



WOODSLANE

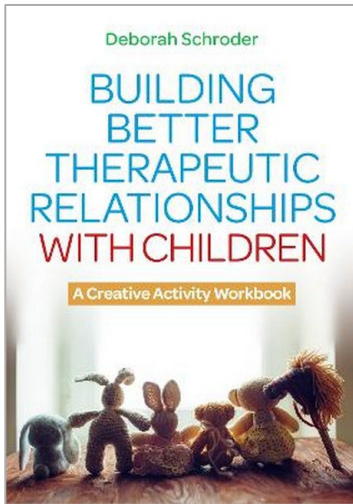


Social Work

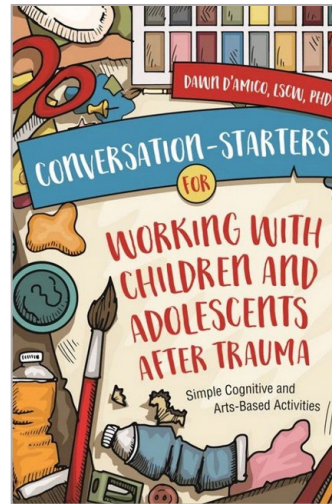
NEW AND BESTSELLING BOOKS

September 2023

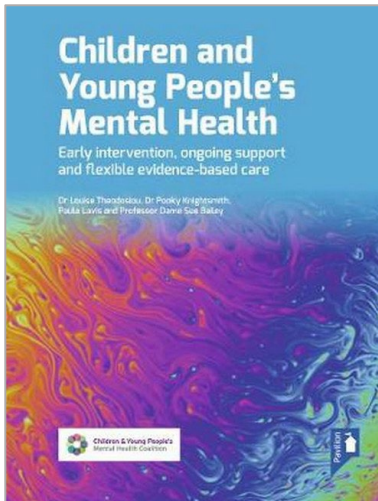
www.woodslane.com.au

**Building Better Therapeutic Relationships with Children**
A Creative Activity WorkbookBy *Deborah Schroder***NEW**

Building therapeutic relationships with children is one of the largest challenges faced by therapists and counsellors. This workbook filled with activities is essential for therapists, and mental health professionals for starting, developing, and sustaining strong therapeutic relationships with children.

JESSICA KINGSLEY PUBLISHERSDisc: ACAD & PROFESSIONAL
297 X 210 mm
Release Date: March 2023
9781787759688Paperback
112 pages
B&W THROUGHOUT
AUD\$: 53.99**Conversation-Starters for Working with Children and Adolescents After Trauma**By *Dawn D'Amico*

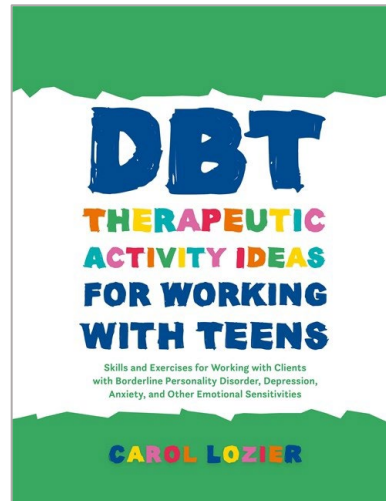
A compendium of arts-based activities to help children and adolescents, aged 5-17 who have experienced trauma, abuse or neglect. Those working with children who are experiencing acute depression, anxiety and behavioural difficulties will also find it useful.

JESSICA KINGSLEY PUBLISHERSDisc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: November 2022
9781787751446Paperback
224 pages
NOT ILLUSTRATED
AUD\$: 47.99**Children and Young People's Mental Health**

Early Intervention, Ongoing Support and Flexible Evidence-Based Care

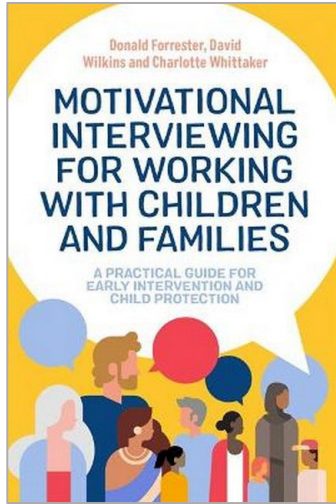
By *Dr. Louise Theodoisou, Dr. Pooky Knightsmith*

It includes new chapters about current and emerging issues, such as values-based practice, adverse childhood experiences (ACE), the impact of social media, the mental health of LGBT children and young people, and how physical health impacts on mental health and vice versa.

PAVILION PUBLISHING & MEDIADisc: ACAD & PROFESSIONAL
235 X 187 mm
Release Date: December 2019
9781912755400Paperback
300 pages
NOT ILLUSTRATED
AUD\$: 95.99**DBT Therapeutic Activity Ideas for Working with Teens**By *Carol Lozier*

This fun and engaging activity book helps to teach teens to manage emotions and develop relationships by tracking their progress using Dialectical Behaviour Therapy (DBT) techniques. These practical tools and ideas are reproducible and will be invaluable for anyone working with teens.

JESSICA KINGSLEY PUBLISHERSDisc: ACAD & PROFESSIONAL
278 X 215 mm
Release Date: April 2018
9781785927850Paperback
200 pages
AUD\$: 56.99



Motivational Interviewing for Working with Children and Families

A Practical Guide for Early Intervention and Child Protection

By Donald Forrester, David Wilkins



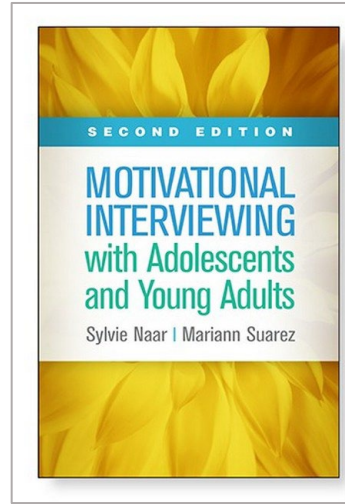
Grounded in extensive experience and research, this book provides an invaluable look at the potential of Motivational Interviewing (MI) in child and family social work. This makes it particularly effective for child and family social care.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: October 2021
9781787754089

Paperback
224 pages

AUD\$: 60.99



Motivational Interviewing with Adolescents and Young Adults 2/e

By Sylvie Naar, Mariann Suarez



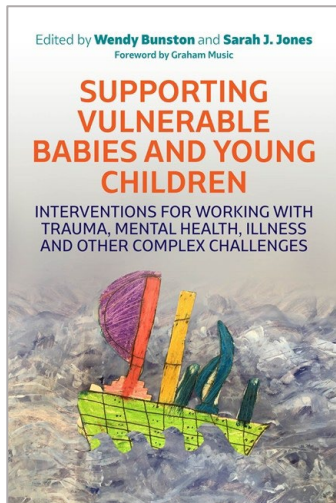
Noted for its clarity, the book includes extended case examples, sample dialogues, quick-reference tables, and dos and don'ts. It provides vital tools for helping young people open about their struggles, explore alternatives, and make healthier choices.

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: November 2021
9781462546985

Hardback
224 pages

AUD\$: 88.99



Supporting Vulnerable Babies and Young Children

Interventions for Working with Trauma, Mental Health, Illness and Other Complex Challenges

By Dr. Wendy Bunston, Sarah Jones



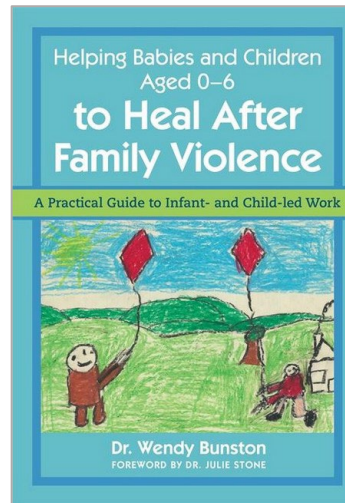
This is an essential guide for those who work to support and safeguard the welfare of babies and very young children, including professionals in health care, social work, mental health, and child protection settings, as well as paediatricians, child psychologists and child psychiatrists.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia
Disc: ACAD & PROFESSIONAL
226 X 152 mm
Release Date: November 2019
9781785923708

Paperback
312 pages

AUD\$: 63.99



Helping Babies and Children Aged 0-6 to Heal After Family Violence

A Practical Guide to Infant- and Child-Led Work

By Dr. Wendy Bunston, Dr. Julie Stone



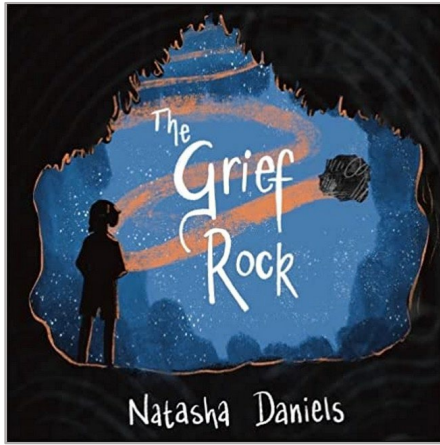
After family violence, very young children and babies benefit from child-led therapy, but how do you achieve this? Dr. Wendy Bunston's guide is here to help you to meet the emotional needs of children who are experiencing trauma, and to enable them to form healthy attachments both within their families & beyond.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia
Disc: ACAD & PROFESSIONAL
228 X 152 mm
Release Date: August 2017
9781849056441

Paperback
208 pages

AUD\$: 52.99



The Grief Rock
A Book to Understand Grief and Love

By *Natasha Daniels, Lily Fossett*

NEW

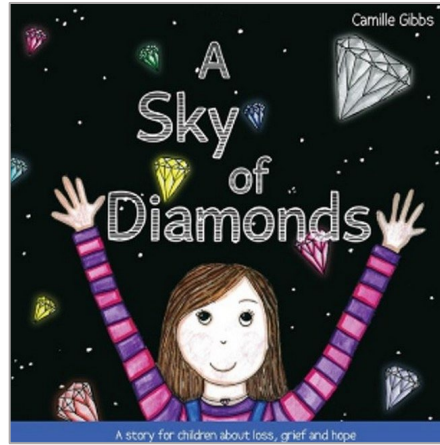


When someone you love dies, the grief rock shows up. Sometimes grief can feel like a heavy weight you are carrying around. It can be difficult to explain how you feel or know how you will cope carrying the grief rock around.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
216 X 213 mm
Release Date: August 2023
9781839974397

Hardback
32 pages
COLOUR SECTION(S)
AUD\$: 28.99



A Sky of Diamonds
A story for children about loss, grief and hope

By *Camille Gibbs*



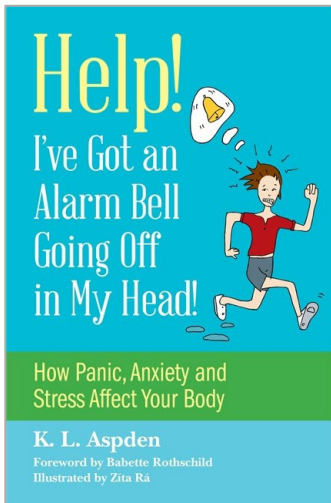
Full of practical strategies, this storybook for children aged 5-9 addresses loss, grief, and hope. Written from the perspective of Mia who has experienced the sudden death of her mother, it covers the different stages of grief, from anger to hope.

JESSICA KINGSLEY PUBLISHERS

AGES: 5+
Disc: TRADE INTERNATIONAL
210 X 210 mm
Release Date: November 2022
9781839977039

Paperback
48 pages

AUD\$: 28.99



Help! I've Got an Alarm Bell Going Off in My Head!
How Panic, Anxiety and Stress Affect Your Body

By *K.L. Aspden, Zita Ra*

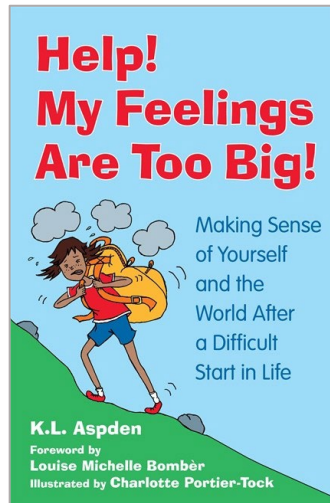


Ever wondered what happens inside our bodies when we feel angry, stressed, or anxious? This straightforward, illustrated guide explores just that, explaining what happens to the brain and nervous system when that alarm bell in our heads.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: January 2016
9781849057042

Paperback
48 pages
AUD\$: 23.99



Help! My Feelings Are Too Big!
Making Sense of Yourself and the World After a Difficult Start in Life - for Children with Attachment Issues

By *K.L. Aspden, Louise Michelle Bomber*

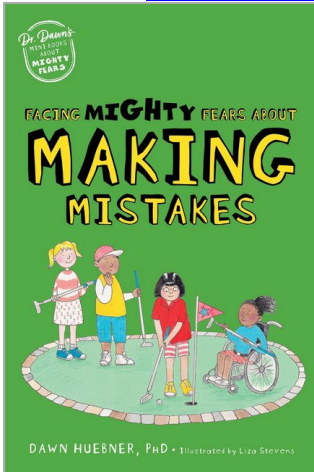


Emotions can be complicated at the best of times. If something goes wrong right at the beginning of someone's life things can often feel painful and confusing. This book will help explain that there are always good reasons why a person feels emotions.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
226 X 150 mm
Release Date: May 2019
9781785925566

Paperback
64 pages
AUD\$: 28.99



NEW

Facing Mighty Fears About Making Mistakes

By Dawn Huebner, Liza Stevens

Many children avoid taking on challenges, melting down when the going gets tough. But doing things you aren't very good at is one of the best ways to keep your brain healthy and strong. That means it's okay to mess up, and fumble, and fail. In fact, you should do these things. Mistakes are exactly what your brain needs to grow. *Facing Mighty Fears About Making Mistakes* helps 6-10-year-olds get more comfortable with imperfection. Fun Facts about famous mistakes engage children, while a Note to Parents and Caregivers and supplemental Resource Section make this the perfect guide for parents and mental health professionals. This book is part of the Dr. Dawn's Mini Books About Mighty Fears series designed to help children ages 6-10 tackle their fears and live happier lives.

