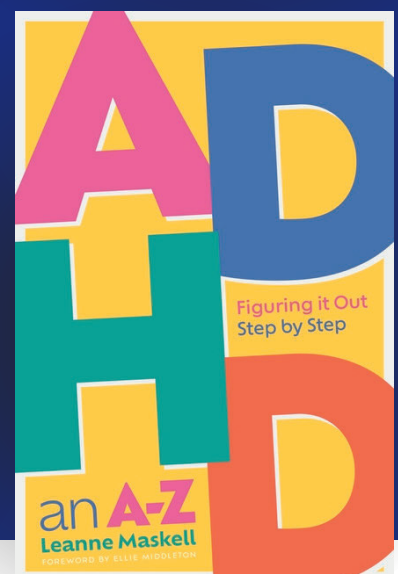
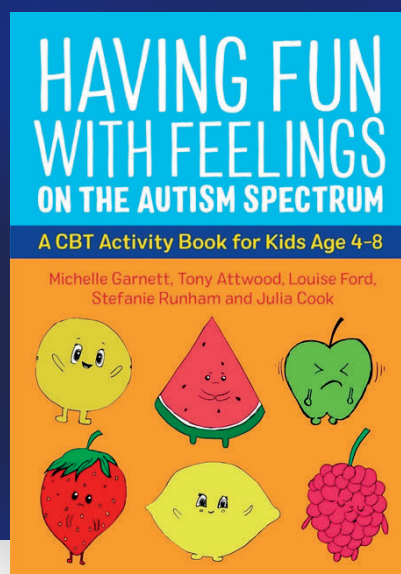
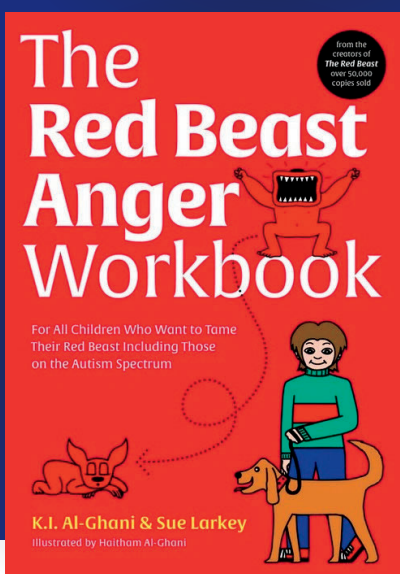
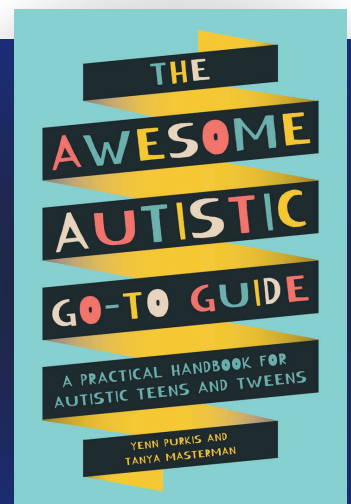
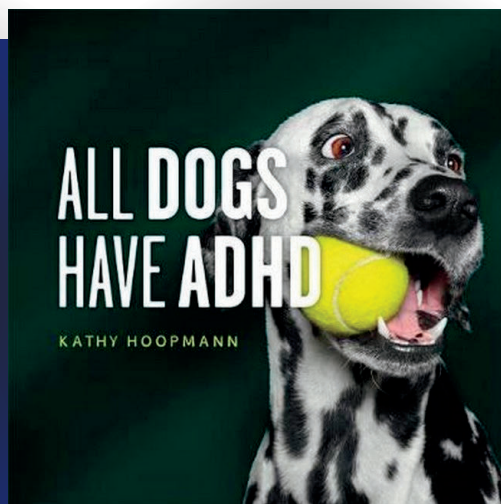
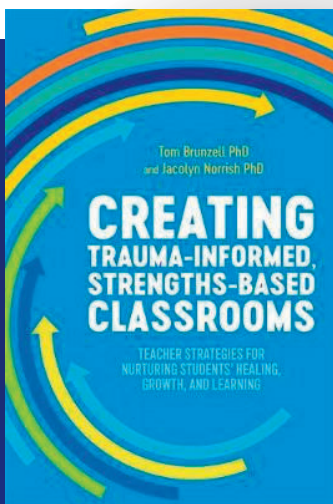


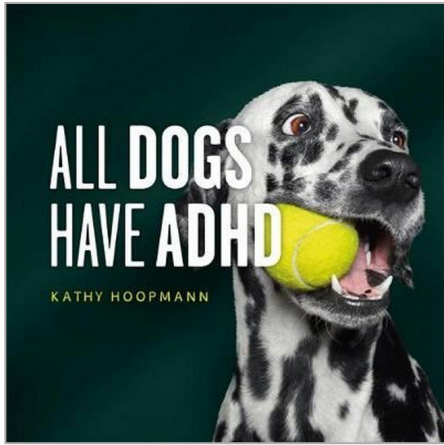


Jessica Kingsley
Publishers

Jessica Kingsley Publishers

BESTSELLING TITLES SEPTEMBER 2023



**All Dogs Have ADHD***By Kathy Hoopmann***AUS AUTHOR**

This delightful, revised edition of All Dogs Have ADHD takes an inspiring and affectionate look at Attention Deficit Hyperactivity Disorder (ADHD).

JESSICA KINGSLEY PUBLISHERS**Author is from Australia**

Disc: TRADE INTERNATIONAL

216 X 213 mm

Release Date: August 2020

9781787756601

Hardback

80 pages

AUD\$: 28.99**All Cats Are on the Autism Spectrum***By Kathy Hoopmann***AUS AUTHOR**

This updated edition of the bestselling All Cats Have Asperger Syndrome provides an engaging, gentle introduction to autism.

JESSICA KINGSLEY PUBLISHERS**Author is from Australia**

Disc: TRADE INTERNATIONAL

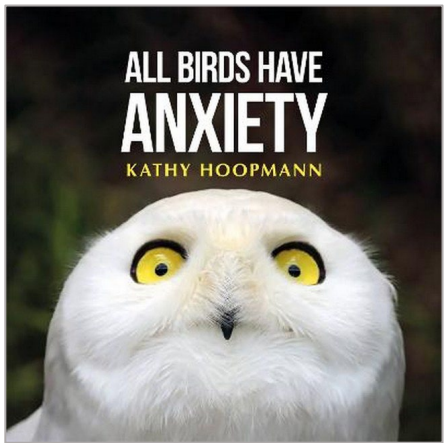
150 X 150 mm

Release Date: September 2020

9781787754713

Hardback

80 pages

AUD\$: 28.99**All Birds Have Anxiety***By Kathy Hoopmann***AUS AUTHOR**

Life as a bird can be stressful! From worrying about airplanes, windows, and getting enough worms to eat, birds can be anxious beings.

JESSICA KINGSLEY PUBLISHERS**Author is from Australia**

Disc: TRADE INTERNATIONAL

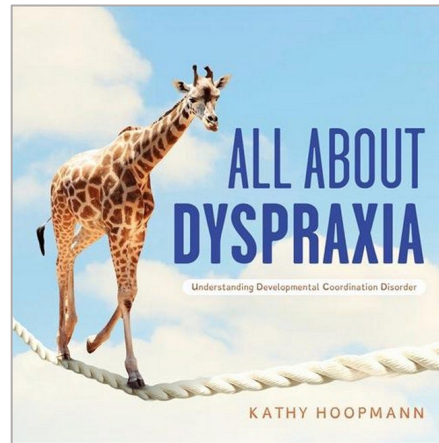
218 X 214 mm

Release Date: May 2017

9781785921827

Hardback

72 pages

AUD\$: 26.99**All About Dyspraxia***By Kathy Hoopmann***AUS AUTHOR**

A playful look at the world of dyspraxia, explored through photographs of an array of animals, following in the best-selling footsteps of Kathy Hoopmann's Inside Aspergers Looking Out. I

JESSICA KINGSLEY PUBLISHERS**Author is from Australia**

Disc: TRADE INTERNATIONAL

216 X 213 mm

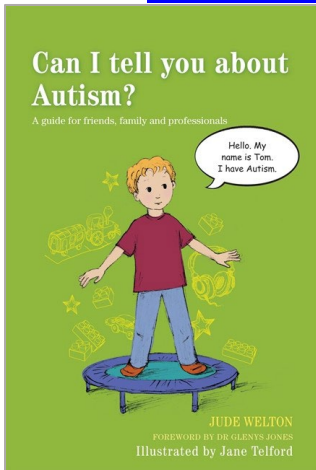
Release Date: March 2022

9781787758353

Hardback

80 pages

AUD\$: 28.99

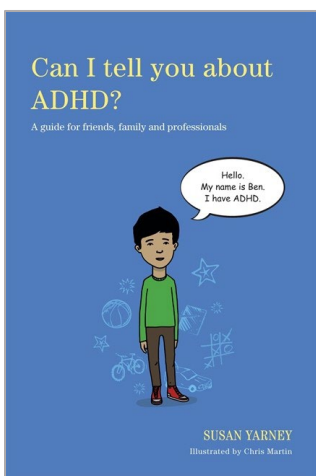


Can I tell you about Autism?
A guide for friends, family, and professionals

By Jane Telford, Jude Welton

Meet Tom - a young boy with autism. Tom invites readers to learn about autism from his perspective, helping them to understand what it is and explaining the challenges he faces with issues such as social communication, sensory overload, and changes in his routine. Tom tells readers about all the ways he can be helped and supported by those around him. This beautifully illustrated book is ideally suited for readers aged 7 and upwards and will be an excellent way to increase understanding about autism, in the classroom or at home. It also includes clear, useful information for parents and professionals.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 Paperback
 228 X 150 mm
 64 Pages
 Rel Date: May 2014
9781849054539
AUD\$: 26.99

