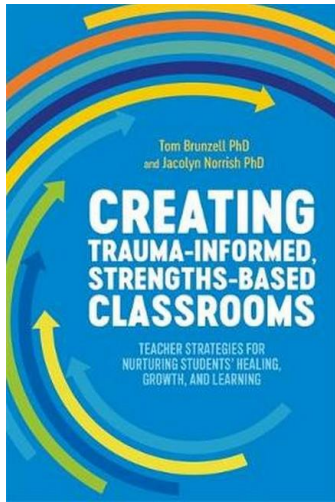
Release Date: March 2022

9781787758353

Hardback

80 pages

AUD\$: 28.99



Creating Trauma-Informed, Strengths-based Classrooms

By Tom Brunzell, Jacolyn Norrish

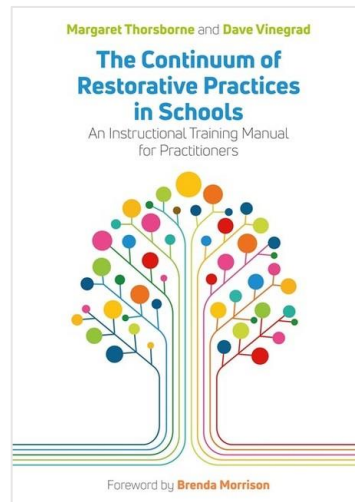


This accessible guide advises teachers on creating classroom environments that promote healing and growth for all students, particularly the most vulnerable. Grounded not only in trauma-informed education but in positive psychology.

JESSICA KINGSLEY PUBLISHERS
 Authors are from Australia

Disc: ACAD & PROFESSIONAL
 180 X 130 mm
 Release Date: August 2021
9781787753747

Paperback
 256 pages
AUD\$: 59.99



The Continuum of Restorative Practices in Schools

By Margaret Thorsborne, Dave Vinegrad

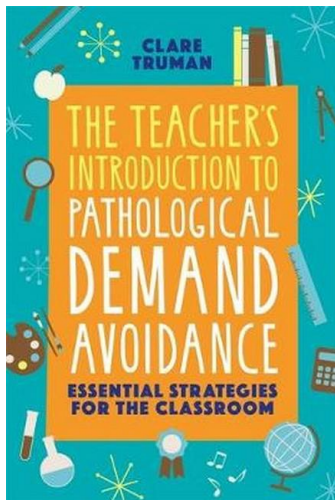


An instructional manual on restorative justice in schools from world-leading experts; this 'how to' guide offers guidance on the issues of carrying out restorative practices once they have been implemented in schools.

JESSICA KINGSLEY PUBLISHERS
 Authors are from Australia

Disc: ACAD & PROFESSIONAL
 297 X 210 mm
 Release Date: March 2022
9781839970412

Paperback
 224 pages
AUD\$: 79.99



The Teacher's Introduction to Pathological Demand Avoidance

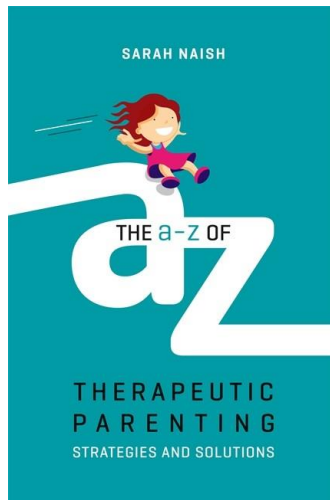
By Clare Truman



This essential guide for working with PDA pupils outlines effective and practical ways that teachers and school staff can support these pupils, by endorsing a child-led approach to learning and assessment.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 229 X 152 mm
 Release Date: October 2021
9781787754874

Paperback
 176 pages
AUD\$: 39.99



A-Z of Therapeutic Parenting: Strategies and Solutions

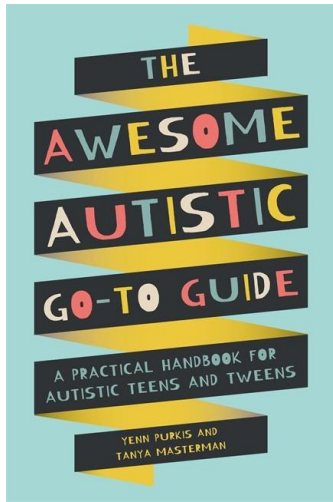
By Sarah Naish



Therapeutic parenting is a deeply nurturing parenting style, and is especially effective for children with attachment difficulties, or who experienced childhood trauma.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 228 X 150 mm
 Release Date: June 2018
9781785923760

Paperback
 344 pages
AUD\$: 44.99

**Awesome Autistic Go-To Guide***By Yenn Purkis, Tanya Masterman*

This book explores what it feels like to be a young person on the autism spectrum and looks at all the brilliant things people on the autism spectrum can do.

JESSICA KINGSLEY PUBLISHERS**Author is from Australia**

Disc: TRADE INTERNATIONAL

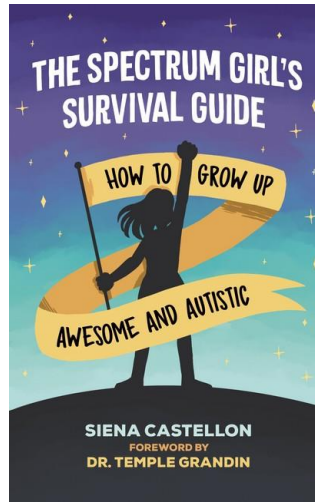
228 X 152 mm

Release Date: June 2020

9781787753167

Paperback

112 pages

AUD\$: 34.99**Spectrum Girl's Survival Guide: How to Grow Up Awesome and Autistic***By Siena Castellon*

This essential go-to guide gives you all the advice and tools you'll need to help you flourish and achieve what you want in life.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