JESSICA KINGSLEY

PUBLISHERS

AGES: 6 to 10

Disc: TRADE INTERNATIONAL

Paperback

229 X 152 mm

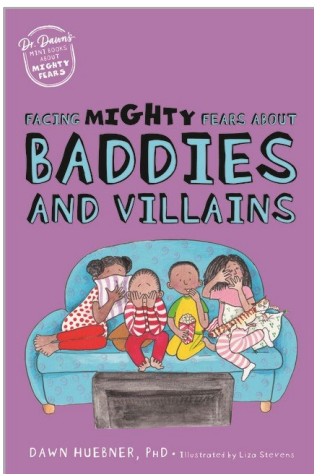
80 Pages

B&W THROUGHOUT

Rel Date: October 2023

9781839974663

AUD\$: 28.99



NEW

Facing Mighty Fears About Baddies and Villains

By Dawn Huebner, Liza Stevens

Many children are afraid of baddies and villains who do, in fact, do hurtful things. But sometimes fear far outstrips danger, and even children who are safe feel apprehensive all the time. *Facing Mighty Fears About Baddies and Villains* teaches 3 steps to help manage ongoing fears. Fun Facts engage children, while a Note to Parents and Caregivers and supplemental Resource section make this the perfect guide for parents and mental health professionals. This book is part of the Dr. Dawn's Mini Books About Mighty Fears series, designed to help children ages 6-10 tackle their fears and live happier lives.

JESSICA KINGSLEY

PUBLISHERS

AGES: 6 to 10

Disc: TRADE INTERNATIONAL

Paperback

229 X 152 mm

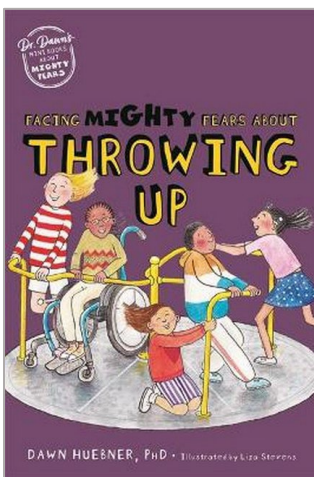
80 Pages

B&W THROUGHOUT

Rel Date: June 2023

9781839974625

AUD\$: 27.99



Facing Mighty Fears About Throwing Up

By Dawn Huebner, Liza Stevens

No one likes to throw up, but emetophobia is different, turning disgust into dread. *Facing Mighty Fears About Throwing Up* presents techniques to help shrink this common fear. Fun Facts about vomit engage children, while a Note to Parents and Caregivers and supplemental Resource section make this the perfect guide for parents and mental health professionals. This book is part of the Dr. Dawn's Mini Books About Mighty Fears series, designed to help children ages 6-10 tackle their fears and live happier lives.

JESSICA KINGSLEY

PUBLISHERS

AGES: 6 to 10

Disc: TRADE INTERNATIONAL

Paperback

229 X 152 mm

80 Pages

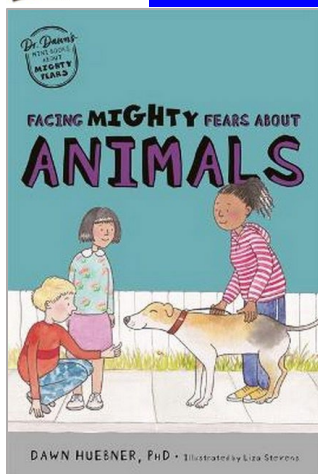
B&W THROUGHOUT

Rel Date: August 2022

9781787759251

AUD\$: 28.99





Facing Mighty Fears About Animals

By Dawn Huebner, Liza Stevens

Fear of animals that slither, bite, and sting can get in the way of going places and doing things. *Facing Mighty Fears About Animals* teaches children techniques to shrink over-size fears. Fun Facts about bees, dogs, spiders, and snakes engage children, while a Note to Parents and Caregivers and supplemental Resource section make this the perfect guide for parents and mental health professionals. This book is part of the Dr. Dawns Mini Books About Mighty Fears series, designed to help children ages 6-10 tackle their fears and live happier lives.

JESSICA KINGSLEY

PUBLISHERS

AGES: 6 to 10

Disc: TRADE INTERNATIONAL

Paperback

229 X 152 mm

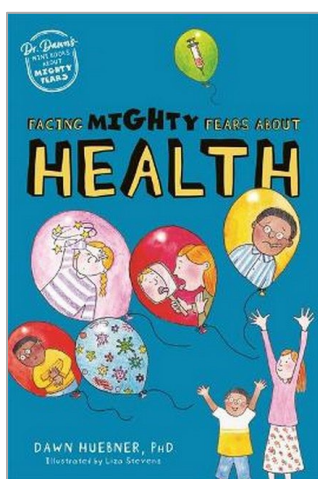
64 Pages

B&W THROUGHOUT

Rel Date: May 2022

9781787759466

AUD\$: 28.99



Facing Mighty Fears About Health

By Dawn Huebner, Liza Stevens

Thinking about our body functions can be scary, especially when it morphs into Health Anxiety that gets in the way of everyday life. *Facing Mighty Fears About Health* teaches 4 steps to manage false alarm fears. Fun Facts about the body engage children, while a Note to Parents and Caregivers and supplemental Resource section make this the perfect guide for parents and mental health professionals. This book is part of the Dr. Dawns Mini Books About Mighty Fears series, designed to help children ages 6-10 tackle their fears and live happier lives.

JESSICA KINGSLEY

PUBLISHERS

AGES: 6 to 10

Disc: TRADE INTERNATIONAL

Paperback

229 X 152 mm

80 Pages

B&W THROUGHOUT

Rel Date: May 2022

9781787759282

AUD\$: 28.99



Facing Mighty Fears About Trying New Things

By Dawn Huebner, Liza Stevens

First time jitters are normal, but when they turn into tears and outright refusal, the world shrinks in problematic ways. *Facing Mighty Fears About Trying New Things* teaches children to manage uncertainty about new experiences. Fun Facts engage children while a Note to Parents and Caregivers and a supplemental Resource section make this the perfect guide for parents and mental health professionals. This book is part of the Dr. Dawns Mini Books About Mighty Fears series, designed to help children ages 6-10 tackle their fears and live happier lives.

JESSICA KINGSLEY

PUBLISHERS

AGES: 6 to 10

Disc: TRADE INTERNATIONAL

Paperback

229 X 152 mm

64 Pages

B&W THROUGHOUT

Rel Date: May 2022

9781787759503

AUD\$: 28.99





**Riley the Brave's
Big Feelings
Activity Book**
A Trauma-informed Guide
for Counsellors, Educators
and Parents

By *Jessica Sinarski,
Zachary Kline*

NEW



9 781839 973000

Riley the Brave is back with a trauma-informed feelings activity book for children ages 5-10. Empower the brave cubs in your life with 60+ games and activities to help them be the boss of their brains.

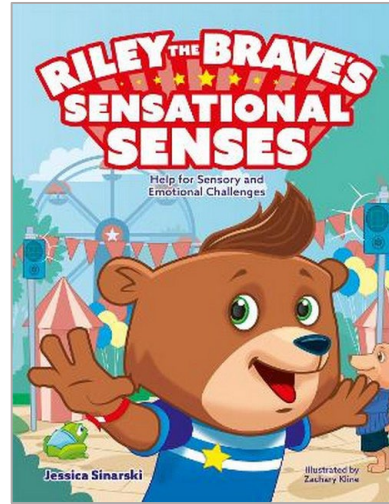
JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
279 X 216 mm

Release Date: November 2023

9781839973000

Paperback
160 pages
B&W THROUGHOUT
AUD\$: 51.99



**Riley the Brave's
Sensational Senses**
Help for Sensory and
Emotional Challenges

By *Jessica Sinarski,
Zachary Kline*



9 781839 973116

Teaches children about their senses through a playful story with real-life strategies for emotion regulation. It also features an educational afterword for grown-ups that explains our eight senses and includes tips for getting the most out of the book.

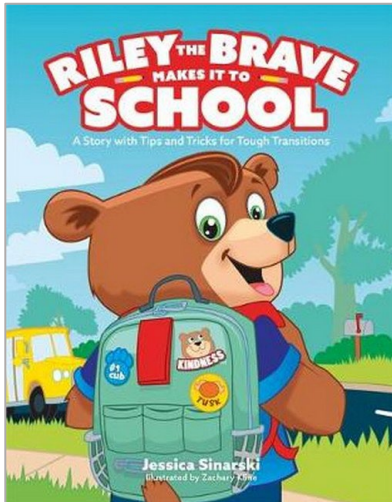
JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
285 X 219 mm

Release Date: December 2022

9781839973116

Hardback
48 pages
B&W THROUGHOUT
AUD\$: 35.99



**Riley the Brave
Makes it to School**
A Story with Tips and
Tricks for Tough
Transitions

By *Jessica Sinarski,
Zachary Kline*



9 781787 755185

This book creates a safe space for conversations about big thoughts and feelings and offers positive tips for families to try. It also features an educational afterword for grown-ups which explains how the book helps children, and how to get the most out of it.

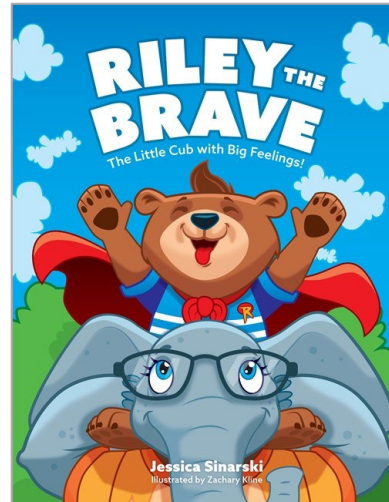
JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
279 X 216 mm

Release Date: September 2021

9781787755185

Hardback
48 pages
B&W THROUGHOUT
AUD\$: 34.99



**Riley the Brave -
The Little Cub with
Big Feelings!**
Help for Cubs Who Have
Had A Tough Start in Life

By *Jessica Sinarski,
Zachary Kline*



9 781787 755161

Riley is the story of a little bear with big feelings. Join this super-cool cub as he faces his fears with the animals who love him. This picture book is for children who have experienced trauma, to help them understand their overwhelming feelings, and learnt to trust the safe grown-ups around them.

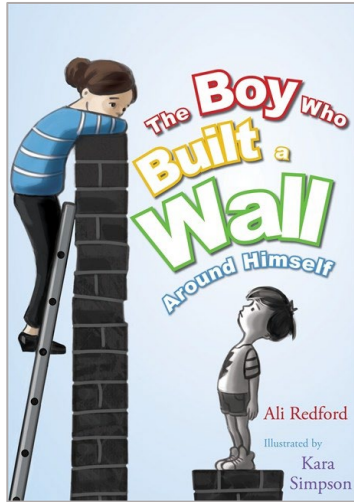
JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
279 X 216 mm

Release Date: January 2021

9781787755161

Hardback
48 pages
AUD\$: 34.99



Boy Who Built a Wall Around Himself

By Kara Simpson, Ali Redford

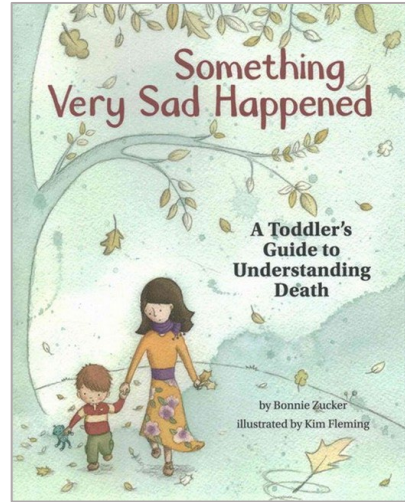


Boy built a wall to keep himself safe. Behind it he felt strong and more protected. Then Someone Kind came along. She bounced a ball, sang, and painted on the other side of the wall, and Boy began to wonder if life on the other side might be better after all.

JESSICA KINGSLEY PUBLISHERS

AGES: 4 to 9
 Disc: TRADE INTERNATIONAL
 253 X 180 mm
 Release Date: January 2016
9781849056830

Hardback
 32 pages
AUD\$: 28.99



Something Very Sad Happened
 A Toddler's Guide to Understanding Death

By Bonnie Zucker, Kim Fleming

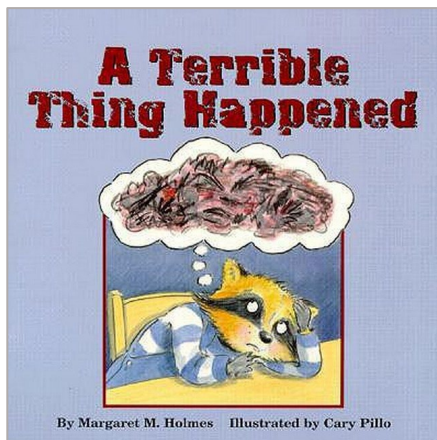


When a loved one dies, it can be hard to know how to explain it to a young child, particularly if you are grieving the loss yourself. Sensitive written and gently illustrated, Something Very Sad Happened explains death in developmentally appropriate terms for two- and three-year-old children.