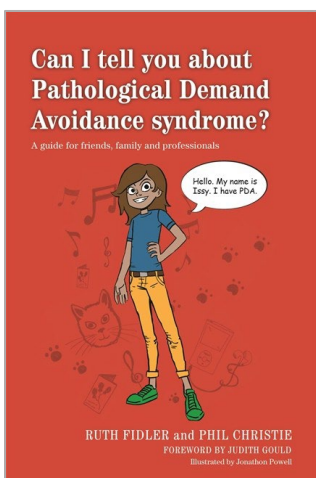


Can I tell you about ADHD?
A Guide for Friends, Family and Professionals

By Chris Martin, Susan Yarney

Meet Ben - a young boy with ADHD. Ben invites readers to learn about ADHD from his perspective. He helps children understand what it means to have ADHD and describes what it is and how it feels. Ben explains how he was diagnosed and what he has learnt about ways to relieve his ADHD symptoms, and how friends and adults can help at home and school. This illustrated book is full of useful information and will be an ideal introduction for young people, aged 7 upwards, as well as parents, friends, teachers, and professionals working with children with ADHD. It is also an excellent starting point for family and classroom discussions.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 Paperback
 228 X 152 mm
 64 Pages
 Rel Date: March 2013
9781849053594
AUD\$: 26.99



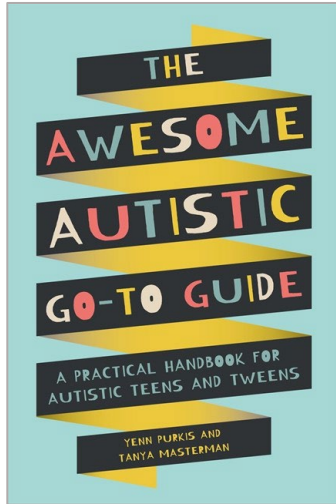
Can I tell you about Pathological Demand Avoidance syndrome?
A guide for friends, family, and professionals

By Ruth Fidler, Phil Christie

Meet Issy - an 11-year-old girl with pathological demand avoidance syndrome (PDA), a condition on the autism spectrum. Issy invites readers to learn about PDA from her perspective, helping them to understand how simple, everyday demands can cause her great anxiety and stress. Issy tells readers about all the ways she can be helped and supported by those around her. This illustrated book is for readers aged 7 and upwards and will be an excellent way to increase understanding about PDA in the classroom or at home. It also includes practical tips and recommended resources for parents and professionals.

JESSICA KINGSLEY PUBLISHERS
 Disc: TRADE INTERNATIONAL
 Paperback
 226 X 152 mm
 56 Pages
 Rel Date: March 2015
9781849055130
AUD\$: 26.99



**Awesome Autistic Go-To Guide**

A Practical Handbook for Autistic Teens and Tweens

By *Yenn Purkis, Tanya Masterman*

AUS AUTHOR

This book explores what it feels like to be a young person on the autism spectrum and looks at all the brilliant things people on the autism spectrum can do.

JESSICA KINGSLEY PUBLISHERS**Author is from Australia**

Disc: TRADE INTERNATIONAL

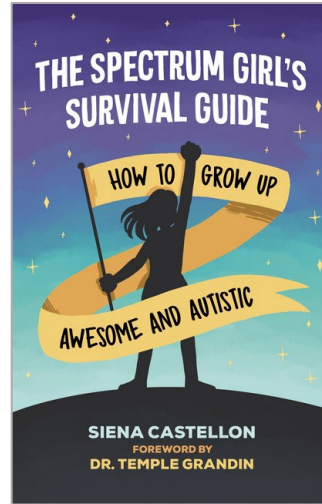
228 X 152 mm

Release Date: June 2020

9781787753167

Paperback

112 pages

AUD\$: 34.99**Spectrum Girl's Survival Guide**

How to Grow Up Awesome and Autistic

By *Siena Castellon*



This essential go-to guide gives you all the advice and tools you'll need to help you flourish and achieve what you want in life.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

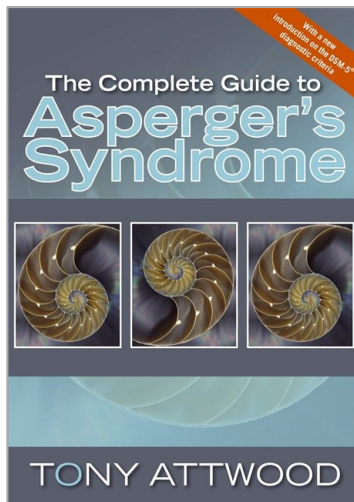
216 X 138 mm

Release Date: May 2020

9781787751835

Paperback

256 pages

AUD\$: 34.99**Complete Guide to Asperger's Syndrome**

By *Tony Attwood*

AUS AUTHOR

The Complete Guide to Aspergers Syndrome is the definitive handbook for anyone affected by Aspergers syndrome (AS). It brings together a wealth of information on all aspects of the syndrome for children through to adults.

JESSICA KINGSLEY PUBLISHERS**Author is from Australia**

Disc: TRADE INTERNATIONAL

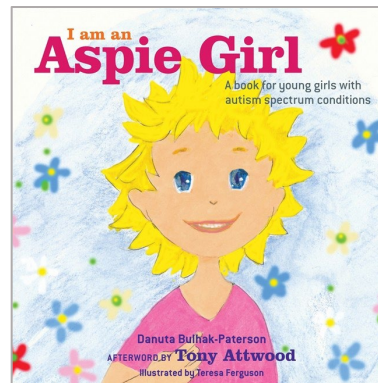
244 X 174 mm

Release Date: July 2008

9781843106692

Paperback

416 pages

AUD\$: 52.99**I am an Aspie Girl**
A book for young girls with autism spectrum conditions

By *Danuta Bulhak-Paterson, Teresa Ferguson*

AUS AUTHOR

Lizzie is an Aspie Girl - she has Aspergers Syndrome, which means that her brain works differently to her friends, and even to boys with Asperger Syndrome.

JESSICA KINGSLEY PUBLISHERS**Authors are from Australia**

Disc: TRADE INTERNATIONAL

214 X 216 mm

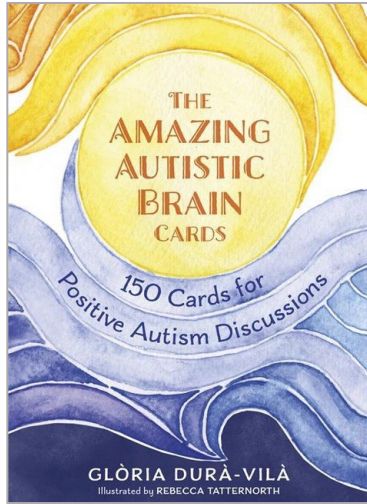
Release Date: June 2015

9781849056342

Hardback

32 pages

AUD\$: 28.99



The Amazing Autistic Brain Cards

150 Cards for Positive Autism Discussions

By Gloria Dura-Vila, Rebecca Tatternorth



A set of cards to help children and teens recently diagnosed with autism to characterise and understand their diagnosis in a positive light. Comprising strengths and differences, with blank cards to be tailored to everyone.

JESSICA KINGSLEY PUBLISHERS

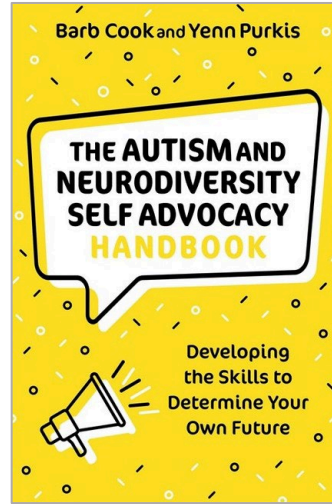
Disc: TRADE INTERNATIONAL
75 X 105 mm

Release Date: September 2021

9781787754300

Cards

AUD\$: 60.99



The Autism and Neurodiversity Self Advocacy Handbook

Developing the Skills to Determine Your Own Future

By Barb Cook, Yenn Purkis



This is the ultimate guide to self-advocacy for autistic people at all stages of life. Covering self-advocacy in specific scenarios, such as work, school, and social media, it also explores the relationship between self-advocacy and relationships.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

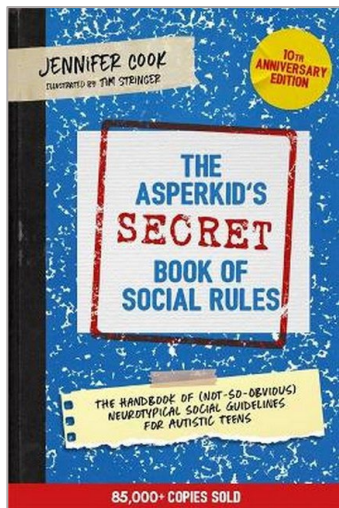
Disc: TRADE INTERNATIONAL
229 X 152 mm

Release Date: March 2022

9781787755758

Paperback
176 pages

AUD\$: 39.99



The Asperkid's (Secret) Book of Social Rules, 10th Anniversary Edition

By Jennifer Cook



The Asperkid's (Secret) Book of Social Rules offers witty insights into baffling social codes such as making and keeping friends and common conversation pitfalls. Ideal for all 10–17-year-olds on the autism spectrum.

