

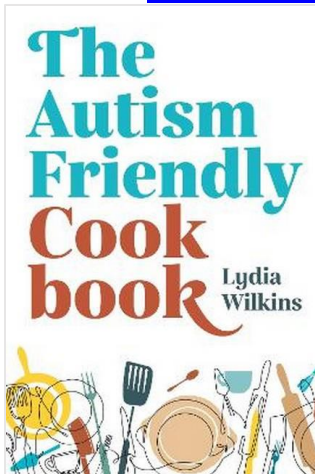


**Woodslane**

# **Autism & Neurodiversity Books**

**NEW AND BESTSELLING  
March 2023**

[www.woodslane.com.au](http://www.woodslane.com.au)



NEW

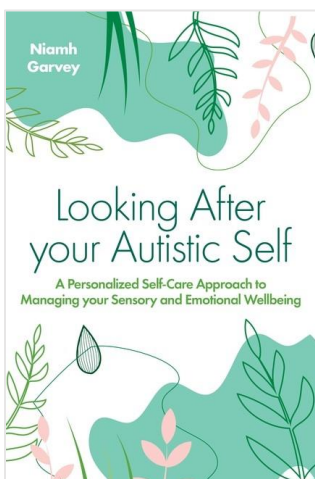
## The Autism-Friendly Cookbook

By Lydia Wilkins

The Autism-Friendly Cookbook was created by autistic journalist Lydia Wilkins for autistic adults and teens to turn to when cooking for friends, lacking inspiration, or on those low-energy days. With recipes to suit any occasion, the book is written in clear, jargon-free language which makes 'the obvious' obvious. Recipes are categorised by meal with additional guidance on the level of energy needed to tackle them, with options for low-energy or meltdown days, or days when you're able to take on a new challenge. They contain adaptations and options to suit different dietary needs including vegetarian, vegan, gluten-free and dairy-free, and additional modifications for those who are sensory seekers, sensory avoiders or who want to expand their repertoire in the kitchen. With contributions from individuals within the autistic community and options for quick meals, special occasions and more.

JESSICA KINGSLEY  
PUBLISHERS

Disc: TRADE INTERNATIONAL  
Paperback  
229 X 152 mm  
368 Pages  
B&W THROUGHOUT  
Rel Date: January 2023  
9781839970825  
AUD\$: 37.99



COMING SOON

## Looking After your Autistic Self

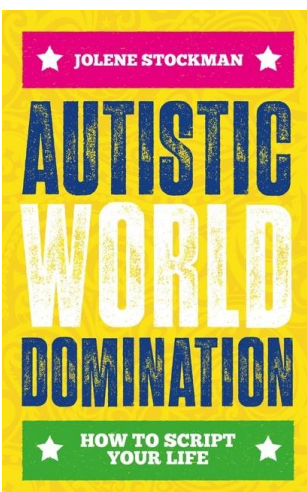
A Personalized Self-Care Approach to Managing your Sensory and Emotional

By Niamh Garvey

'I no longer try to mask my autism; I now work to support my autism' It is a myth that autistic children grow into 'less autistic' adults. In fact, many autistic adults feel more overwhelmed as they age as the stresses of social demands such as relationships, parenting, or the work environment increase. Niamh Garvey offers tips and tricks designed to reduce sensory and emotional stress and look after your autistic self. From understanding what's happening when the stress response kicks in to using the 'detective habit' to spot your individual strengths and triggers. What's more, every element of this book can be personalised to you.

JESSICA KINGSLEY  
PUBLISHERS

Disc: TRADE INTERNATIONAL  
Paperback  
229 X 152 mm  
256 Pages  
B&W THROUGHOUT  
Rel Date: June 2023  
9781839975608  
AUD\$: 39.99



COMING SOON

NZ AUTHOR

## Autistic World Domination

How to Script Your Life

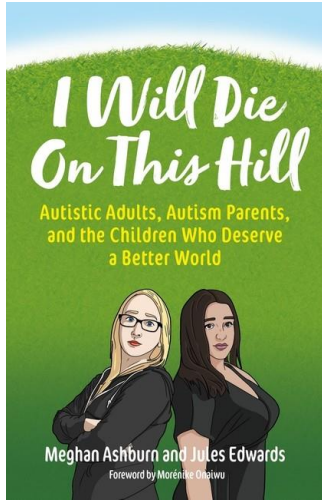
By Jolene Stockman

The neurotypical world doesn't always work for autistic people who often feel they're on the same planet but live in a different world. Autistic World Domination is here to rewrite normal. By helping readers write their own blueprint for life, this book empowers autistic people to create the world they want for themselves. This vibrant, fresh, and energetic guide blends motivational writing based on Jolene Stockman's own experiences as an autistic woman with practical exercises and actionable plans to help the reader identify who they are, what is important to them and how they might achieve their goals. This futuristic perspective on autism weaves advice and action together and encourages readers to uncover the truth about themselves and tap into the potential of true autistic power and joy.