MAGINATION PRESS

AGES: 2 to 3
 Disc: TRADE INTERNATIONAL
 254 X 203 mm
 Release Date: October 2016
9781433822667

Hardback
 32 pages
AUD\$: 34.99



A Terrible Thing Happened

By Margaret M. Holmes, Cary Pillo

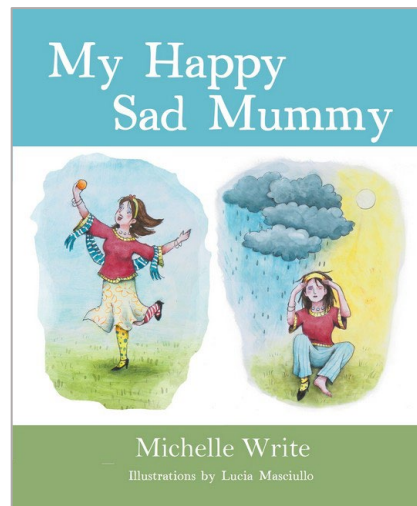


Sherman Smith saw the most terrible thing happen. At first, he tried to forget about it, but something inside him started to bother him. He felt nervous and had bad dreams. Then he met someone who helped him talk about the terrible things that he had tried to forget.

MAGINATION PRESS

AGES: 5+
 Disc: ACAD & PROFESSIONAL
 100 X 100 mm
 Release Date: April 2000
9781557987013

Paperback
 32 pages
 COLOUR SECTION(S)
AUD\$: 17.99



My Happy Sad Mummy 2/e

By Michelle Write, Lucia Masciullo

AUS AUTHOR

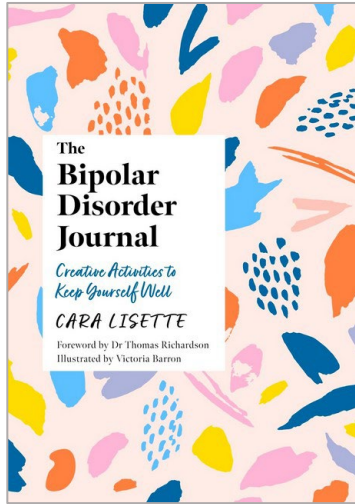


My Happy Sad Mummy is an engaging and sensitive picture book that fills a major gap in explaining to a young child the impact on a parent of a major mental illness such as bipolar disorder.

WOODSLANE PRESS

AGES: 6+
 Disc: TRADE AUSTRALIAN
 250 X 230 mm
 Release Date: August 2022
9781925868999

Author is from Australia
 Hardback
 44 pages
 COLOUR THROUGHOUT
AUD\$: 29.99



The Bipolar Disorder Journal

Creative Activities to Keep Yourself Well

By *Cara Lisette, Victoria Barron*

NEW

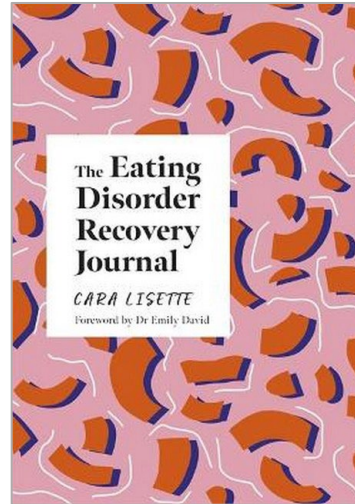


The Bipolar Disorder Journal is for anybody struggling to stay motivated while managing the ups and downs of bipolar. With journaling prompts, written activities, and creative activities to help you develop strategies to cope and thrive and stay on track.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
246 X 173 mm
Release Date: August 2023
9781839977817

Paperback
128 pages
B&W THROUGHOUT
AUD\$: 38.99



The Eating Disorder Recovery Journal

By *Cara Lisette, Victoria Barron*

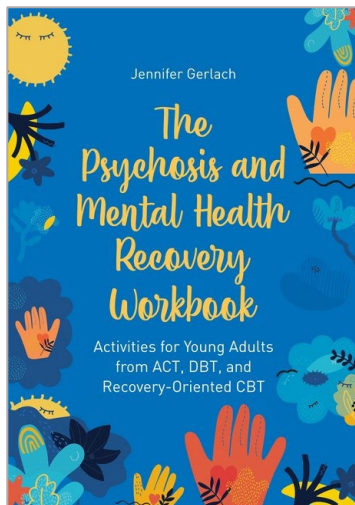


Designed to help you to understand your eating disorder better and to support you in your recovery journey. It is packed full of activities, such as writing prompts, colouring pages, and crafting ideas, as well as motivational quotes and positive affirmations to help keep you on track.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
246 X 173 mm
Release Date: May 2022
9781839970856

Paperback
128 pages
COLOUR SECTION(S)
AUD\$: 39.99



The Psychosis and Mental Health Recovery Workbook

Activities for Young Adults from ACT, DBT, and Recovery-Oriented CBT

By *Jennifer Gerlach*

NEW

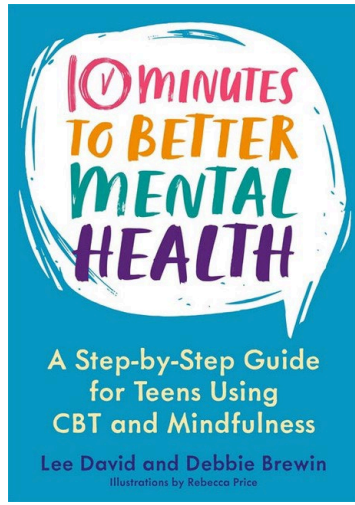


This mental health workbook is designed specifically for teenagers and young adults with psychosis. This workbook will support and inspire you throughout your recovery, and help you be the best possible advocate for yourself.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
246 X 173 mm
Release Date: June 2023
9781839977329

Paperback
192 pages
B&W THROUGHOUT
AUD\$: 38.99



10 Minutes to Better Mental Health

A Step-by-Step Guide for Teens Using CBT and Mindfulness

By *Lee David, Debbie Brewin*

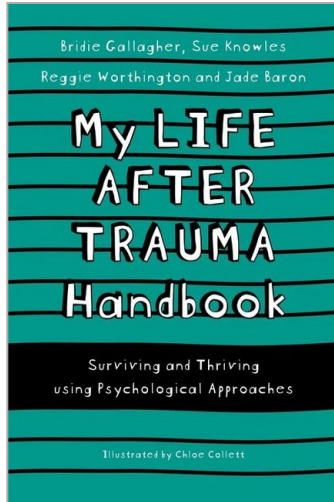


10 minutes is all you need a day to develop the skills for better mental health. Covering low mood, anxiety and worry, self-esteem and more, the bitesize information, exercises and video and audio clips in this book will help you to plan.

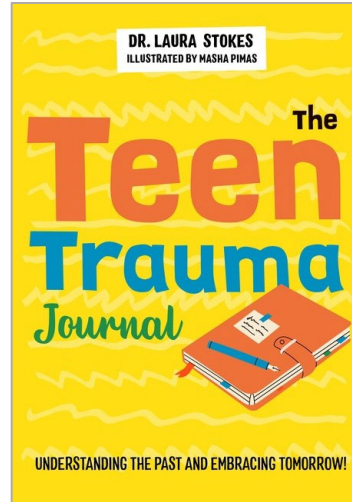
JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
246 X 173 mm
Release Date: May 2022
9781787755567

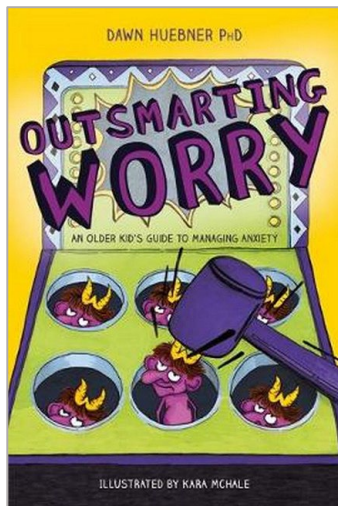
Paperback
208 pages
B&W THROUGHOUT
AUD\$: 36.99

**My Life After Trauma Handbook**
Surviving and Thriving using Psychological Approaches*By Sue Knowles, Bridie Gallagher***NEW**

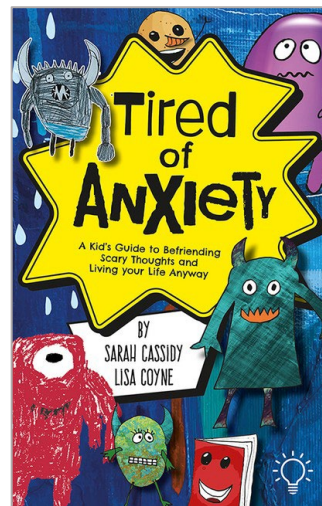
First relatable handbook for teens covering how to cope with trauma, adverse experiences and how to understand their impact. Containing many ideas and strategies to support you with the impact of trauma.

JESSICA KINGSLEY PUBLISHERSDisc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: January 2023
9781839971280Paperback
240 pages
B&W THROUGHOUT
AUD\$: 34.99**The Teen Trauma Journal**
Understanding the Past and Embracing Tomorrow!*By Laura Stokes***NEW**

Self-help journal providing support and information for people who have experienced trauma or attachment challenges. With interactive chapters on attachment, emotions, school, resilience and more.

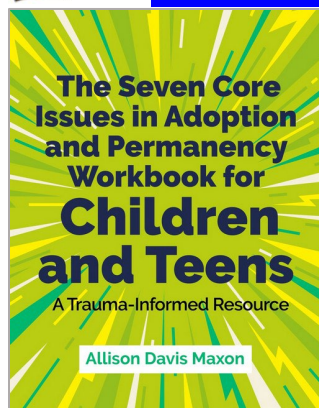
JESSICA KINGSLEY PUBLISHERSDisc: TRADE INTERNATIONAL
246 X 173 mm
Release Date: May 2023
9781839972218Paperback
176 pages
AUD\$: 37.99**Outsmarting Worry**
An Older Kid's Guide to Managing Anxiety*By Dawn Huebner, Kara McHale*

Outsmarting Worry teaches 9–13-year-olds and the adults who care about them a specific set of skills that makes it easier to face - and overcome - worries and fears. Smart, practical, proven techniques are presented in language accessible to children with an emphasis on shifting from knowing to doing.

JESSICA KINGSLEY PUBLISHERSDisc: TRADE INTERNATIONAL
226 X 150 mm
Release Date: January 2018
9781785927829Paperback
112 pages
AUD\$: 26.99**Tired of Anxiety**
A Kid's Guide to Befriending Difficult Thoughts & Feelings and Living Your Life Anyway*By Sarah Cassidy, Lisa Coyne*

Tired of Anxiety is a step-by step guide for children on how to do the things that matter to them despite anxiety. Based on principles of Acceptance and Commitment Therapy (ACT), the book uses evidence-based clinical techniques and describes them in accessible ways to ensure that families have a toolkit.

PAVILION PUBLISHING & MEDIADisc: TRADE INTERNATIONAL
216 X 135 mm
Release Date: January 2023
9781803880808Paperback
128 pages
NOT ILLUSTRATED
AUD\$: 49.99



NEW

The Seven Core Issues in Adoption and Permanency Workbook for Children and Teens

A Trauma-Informed Resource

By *Allison Davis Maxon*

Based on the pioneering Seven Core Issues model, this resource is an accessible and age-appropriate way to support children and teens who have experienced early adversity, to strengthen understanding and healing. The Seven Core Issues are Loss, Rejection, Shame/Guilt, Grief, Identity, Intimacy and Mastery/Control. This resource combines two separate interactive workbooks - one for children developmentally aged 5-11, the other for children developmentally aged 12+. These can be filled in, photocopied, or downloaded and provide a structured way for children and teens to explore their feelings and beliefs using exercises and activities.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

279 X 216 mm

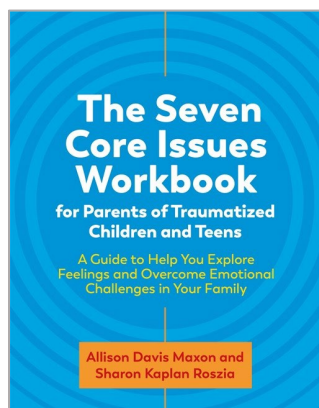
176 Pages

B&W THROUGHOUT

Rel Date: November 2023

9781839975769

AUD\$: 64.99



NEW

The Seven Core Issues Workbook for Parents of Traumatized Children and Teens

A Guide to Help You Explore Feelings and Overcome Emotional Challenges in Your Family

By *Sharon Roszia, Allison Davis Maxon*

Based on a hugely successful US model, The Seven Core Issues Workbook is accessible and parent-friendly with brief explanations, activities, and exercises. The Seven Core Issues are Loss, Rejection, Shame/Guilt, Grief, Identity, Intimacy and Mastery/Control. The workbook gives parents the ability to explore their own issues as well as their child's through various experiential exercises and activities. Parents can identify and address their core issues to assist and support the child's core issues more effectively. The workbook and its exercises allow for a variety of diverse groups to use the book with ease, making it the essential tool for all individuals to grow and heal themselves and their families.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

279 X 216 mm

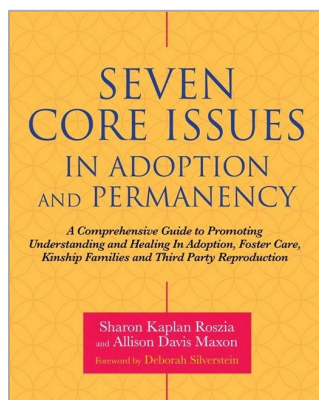
272 Pages

B&W THROUGHOUT

Rel Date: November 2022

9781787756694

AUD\$: 65.99



Seven Core Issues in Adoption and Permanency

A Comprehensive Guide to Promoting Understanding and Healing In Adoption, Foster Care, Kinship Families and Third Party Reproduction

By *Sharon Roszia, Allison Davis Maxon*

Based on a hugely successful US model, the Seven Core Issues in Adoption is the first conceptual framework of its kind to offer a unifying lens that was inclusive of all individuals touched by the adoption experience. The Seven Core Issues are Loss, Rejection, Shame/Guilt, Grief, Identity, Intimacy, and Mastery/Control. The book expands the model to be inclusive of adoption and all forms of permanency: adoption, foster care, kinship care, donor insemination and surrogacy. Attachment and trauma are integrated with the Seven Core Issues model to address and normalize the additional tasks individuals and families will encounter.