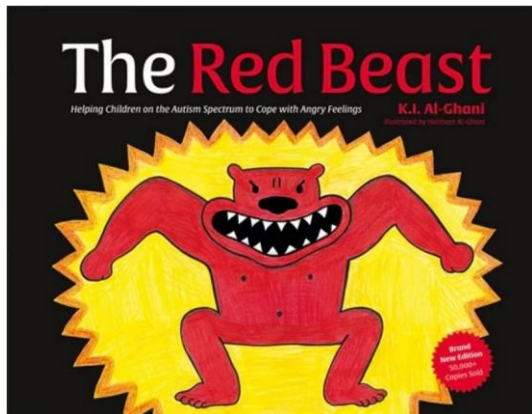
216 X 138 mm

Release Date: May 2020

9781787751835

Paperback

256 pages

AUD\$: 34.99**The Red Beast 2/e***By K.I. Al-Ghani, Haitham Al-Ghani*

Deep inside everyone, a red beast lies sleeping. When it is asleep, the red beast is quite small, but when it wakes up, it begins to grow and grow. This is the story of a red beast that was awakened.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

279 X 216 mm

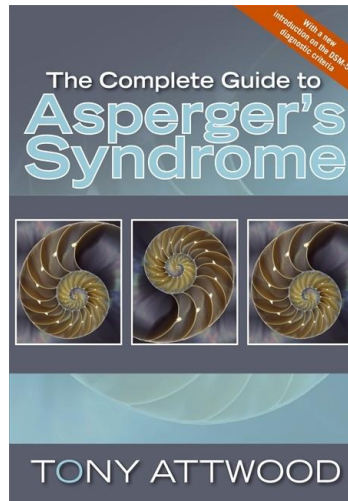
Release Date: August 2022

9781839972751

Hardback

40 pages

COLOUR THROUGHOUT

AUD\$: 36.99**Complete Guide to Asperger's Syndrome***By Tony Attwood*

The Complete Guide to Aspergers Syndrome is the definitive handbook for anyone affected by Aspergers syndrome (AS). It brings together a wealth of information on all aspects of the syndrome for children through to adults.

JESSICA KINGSLEY PUBLISHERS**Author is from Australia**

Disc: TRADE INTERNATIONAL

244 X 174 mm

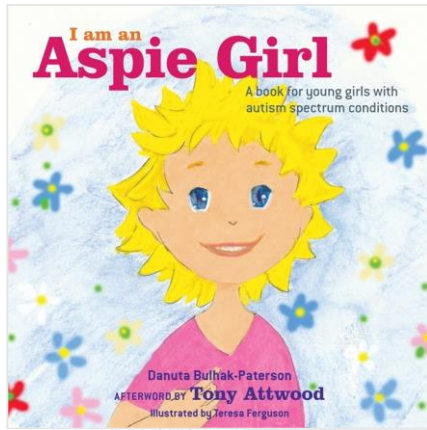
Release Date: July 2008

9781843106692

Paperback

416 pages

AUD\$: 52.99



I am an Aspie Girl
 By *Danuta Bulhak-Paterson, Teresa Ferguson*



Lizzie is an Aspie Girl - she has Aspergers Syndrome, which means that her brain works differently to her friends, and even to boys with Asperger Syndrome.

JESSICA KINGSLEY PUBLISHERS**Author is from Australia**

Disc: TRADE INTERNATIONAL

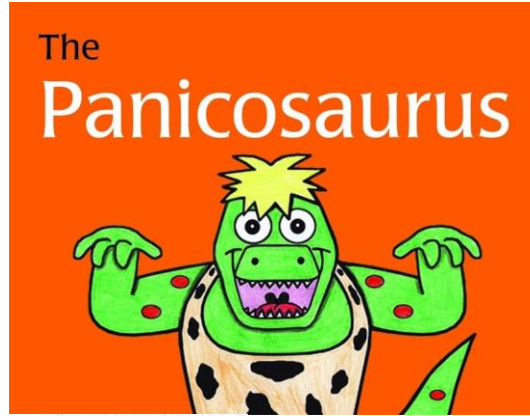
214 X 216 mm

Release Date: June 2015

9781849056342

Hardback

32 pages

AUD\$: 28.99

Panicosaurus
 By *Kay Al-Ghani, Haitham Al-Ghani*



This fun, easy-to-read and fully illustrated storybook will inspire children who experience anxiety and encourage them to banish their own Panicosauruses with help from Mabel's strategies.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

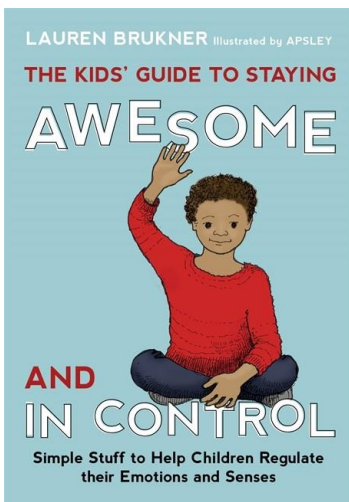
283 X 218 mm

Release Date: December 2012

9781849053563

Hardback

56 pages

AUD\$: 36.99

Kids' Guide to Staying Awesome and in Control
 By *Lauren Brukner*



Packed with simple ideas to regulate the emotions and senses, this book will help children tackle difficult feelings head-on and feel awesome and in control!

