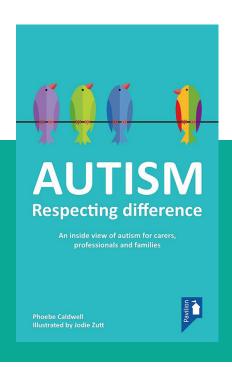
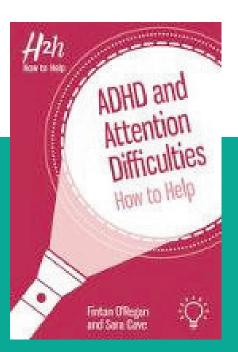


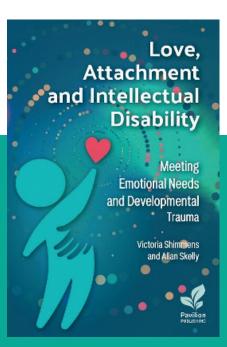


NEW & BESTSELLING

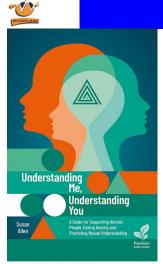
January 2024







Pavilion is the leading provider of professional development products and services for public, private and voluntary workers in the health, social care, education, and community safety sectors.



Understanding Me, Understanding You A Guide for Supporting Autistic People, Easing Anxiety and

Promoting Mutual Understanding

By Susan Allen

Good communication is central to all relationships, yet the unpredictability of interpersonal exchanges can cause significant anxiety for autistic people and create a barrier to successful communication. Understanding Me, Understanding You is a guide for anyone working with and supporting autistic people. The aim is to encourage the reader to consider how they can create 'autistic spaces' where there is predictability and trust, enabling autistic people to engage, contribute and grow. It seeks to promote mutual understanding, starting by encouraging the reader to understand themselves, their own beliefs and attitudes and the way that this can influence their behaviour; and then to understand another and, in turn, help them to understand.

PAVILION PUBLISHING &

CLINICAL/INT'L MEDIC

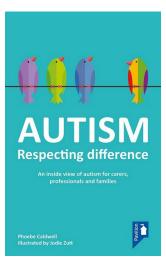
Disc: ACAD & PROFESSIONAL

Paperback 234 X 156 mm 176 Pages **NOT ILLUSTRATED**

Rel Date: October 2023

9781803882666 AUD\$: 71.99





Autism

Respecting Difference

By Phoebe Cladwell, Jodie Zutt

Autism: Respecting Difference is a concise, straightforward introduction to the sensory and emotional experiences of autism, designed to help support staff, professionals, and families better understand and engage with autistic people in order to offer meaningful and effective support. It is difficult to know how other people feel, since we all assume we see, hear, and generally experience the world in the same way. For autistic people, the world they experience can be very different to ours. Autism: Respecting Difference is designed to help people who are new to autism understand how it might feel to be autistic, and how over- and under-sensitivities to incoming signals can overload the autistic brain, triggering anxiety and pain.

PAVILION PUBLISHING & MEDIA

EDUCATION

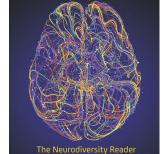
Disc: ACAD & PROFESSIONAL

Paperback 216 X 140 mm 82 Pages

NOT ILLUSTRATED Rel Date: January 2023

9781803881577 AUD\$: 29.99





The Neurodiversity Reader

Exploring Concepts, Lived Experience and Implications for Practice

By Damian Milton

This thought-provoking collection is written for all stakeholders in relation to autism and neurodivergent conditions. Despite having wide impact on a variety of disciplines, neurodiversity and related concepts are often poorly understood, which can lead to uninformed debate and potential tensions between stakeholders regarding service provision for those with neuro-developmental disabilities. The Neurodiversity Reader brings together work from pioneering figures within and beyond the neurodiversity movement to critically explore its history, the concepts of neurodiversity that have shaped it, lived experiences, and how a betterinformed understanding might be translated into practice and service provision.