JESSICA KINGSLEY PUBLISHERS

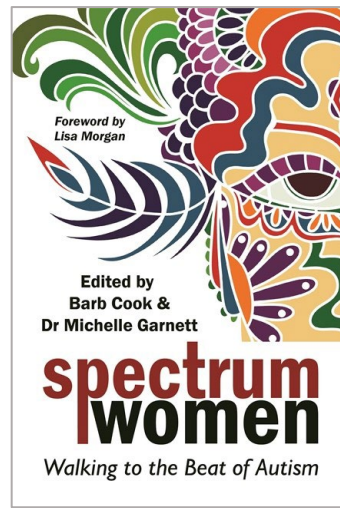
Disc: TRADE INTERNATIONAL
229 X 152 mm

Release Date: August 2022

9781787758377

Paperback

288 pages
B&W THROUGHOUT
AUD\$: 38.99



**Spectrum Women
Walking to the Beat of Autism**

By Barb Cook, Michelle Garnett



Barb Cook and 14 other autistic women describe life from a female autistic perspective, and present empowering, helpful, and supportive insights from their personal experience for fellow autistic women.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

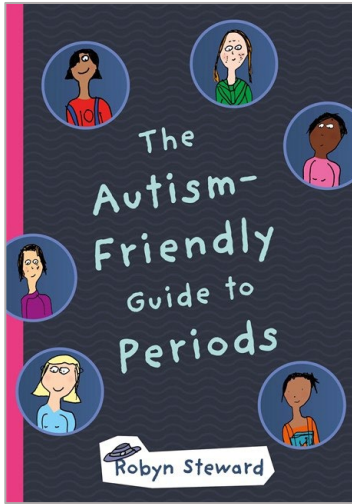
Disc: TRADE INTERNATIONAL
228 X 152 mm

Release Date: October 2018

9781785924347

Paperback
336 pages

AUD\$: 44.99



Autism-Friendly Guide to Periods

By *Robyn Steward*

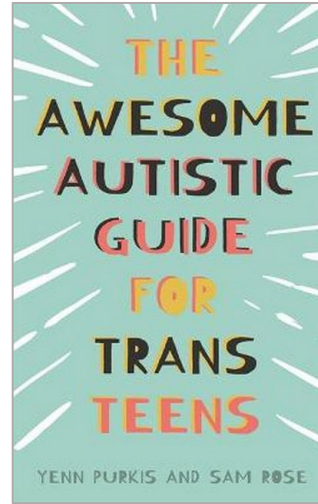


Written by autistic author Robyn Steward, this is a detailed guide for young people aged 9 to 16 on the basics of menstruation. Created in consultation with young people, an online survey, and a group of medical professionals.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
248 X 176 mm
Release Date: June 2019
9781785923241

Hardback
96 pages
AUD\$: 34.99



The Awesome Autistic Guide for Trans Teens

By *Yenn Purkis, Sam Rose*

AUS AUTHOR



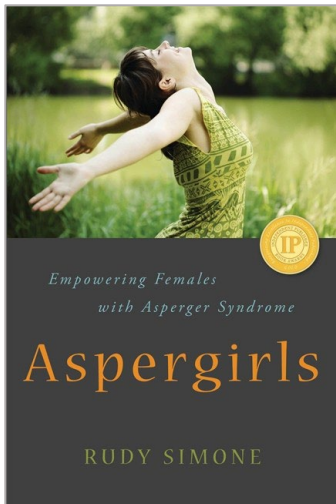
In this empowering guide, Yenn Purkis and Sam Rose set out honest advice and strategies to help autistic trans and/or gender divergent teens to thrive exactly as they are.

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: August 2022
9781839970764

Paperback
112 pages
B&W THROUGHOUT
AUD\$: 34.99



Aspergirls
Empowering Females with Asperger Syndrome

By *Rudy Simone*

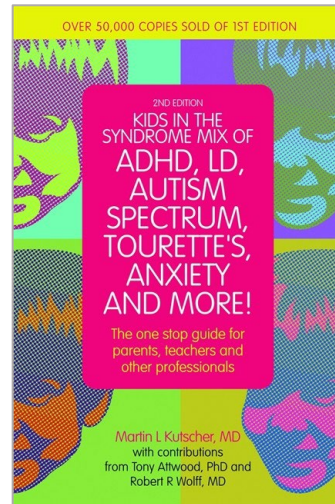


Girls with Asperger's Syndrome are less frequently diagnosed than boys, and even once symptoms have been recognised, help is often not readily available. The image of coping well presented by AS females of any age can often mask symptoms.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
228 X 152 mm
Release Date: August 2010
9781849058261

Paperback
240 pages
AUD\$: 36.99



Kids in the Syndrome Mix of ADHD, LD, Autism Spectrum, Tourette's, Anxiety and More!

By *Martin L. Kutscher, Tony Attwood*

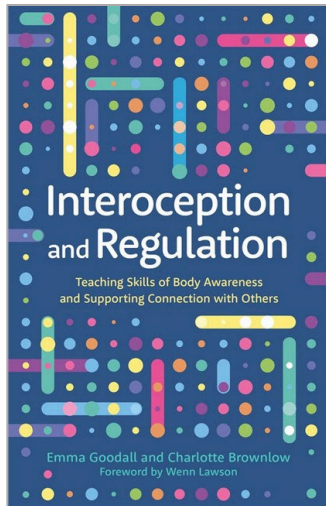


The completely updated and expanded new edition of this well-established text incorporates DSM-5 changes as well as other new developments. The all-in-one guide covers the whole range of often co-existing neuro-behavioral disorders in people.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
228 X 156 mm
Release Date: May 2014
9781849059671

Paperback
320 pages
AUD\$: 39.99



Interoception and Regulation

Teaching Skills of Body Awareness and Supporting Connection with Others

By *Emma Goodall, Charlotte Brownlow*

AUS AUTHORS



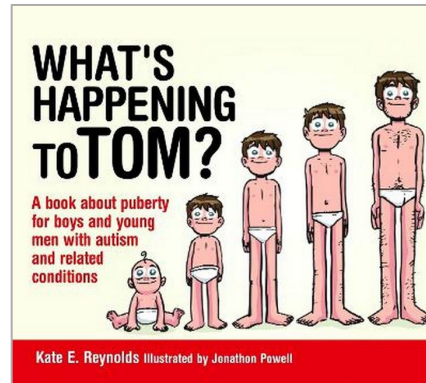
There are some things that many of us take for granted - such as knowing when we are hot or cold, feel hungry, or need to go to the toilet. But how do we know these things, and why do some people struggle to recognise them?

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: March 2022
9781787757288

Paperback
144 pages
AUD\$: 36.99



What's Happening to Tom?

By *Kate E. Reynolds, Jonathon Powell*

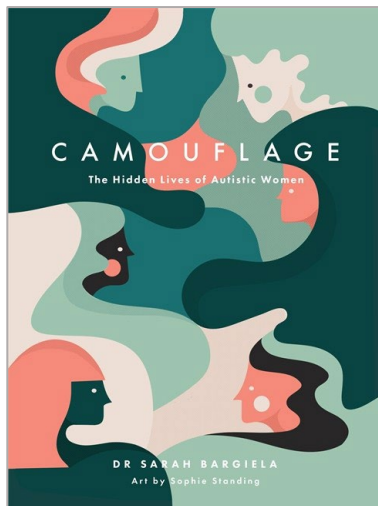


This fully illustrated positive and entertaining book provides the perfect opportunity to talk about puberty with boys and young men with autism or special needs. It covers all the changes that they will experience, both emotional such as new feelings and physical such as wet dreams.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
189 X 171 mm
Release Date: October 2014
9781849055239

Hardback
36 pages
AUD\$: 28.99



Camouflage

The Hidden Lives of Autistic Women

By *Sarah Bargiela, Sophie Standing*

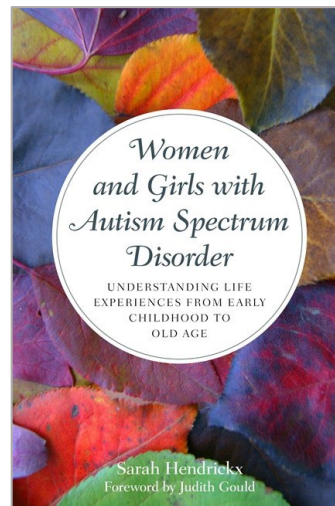


Autism in women and girls is still not widely understood and is often misrepresented or even overlooked. This graphic novel offers an engaging and accessible insight into the lives and minds of autistic women, using real-life case studies.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
234 X 176 mm
Release Date: May 2019
9781785925665

Hardback
48 pages
AUD\$: 34.99



Women and Girls with Autism Spectrum Disorder

By *Sarah Hendrickx, Judith Gould*

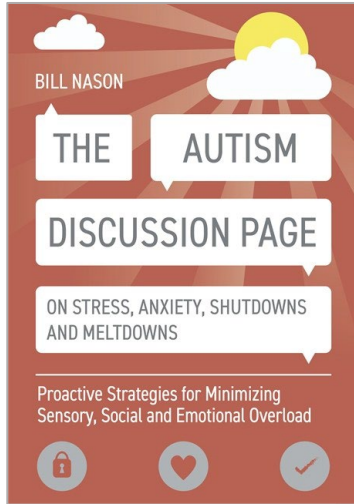


The difference that being female makes to the diagnosis, life and experiences of a person with an Autism Spectrum Disorder (ASD) has largely gone unresearched and unreported until recently.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
226 X 150 mm
Release Date: July 2015
9781849055475

Paperback
248 pages
AUD\$: 39.99

**Autism Discussion
Page on Stress,
Anxiety, Shutdowns
and Meltdowns***By Bill Nason*

Anxiety, meltdowns, and emotional regulation can be hugely challenging for autistic people. This book is full of proactive strategies for understanding, accepting, and respecting the processing differences in autism.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

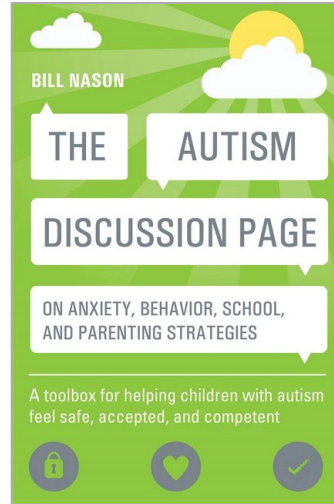
252 X 176 mm

Release Date: December 2019

9781785928048

Paperback

328 pages

AUD\$: 42.99**Autism Discussion
Page on Anxiety,
Behavior, School, and
Parenting Strategies***By Bill Nason*

Based on posts on the popular online Autism Discussion Page, this book is a toolbox of simple strategies for supporting children with autism spectrum disorders and helping them to feel safe, accepted, and competent.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

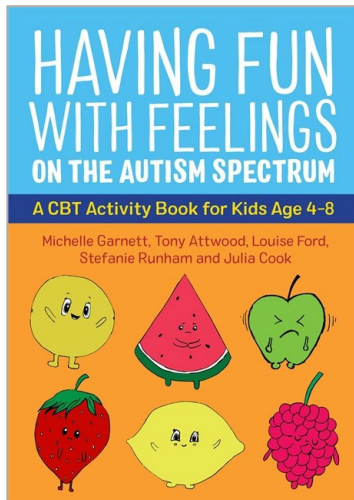
252 X 178 mm

Release Date: November 2014

9781849059954

Paperback

336 pages

AUD\$: 42.99**Having Fun with
Feelings on the
Autism Spectrum**
A CBT Activity Book for
Kids Age 4-8*By Michelle Garnett, Tony
Attwood***AUS AUTHORS**

This activity book is a helpful and creative tool for children aged 4-8 to learn and understand their emotions to help reduce anxiety. It is intended to be used in conjunction with the 10 Steps to Reducing Your Child's Anxiety on the Autism Spectrum.