JESSICA KINGSLEY

PUBLISHERS

Disc: ACAD & PROFESSIONAL

Paperback

243 X 174 mm

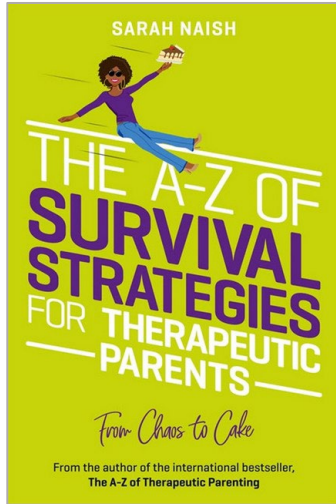
472 Pages

Rel Date: September 2019

9781785928239

AUD\$: 68.99





The A-Z of Survival Strategies for Therapeutic Parents
From Chaos to Cake

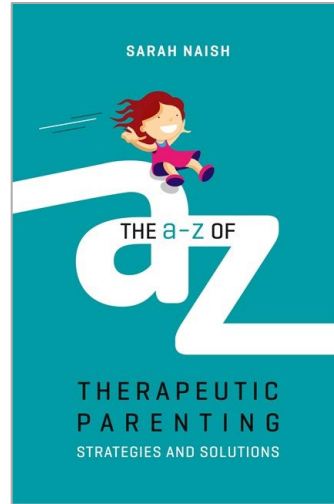
By Sarah Naish, Kath Grimshaw



Surviving therapeutic parenting can almost be as easy as A,B,C with this popular A-Z style survival guide. This easy-to-follow, dip-in dip-out resource addresses common challenges and feelings experienced by therapeutic parents and offers 80 practical strategies to help you cope and survive as a therapeutic parent.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: August 2022
9781839971723

Paperback
352 pages
B&W THROUGHOUT
AUD\$: 39.99



A-Z of Therapeutic Parenting
Strategies and Solutions

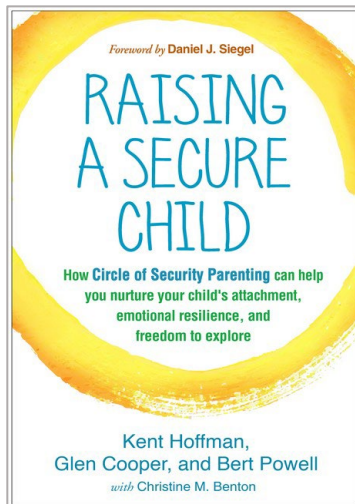
By Sarah Naish



Therapeutic parenting is a deeply nurturing parenting style, and is especially effective for children with attachment difficulties, or who experienced childhood trauma. This book provides everything you need to know to be able to effectively therapeutically parent. This is a 'must have' book for all therapeutic parents.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
228 X 150 mm
Release Date: June 2018
9781785923760

Paperback
344 pages
AUD\$: 44.99



Raising a Secure Child
How Circle of Security Parenting Can Help You Nurture Your Child's Attachment, Emotional Resilience, and Freedom to Explore

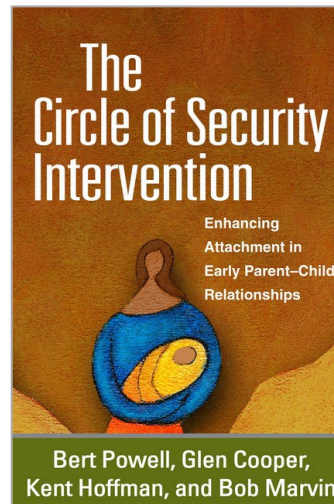
By Kent Hoffman, Glen Cooper



Today's parents are constantly pressured to be perfect. But in striving to do everything right, we risk missing what children really need for lifelong emotional security. Filled with vivid stories and unique practical tools.

GUILFORD PUBLICATIONS
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: March 2017
9781462527632

Paperback
280 pages
AUD\$: 39.99



The Circle of Security Intervention
Enhancing Attachment in Early Parent-Child Relationships

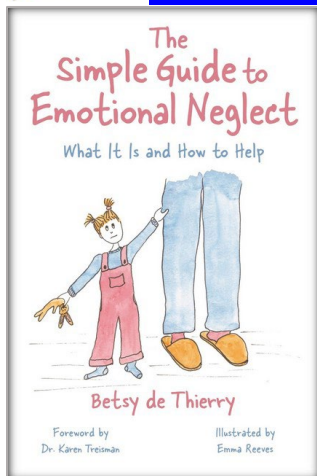
By Bert Powell, Glen Cooper



Presenting both a theoretical foundation and proven strategies for helping caregivers become more attuned and responsive to their young children's emotional needs (ages 0-5), this is the first comprehensive presentation of the Circle of Security.

GUILFORD PUBLICATIONS
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: December 2016
9781462527830

Paperback
396 pages
AUD\$: 88.99



NEW

The Simple Guide to Emotional Neglect

What It Is and How to Help

By *Betsy de Thierry, Emma Reeves*

What is emotional neglect? How does it affect children and the adults they become? What can we do to help? In *The Simple Guide to Emotional Neglect*, Betsy de Thierry provides clarity and guidance on the complex subject of emotional neglect, including how it impacts emotional connection and behaviour in the children who experience it. Betsy de Thierry has spent years working with children and adults impacted by emotional neglect from all walks of life and combines her experience with the latest research evidence to provide you with a concise overview of what emotional neglect looks like, and the issues it can create, including its impact on the developing brain, the development of trauma-based behaviours and challenges to forming emotional connections. The practical advice in this book guides parents, carers, and professionals involved in child welfare on how to provide informed and empathic support.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

198 X 129 mm

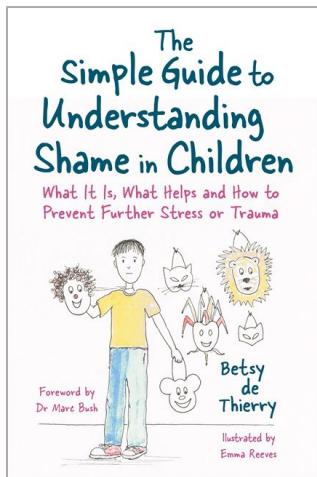
112 Pages

B&W THROUGHOUT

Rel Date: August 2023

9781839976759

AUD\$: 28.99



The Simple Guide to Understanding Shame in Children

What It Is, What Helps and How to Prevent Further Stress or Trauma

By *Betsy de Thierry, Emma Reeves*

The perfect starting point for any adult or carer working with children who have experienced shame, this guide provides straightforward answers and explanations to both common and complex questions. At a time when children are more likely than ever to experience shame, the accessible advice in this book helps adults to boost children's self-esteem. Betsy de Thierry navigates the need to understand its impact and the reasons behind it, as well as how to reduce its hold on self-confidence. Reassuring advice will also help revitalize adults' abilities to face the challenges of supporting children affected by shame. It will teach them how to restore self-esteem.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

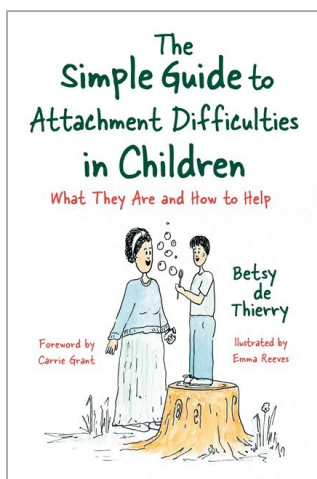
196 X 130 mm

112 Pages

Rel Date: December 2018

9781785925054

AUD\$: 28.99



The Simple Guide to Attachment Difficulties in Children

What They Are and How to Help

By *Betsy de Thierry, Emma Reeves*

What are attachment difficulties? How do they affect children? How can you help? This book provides clear and concise answers to these important questions - and more. Much more than just a simple introduction to the subject of attachment, the book is also full of advice and practical ideas you can try. It tackles some challenging questions, such as 'what is the difference between trauma and attachment?' and explains how understanding attachment is only part of the overall picture when it comes to caring for traumatized children. It is an essential read for any adult parenting or caring for a child who has experienced attachment difficulties.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

196 X 130 mm

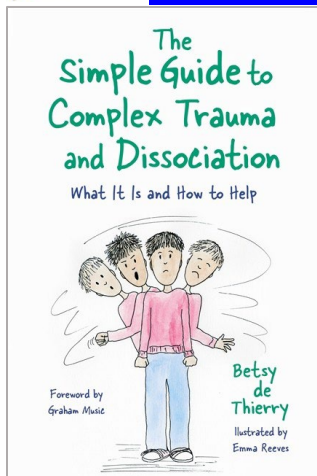
120 Pages

Rel Date: September 2019

9781785926396

AUD\$: 28.99





The Simple Guide to Complex Trauma and Dissociation

What It Is and How to Help

By *Betsy de Thierry, Emma Reeves*

This guide is essential for any adult caring for or working with dissociative children affected by early trauma. Full of helpful information and advice, it differentiates trauma from complex trauma and provides information on the different types of dissociation, as well as practical advice and tips on aiding recovery.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

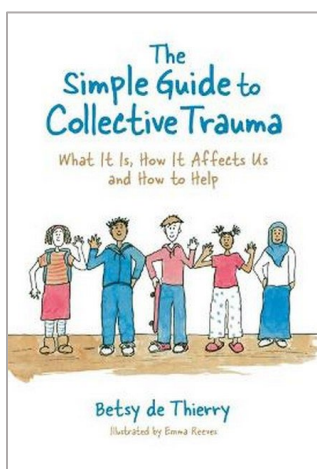
150 X 150 mm

144 Pages

Rel Date: January 2021

9781787753143

AUD\$: 28.99



The Simple Guide to Collective Trauma

What it is, How it Affects Us and How to Help

By *Betsy de Thierry, Lisa Cherry*

* What is collective trauma? * How can it impact children and communities? * What can we do about it? Providing accessible answers to these complex questions and more, this guide explores the key characteristics of collective trauma and provides practical advice on how to help children, young people, and communities to heal. Collective trauma affects communities, families, and individuals. This book highlights its impacts and with examples such as grief and loss, outlines how it can manifest. With guidance on building individual, communal and cultural resilience, this book is an invaluable resource to better understand and support children and young people dealing with collective trauma.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

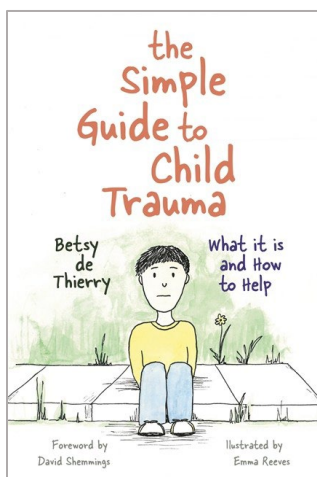
197 X 130 mm

112 Pages

Rel Date: October 2021

9781787757882

AUD\$: 28.99



The Simple Guide to Child Trauma

What It Is and How to Help

By *Betsy de Thierry, Emma Reeves*

* What is trauma? * How does it affect children? * How can adults help? Providing straightforward answers to these complex questions, *The Simple Guide to Child Trauma* is the perfect starting point for any adult caring for or working with a child who has experienced trauma. It will help them to understand more about a child's emotional and behavioural responses following trauma and provides welcome strategies to aid recovery. Reassuring advice will also rejuvenate adults' abilities to face the challenges of supporting children.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

196 X 128 mm

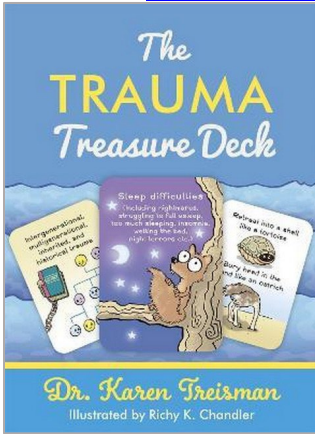
80 Pages

Rel Date: December 2016

9781785921360

AUD\$: 28.99





The Trauma Treasure Deck

A Creative Tool for Assessments, Interventions, and Learning for Work with Adversity and Stress in Children and Adults

By Dr. Karen Treisman

Dr. Karen Treisman has designed this versatile and colourful card deck to enable practitioners supporting children, teens or adults who have experienced trauma, stress, or adversity. The cards are organized into four different types: sentence completion cards, survival response cards, signals/signs cards and different types of trauma cards. In combination, the cards provide you with a rich resource which enables you to: * Increase understanding of the multi-layered impact of trauma, stress, and adversity - including common sensory, physical, emotional, cognitive, and relational aspects. * Deepen assessment and information-gathering, * Reflect on progress and the journey, * Inform goals and focus interventions.