PAVILION PUBLISHING & MEDIA

FAMILY & HEALTH

Disc: ACAD & PROFESSIONAL

Paperback 248 X 191 mm 350 Pages

Rel Date: November 2020

9781912755394 AUD\$: 105.00









The Good Box Beyond Sensory Turmoil and Pain in Autism

By Phoebe Caldwell



In her influential and successful book, The Anger Box, expert practitioner Phoebe Caldwell shifted attention away from the surface symptoms of autism and towards understanding sensory experiences and alleviating the distress.

PAVILION PUBLISHING & MEDIA

Category: CLINICAL/INT'L MEDIC Disc: ACAD & PROFESSIONAL

233 X 155 mm

Release Date: January 2023

9781803881997

Paperback 192 pages NOT ILLUSTRATED

AUD\$: 59.99



Making Space for Autism

NEW

By Sharon McCarthy, Micaela Connolly



Historically, there has been an expectation that autistic children and adults should conform their behaviour to social norms, with strategies and interventions centred around navigating spaces and situations with minimal damage.

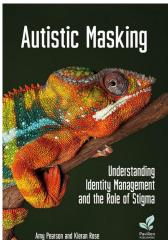
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Category: CLINICAL/INT'L MEDIC Disc: ACAD & PROFESSIONAL

300 X 230 mm

Release Date: October 2023 9781803882420 Spiral bound 166 pages NOT ILLUSTRATED

AUD\$: 143.00



Autistic Masking
Understanding Identity
management and the role of
stigma



By Amy Pearson, Kieran Rose



Masking is a form of identity management involving consciously or unconsciously suppressing aspects of identity and action.

A Mismatch of Salience Explorations of the Nature of Autism from Theory to Practice By Dr. Damian E M Milton

A Mismatch of Salience

Explorations from the Nature of Autism from Theory to Practice

By Damian Milton



PAVILION PUBLISHING & MEDIA

Category: CLINICAL/INT'L MEDIC Disc: ACAD & PROFESSIONAL

234 X 156 mm

Release Date: October 2023

9781803882116

Paperback 224 pages NOT ILLUSTRATED AUD\$: 85.99 A Mismatch of Salience explores the communication challenges between people on the autism spectrum and neurotypical people and seeks to re balance and celebrate this diversity.

PAVILION PUBLISHING & MEDIA

Category: SOCIETY CULTURE: GEN Disc: ACAD & PROFESSIONAL

205 X 145 mm

Release Date: February 2018

9781911028765

Paperback 180 pages

AUD\$: 59.99



Developmental Coordination Disorder (Dyspraxia) **How to Help**

By Susan Lloyd, Laura Graham



A complete, straightforward guide to the issues and challenges commonly faced by children and young people with DCD and dyspraxia-related difficulties at home and at school.

PAVILION PUBLISHING & MEDIA

Category: FAMILY & HEALTH Disc: ACAD & PROFESSIONAL

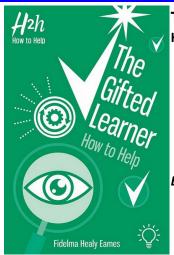
229 X 152 mm

Release Date: March 2023

9781913414153

Paperback 200 pages

AUD\$: 74.99



The Gifted Learner How To Help

By Fidelma Healy Eames



Part of the How to Help series of books exploring issues commonly faced by children and young people at home and in school, The Gifted Learner offers an accessible introduction to how high ability students can best be supported.

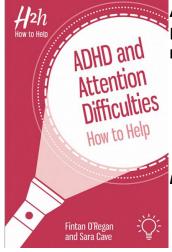
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Category: EDUCATION Disc: ACAD & PROFESSIONAL 229 X 152 mm

Release Date: March 2023 9781803880501

Paperback 220 pages

NOT ILLUSTRATED AUD\$: 74.99



ADHD and Attention Difficulties **How to Help**

By Fintan O'Regan, Sara Cave



A complete, straightforward guide to the issues and challenges commonly faced by children and young people with ADHD and attention difficulties at home and at school.