JESSICA KINGSLEY PUBLISHERS**Authors are from Australia**

Disc: TRADE INTERNATIONAL

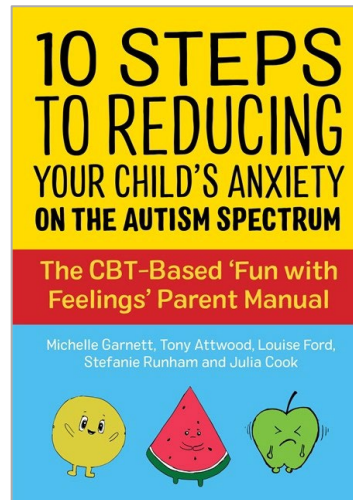
150 X 150 mm

Release Date: July 2020

9781787753273

Paperback

96 pages

AUD\$: 26.99**10 Steps to Reducing
Your Child's Anxiety
on the Autism
Spectrum**The CBT-Based 'Fun with
Feelings' Parent Manual*By Michelle Garnett, Tony
Attwood***AUS AUTHORS**

Recognising, expressing, and understanding emotions helps young children make sense of their life experiences. Provides the steppingstones for parents of young children with autism to better understand their child's emotional skill set.

JESSICA KINGSLEY PUBLISHERS**Authors are from Australia**

Disc: TRADE INTERNATIONAL

150 X 150 mm

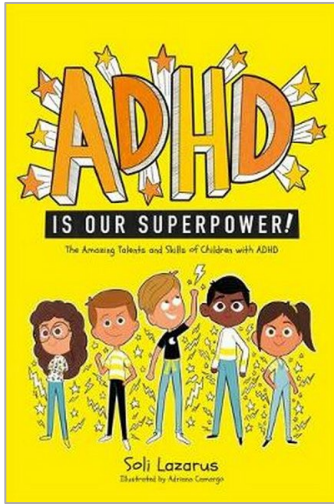
Release Date: July 2020

9781787753259

Paperback

256 pages

AUD\$: 39.99



ADHD Is Our Superpower The Amazing Talents and Skills of Children with ADHD

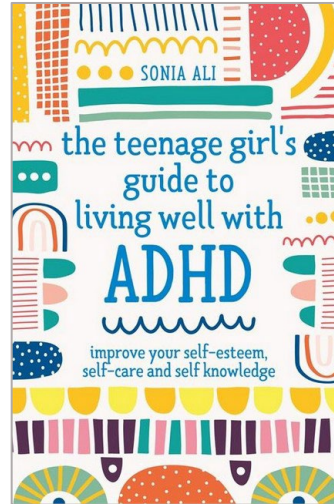
By Soli Lazarus, Adriana Camargo



An illustrated book to help children to understand their ADHD diagnosis in a positive light. Each character in the book focuses on a specific symptom of ADHD such as hyper-focus, sensory overwhelm, poor initiation and inattention.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: August 2021
9781787757301

Paperback
64 pages
COLOUR SECTION(S)
AUD\$: 26.99



The Teenage Girl's Guide to Living Well with ADHD Improve Your Self-Esteem, Self-Care and Self Knowledge

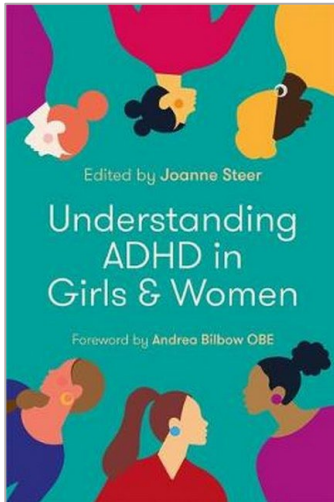
By Sonia Ali



This positive, self-affirming guide will increase your knowledge about ADHD and empower you in your daily life. The chapters are full of tips, tricks, and life hacks so you can better manage your time, harness your creativity, and energy.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: March 2022
9781787757684

Paperback
160 pages
B&W THROUGHOUT
AUD\$: 34.99



Understanding ADHD in Girls and Women

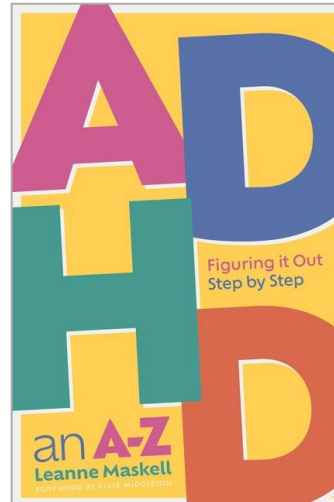
By Joanne Steer, Andrea Bilbow



This book offers honest and clear professional insights into what it really means to have ADHD and provides information about where to go and what to expect. It explains routes to assessment and diagnosis, how ADHD can affect education.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: June 2021
9781787754003

Paperback
360 pages
B&W THROUGHOUT
AUD\$: 52.99



ADHD an A-Z Figuring it Out Step by Step

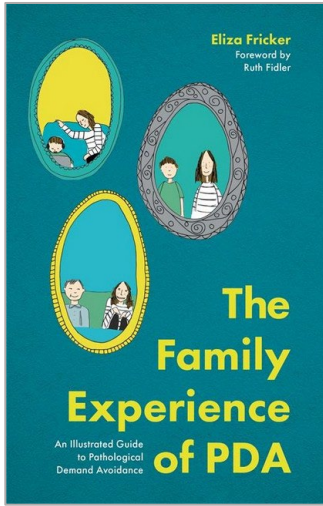
By Leanne Maskell



This ADHD guide gives strategic advice on how to deal with issues young adults with ADHD may face, including: budgeting plans for impulsive spending, advice on rejection sensitive dysphoria, and body scans and CBT exercises.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: March 2023
9781839973857

Paperback
304 pages
AUD\$: 33.99



The Family Experience of PDA
An Illustrated Guide to Pathological Demand Avoidance

By *Eliza Fricker*



This book is an essential read for any parent with a PDA child, to help better understand your child, build support systems, and carve out some essential self-care time guilt free.

JESSICA KINGSLEY PUBLISHERS

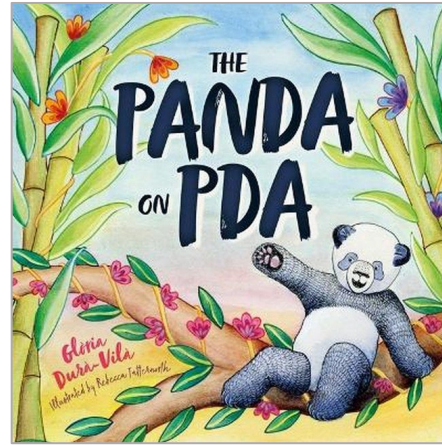
Disc: TRADE INTERNATIONAL
150 X 150 mm

Release Date: January 2022

9781787756779

Paperback

AUD\$: 34.99



The Panda on PDA
A Children's Introduction to Pathological Demand Avoidance

By *Gloria Dura-Vila, Rebecca Tatternorth*



A positive and gentle introduction to PDA for children aged 3+. Panda describes the strengths and challenges of PDA, explaining how he finds it very hard to do what others ask him to do, but can thrive and live a playful, happy life when supported by others.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
216 X 213 mm

Release Date: September 2022

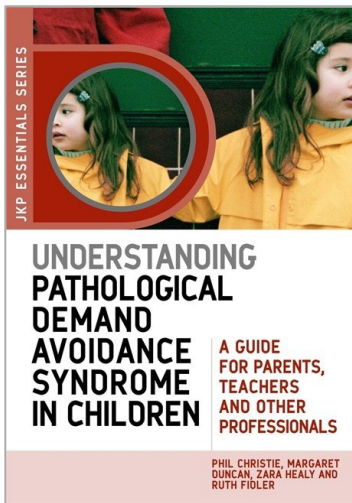
9781839970061

Hardback

40 pages

COLOUR SECTION(S)

AUD\$: 32.99



Understanding Pathological Demand Avoidance Syndrome in Children

By *Margaret Duncan, Zara Healy*



Pathological Demand Avoidance Syndrome (PDA) is a developmental disorder that is being increasingly recognised as part of the autism spectrum. The main characteristic is a continued resistance to the ordinary demands of life through strategies of social manipulation.