JESSICA KINGSLEY

PUBLISHERS

Disc: ACAD & PROFESSIONAL
Cards

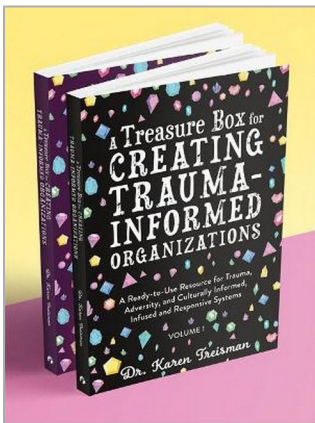
130 X 100 mm

COLOUR THROUGHOUT

Rel Date: August 2022

9781839971372

AUD\$: 68.99



A Treasure Box for Creating Trauma-Informed Organizations

A Ready-to-Use Resource for Trauma, Adversity, and Culturally Informed,

By Dr. Karen Treisman

This Treasure Box book is packed full of valuable resources from bestselling and award-winning author, trainer, organizational consultant, and Clinical Psychologist Dr. Karen Treisman, and will show you how to weave a deep understanding of trauma and adversity into the daily practice and the whole fabric of your organization. This expert knowledge is presented in a bright and easy to understand way. Every chapter contains a huge array of colour photocopiable worksheets, downloadable materials, practical ideas, reflective questions, and exercises ready to use both individually and organizationally.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL
Paperback

297 X 210 mm

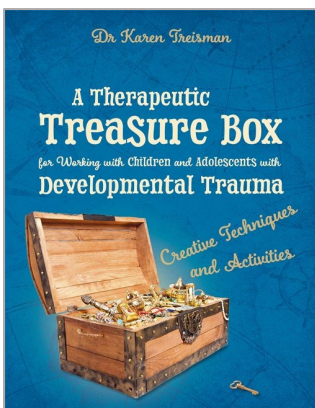
704 Pages

COLOUR SECTION(S)

Rel Date: July 2021

9781787753129

AUD\$: 211.00



Therapeutic Treasure Box for Working with Children and Adolescents with Developmental Trauma
Creative Techniques and Activities

By Dr. Karen Treisman

Like a treasure chest, this resource overflows with valuable resources - information, ideas, and techniques to inspire and support those working with children who have experienced relational and developmental trauma. Drawing on a range of therapeutic models including systemic, psychodynamic, trauma, sensory, neurobiological, neurocognitive, attachment, cognitive behavioural, and creative ideas, Dr Karen Treisman explains how we understand trauma and its impact on children, teens, and their families. She details how it can be seen in symptoms such as nightmares, sleeping difficulties, emotional dysregulation, rage, and outbursts. Theory and strategies are accompanied by a treasure trove of practical, creative, and ready-to-use resources including over 100 illustrated worksheets and handouts, top tips, recommended sample questions, and photographed examples.

JESSICA KINGSLEY

PUBLISHERS

Disc: ACAD & PROFESSIONAL
Paperback

297 X 213 mm

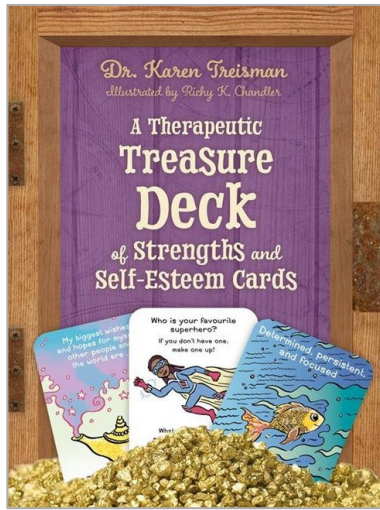
424 Pages

Rel Date: November 2017

9781785922633

AUD\$: 75.99





A Therapeutic Treasure Deck of Strengths and Self-Esteem Cards

By Dr. Karen Treisman, Richy K. Chandler



Dr Karen Treisman's colourful deck of self-esteem and strengths cards provides a creative way to open discussions and explore feelings with children aged 6+ and teens. Accompanied by an explanatory booklet, they are designed to be flexible.

JESSICA KINGSLEY PUBLISHERS

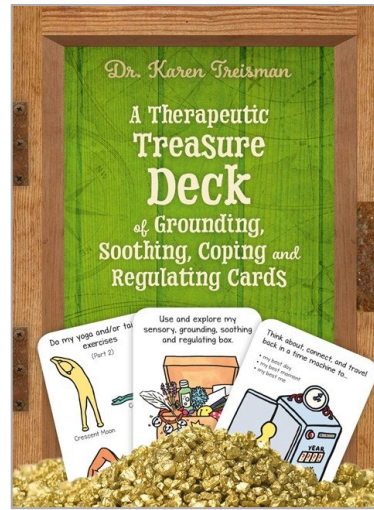
Disc: ACAD & PROFESSIONAL
140 X 102 mm

Release Date: January 2022

9781787757851

Cards

AUD\$: 43.99



Therapeutic Treasure Deck of Grounding, Soothing, Coping and Regulating Cards

By Dr. Karen Treisman



This pack of 70 cards and explanatory guide offers a playful, nonthreatening way to explore feelings, and to form effective coping, regulating, soothing, and grounding strategies through a range of games and activities.

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
150 X 150 mm

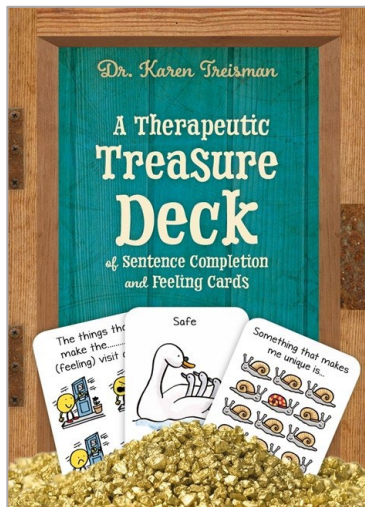
Release Date: October 2018

9781785925290

Cards

70 pages

AUD\$: 43.99



Therapeutic Treasure Deck of Sentence Completion and Feelings Cards

By Dr. Karen Treisman



The perfect tool to add to any 'therapeutic treasure box', this set of 68 cards provide a way to help open conversations and structure discussions with children and adolescents aged 6+.

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
150 X 150 mm

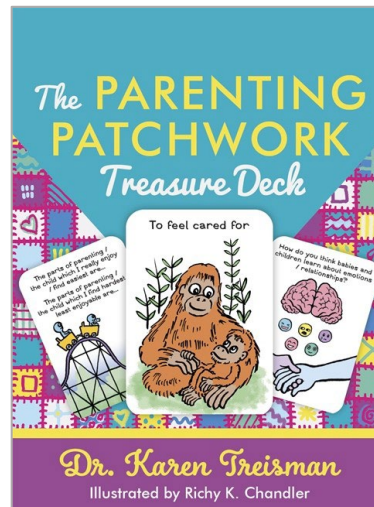
Release Date: February 2018

9781785923982

Cards

68 pages

AUD\$: 43.99



Parenting Patchwork Treasure Deck

By Dr. Karen Treisman, Richy K. Chandler



This versatile deck features 100 colourful cards and a detailed instruction manual. Developed by Dr. Karen Treisman for professionals working with parents, carers, and families.

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
135 X 104 mm

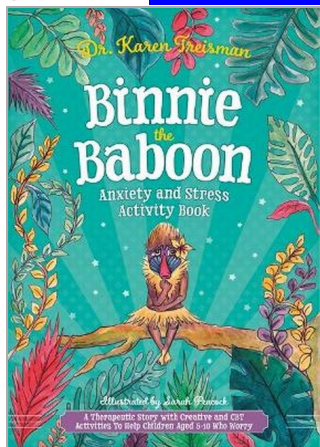
Release Date: December 2020

9781787753082

Kit

100 pages

AUD\$: 56.99



Binnie the Baboon Anxiety and Stress Activity Book

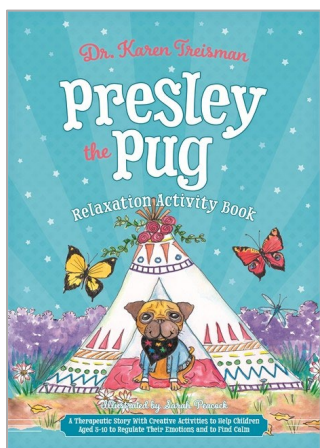
A Therapeutic Story with Creative and CBT Activities To Help Children Aged 5-10 Who Worry

By Dr. Karen Treisman

Binnie is a creative and energetic baboon, who bounces around the lush green mountains of Rwanda in East Africa. But like many of us, Binnie often feels worried and stressed, and these worries can get in her way! What if she gets lost in the jungle, or her family gets sick? What if no one likes her? Sometimes she even worries about the fact she's worried; and if she isn't worried, well why not?! This activity book has been developed by expert child psychologist Dr Karen Treisman. The first part of the book is a colourful illustrated therapeutic story about Binnie the Baboon, with a focus on worry and anxiety.

JESSICA KINGSLEY
PUBLISHERS

Disc: TRADE INTERNATIONAL
Paperback
296 X 210 mm
176 Pages
Rel Date: January 2020
9781785925542
AUD\$: 52.99



Presley the Pug Relaxation Activity Book

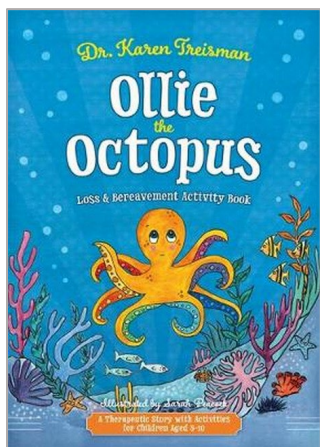
A Therapeutic Story With Creative Activities to Help Children Aged 5-10 to Regulate Their Emotions and to Find Calm

By Dr Karen Treisman

Like all dogs, Presley the Pug loves to play, run, and snuggle up under his warm blanket. But sometimes, Presley gets so excited that his feelings take over. Sometimes it's anger, sometimes stress, sometimes worry. He doesn't know how to calm down! What can Presley do when he feels like this? Luckily Presley's canine friends are nearby with some wise words, and they share some of the tricks that have worked for them! This therapeutic activity book was developed by expert child psychologist Dr Karen Treisman. It features a colourful therapeutic story designed to help start conversations about coping with big feelings and how to find calm. It explains how Presley (and the reader!) can create a 'mind retreat' - an imaginary safe space where he can relax.

JESSICA KINGSLEY
PUBLISHERS

Disc: TRADE INTERNATIONAL
Paperback
297 X 211 mm
152 Pages
Rel Date: August 2019
9781785925535
AUD\$: 52.99



Ollie the Octopus Loss and Bereavement Activity Book

A Therapeutic Story with Activities for Children Aged 5-10

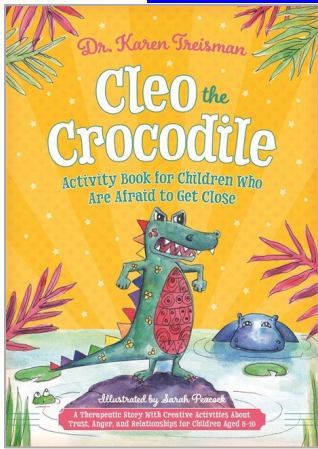
By Dr. Karen Treisman

In a magical underwater forest lived a colourful and loveable Octopus called Ollie, who loved swimming with his friends and spending time with his mum and dad, Orla and Orson the Octopuses. Until one day, Orla started to get very sick. The doctors did everything they could to help her, but very sadly, Orla died. Ollie had so many thoughts and feelings spinning around in his head, and his heart was hurting. This activity book has been developed by expert child Psychologist and bestselling author Dr. Karen Treisman. The first part of the book is a colourful illustrated therapeutic story about Ollie the Octopus, with a focus on Ollie making sense of and processing the loss of his mum, Orla. This is followed by a wealth of creative activities and colourful photocopiable worksheets for children and the people supporting them to explore aspects of loss, grief, death, and bereavement, and how to find ways to understand and cope with them.