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

253 X 176 mm

Release Date: September 2014

9781849059978

Hardback

112 pages

AUD\$: 36.99

Disappointment Dragon
 By *Haitham Al-Ghani, Kay Al-Ghani*



The fun characters in this charming, fully illustrated storybook will help children to cope with, and discuss openly, their feelings of disappointment. There are many creative suggestions on how to banish the Disappointment Dragon.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

280 X 224 mm

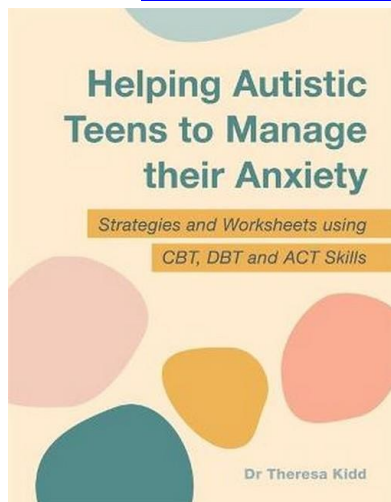
Release Date: February 2014

9781849054324

Hardback

64 pages

AUD\$: 36.99



Helping Autistic Teens to Manage their Anxiety

By Dr Theresa Kidd



An accessible activity book for professionals and parents helping children on the autistic spectrum with their anxiety. Contains a wide-range of useful and effective worksheets as well as advice for treatment modification.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

Disc: TRADE INTERNATIONAL

279 X 216 mm

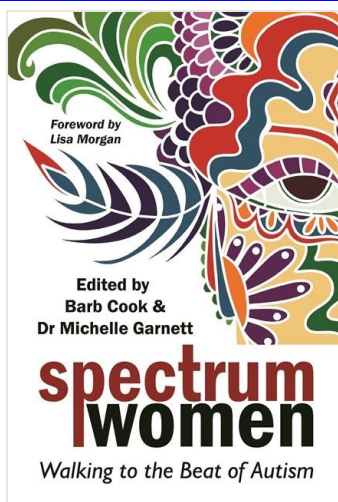
Release Date: April 2022

9781787754508

Paperback

240 pages

AUD\$: 52.99



Spectrum Women: Walking to the Beat of Autism

By Barb Cook, Michelle Garnett



Barb Cook and 14 other autistic women describe life from a female autistic perspective, and present empowering, helpful and supportive insights from their personal experience for fellow autistic women.

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: TRADE INTERNATIONAL

228 X 152 mm

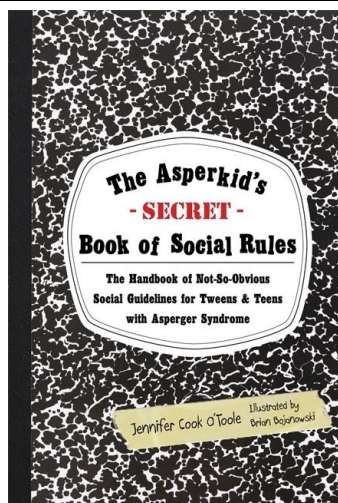
Release Date: October 2018

9781785924347

Paperback

336 pages

AUD\$: 44.99



Asperkid's (Secret) Book of Social Rules: The Handbook of Not-So-Obvious

By Brian Bojanowski, Jennifer Cook O'Toole



Being a teen or tween isn't easy for anyone, but it can be especially tough for Asperkids. Jennifer O'Toole knows; she was one! This book is a top-secret guide to all the hidden social rules in life that often seem strange and confusing.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

226 X 152 mm

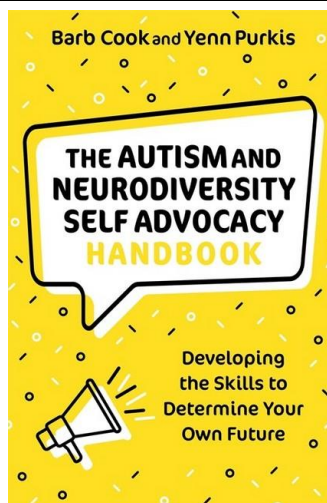
Release Date: December 2012

9781849059152

Paperback

280 pages

AUD\$: 39.99



The Autism and Neurodiversity Self Advocacy Handbook

By Barb Cook, Yenn Purkis



This is the ultimate guide to self-advocacy for autistic people at all stages of life. Covering self-advocacy in specific scenarios, such as work, school, and social media.

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: TRADE INTERNATIONAL

229 X 152 mm

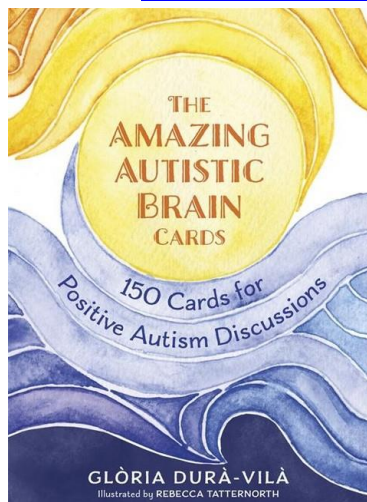
Release Date: March 2022

9781787755758

Paperback

176 pages

AUD\$: 39.99



The Amazing Autistic Brain Cards

By Gloria Dura-Vila, Rebecca Tatternorth



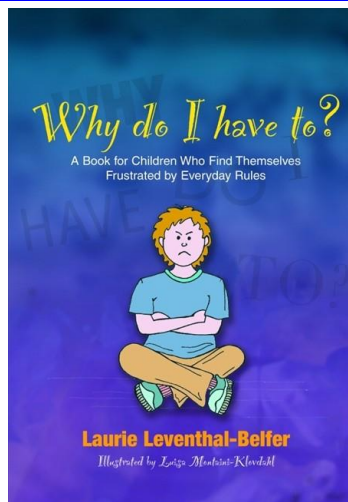
A set of cards to help children and teens recently diagnosed with autism to characterise and understand their diagnosis in a positive light. Comprising strengths and differences, with blank cards to be tailored to each individual.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
75 X 105 mm
Release Date: September 2021
9781787754300

Cards

AUD\$: 60.99



Why Do I Have To? A Book for Children Who Find Themselves Frustrated by Everyday Rules

By Luisa Montaini-Klov Dahl, Laurie Leventhal-Belfer



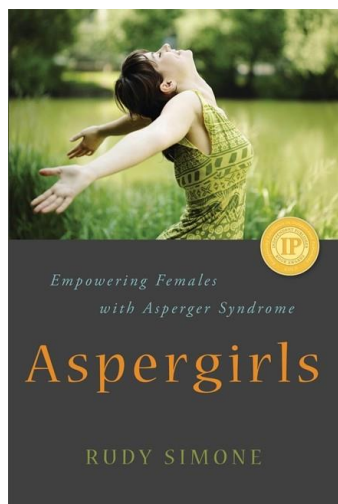
Laurie Leventhal-Belfer empathises with children's wish to do things their way, explains clearly why their way does not work, and provides a list of practical suggestions for how to cope with these challenges.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
244 X 172 mm
Release Date: September 2008
9781843108917