JESSICA KINGSLEY  
PUBLISHERS

Author is from New Zealand  
Disc: TRADE INTERNATIONAL  
Paperback  
208 Pages  
Rel Date: June 2023  
9781839974441  
AUD\$: 33.99

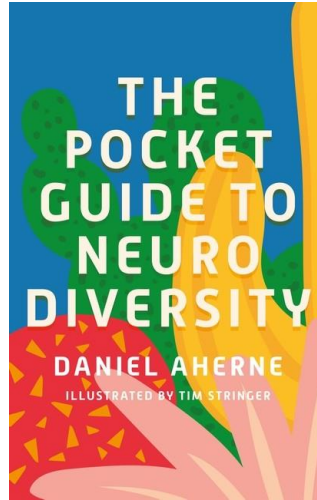




### I Will Die On This Hill

By Meghan Ashburn, Jules Edwards

COMING SOON



### The Pocket Guide to Neurodiversity

By Daniel Aherne, Tim Stringer

NEW



This book bridges the divide between #ActuallyAutistic activists and Autism Parents in the online community. Written by an author team with experience on both sides of the coin.

A simple, accessible guide to neurodiversity, unpacking the four main diagnoses of autism, ADHD, dyslexia and dyspraxia. The book also explains some common co-occurring conditions.

#### JESSICA KINGSLEY PUBLISHERS

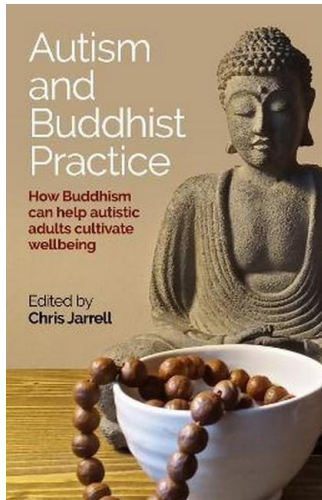
Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: April 2023  
9781839971686

Paperback  
256 pages  
B&W THROUGHOUT  
AUD\$: 38.99

#### JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: January 2023  
9781839970146

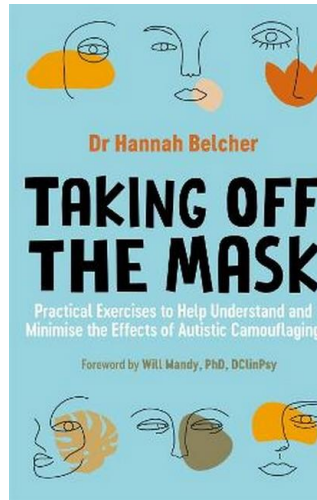
Paperback  
128 pages  
B&W THROUGHOUT  
AUD\$: 32.99



### Autism and Buddhist Practice

By Chris Jarrell

NEW



### Taking Off the Mask

By Hannah Louise Belcher

NEW



Exploring the intersect between autism and Buddhism, including how Buddhism can help autistic individuals develop wellbeing and how the Buddhist community can be more inclusive of autistic people.

Combining lived experience with scientific research and practical advice, this book is the essential guide to understanding why you mask and how to feel confident without one.

#### JESSICA KINGSLEY PUBLISHERS

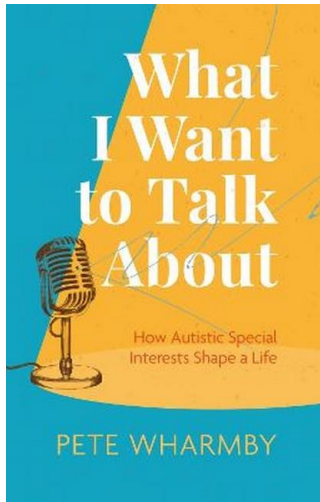
Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: January 2023  
9781839971570