PAVILION PUBLISHING & MEDIA

Category: FAMILY & HEALTH Disc: ACAD & PROFESSIONAL

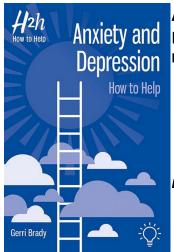
220 X 159 mm

Release Date: March 2023

9781913414122

Paperback 200 pages

AUD\$: 74.99



Anxiety and Depression How to Help

By Geraldine Brady



Part of the How to Help series of books exploring issues commonly faced by children and young people at home and in school, Anxiety and Depression offers a complete introduction to these complex, sensitive topics.

PAVILION PUBLISHING & MEDIA

Category: FAMILY & HEALTH Disc: ACAD & PROFESSIONAL

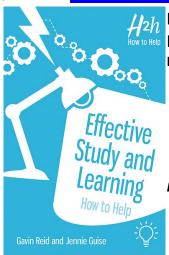
229 X 152 mm

Release Date: March 2023

9781803880464

Paperback 220 pages **NOT ILLUSTRATED** AUD\$: 74.99





Effective Study and Learning How to Help

By Gavin Reid



A complete, straightforward guide to the issues and challenges commonly faced by children and young people when seeking to study and learn effectively - and the practical ways in which parents, carers, teachers and schools can help.

PAVILION PUBLISHING & MEDIA

Category: FAMILY & HEALTH Disc: ACAD & PROFESSIONAL 229 X 152 mm

Release Date: March 2023

Release Date. Walti 2025

9781912755905

Teenage School
Difficulties
How to Help

By Joyce Nisbet, Jennie Guise

Joyce Nisbet and Jennie Guise

A complete, straightforward guide to the issues and challenges commonly faced by children and young people as they face up to the demands of secondary education.

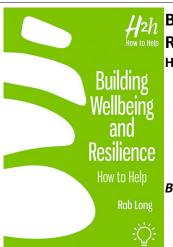
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229 X 152 mm

Release Date: March 2023

9781912755912 AUD\$: 74.99



Building Wellbeing and Resilience

Paperback

200 pages

AUD\$: 74.99

By Rob Long



A complete, straightforward guide to the issues and challenges commonly faced by children and young people as they develop personal wellbeing and resilience - and the practical ways in which parents, carers, teachers and schools can help.

PAVILION PUBLISHING & MEDIA

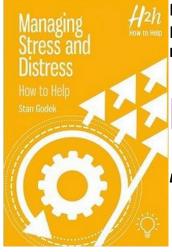
Category: FAMILY & HEALTH Disc: ACAD & PROFESSIONAL 220 X 159 mm

Release Date: March 2023

9781912755967

Paperback 200 pages

AUD\$: 74.99



Managing Stress and Distress How to Help

Paperback

200 pages

NEW

By Stan Godek



Part of the How to Help series of books exploring issues commonly faced by children and young people at home and in school, *Managing Stress and Distress* offers an accessible introduction.

PAVILION PUBLISHING & MEDIA

Category: FAMILY & HEALTH Disc: ACAD & PROFESSIONAL

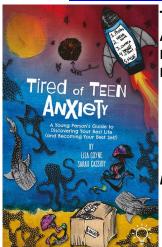
229 X 152 mm

Release Date: October 2023 **9781803880914**

220 pages NOT ILLUSTRATED AUD\$: 74.99

Paperback





Tired of Teen Anxiety A Young Person's Guide to Discovering Your Best Life (and Becoming Your Best)

NEW

By Lisa Coyne, Sarah Cassidy



Tired of Teen Anxiety is a step-by step guide for teens on how to come to terms with anxiety, do the things that matter to them and get on with living their lives.

PAVILION PUBLISHING & MEDIA

Category: OTHER MEDICINE Disc: TRADE INTERNATIONAL

216 X 135 mm

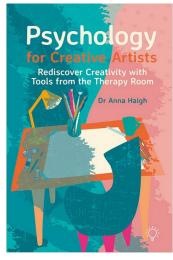
Release Date: February 2024

9781803882758

Paperback 160 pages

COLOUR SECTION(S)

AUD\$: 59.99



Psychology for Creative Artists

Rediscover Creativity with
Tools from the Therapy Room

NEW

By Anna Haigh



Most creative artists encounter 'dry spells'; similarly, many of us feel there is a creative project inside us that never quite gets out. Either way, wherever there is a block, there is an opportunity for enquiry and exploration.