Paperback
80 pages

AUD\$: 21.99



Aspergirls

By Rudy Simone



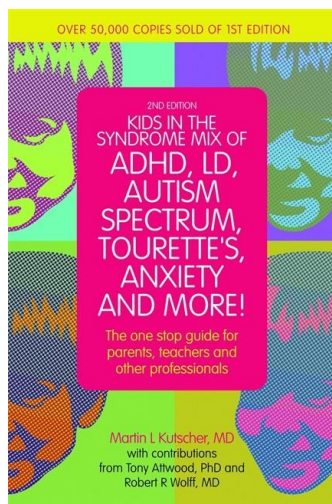
Girls with Asperger's Syndrome are less frequently diagnosed than boys, and even once symptoms have been recognised, help is often not readily available.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
228 X 152 mm
Release Date: August 2010
9781849058261

Paperback
240 pages

AUD\$: 36.99



Kids in the Syndrome Mix of ADHD, LD, Autism Spectrum, Tourette's, Anxiety and More! 2/e

By Martin L. Kutscher, Tony Attwood



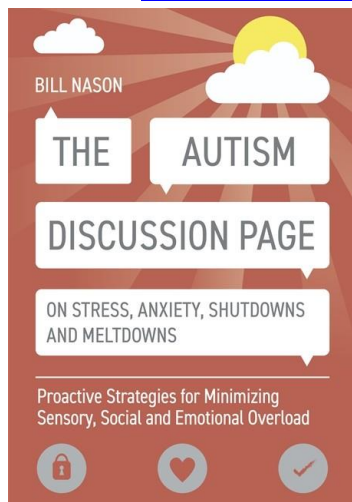
The completely updated and expanded new edition of this well-established text incorporates DSM-5 changes as well as other new developments. The all-in-one guide covers the whole range of often co-existing neuro-behavioral disorders.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
228 X 156 mm
Release Date: May 2014
9781849059671

Paperback
320 pages

AUD\$: 39.99

**Autism Discussion Page on Stress, Anxiety, Shutdowns and Meltdowns***By Bill Nason*

Anxiety, meltdowns and emotional regulation can be hugely challenging for autistic people. This book is full of proactive strategies for understanding, accepting and respecting the processing differences in autism.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

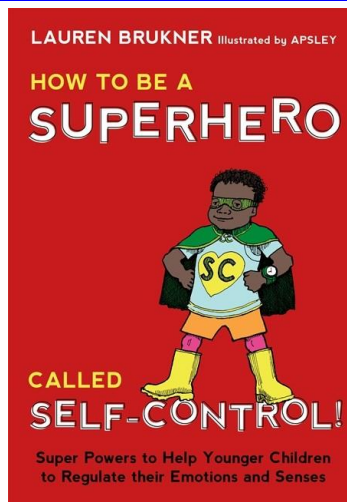
252 X 176 mm

Release Date: December 2019

9781785928048

Paperback

328 pages

AUD\$: 42.99**How to Be a Superhero Called Self-Control!***By Lauren Brukner, Apsley*

Meet Self-Control, a superhero who wants to teach young children his super powers of self-control! Anxiety, frustration, anger, and other difficult feelings won't stand a chance against their new-found powers.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

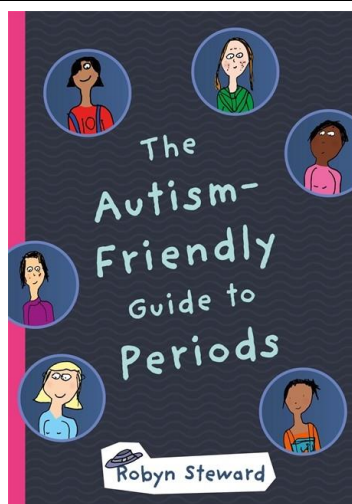
254 X 177 mm

Release Date: January 2016

9781849057172

Hardback

112 pages

AUD\$: 36.99**Autism-Friendly Guide to Periods***By Robyn Steward*

Written by autistic author Robyn Steward, this is a detailed guide for young people aged 9 to 16 on the basics of menstruation. Created in consultation with young people, an online survey, and a group of medical professionals.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

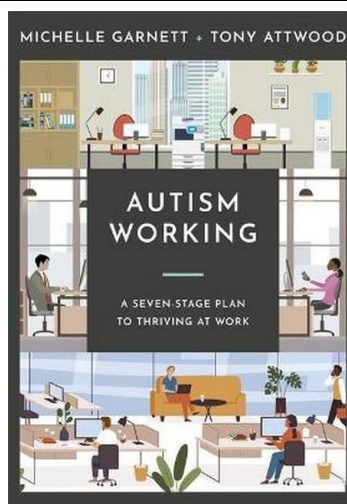
248 X 176 mm

Release Date: June 2019

9781785923241

Hardback

96 pages

AUD\$: 34.99**Autism Working: A Seven-Stage Plan to Thriving at Work***By Michelle Garnett, Tony Attwood*

Autism is associated with many qualities that are highly sought after by employers such as reliability, persistence, attention to detail, creativity in problem solving and many others.