JESSICA KINGSLEY
PUBLISHERS

Disc: TRADE INTERNATIONAL
Paperback
297 X 210 mm
224 Pages
Rel Date: November 2021
9781787757660
AUD\$: 52.99





Cleo the Crocodile Activity Book for Children Who Are Afraid to Get Close

A Therapeutic Story With Creative Activities About Trust, Anger, and Relationships for Children Aged 5-10

By Dr Karen Treisman, Sarah Peacock

Amongst the beauty of the Okavango delta in Botswana, Cleo the Crocodile loved having fun with all his animal friends. That is, until one day Hogan the Hippo, who was supposed to look after Cleo, started to act mean and hurt him. Cleo must leave the swamp to find a safe new home - he's scared and puts his prickles up for protection, so all the other animals are afraid of him. How can Cleo find a new safe home? How can he make new friends when he doesn't know who he can trust? This activity book developed by expert child psychologist Dr Karen Treisman combines a colourfully illustrated therapeutic story about Cleo the Crocodile to help start and enrich conversations, which is followed by a wealth of creative activities and photocopiable worksheets for children to explore issues relating to attachment, relationships, rejection, anger, trust and much more.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

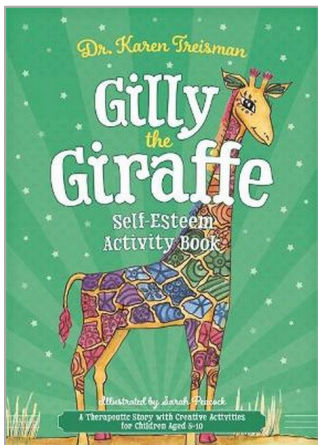
294 X 208 mm

160 Pages

Rel Date: July 2019

9781785925511

AUD\$: 52.99



Gilly the Giraffe Self-Esteem Activity Book

A Therapeutic Story With Creative Activities for Children Aged 5-10

By Dr. Karen Treisman

Even though Gilly the Giraffe has many wonderful things in her life, she sometimes lacks confidence. Why does she have to stand out so much with her long neck, her long black tongue and her mosaic patches? Why do some of the other animals point and laugh at her? Can it be possible to be different and to be cool? This activity book developed by expert child psychologist Dr Karen Treisman combines a colourfully illustrated therapeutic story about Gilly the Giraffe to help start conversations, which is followed by a wealth of creative activities for children to explore and build upon some of the ideas raised in the story, and beyond! The activities are accompanied by extensive advice and practical strategies for parents, carers, and professionals on how to help children aged 5-10 boost their self-esteem and confidence.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

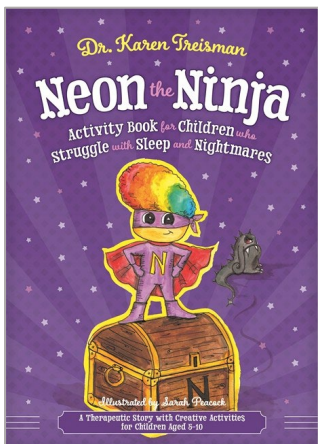
294 X 208 mm

144 Pages

Rel Date: March 2019

9781785925528

AUD\$: 52.99



Neon the Ninja Activity Book for Children Who Struggle With Sleep and Nightmares

A Therapeutic Story With Creative Activities for Children Aged 5-10

By Dr. Karen Treisman

Neon the Ninja has a very special job. He looks after anyone who finds the nighttime scary. Lots of us have nightmares, but Neon loves nothing more than using his special ninja powers to keep the nightmares and worries far away, and to keep the magical dreams and positive thoughts close by. It combines a fun illustrated story to show children how Neon the Ninja can reduce their nightmares and night worries with fun activities and therapeutic worksheets to make night times feel safer and more relaxed. This workbook contains a treasure trove of explanations, advice, and practical strategies for parents, carers, and professionals.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

295 X 211 mm

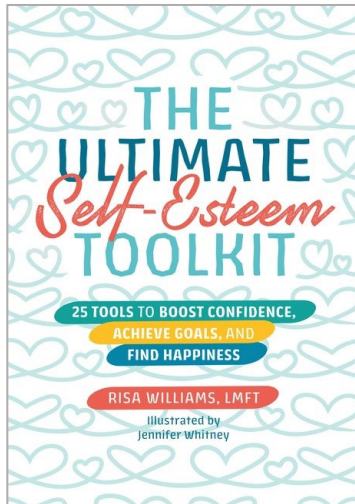
128 Pages

Rel Date: February 2019

9781785925504

AUD\$: 52.99





The Ultimate Self-Esteem Toolkit
 25 Tools to Boost Confidence, Achieve Goals, and Find Happiness

By *Risa Williams, Jennifer Whitney*

NEW

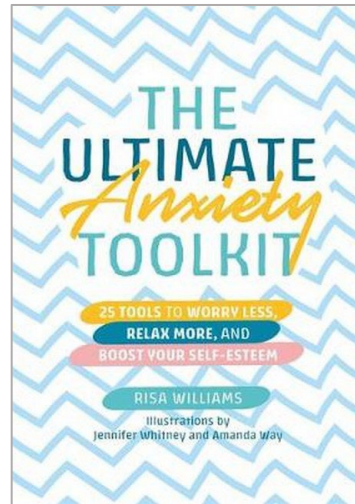


This book provides re-affirming, practical tools, and creative exercises to encourage you in developing a healthy sense of self-esteem. With 25 different techniques based on CBT, positive psychology, mindfulness, and narrative therapy, find out which strategies work best for you in developing your resiliency.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
 246 X 173 mm
 Release Date: June 2023
9781839974748

Paperback
 176 pages
 B&W THROUGHOUT
AUD\$: 37.99



The Ultimate Anxiety Toolkit
 25 Tools to Worry Less, Relax More, and Boost Your Self-Esteem

By *Risa Williams, Jennifer Whitney*

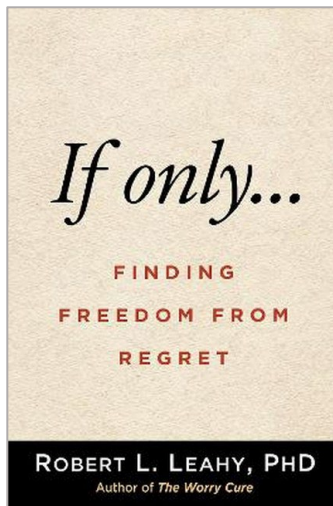


Anxiety can feel like a huge number of different things to a huge variety of people. No matter the experience, they all have one thing in common: feeling anxiety is never fun. If you're looking to manage your anxious feelings and reduce your stress, this is the book for you.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
 246 X 173 mm
 Release Date: September 2021
9781787757707

Paperback
 144 pages
 B&W THROUGHOUT
AUD\$: 39.99



If Only . . .
 Finding Freedom from Regret

By *Robert L. Leahy*

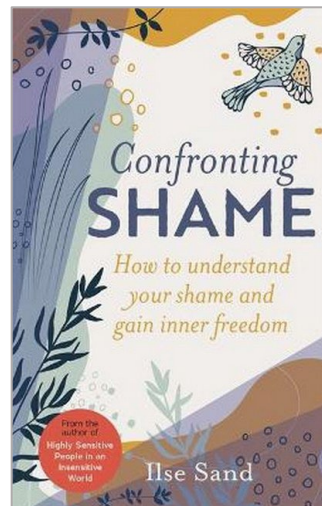


It's hard to envision a life without some regrets. We imagine what might have been if we had taken a different path at some key juncture in the past, whether about a relationship, a missed opportunity, or choosing where to live.

GUILFORD PUBLICATIONS

Disc: TRADE INTERNATIONAL
 229 X 152 mm
 Release Date: September 2022
9781462547821

Paperback
 246 pages
AUD\$: 44.99



Confronting Shame
 How to Understand Your Shame and Gain Inner Freedom

By *Ilse Sand, Mark Kline*

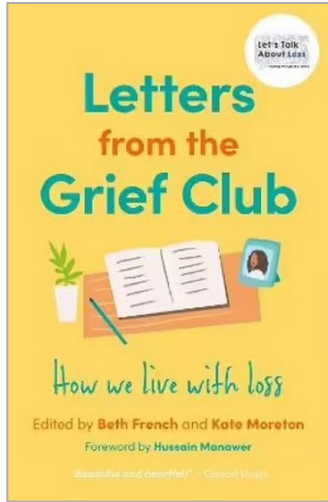


Shame can underlie a multitude of common mental health problems including low self-esteem, depression, and anxiety. Confronting Shame will help you understand and overcome your shame with reflective exercises in each chapter.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
 216 X 138 mm
 Release Date: July 2022
9781839971402

Paperback
 144 pages
 B&W THROUGHOUT
AUD\$: 26.99

**Letters from the Grief Club**

How We Live With Loss

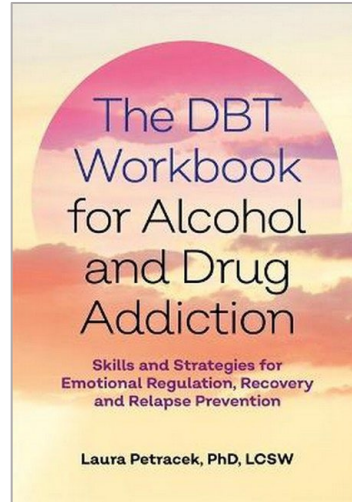
By *Beth French, Kate Moreton*

Encompassing all types of loss, these stories show that there is not one right way to grieve. They talk honestly about grief - the sad, the bad, and the surprisingly beautiful. Welcome to the Grief Club, we're so glad you've found us.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
198 X 129 mm
Release Date: September 2022
9781787759213

Paperback
192 pages

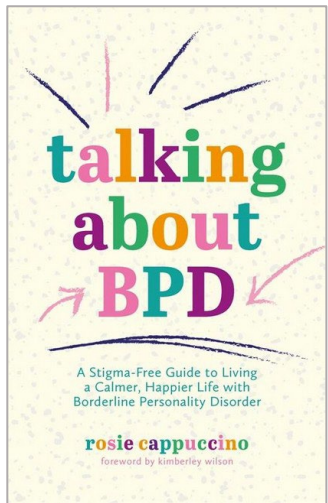
AUD\$: 27.99**The DBT Workbook for Alcohol and Drug Addiction**By *Laura J. Petracek PhD, Gillian Galen PsyD***NEW**

Written by clinical psychologist, this workbook applies the principles of DBT to the 12 Steps addiction recovery approach. Ideal for those managing a mental illness alongside an addiction, it equips you with the right tools.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
246 X 173 mm
Release Date: March 2023
9781839972522

Paperback
144 pages

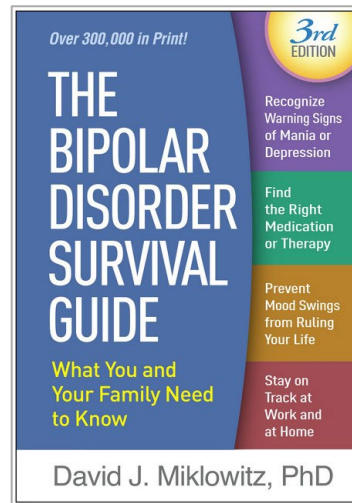
AUD\$: 46.99**Talking About BPD**
A Stigma-Free Guide to Living a Calmer, Happier Life with Borderline Personality DisorderBy *Kimberley Wilson, Rosie Cappuccino*

Drawing on the author's lived experience, this hopeful guide offers advice on everyday life with BPD. Covering what BPD is, how to talk about it, and how to get support, it includes practical coping tips and DBT-based techniques.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: January 2022
9781787758254

Paperback
208 pages

AUD\$: 39.99**The Bipolar Disorder Survival Guide 3/e**
What You and Your Family Need to KnowBy *David J. Miklowitz*

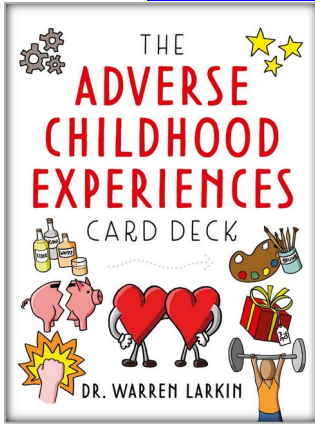
Bipolar disorder is a lifelong challenge, but it doesn't have to rule your life. Learn steps to cope with mood episodes, reduce recurrences, avoid misdiagnosis, get the most out of treatment, resolve family conflicts, and make lifestyle changes to stay well.

GUILFORD PUBLICATIONS

Disc: TRADE INTERNATIONAL
254 X 178 mm
Release Date: May 2019
9781462534982

Paperback
444 pages

AUD\$: 57.99

**NEW**

The Adverse Childhood Experiences Card Deck

Tools to Open Conversations, Identify Support and Promote Resilience with Adolescents and Adults

By Warren Larkin, Jon Dorsett

Adverse Childhood Experiences can include a multitude of stressful and traumatic events during childhood: including exposure to different forms of abuse, neglect, loss, or violence, which can have life-long consequences. Designed by renowned Consultant Clinical Psychologist and International Trainer, Dr Warren Larkin, this card deck features 100 full colour illustrated cards with a detailed instruction manual to help practitioner and clients to explore adverse experiences, and to identify potential sources of support and to build resilience. Flexible, adaptable, and easy to use, these cards will be an essential tool for your work with clients who experienced adversity and trauma.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL
Cards

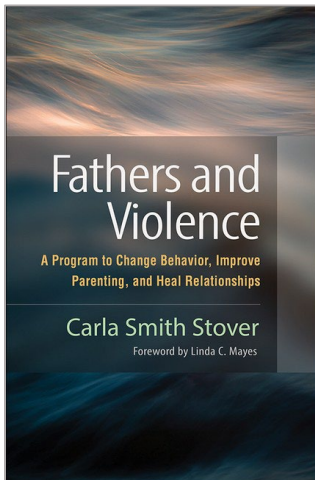
138 X 104 mm

B&W THROUGHOUT

Rel Date: November 2023

9781839971426

AUD\$: 77.99

**NEW**

Fathers and Violence

A Program to Change Behavior, Improve Parenting, and Heal Relationships

By Carla Smith Stover

This highly accessible book presents a new approach to treating men who use violence against their partners and/or children. The Fathers for Change (F4C) program has a unique focus on fostering fathers' accountability and reflective functioning and repairing father-child relationships. Grounded in theory and research, it addresses a key need for parents who want to stay together or coparent successfully in the aftermath of violence, while prioritizing all family members' safety. Clinicians learn how to implement each component of F4C, from assessment to individual-focused work to coparent and family sessions, if appropriate.