PAVILION PUBLISHING & MEDIA

Category: SELF-HELP/PRACTICAL Disc: ACAD & PROFESSIONAL

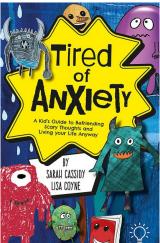
234 X 156 mm

Release Date: October 2023

9781803882833

Paperback 288 pages

NOT ILLUSTRATED
AUD\$: 71.99



Tired of Anxiety

A Kid's Guide to Befriending Difficult Thoughts & Feelings and Living Your Life Anyway

By Sarah Cassidy, Lisa Coyne



Tired of Anxiety is a step-by step guide for children on how to do the things that matter to them despite anxiety. Based on principles of Acceptance and Commitment Therapy (ACT).

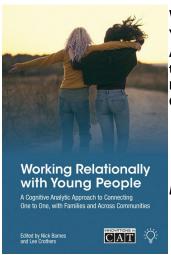
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Category: OTHER MEDICINE Disc: TRADE INTERNATIONAL 216 X 135 mm

Release Date: January 2023

9781803880808

Paperback 128 pages NOT ILLUSTRATED AUD\$: 54.99



Working Relationally with Young People

A Cognitive Analytic Approach to Connecting One to One, with Families and Across Communities

NEW

By Nick Barnes, Lee Crothers



This book explores the growing interest in and demand for relational mental health support for young people, parents, families and communities.

PAVILION PUBLISHING & MEDIA

Category: OTHER MEDICINE

Australian Contributor

Disc: ACAD & PROFESSIONAL

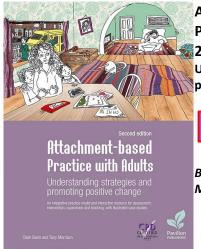
234 X 156 mm

Release Date: May 2024

9781803883120

Paperback 288 pages NOT ILLUSTRATED AUD\$: 89.99





Attachment-based **Practice with Adults** 2/e

Understanding and promoting positive change

NEW EDITION

By Clark Baim, Tony Morrison



New edition of a bestselling guide to understanding and responding to troubled adults, building on attachment theory and a series of case studies to create an integrative, safe and effective approach.

PAVILION PUBLISHING & MEDIA

Category: OTHER MEDICINE Disc: ACAD & PROFESSIONAL 297 X 210 mm

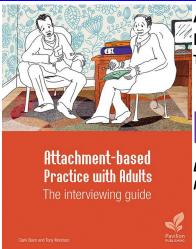
Release Date: October 2023

9781803882079

Spiral bound 300 pages

B&W THROUGHOUT

AUD\$: 210.00



Attachment-Based Practice with Adults The Interviewing Guide

NEW

By Clark Baim, Tony Morrison



Attachment theory is a framework for understanding human behaviour that helps us identify the nature and source of an individual or group's responses to anxiety, change, threat or danger.

PAVILION PUBLISHING & MEDIA

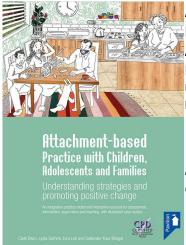
Category: OTHER MEDICINE Disc: ACAD & PROFESSIONAL 247 X 190 mm

Release Date: September 2023

9781803882710

Spiral bound 64 pages

NOT ILLUSTRATED AUD\$: 71.99



Attachment-based Practice with Children, Adolescents and **Families**

Understanding Strategies and Promoting Positive Change

By Clark Baim, Lydia Guthrie



Over recent decades, attachment theory has come to be seen as fundamental to understanding not only childhood development and how people survive and grow, but also the capacity of partners, parents and carers.

PAVILION PUBLISHING & MEDIA

Category: OTHER MEDICINE Disc: ACAD & PROFESSIONAL

306 X 238 mm

Release Date: March 2023

9781803880655

Spiral bound 288 pages **NOT ILLUSTRATED** AUDS: 134.00

Schema Therapy for Children and Adolescents ST-CA A Practitioner's Guide



Schema Therapy with Children and Adolescents

A Practitioner's Guide

By Peter Graaf, Ruth A Holt



This book presents the first English language guide to adapting schema therapy (ST) for children and adolescents. Written by the developers of the approach, it presents a wide range of innovative child- and parent-specific techniques.