JESSICA KINGSLEY PUBLISHERS**Authors are from Australia**

Disc: TRADE INTERNATIONAL

246 X 173 mm

Release Date: October 2021

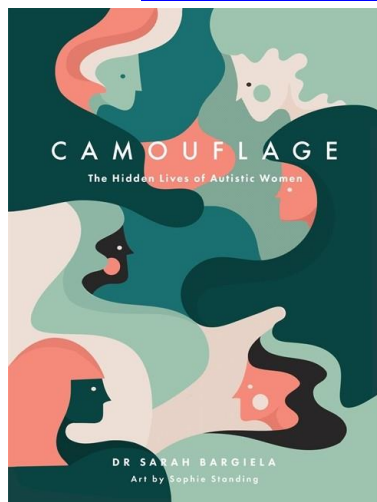
9781787759831

Paperback

160 pages

COLOUR SECTION(S)

AUD\$: 39.99

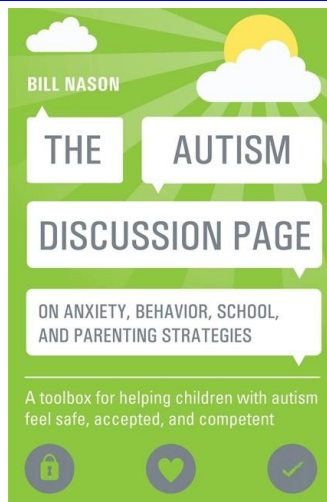
**Camouflage***By Sarah Bargiela, Sophie Standing*

Autism in women and girls is still not widely understood and is often misrepresented or even overlooked. This graphic novel offers an engaging and accessible insight into the lives and minds of autistic women.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
234 X 176 mm
Release Date: May 2019
9781785925665

Hardback
48 pages
AUD\$: 34.99

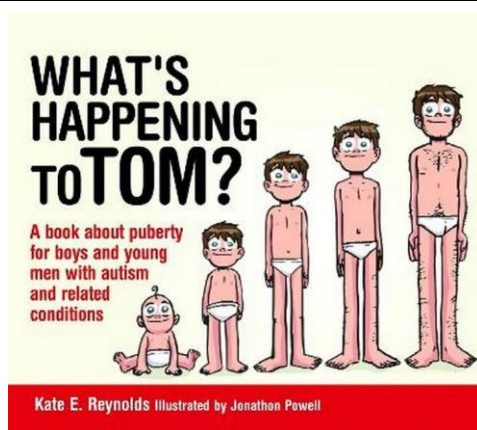
**Autism Discussion Page on Anxiety, Behavior, School, and Parenting Strategies***By Bill Nason*

Based on posts on the popular online Autism Discussion Page, this book is a toolbox of simple strategies for supporting children with autism spectrum disorders and helping them to feel safe, accepted, and competent.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
252 X 178 mm
Release Date: November 2014
9781849059954

Paperback
336 pages
AUD\$: 42.99

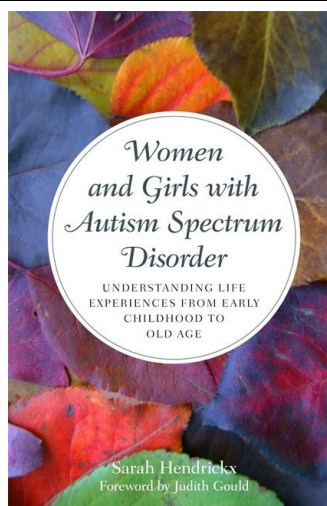
**What's Happening to Tom?***By Kate E. Reynolds, Jonathon Powell*

Tom notices that his body is changing. Tom's voice is different, and hair is growing in new places. There are other changes happening too. Tom learns that he has started growing into a man.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
189 X 171 mm
Release Date: October 2014
9781849055239

Hardback
36 pages
AUD\$: 28.99

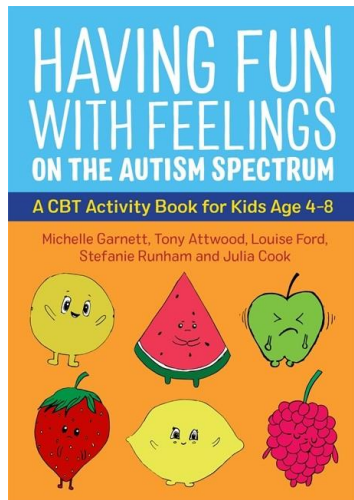
**Women and Girls with Autism Spectrum Disorder***By Sarah Hendrickx, Judith Gould*

The difference that being female makes to the diagnosis, life and experiences of a person with an Autism Spectrum Disorder (ASD) has largely gone unresearched and unreported until recently.

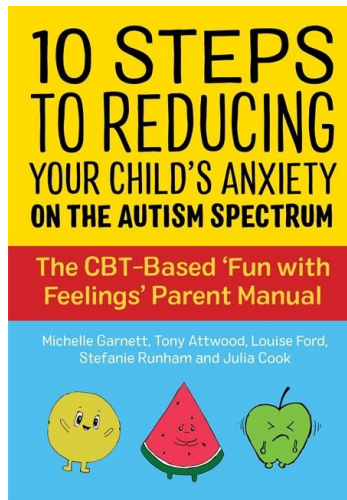
JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
226 X 150 mm
Release Date: July 2015
9781849055475

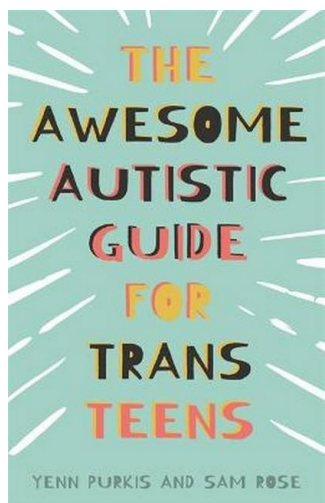
Paperback
248 pages
AUD\$: 39.99

**Having Fun with Feelings on the Autism Spectrum****By Michelle Garnett, Tony Attwood**

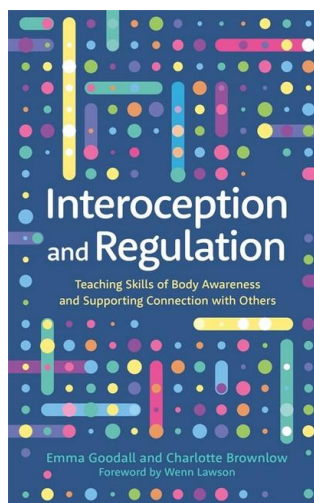
This activity book is a helpful and creative tool for children aged 4-8 to learn and understand their emotions to help reduce anxiety.