JESSICA KINGSLEY PUBLISHERS

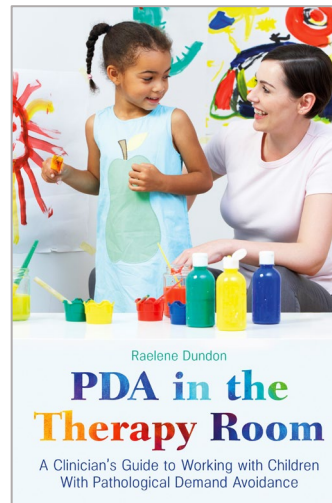
Disc: ACAD & PROFESSIONAL
244 X 172 mm

Release Date: November 2011

9781849050746

Paperback
208 pages

AUD\$: 31.99



PDA in the Therapy Room

A Clinician's Guide to Working with Children with Pathological Demand Avoidance

By *Raelene Dundon*

AUS AUTHOR



Pathological Demand Avoidance (PDA) presents a unique challenge for professionals, whereby conventional therapy methods are often perceived as demands and met with opposition where they normally would have proven effective.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

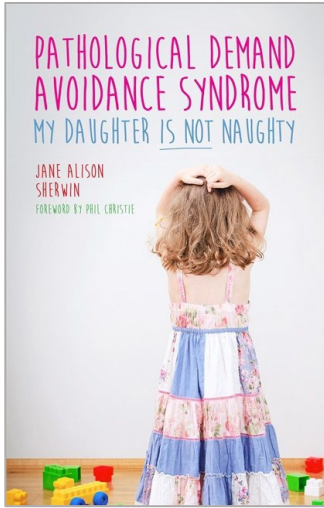
Disc: TRADE INTERNATIONAL
229 X 152 mm

Release Date: April 2021

9781787753471

Paperback
176 pages

AUD\$: 44.99



Pathological Demand Avoidance Syndrome - My Daughter is Not Naughty

By Jane Alison Sherwin, Phil Christie

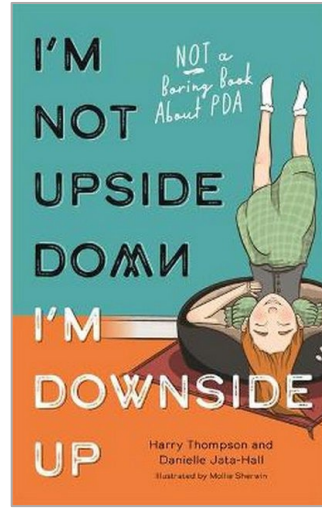


Jane Alison Sherwin's honest and uplifting account provides insight into the challenges of bringing up a child with Pathological Demand Avoidance (PDA). After years of misdiagnosis, Jane's daughter, Mollie, was diagnosed with PDA.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
214 X 138 mm
Release Date: March 2015
9781849056144

Paperback
328 pages
AUD\$: 36.99



I'm Not Upside Down, I'm Downside Up
Not a Boring Book About PDA

By Danielle Jata-Hall, Harry Thompson

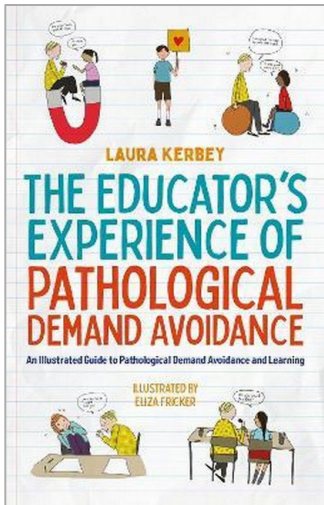


Welcome to my downside up life! My name is Ariana and I want to explain what it's like to have pathological demand avoidance from my perspective. I'll try and show you why I am the way I am from inside my own head.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: May 2022
9781839971174

Paperback
64 pages
B&W THROUGHOUT
AUD\$: 26.99



The Educator's Experience of Pathological Demand Avoidance

By Eliza Fricker, Laura Kerbey

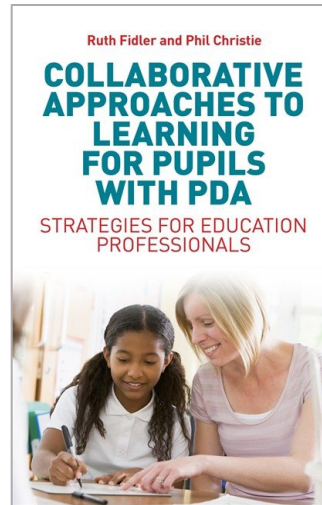


Written by PDA and autism expert, Laura Kerbey and illustrated by the popular Eliza Fricker, this short guide gives you everything you need to understand PDA and how to make your teaching style and learning environment PDA friendly.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: May 2023
9781839976964

Paperback
128 pages
B&W THROUGHOUT
AUD\$: 36.99



Collaborative Approaches to Learning for Pupils with PDA
Strategies for Education Professionals

By Ruth Fidler, Phil Christie

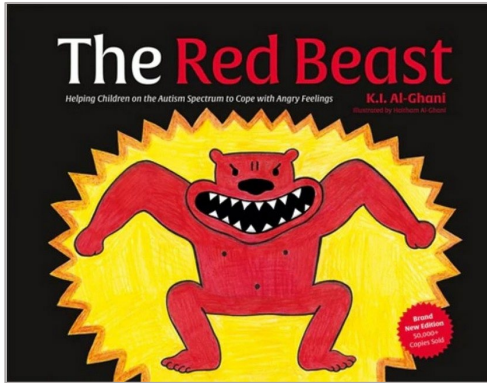


Educational environments can present challenges for children with Pathological Demand Avoidance (PDA), who require different strategies than children with a more straightforward presentation of autism.

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
227 X 152 mm
Release Date: November 2018
9781785920172

Paperback
176 pages
AUD\$: 34.99



The Red Beast 2/e

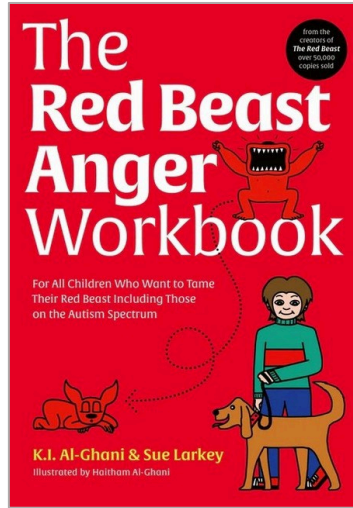
By K.I. Al-Ghani, Haitham Al-Ghani

Deep inside everyone, a red beast lies sleeping. When it is asleep, the red beast is quite small, but when it wakes up, it begins to grow and grow. This is the story of a red beast that was awakened.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
279 X 216 mm
Release Date: August 2022
9781839972751

Hardback
40 pages
COLOUR THROUGHOUT
AUD\$: 36.99



The Red Beast Anger Workbook

For All Children Who Want to Tame Their Red Beast Including Those on the Autism Spectrum

By Kay Al-Ghani, Sue Larkey

NEW

AUS AUTHOR



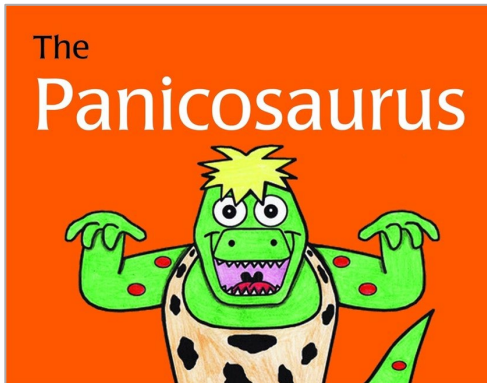
This practical and interactive resource is full of activities that have been specifically designed to provide coping mechanisms to help children to manage their angry feelings and improve their overall emotional and sensory regulation.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

Disc: TRADE INTERNATIONAL
246 X 173 mm
Release Date: August 2023
9781839974151

Paperback
128 pages
B&W THROUGHOUT
AUD\$: 38.99



Panicosaurus Managing Anxiety in Children including those with Asperger Syndrome

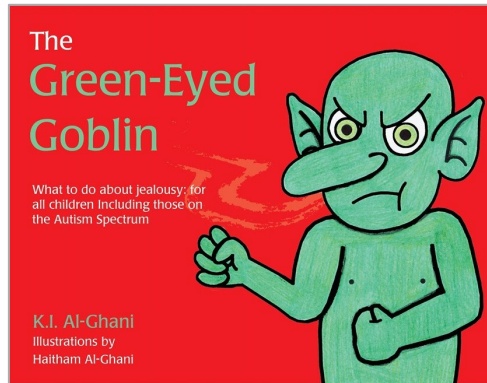
By Kay Al-Ghani, Haitham Al-Ghani

This fun, easy-to-read and fully illustrated storybook will inspire children who experience anxiety and encourage them to banish their own Panicosaurus with help from Mabels strategies.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
283 X 218 mm
Release Date: December 2012
9781849053563

Hardback
56 pages
AUD\$: 36.99



Green-Eyed Goblin

What to do about jealousy for all children including those on the Autism Spectrum

By Kay Al-Ghani, Haitham Al-Ghani

This fun illustrated storybook will help children aged 5-13 to understand and cope with jealousy and how it can sometimes make us feel not good enough. A helpful introduction for parents and carers explains jealousy in children.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
287 X 223 mm
Release Date: December 2016
9781785920912

Hardback
48 pages
AUD\$: 36.99





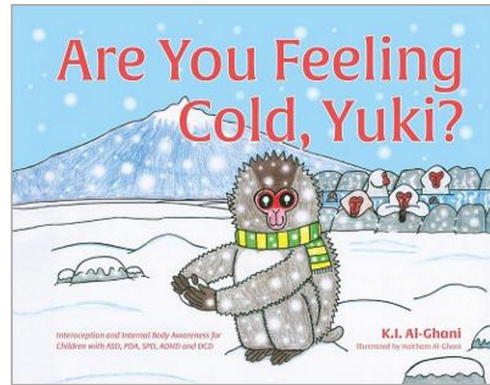
Disappointment Dragon
 Learning to cope with disappointment (for all children and dragon tamers including those with Aspergers syndrome)
 By *Kay Al-Ghani, Haitham Al-Ghani*