PAVILION PUBLISHING & MEDIA

Category: OTHER MEDICINE Author is from Australia Disc: ACAD & PROFESSIONAL

248 X 191 mm

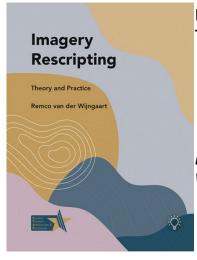
Release Date: September 2020

9781912755820

Paperback 388 pages

AUD\$: 107.00





Imagery Rescripting Theory and Practice

By Remco Van Der Wijngaart



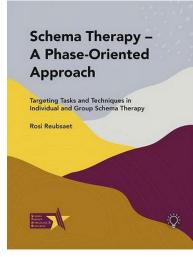
A complete practitioner's guide to helping clients overcome intrusive mental images and traumatic memories through imagery rescripting (IR) - an important technique within CBT and schema therapy.

PAVILION PUBLISHING & MEDIA

Category: OTHER MEDICINE Disc: ACAD & PROFESSIONAL 246 X 189 mm

Release Date: September 2021

9781914010576 AUD\$: 91.99



Schema Therapy - A **Phase-Oriented** Approach

By Rosi Reubsaet



This practical guide presents an innovative approach to managing individual and group schema therapy. By structuring the overall therapeutic process into four distinct phases, each with specific attitudes, goals and exercises.

PAVILION PUBLISHING & MEDIA

Category: OTHER MEDICINE Disc: ACAD & PROFESSIONAL 246 X 189 mm

Release Date: June 2021 9781914010569

Paperback 288 pages **NOT ILLUSTRATED** AUDS: 91.99

Chairwork Theory and Practice Remco van der Wijngaart

Chairwork **Theory and Practice**

Paperback

220 pages

By Remco van der Wijngaart

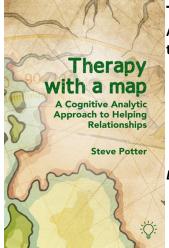


A complete practitioners guide to helping clients create distance from unhelpful ways of thinking and relating through chairwork - an important technique within schema therapy, and a standalone emotion-focused treatment in its own right.

PAVILION PUBLISHING & MEDIA

Category: OTHER MEDICINE Disc: ACAD & PROFESSIONAL

Paperback 250 X 180 mm 220 pages NOT ILLUSTRATED Release Date: May 2023 9781803882383 AUD\$: 89.99



Therapy With A Map A Cognitive Analytic Approach to Helping Relationships

By Steve Potter



Gets to the heart of therapy by exploring how underlying relational processes work regardless of model, and by presenting innovative techniques for using time, reflection and shared responsibility to maximize effectiveness.

PAVILION PUBLISHING & MEDIA

Category: OTHER MEDICINE Disc: ACAD & PROFESSIONAL 156 X 234 mm

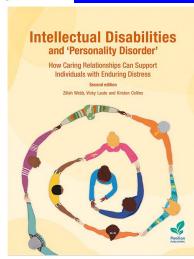
Release Date: October 2020

9781912755851

Paperback 240 pages

AUDS: 91.99





Intellectual Disabilities and 'Personality Disorder'



By Zillah Webb, Vicky Laute



Some individuals with intellectual disabilities experience pervasive patterns of feeling and thinking that affect the way in which they relate to others and understand themselves.

PAVILION PUBLISHING & MEDIA

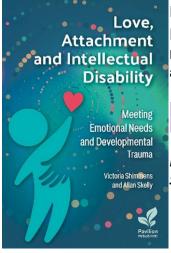
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Release Date: November 2023

9781803882581

Paperback 400 pages **NOT ILLUSTRATED** AUD\$: 134.00



Love, Attachment and **Intellectual Disability Meeting Emotional Needs** and Developmental Trauma



By Victoria Shimmens, Allan Skelly



This book came about from the authors' experience working together in clinical learning disabilities services, and their work to move the focus away from the management of challenging behaviour.