JESSICA KINGSLEY PUBLISHERS
Authors are from AustraliaDisc: TRADE INTERNATIONAL
150 X 150 mm
Release Date: July 2020
9781787753273Paperback
96 pages
AUD\$: 26.99**10 Steps to Reducing Your Child's Anxiety on the Autism Spectrum****By Michelle Garnett, Tony Attwood**

Recognising, expressing and understanding emotions helps young children make sense of their life experiences. Children diagnosed with autism can have significant difficulties with recognising and processing emotions.

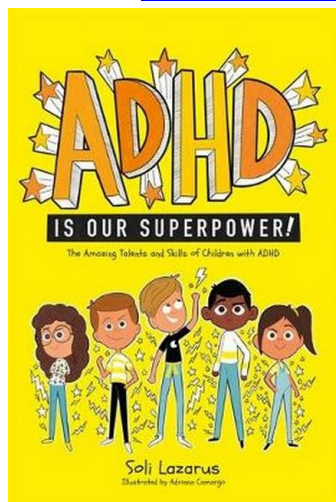
JESSICA KINGSLEY PUBLISHERS
Authors are from AustraliaDisc: TRADE INTERNATIONAL
150 X 150 mm
Release Date: July 2020
9781787753259Paperback
256 pages
AUD\$: 39.99**The Awesome Autistic Guide for Trans Teens****By Yenn Purkis, Sam Rose**

In this empowering guide, Yenn Purkis and Sam Rose set out honest advice and strategies to help autistic trans and/or gender divergent teens to thrive exactly as they are.

JESSICA KINGSLEY PUBLISHERS
Authors are from AustraliaDisc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: August 2022
9781839970764Paperback
112 pages
B&W THROUGHOUT
AUD\$: 34.99**Interoception and Regulation****By Emma Goodall, Charlotte Brownlow**

There are some things that many of us take for granted - such as knowing when we are hot or cold, feel hungry, or need to go to the toilet. But how do we know these things, and why do some people struggle to recognise them?

JESSICA KINGSLEY PUBLISHERS
Authors are from AustraliaDisc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: March 2022
9781787757288Paperback
144 pages
AUD\$: 36.99



ADHD Is Our Superpower

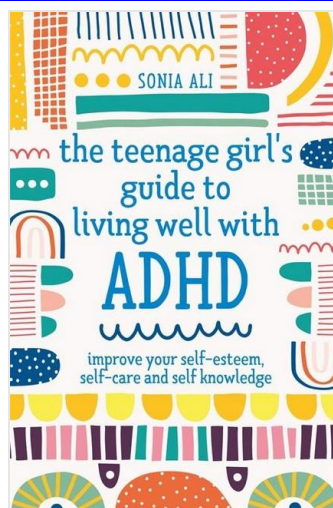
By Soli Lazarus, Adriana Camargo



An illustrated book to help children to understand their ADHD diagnosis in a positive light. Each character in the book focuses on a specific symptom of ADHD such as hyper-focus, sensory overwhelm, poor initiation and inattention.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 229 X 152 mm
 Release Date: August 2021
9781787757301

Paperback
 64 pages
 COLOUR SECTION(S)
AUD\$: 26.99



The Teenage Girl's Guide to Living Well with ADHD

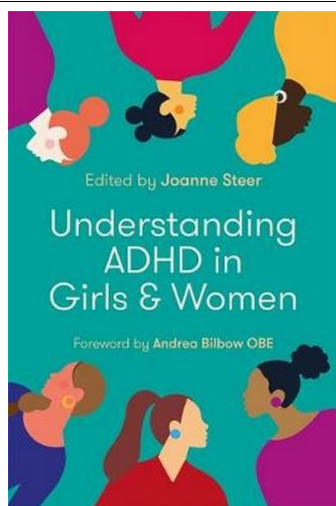
By Sonia Ali



This positive, self-affirming guide will increase your knowledge about ADHD and empower you in your daily life. The chapters are full of tips, tricks, and life hacks so you can better manage your time, harness your creativity, energy and more.

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Understanding ADHD in Girls and Women

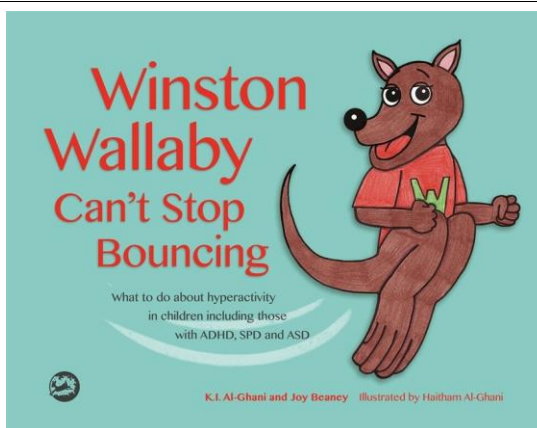
By Joanne Steer, Andrea Bilbow



This book offers honest and clear professional insights into what it really means to have ADHD and provides information about where to go and what to expect.

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Winston Wallaby Can't Stop Bouncing

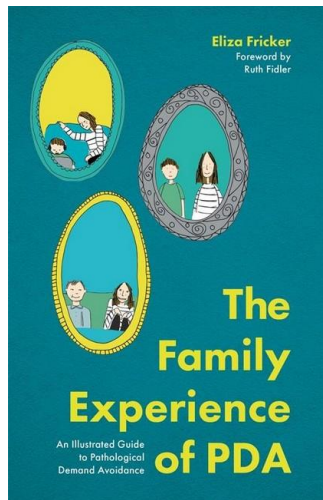
By Kay Al-Ghani, Haitham Al-Ghani



Winston Wallaby, like most Wallabies, loves to bounce. However, Winston can't seem to ever sit still and when he starts school, he needs help to concentrate... Luckily his teacher Mrs Calm shows Winston how to settle down.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
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The Family Experience of PDA

By *Eliza Fricker, Eliza Fricker*



This book is an essential read for any parent with a PDA child, to help better understand your child, build support systems, and carve out some essential self-care time guilt free.