The fun characters in this charming, fully illustrated storybook will help children to cope with, and discuss openly, their feelings of disappointment. There are many creative suggestions on how to banish the Disappointment Dragon.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
 280 X 224 mm
 Release Date: February 2014
 9781849054324

Hardback
 64 pages
 AUD\$: 36.99



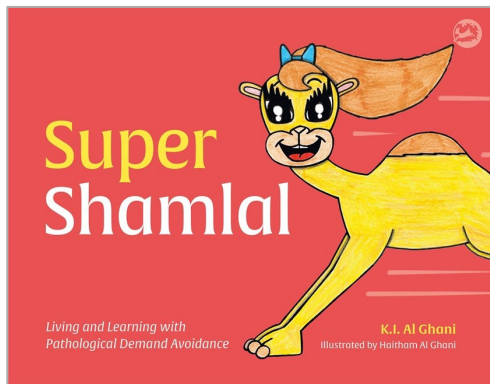
Are You Feeling Cold, Yuki?
 By *Kay Al-Ghani, Haitham Al-Ghani*

Yuki the snow monkey lives in Japan with his family and friends. He sometimes finds it hard to realise when his body is giving him signals, like when he is hungry or cold.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
 282 X 222 mm
 Release Date: March 2022
 9781787756922

Hardback
 48 pages
 COLOUR SECTION(S)
 AUD\$: 36.99



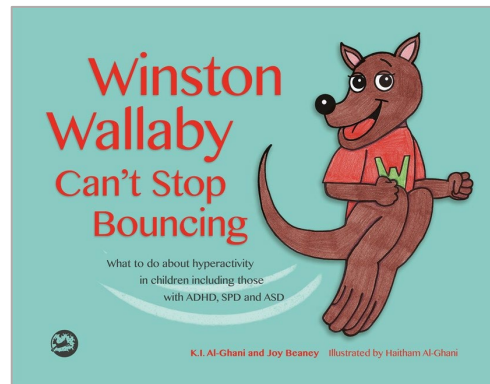
Super Shamlal
 Living and Learning with Pathological Demand Avoidance
 By *Kay Al-Ghani, Haitham Al-Ghani*

Shamlal the Camel finds it almost impossible to do all the normal, everyday things that the other camels do. Her first word was NO! and this is still the word she repeats the most through every day.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
 222 X 284 mm
 Release Date: December 2019
 9781787750562

Hardback
 72 pages
 AUD\$: 36.99



Winston Wallaby Can't Stop Bouncing
 By *Kay Al-Ghani, Haitham Al-Ghani*

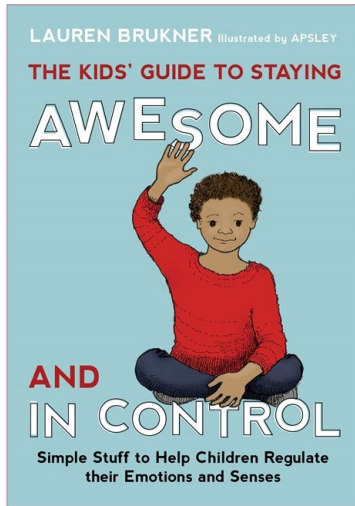
Winston Wallaby, like most Wallabies, loves to bounce. However, Winston can't seem to ever sit still and when he starts school he needs help to concentrate... Luckily his teacher Mrs Calm shows Winston how to settle down.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
 286 X 221 mm
 Release Date: March 2018
 9781785924033

Hardback
 72 pages
 AUD\$: 36.99





Kids' Guide to Staying Awesome and in Control
Simple Stuff to Help Children Regulate Their Emotions and Senses

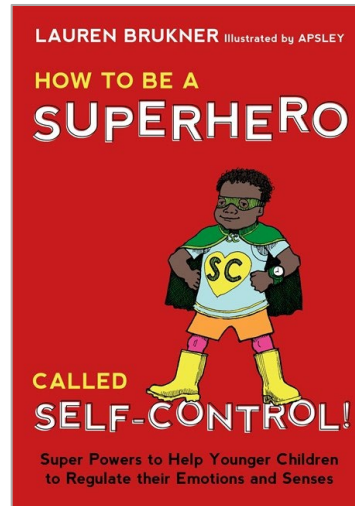
By *Lauren Brukner*



Packed with simple ideas to regulate the emotions and senses, this book will help children tackle difficult feelings head-on and feel awesome and in control! From breathing exercises, pressure holds, and finger pulls, to fidgets, and gum.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
253 X 176 mm
Release Date: September 2014
9781849059978

Hardback
112 pages
AUD\$: 36.99



How to Be a Superhero Called Self-Control!
Super Powers to Help Younger Children to Regulate their Emotions and Senses

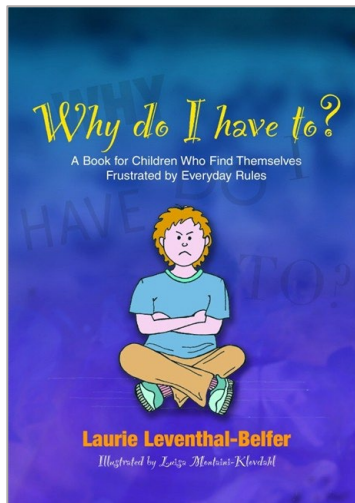
By *Lauren Brukner, Apsley*



Meet Self-Control, a superhero who wants to teach young children his superpowers of self-control! Anxiety, frustration, anger, and other difficult feelings won't stand a chance against their new-found powers.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
254 X 177 mm
Release Date: January 2016
9781849057172

Hardback
112 pages
AUD\$: 36.99



Why Do I Have To?
A Book for Children Who Find Themselves Frustrated by Everyday Rules

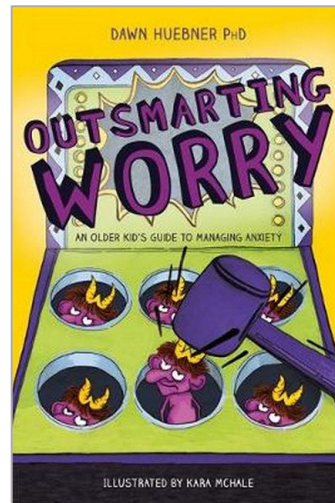
By *Luisa Montaini-Klov Dahl, Laurie Leventhal-Belfer*



Laurie Leventhal-Belfer empathises with children's wish to do things their way, explains clearly why their way does not work, and provides a list of practical suggestions for how to cope with these challenges and avoid feelings of frustration.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
244 X 172 mm
Release Date: September 2008
9781843108917

Paperback
80 pages
AUD\$: 21.99



Outsmarting Worry
An Older Kid's Guide to Managing Anxiety

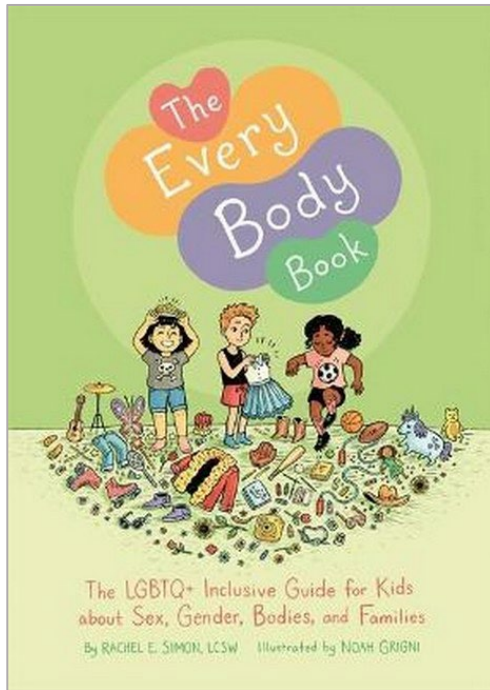
By *Dawn Huebner, Kara McHale*



Outsmarting Worry teaches 9-13 year olds and the adults who care about them a specific set of skills that makes it easier to face - and overcome - worries and fears. Smart, practical, proven techniques.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
226 X 150 mm
Release Date: January 2018
9781785927829

Paperback
112 pages
AUD\$: 26.99



Every Body Book

The LGBTQ+ Inclusive Guide for Kids about Sex, Gender, Bodies, and Families

By *Rachel E. Simon, Noah Grigni*

This vibrant and beautifully illustrated book teaches children sex, gender and relationships education in a way that is inclusive of all sexual orientations and gender identities.

Covering puberty, hormones, pregnancy, consent, sex, babies, relationships, and families, it uses gender-neutral language throughout and celebrates diversity in all its forms, including race, ethnicity, faith, bodies, gender and sexuality.

For use with children aged 8-12, it will help answer their questions and spark open discussion with parents, carers and teachers.

With informative illustrations and further resources and a guide for adults, *Every Body Book* is the ultimate sex, gender and relationships education resource for children.

A book for children aged 8-12, schools, counsellors and psychotherapists, parents/families, social workers, and youth workers.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

252 X 178 mm

Release Date: August 2020

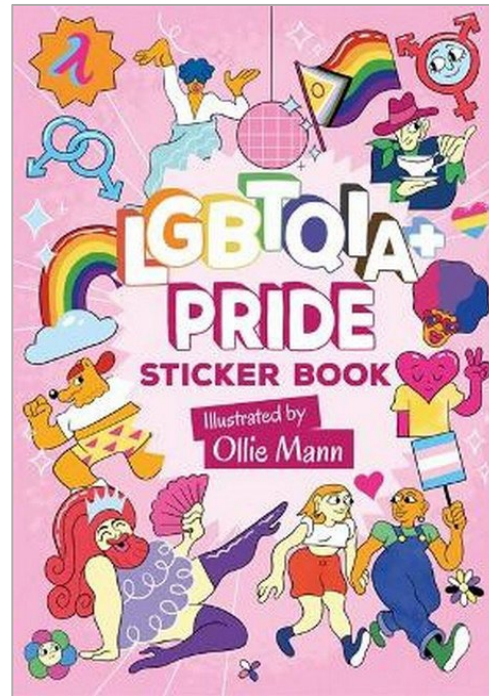
9781787751736



Hardback

96 pages

AUD\$: 39.99



LGBTQIA+ Pride Sticker Book

By *JESSICA KINGSLEY, Ollie Mann*

Bold, bright, and fabulous just like you!