PAVILION PUBLISHING & MEDIA

Category: SOCIAL WELFARE, CRIM Disc: ACAD & PROFESSIONAL 234 X 156 mm

Trauma-informed

Care in Intellectual

A self-study guide for health and social care support staff

Release Date: April 2024

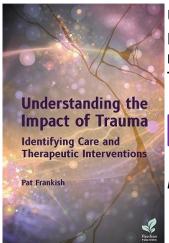
Disability

rankish

9781803883243

Paperback 140 pages

AUD\$: 85.99



Understanding the **Impact of Trauma Identifying Care and Therapeutic Interventions**



By Pat Frankish



Since its publication in 2019, the FAIT has begun to be used more widely to inform a variety of care packages and therapeutic interventions. Understanding the Impact of Trauma takes the FAIT as a starting point.

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Category: SOCIAL WELFARE, CRIM Disc: ACAD & PROFESSIONAL

246 X 189 mm

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Paperback

400 pages

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Trauma-informed Care in Intellectual Disability A self-study quide for health and social care support staff covers the main topics of trauma-informed care via the theoretical positions of kev researchers.

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Category: OTHER MEDICINE Disc: ACAD & PROFESSIONAL

223 X 187 mm

Release Date: February 2020

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Trauma-informed care in Intellectual Disability A self-study guide for health and social care support staff



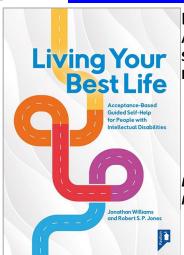
By Dr. Pat Frankish

Paperback 124 pages

AUD\$: 51.99







Living Your Best Life
Acceptance-Based Guided
Self-Help for People with
Intellectual Disabilities

By Jonathan Williams, Robert Jones



Sometimes, we can all try so hard to avoid causing ourselves pain that we don't live our lives to the full - and people with intellectual disabilities are no different.

PAVILION PUBLISHING & MEDIA

Category: SOCIAL WELFARE, CRIM Disc: ACAD & PROFESSIONAL

297 X 210 mm

Release Date: January 2023

9781803881959

Paperback 128 pages NOT ILLUSTRATED

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AUD\$: 103.00

I Can
Feel Good

DBT-informed skills training for people with intellectual
disabilities and problems managing emotions

Sarah Anwerth, Market problems
bridget treasmelts and Carrier beforeign
Englished

2nd edition
Englished

I Can Feel Good 2/e

By Bridget Ingamells, Catrin Morrissey



I Can Feel Good is for use with groups or individuals who have borderline or mild intellectual disabilities. This training manual is aimed at learning disability nurses, clinical and forensic psychologists.

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Category: SOCIAL WELFARE, CRIM Disc: ACAD & PROFESSIONAL

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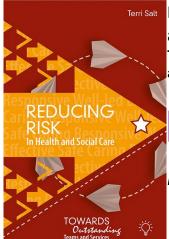
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Spiral bound

AUD\$: 283.00

HEALTH AND SOCIAL CARE



Reducing Risk in Health and Social Care

Towards Outstanding Teams and Services



By Terri Salt



The Towards Outstanding series offers essential resources for health and social care services regulated by the Care Quality Commission, built around the five questions that inspectors use.

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Paperback 312 pages NOT ILLUSTRATED AUD\$: 89.99



Staff Supervision in Social Care

Making a Real Difference for Staff and Service Users



By Tony Morrison



This third edition of the bestselling *Staff Supervision in Social Care* offers essential new material, as well as updating the existing core material covering the fundamentals of good supervision, group supervision and more.

PAVILION PUBLISHING & MEDIA

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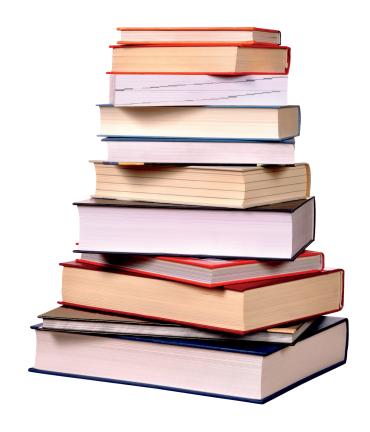
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