JESSICA KINGSLEY PUBLISHERS

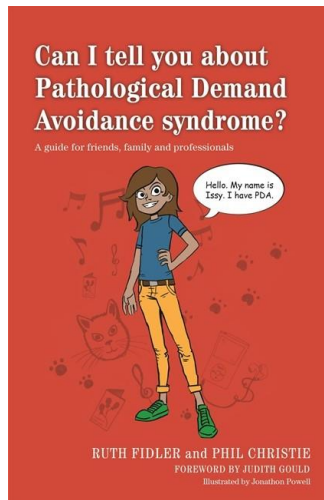
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Can I tell you about Pathological Demand Avoidance syndrome?

By *Ruth Fidler, Phil Christie*



Meet Issy - an 11-year-old girl with pathological demand avoidance syndrome (PDA), a condition on the autism spectrum. Issy invites readers to learn about PDA.

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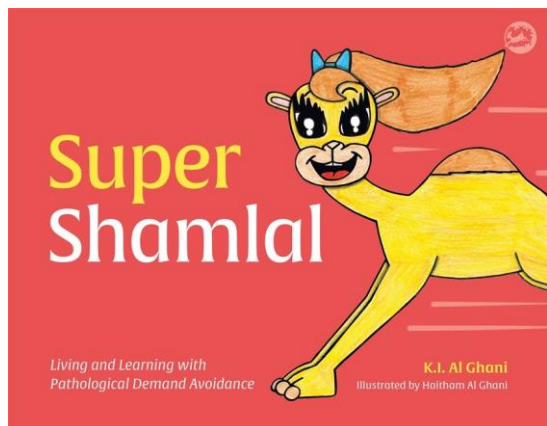
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Super Shamlal

By *Kay Al-Ghani, Haitham Al-Ghani*



Shamlal the Camel finds it almost impossible to do all the normal, everyday things that the other camels do. Her first word was NO! and this is still the word she repeats the most through every day.

JESSICA KINGSLEY PUBLISHERS

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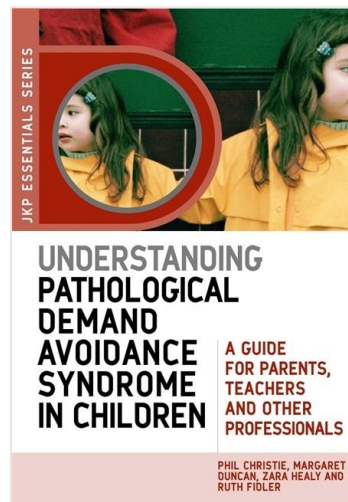
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Understanding Pathological Demand Avoidance Syndrome in Children

By *Margaret Duncan, Zara Healy*



Pathological Demand Avoidance Syndrome (PDA) is a developmental disorder that is being increasingly recognised as part of the autism spectrum. The main characteristic is a continued resistance to the ordinary demands of life.

JESSICA KINGSLEY PUBLISHERS

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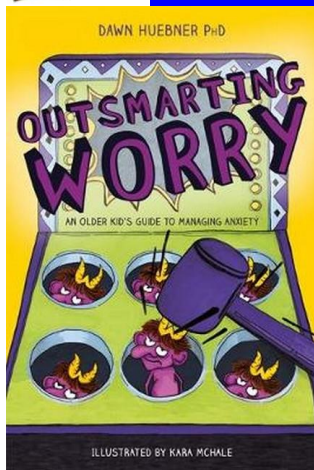
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Outsmarting Worry: An Older Kid's Guide to Managing Anxiety

By Dawn Huebner, Kara Mchale

Worry has a way of growing, shifting from not-a-big-deal to a VERY BIG DEAL in the blink of an eye. This big-deal Worry is tricky, luring children into behaviours that keep the anxiety cycle going. Children often find it hard to fight back against Worry, but not anymore. Outsmarting Worry teaches 9–13-year-olds and the adults who care about them a specific set of skills that makes it easier to face - and overcome - worries and fears. Smart, practical, proven techniques are presented in language immediately accessible to children with an emphasis on shifting from knowing to doing, from worried to happy and free.

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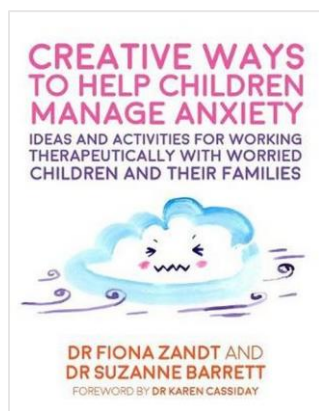
Creative Ways to Help Children Manage BIG Feelings

A Therapist's Guide to Working with Preschool and Primary Children

By Fiona Zandt, Suzanne Barrett

To be able to effectively offer therapy to children, complex therapeutic concepts need to be presented in an appropriate and engaging manner. This practical guide provides clinicians with a way in which to do so, with numerous games and imaginative activities to help children aged 4-12 to express and understand their feelings. Part I provides a comprehensive guide to working therapeutically with children and families, while Part II outlines 47 creative therapeutic activities. Each activity is presented with clear instructions using inexpensive and readily available resources and the objective and rationale of each activity is given, making it easily applicable. Activities range from using an easy to make volcano to help children better understand anger, to using a ball of string to illustrate how one person's feelings affect the whole family.