This vibrant sticker book includes 200+ Pride themed stickers, featuring rainbows, Pride flags, pronouns, and empowering slogans, all beautifully illustrated to be a source of inspiration, whether you're gay, bi, queer, intersex, trans, non-binary or an ally.

Stick a rainbow on your laptop, a slogan on your water bottle or a Pride symbol in your journal, these stickers are a colourful and powerful reminder to take pride in yourself and the LGBTQIA+ community.

Technical Information:

200+ Stickers

Small, medium and large

Durable and glossy.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

246 X 173 mm

Release Date: August 2022

9781839972461

Paperback

48 pages

COLOUR SECTION(S)

AUD\$: 23.99



9 781839 972461



Creative Ways to Help Children Manage BIG Feelings

By *Fiona Zandt, Suzanne Barrett*

AUS AUTHORS



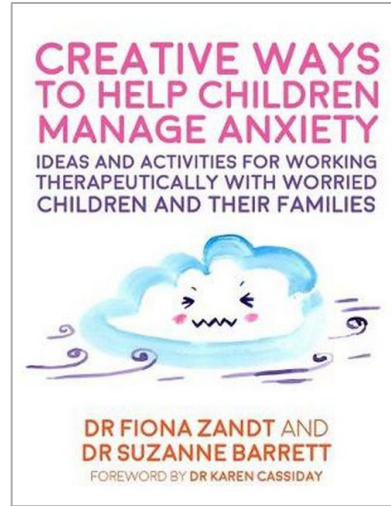
To be able to effectively offer therapy to children, complex therapeutic concepts need to be presented in an appropriate and engaging manner. This practical guide provides clinicians with a way in which to do so, with numerous games.

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: ACAD & PROFESSIONAL
276 X 214 mm
Release Date: June 2017
9781785920745

Paperback
200 pages
AUD\$: 52.99



Creative Ways to Help Children Manage Anxiety

By *Fiona Zandt, Suzanne Barrett*

AUS AUTHORS



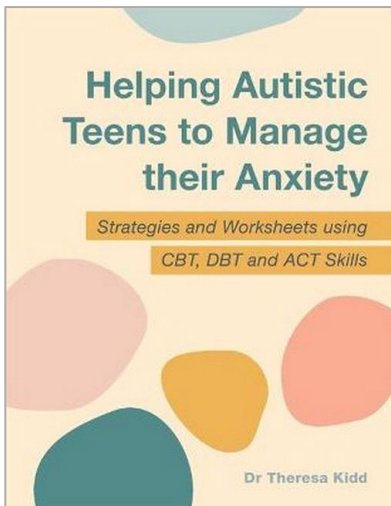
This book sets out therapeutic activities to help children aged 4-12 years and their families to better understand and manage anxiety. It explains how to work with anxious children, providing a framework for assessment and therapy that.

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: ACAD & PROFESSIONAL
279 X 216 mm
Release Date: January 2021
9781787750944

Paperback
208 pages
B&W THROUGHOUT
AUD\$: 52.99



Helping Autistic Teens to Manage their Anxiety
Strategies and Worksheets using CBT, DBT, and ACT Skills

By *Dr Theresa Kidd*

AUS AUTHOR



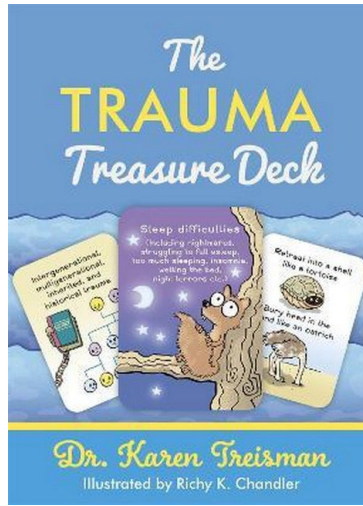
An accessible activity book for professionals and parents helping children on the autistic spectrum with their anxiety. Contains a wide range of useful and effective worksheets as well as advice for treatment modification.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

Disc: TRADE INTERNATIONAL
279 X 216 mm
Release Date: April 2022
9781787754508

Paperback
240 pages
AUD\$: 52.99



The Trauma Treasure Deck

A Creative Tool for Assessments, Interventions, and Learning for Work with Adversity and Stress in Children and Adults

By *Dr. Karen Treisman*

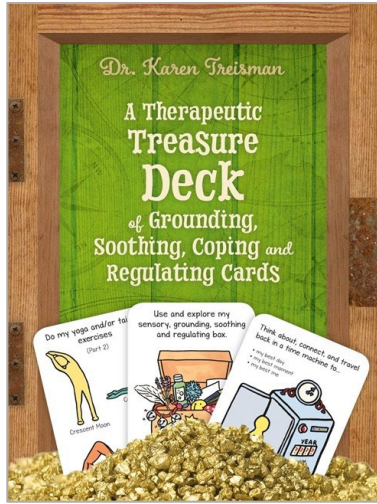


Designed for working with those who have experienced trauma, stress and adversity, this pack is a versatile and creative tool. It aids discussion, assessments and interventions with children and adults.

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
130 X 100 mm
Release Date: August 2022
9781839971372

Cards
COLOUR THROUGHOUT
AUD\$: 68.99



Therapeutic Treasure Deck of Grounding, Soothing, Coping and Regulating Cards

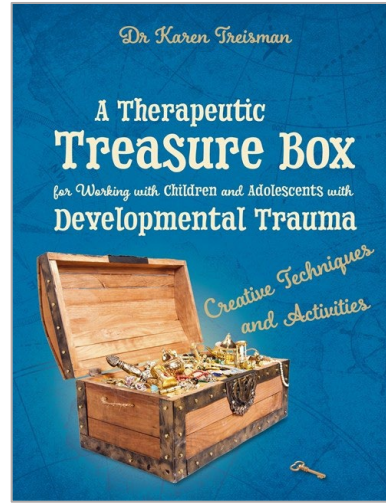
By Dr. Karen Treisman



This pack of 70 cards and explanatory guide offers a playful, nonthreatening way to explore feelings, and to form effective coping, regulating, soothing, and grounding strategies through a range of games and activities.

JESSICA KINGSLEY PUBLISHERS
 Disc: ACAD & PROFESSIONAL
 150 X 150 mm
 Release Date: October 2018
9781785925290

Cards
 70 pages
AUD\$: 43.99



Therapeutic Treasure Box for Working with Children and Adolescents with Developmental Trauma

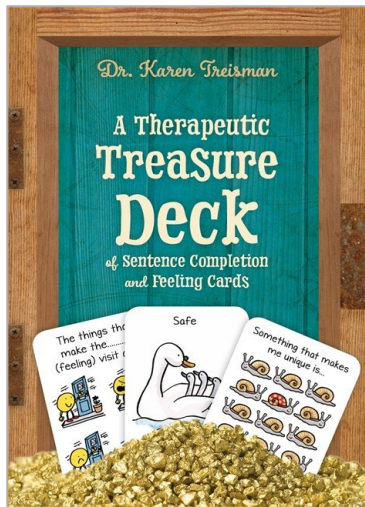
By Dr. Karen Treisman



Like a treasure chest, this resource overflows with valuable resources - information, ideas, and techniques to inspire and support those working with children who have experienced relational and developmental trauma.

JESSICA KINGSLEY PUBLISHERS
 Disc: ACAD & PROFESSIONAL
 297 X 213 mm
 Release Date: November 2017
9781785922633

Paperback
 424 pages
AUD\$: 75.99



Therapeutic Treasure Deck of Sentence Completion and Feeling Cards

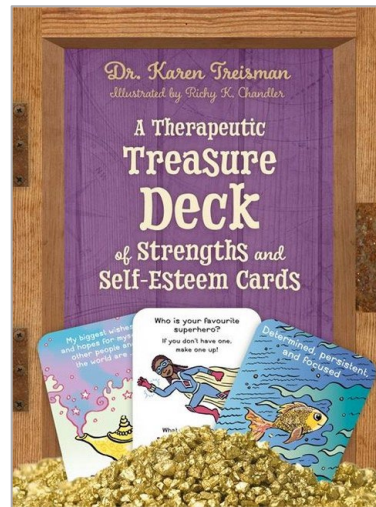
By Dr. Karen Treisman



The perfect tool to add to any 'therapeutic treasure box', this set of 68 cards provide a way to help open conversations and structure discussions with children and adolescents aged 6+.

JESSICA KINGSLEY PUBLISHERS
 Disc: ACAD & PROFESSIONAL
 150 X 150 mm
 Release Date: February 2018
9781785923982

Cards
 68 pages
AUD\$: 43.99



A Therapeutic Treasure Deck of Strengths and Self-Esteem Cards

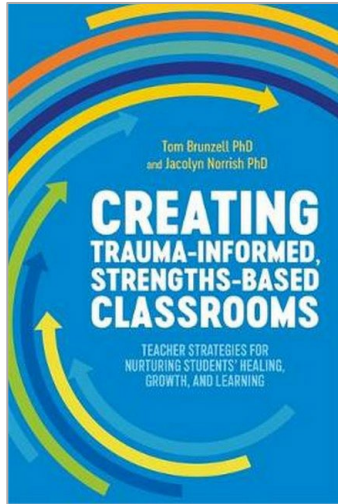
By Dr. Karen Treisman, Richy K. Chandler



Dr Karen Treisman's colourful deck of self-esteem and strengths cards provides a creative way to open discussions and explore feelings with children aged 6+ and teens. Accompanied by an explanatory booklet.