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL
Paperback

229 X 152 mm

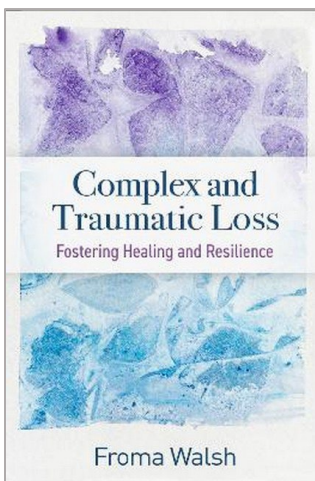
252 Pages

NOT ILLUSTRATED

Rel Date: December 2023

9781462552986

AUD\$: 88.99

**NEW**

Complex and Traumatic Loss

Fostering Healing and Resilience

By Froma Walsh

In this needed practice and training guide for all mental health professionals, Froma Walsh presents a research-informed, resilience-oriented approach to help individuals, couples, and families who experience profound loss. Walsh guides therapists to understand and address the impact of complicated and traumatic deaths in relational systems and social contexts. She provides core principles and illustrative examples to foster healing and adaptation; help clients mobilize vital social, cultural, and spiritual resources; and find pathways forward to live and love beyond loss. Essential topics include death of a spouse, parent, child, or sibling; ambiguous and disenfranchised losses; death by violence, suicide, or overdose; collective trauma; and reverberations of past loss in life pursuits, other relationships, and across generations.

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL
Paperback

229 X 152 mm

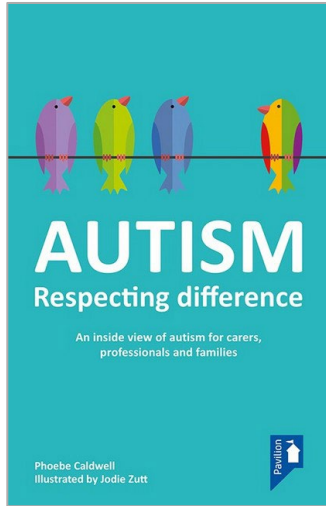
272 Pages

Rel Date: November 2023

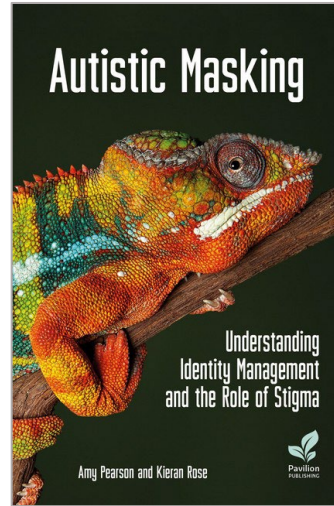
9781462553020

AUD\$: 103.00

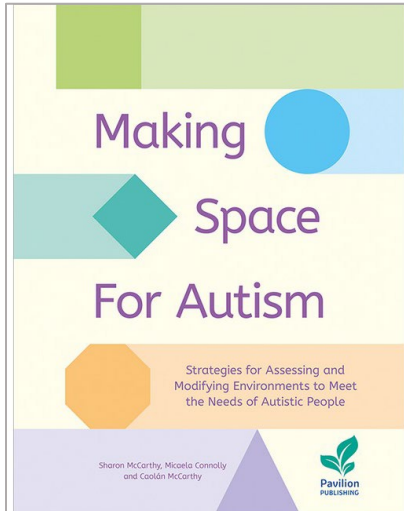


**Autism**
Respecting Difference*By Phoebe Cladwell, Jodie Zutt***NEW**

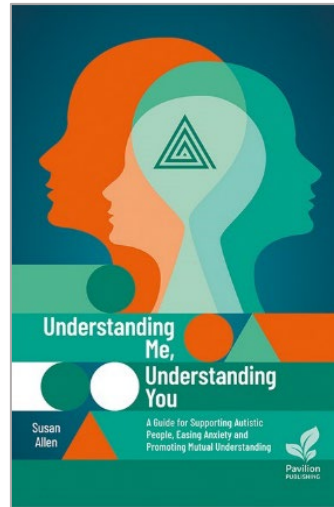
Autism: Respecting Difference is a concise, straightforward introduction to the sensory and emotional experiences of autism, designed to help support staff, professionals, and families better understand and engage with autistic people.

PAVILION PUBLISHING & MEDIADisc: ACAD & PROFESSIONAL
216 X 140 mm
Release Date: January 2023
9781803881577Paperback
82 pages
NOT ILLUSTRATED
AUD\$: 26.99**Autistic Masking**
Understanding Identity management and the role of stigma*By Amy Pearson, Kieran Rose***NEW**

Masking is a form of identity management involving consciously or unconsciously suppressing aspects of identity and action. Provides a holistic understanding with the aim to develop solid knowledge and practice in health and education.

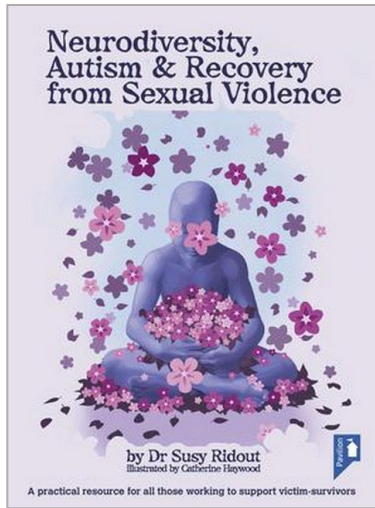
PAVILION PUBLISHING & MEDIADisc: ACAD & PROFESSIONAL
234 X 156 mm
Release Date: November 2023
9781803882116Paperback
224 pages
NOT ILLUSTRATED
AUD\$: 85.99**Making Space for Autism***By Sharon McCarthy, Micaela Connolly***NEW**

Historically, there has been an expectation that autistic children and adults should conform their behaviour to social norms, with strategies and interventions centred around navigating spaces and situations with minimal damage.

PAVILION PUBLISHING & MEDIADisc: ACAD & PROFESSIONAL
Release Date: November 2023
9781803882420Spiral bound
166 pages
AUD\$: 143.00**Understanding Me, Understanding You**
A Guide for Supporting Autistic People, Easing Anxiety and Promoting Mutual Understanding*By Susan Allen***NEW**

Good communication is central to all relationships, yet the unpredictability of interpersonal exchanges can cause significant anxiety for autistic people and create a barrier to successful communication.

PAVILION PUBLISHING & MEDIADisc: ACAD & PROFESSIONAL
234 X 156 mm
Release Date: November 2023
9781803882666Paperback
176 pages
NOT ILLUSTRATED
AUD\$: 71.99

**Neurodiversity, Autism and Recovery from Sexual Violence**

A practical resource for all those working to support victim-survivors

By *Dr. Susy Ridout*



An accessible, in-depth guide for those supporting autistic and neurodivergent women in their unique journeys towards recovery from sexual violence. Encourages practitioners to work respectfully with clients in the context of their experience.

PAVILION PUBLISHING & MEDIA

Disc: ACAD & PROFESSIONAL

100 X 100 mm

Release Date: May 2021

9781913414979

Spiral bound

220 pages

AUD\$: 151.00

**Safeguarding Autistic Girls**

Strategies for Professionals

By *Carly Jones, Luke Beardon*



This essential book, written by the UK's leading advocate of safeguarding Autistic girls, outlines the experience of being young, Autistic, and female. It highlights the risks facing Autistic girls.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

216 X 138 mm

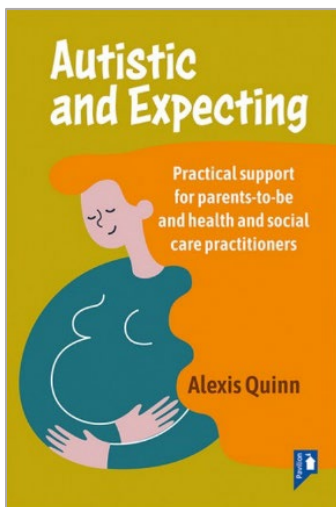
Release Date: March 2022

9781787757592

Paperback

240 pages

AUD\$: 52.99

**Autistic and Expecting**

Practical support for parents to be, and health and social care practitioners

By *Alexis Quinn*



A unique and practical book on managing autistic pregnancy, childbirth, and the post-natal period for autistic parents and for the health and social care practitioners who may support them, enabling caregivers to provide reasonably adjusted help.

PAVILION PUBLISHING & MEDIA

Disc: ACAD & PROFESSIONAL

234 X 156 mm

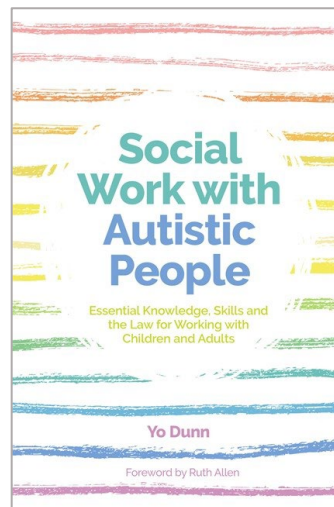
Release Date: December 2021

9781914010859

Paperback

285 pages

AUD\$: 70.99

**Social Work with Autistic People** Essential Knowledge, Skills and the Law for Working with Children and Adults

By *Yo Dunn, Alex Ruck Ruck Keene*



Achievable solutions for social workers working with autistic people - including those with complex needs - to maintain full lives in their communities and avoid inappropriate institutional placements.

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL

228 X 152 mm

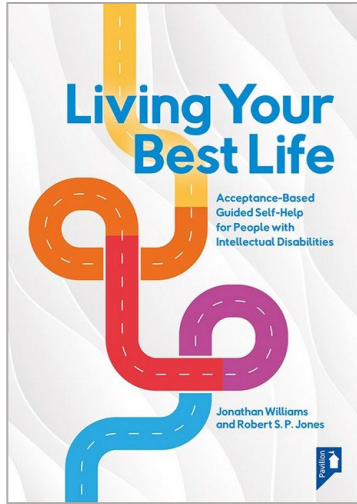
Release Date: December 2020

9781785920790

Paperback

256 pages

AUD\$: 45.99

**Living Your Best Life**
Acceptance-Based Guided Self-Help for People with Intellectual Disabilities*By Jonathan Williams, Robert Jones***NEW**

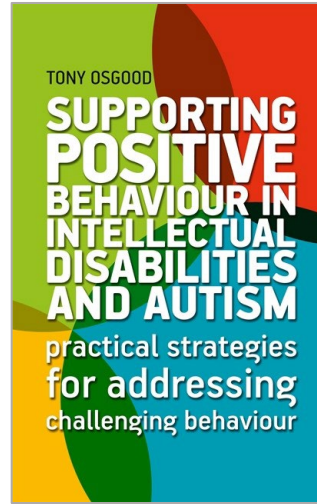
9 781803 881959

Sometimes, we can all try so hard to avoid causing ourselves pain that we don't live our lives to the full - and people with intellectual disabilities are no different.

PAVILION PUBLISHING & MEDIA

Disc: TRADE INTERNATIONAL
297 X 210 mm
Release Date: January 2023
9781803881959

Paperback
128 pages
NOT ILLUSTRATED
AUD\$: 92.99

**Supporting Positive Behaviour in Intellectual Disabilities and Autism***By Tony Osgood*

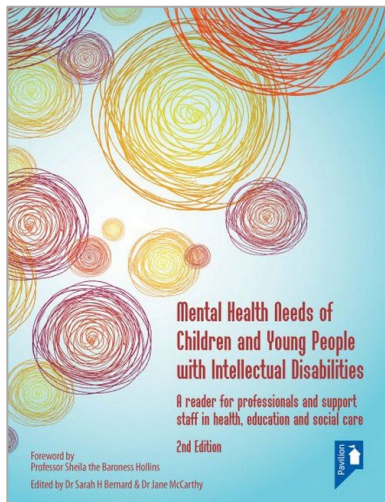
9 781787 751323

This highly practical book is an accessible and grounded handbook for addressing challenging behaviour in children and adults with intellectual or developmental disabilities (IDD).

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
214 X 138 mm
Release Date: February 2020
9781787751323

Paperback
240 pages

AUD\$: 45.99**Mental Health Needs of Children and Young People with Intellectual Disabilities 2/e***By Dr Sarah Bernard, Jane McCarthy*

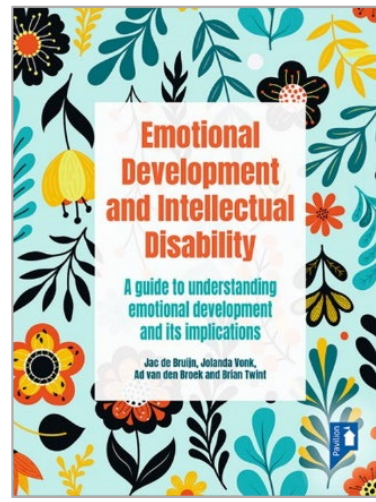
9 781912 755493

This new edition focuses on evidence-based practice in helping professionals and practitioners to provide high-quality personalised care for children and young people with intellectual disabilities who have mental health needs.