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 Rel Date: June 2017
9781785920745
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Creative Ways to Help Children Manage Anxiety

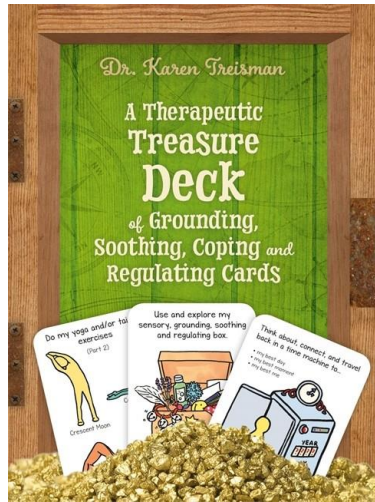
Ideas and Activities for Working Therapeutically with Worried Children and Their Families

By Fiona Zandt, Suzanne Barrett

This book sets out therapeutic activities to help children aged 4-12 years and their families to better understand and manage anxiety. It explains how to work with anxious children, providing a framework for assessment and therapy that draws on CBT, ACT and narrative therapy approaches. Lots of practical tips for therapists are included and important developmental considerations are discussed, including adapting therapy for children with developmental difficulties, and working with families and schools. Over 50 playful therapeutic activities are included, which have been developed through the authors extensive work with children, giving children an arsenal of coping strategies.

JESSICA KINGSLEY PUBLISHERS
Authors are from Australia
 Disc: ACAD & PROFESSIONAL
 Paperback
 279 X 216 mm
 208 Pages
 B&W THROUGHOUT
 Rel Date: January 2021
9781787750944
AUD\$: 52.99





Therapeutic Treasure Deck of Grounding, Soothing, Coping and Regulating Cards

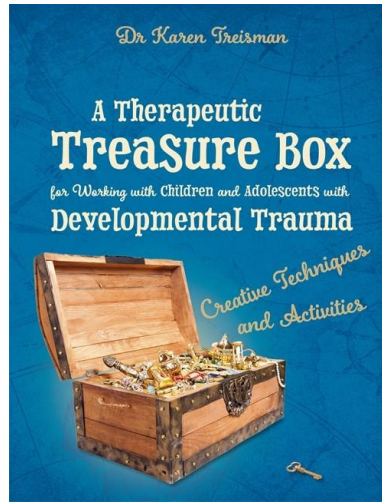
By Karen Treisman



This pack of 70 cards and explanatory guide offers a playful, nonthreatening way to explore feelings, and to form effective coping, regulating, soothing, and grounding strategies through a range of games and activities.

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Therapeutic Treasure Box for Working with Children and Adolescents with Developmental Trauma

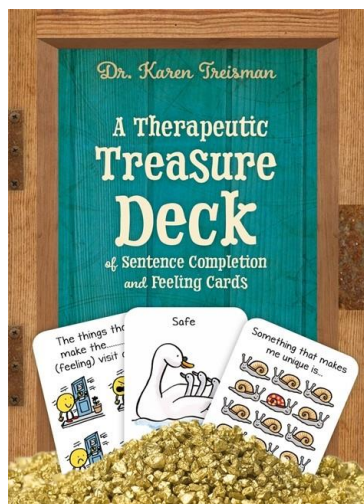
By Dr Karen Treisman



Like a treasure chest, this resource overflows with valuable resources - information, ideas, and techniques to inspire and support those working with children who have experienced relational and developmental trauma.

JESSICA KINGSLEY PUBLISHERS
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 Release Date: November 2017
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Paperback
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Therapeutic Treasure Deck of Sentence Completion and Feeling Cards

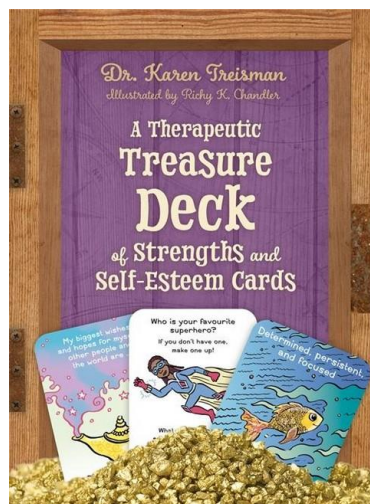
By Karen Treisman



The perfect tool to add to any 'therapeutic treasure box', this set of 68 cards provide a way to help open conversations and structure discussions with children and adolescents aged 6+.

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9781785923982

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A Therapeutic Treasure Deck of Strengths and Self-Esteem Cards

By Dr Karen Treisman



Dr Karen Treisman's colourful deck of self-esteem and strengths cards provides a creative way to open discussions and explore feelings with children aged 6+ and teens.

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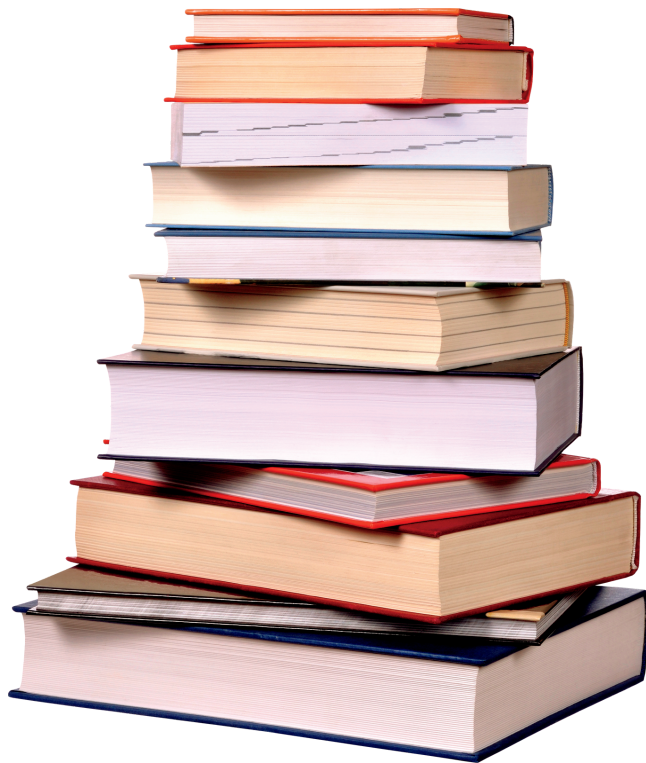
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