JESSICA KINGSLEY PUBLISHERS
 Disc: ACAD & PROFESSIONAL
 140 X 102 mm
 Release Date: January 2022
9781787757851

Cards
AUD\$: 43.99



Creating Trauma-Informed, Strengths-based Classrooms
Teacher Strategies for Nurturing Students' Healing, Growth, and Learning

By *Tom Brunzell, Jacolyn Norrish*

AUS AUTHORS



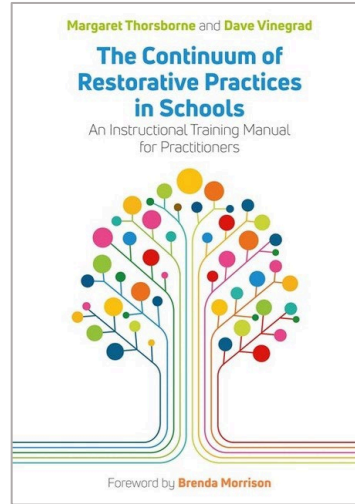
This accessible guide advises teachers on creating classroom environments that promote healing and growth for all students, particularly the most vulnerable. Grounded not only in trauma-informed education but in positive psychology.

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: ACAD & PROFESSIONAL
 180 X 130 mm
 Release Date: August 2021
9781787753747

Paperback
 256 pages
AUD\$: 59.99



The Continuum of Restorative Practices in Schools

An Instructional Training Manual for Practitioners

By *Margaret Thorsborne, Dave Vinegrad*

AUS AUTHORS



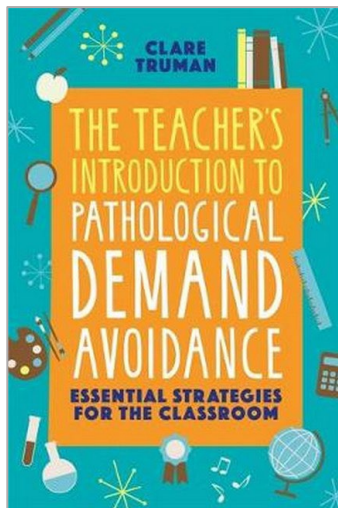
An instructional manual on restorative justice in schools from world-leading experts; this 'how to' guide offers guidance on the issues of carrying out restorative practices once they have been implemented in schools.

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: ACAD & PROFESSIONAL
 297 X 210 mm
 Release Date: March 2022
97818339970412

Paperback
 224 pages
AUD\$: 79.99



The Teacher's Introduction to Pathological Demand Avoidance

Essential Strategies for the Classroom

By *Clare Truman*

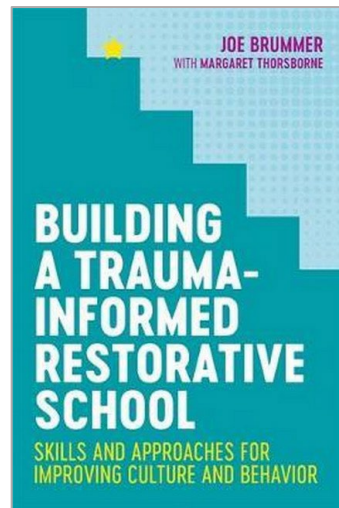


This essential guide for working with PDA pupils outlines effective and practical ways that teachers and school staff can support these pupils, by endorsing a child-led approach to learning and assessment.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
 229 X 152 mm
 Release Date: October 2021
9781787754874

Paperback
 176 pages
AUD\$: 39.99



Building a Trauma-Informed Restorative School

Skills and Approaches for Improving Culture and Behavior

By *Joe Brummer, Margaret Thorsborne*

AUS AUTHOR

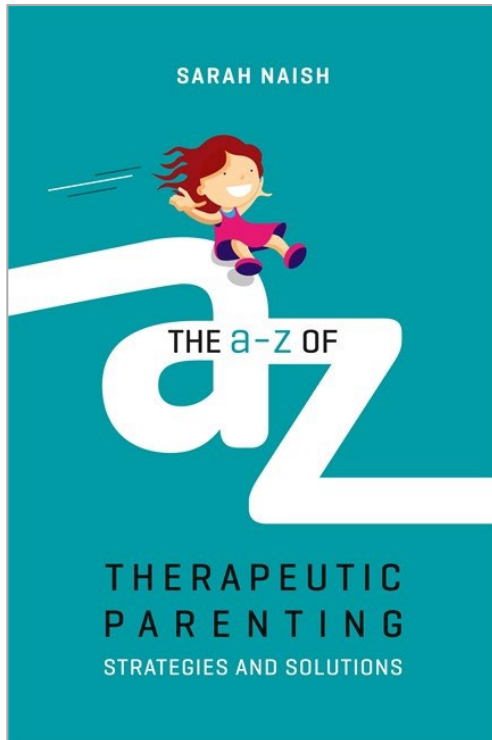


Everything educators need to know about developing trauma-informed restorative practices in their education settings. Includes the theory and philosophy of restorative approaches and being trauma informed.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia
 Disc: ACAD & PROFESSIONAL
 229 X 152 mm
 Release Date: March 2021
9781787752672

Paperback
 240 pages
AUD\$: 52.99



A-Z of Therapeutic Parenting Strategies and Solutions

By Sarah Naish

Therapeutic parenting is a deeply nurturing parenting style, and is especially effective for children with attachment difficulties, or who experienced childhood trauma.

This book provides everything you need to know to be able to effectively therapeutically parent.

Providing a model of intervention, *The A-Z of Therapeutic Parenting* gives parents or caregivers an easy-to-follow process to use when responding to issues with their children.

The following A-Z covers 60 common problems parents face, from acting aggressively to difficulties with sleep, with advice on what might trigger these issues, and how to respond.

Easy to navigate and written in a straightforward style, this book is a 'must have' for all therapeutic parents. A book for Adoptive parents, foster carers, kinship carers, social workers.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

228 X 150 mm

Release Date: June 2018

9781785923760

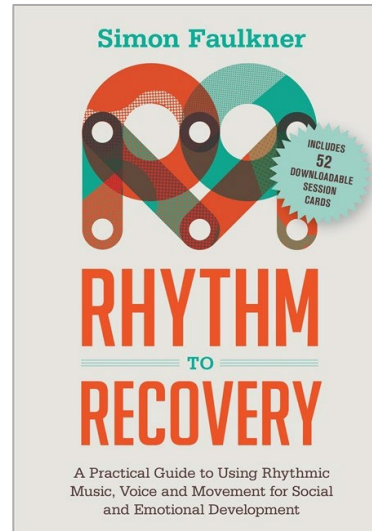
Paperback

344 pages

AUD\$: 44.99



9 781785 923760



AUS AUTHOR

Rhythm to Recovery

A Practical Guide to Using Rhythmic Music, Voice and Movement for Social and Emotional Development

By Simon Faulkner, James Oshinsky

Combining rhythmic music and movement with cognitive reflection and mindfulness, this comprehensive handbook shows how drumming and other rhythm-based exercises can have a powerful effect in individual, group, and family settings.

Incorporating the latest research on how rhythmic music impacts the brain, this book features over 100 different exercises spanning five key developmental areas: social and emotional learning; identity and culture; strengths and virtues; health and wellbeing; and families, teams, and communities.

It offers a safe entry to cognitive reflection through fun, experiential rhythmic exercises and is useful for working in settings such as school, child and adolescent counselling settings, mental health and drug and alcohol interventions, trauma counselling and relational counselling. Important sections on the use of metaphor and analogy show how to reinforce experiential outcomes.

The book also contains helpful sections on working with specific populations, key facilitation skills and managing challenging behaviours.

Downloadable resources such as evaluation forms, certificates and 52 session cards optimise the process of implementing this approach in practice.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

Disc: ACAD & PROFESSIONAL

245 X 173 mm

Release Date: December 2016

9781785921322

Paperback

256 pages

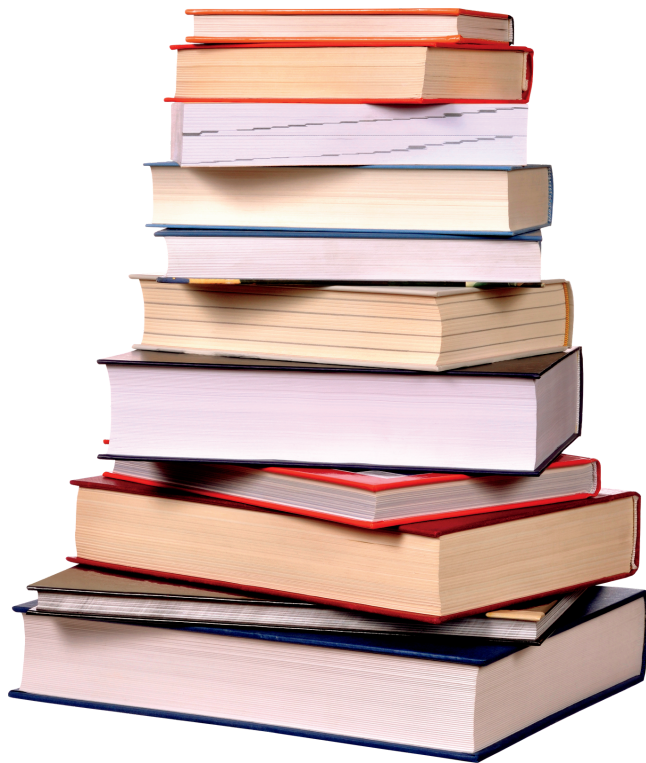
AUD\$: 50.99



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