PAVILION PUBLISHING & MEDIA

Disc: ACAD & PROFESSIONAL
240 X 180 mm
Release Date: January 2021
9781912755493

Paperback
300 pages

AUD\$: 81.99**Emotional Development and Intellectual Disability***By Jac de Bruijn, Jolanda Vonk*

9 781914 010583

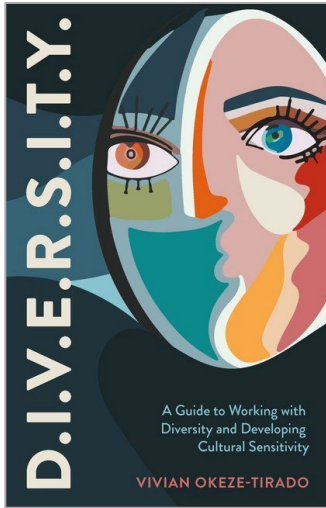
This book makes an important contribution to a more comprehensive understanding of emotional development and its importance in understanding how best to support children and adults with intellectual disabilities.

PAVILION PUBLISHING & MEDIA

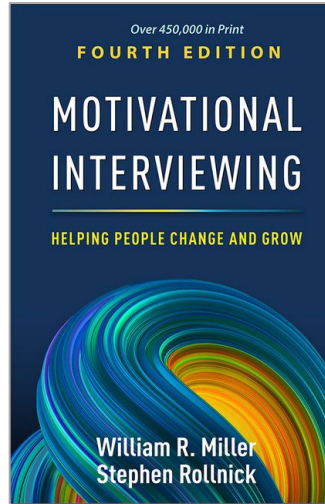
Disc: ACAD & PROFESSIONAL
246 X 189 mm
Release Date: September 2021
9781914010583

Paperback
300 pages

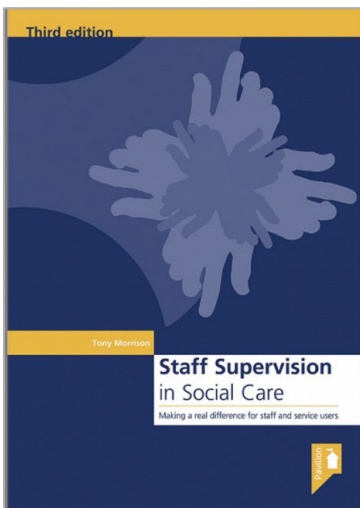
AUD\$: 95.99

**D.I.V.E.R.S.I.T.Y.**
A Guide to Working with Diversity and Developing Cultural SensitivityBy *Vivian Okeze-Tirado***NEW**

Award-winning social worker and diversity trainer Vivian Okeze-Tirado has developed the perfect tool to increase and develop your cultural competence.

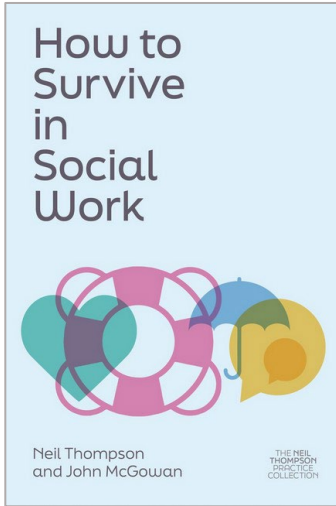
JESSICA KINGSLEY PUBLISHERSDisc: ACAD & PROFESSIONAL
216 X 138 mm
Release Date: June 2023
9781839976315Paperback
128 pages
B&W THROUGHOUT
AUD\$: 33.99**Motivational Interviewing 4/e**
Helping People Change and GrowBy *William R. Miller, Stephen Rollnick***NEW**

Now in a fully rewritten fourth edition, this is the authoritative presentation of motivational interviewing (MI), the powerful approach to facilitating change.

GUILFORD PUBLICATIONSDisc: ACAD & PROFESSIONAL
228 X 152 mm
Release Date: August 2023
9781462552795Hardback
338 pages
NOT ILLUSTRATED
AUD\$: 149.00**Staff Supervision in Social Care**
Making a Real Difference for Staff and Service UsersBy *Tony Morrison*This third edition of the bestselling *Staff Supervision in Social Care* offers essential new material, as well as updating the existing core material covering the fundamentals of good supervision, group supervision and emotional impact.**PAVILION PUBLISHING & MEDIA**Disc: ACAD & PROFESSIONAL
296 X 150 mm
Release Date: April 2006
9781841961682Spiral bound
326 pages
B&W THROUGHOUT
AUD\$: 151.00**Effective Leadership in Health and Social Care**
Towards Outstanding Teams and ServicesBy *Terri Salt***NEW**

The Towards Outstanding series offers essential resources for health and social care services regulated by the Care Quality Commission. With a more risk focused approach being developed and far greater use of data.

PAVILION PUBLISHING & MEDIADisc: ACAD & PROFESSIONAL
235 X 159 mm
Release Date: January 2023
9781803880693Paperback
288 pages
NOT ILLUSTRATED
AUD\$: 79.99



How to Survive in Social Work

By Neil Thompson, John McGowan

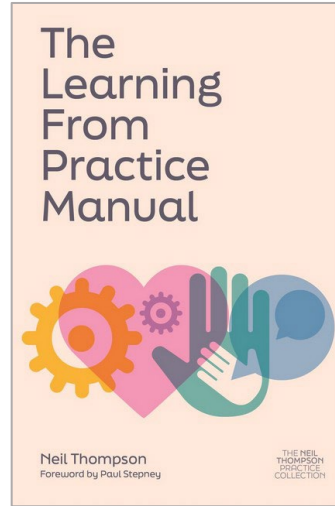
NEW



Essential reading for all new social workers, this guide channels a wealth of experience into key strategies for thriving under pressure. Clear, practical advice for dealing with challenges - including increasing political, social, and economical.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: January 2024
9781839978074

Paperback
240 pages
B&W THROUGHOUT
AUD\$: 53.99



The Learning From Practice Manual

By Neil Thompson

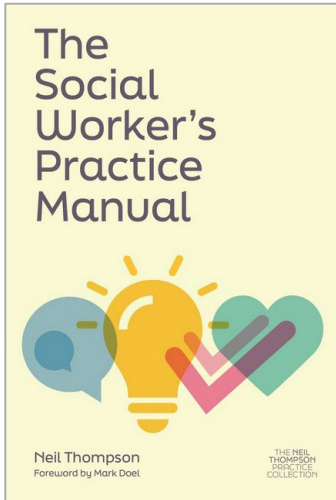
NEW



This hands-on guide steps beyond initial professional training and dives into the vast world of workplace learning. Whether you're supervising students on placement or helping colleagues gain workplace qualifications.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: December 2023
9781839978050

Paperback
256 pages
B&W THROUGHOUT
AUD\$: 56.99



The Social Worker's Practice Manual

By Neil Thompson, Mark Doel

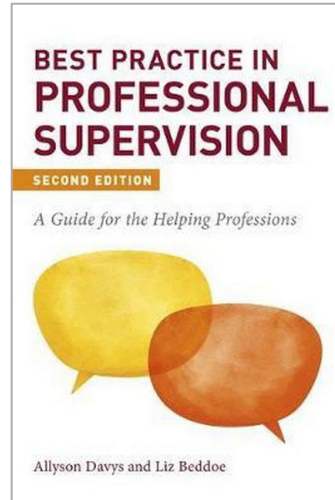
NEW



This practical guide takes the complex world of social work and breaks it down into key lessons. Topics cover everything from the way you think to the realities of writing reports, all reinforced by handy summaries.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: November 2023
9781839978036

Paperback
304 pages
B&W THROUGHOUT
AUD\$: 51.99



Best Practice in Professional Supervision 2/e

A Guide for the Helping Professions

By Allyson Davys, Liz Beddoe

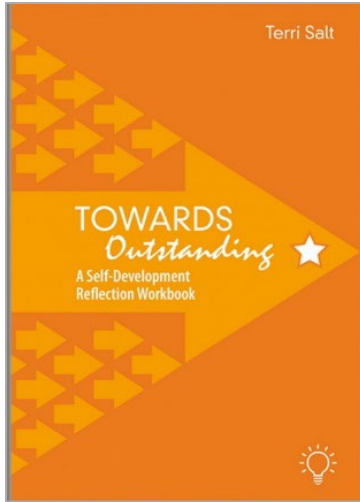
NZ AUTHORS



Fully revised and updated guide to being an excellent supervisor in the social care, nursing, counselling, and allied health professions. Packed with essential updates informed by the very latest research in the field.

JESSICA KINGSLEY PUBLISHERS
Authors are from New Zealand
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: March 2021
9781785924712

Paperback
288 pages
AUD\$: 60.99



Towards Outstanding
A Self-Development Reflection Workbook

By Terri Salt



9 781913 414733



Towards Outstanding
A Guide to Excellence in Health and Social Care

By Terri Salt



9 781913 414696

Suitable for individual use and formal training courses, this unique self-development workbook guides care staff through a process of evaluating strengths and weaknesses, identifying barriers to good care, and becoming more reflective.

Written by a highly experienced senior CQC Inspector, Towards Outstanding offers an inside look at the qualities and approaches that lead to 'Outstanding' ratings in health and social care - and shows how any service provider can help.

PAVILION PUBLISHING & MEDIA

Disc: ACAD & PROFESSIONAL
246 X 189 mm
Release Date: June 2021
9781913414733

Paperback
156 pages

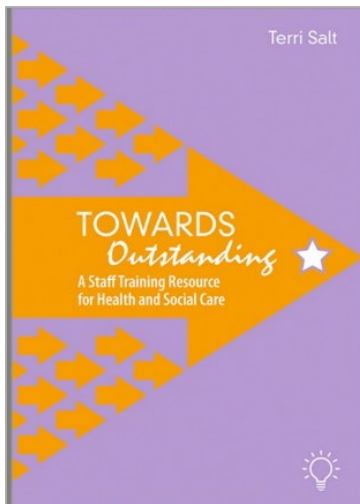
AUD\$: 54.99

PAVILION PUBLISHING & MEDIA

Disc: ACAD & PROFESSIONAL
246 X 189 mm
Release Date: April 2021
9781913414696

Paperback
350 pages

AUD\$: 81.99



Towards Outstanding
A Staff Training Resource for Health and Social Care

By Terri Salt



9 781913 414771



Towards Outstanding
Enabling Excellence in Care Home Provision

By Terri Salt



9 781913 414818

Written by a highly experienced CQC inspector, this training pack presents sessions designed to engage trainees with the idea that exceptional care is both consistent and person-centred, and sustainable improvement only comes from within.

Written by a highly experienced CQC inspector, this book explores the qualities and practices that lead to 'Outstanding' ratings in residential care and provides a wealth of resources for assessing and managing any service for continuous help.

PAVILION PUBLISHING & MEDIA

Disc: ACAD & PROFESSIONAL
297 X 210 mm
Release Date: March 2021
9781913414771

Spiral bound
100 pages

AUD\$: 206.00

PAVILION PUBLISHING & MEDIA

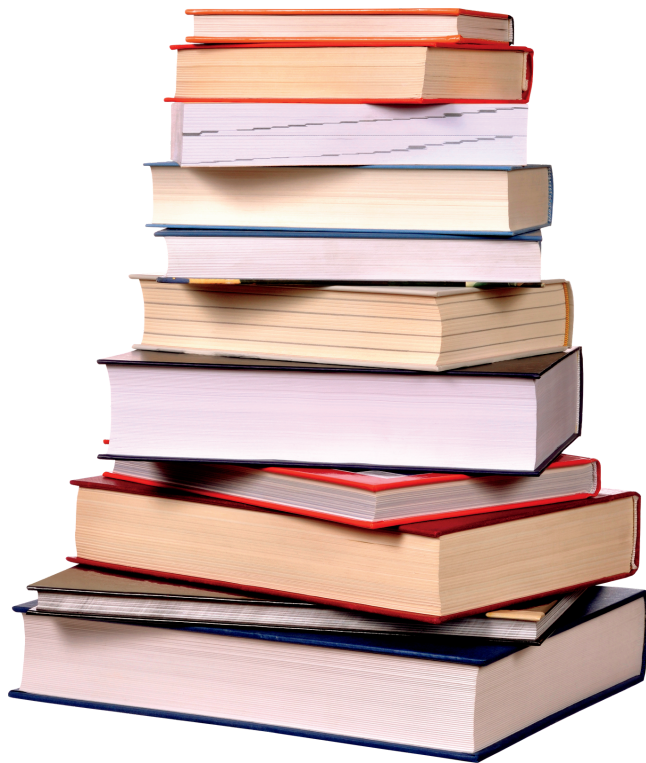
Disc: ACAD & PROFESSIONAL
297 X 210 mm
Release Date: July 2021
9781913414818

Spiral bound
120 pages

AUD\$: 95.99



WOODSLANE



10 Apollo Street,
Warriewood, NSW, 2102

Ph: (02) 8445 2300

info@woodslane.com.au

*Proudly distributing books in Australia and New Zealand on behalf
of local and international publishers for over 30 years.*

www.woodslane.com.au