Paperback  
208 pages  
AUD\$: 44.99

#### JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: November 2022  
9781787755895

Paperback  
176 pages  
AUD\$: 41.99



**What I Want to Talk About**

By *Pete Wharmby*

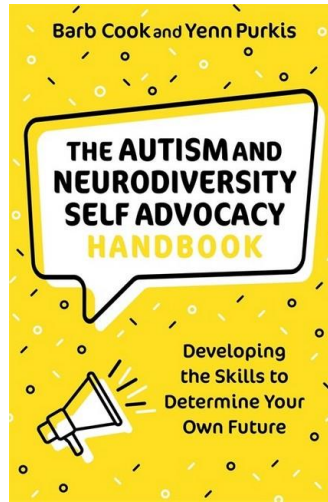
**NEW**



An introduction to the autistic experience told through the lens of special interests. Popular autism advocate, Pete Wharmby, takes us on a tour of his passions, exploring the challenges of reaching adulthood without a diagnosis.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 216 X 138 mm  
 Release Date: November 2022  
**9781787758278**

Paperback  
 224 pages  
**AUD\$: 36.99**



**The Autism and Neurodiversity Self Advocacy Handbook**

By *Barb Cook, Yenn Purkis*

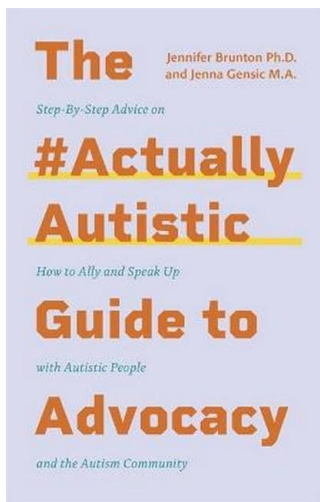
**AUS AUTHORS**



This is the ultimate guide to self-advocacy for autistic people at all stages of life. Covering self-advocacy in specific scenarios, such as work, school, and social media.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 229 X 152 mm  
 Release Date: March 2022  
**9781787755758**

Paperback  
 176 pages  
**AUD\$: 39.99**



**The #ActuallyAutistic Guide to Advocacy**

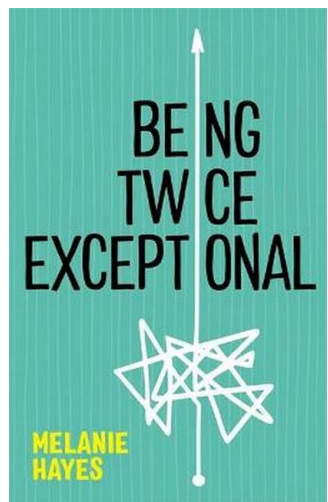
By *Jenna Gensic, Jennifer Brunton*



A guide for those who want to understand how to effectively advocate and ally with Autistic people, featuring over 100 #ActuallyAutistic voices.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 216 X 138 mm  
 Release Date: April 2022  
**9781787759732**

Paperback  
 320 pages  
**AUD\$: 42.99**



**Being Twice Exceptional**

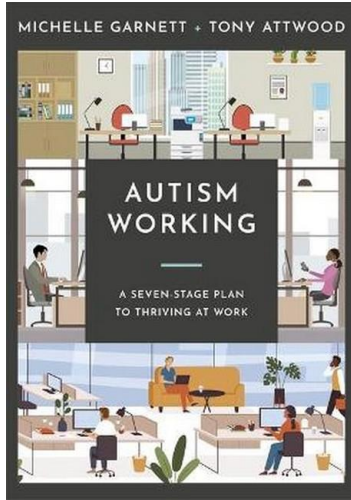
By *Melanie Hayes*



Twice exceptionality (2e) is not well understood. While many parents, educators, and professionals are working to bridge the knowledge gap and help 2e children.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 216 X 138 mm  
 Release Date: June 2022  
**9781787759626**

Paperback  
 240 pages  
**AUD\$: 44.99**



**Autism Working**

By Michelle Garnett, Tony Attwood

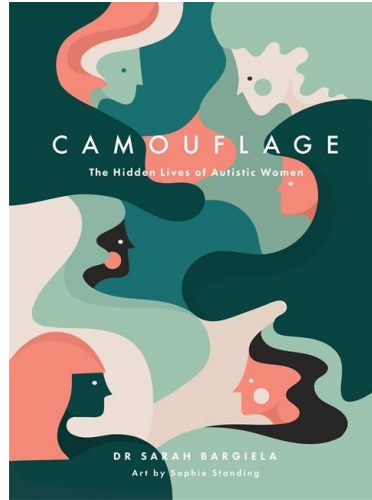
**BESTSELLER**  
**AUS AUTHORS**



Autism is associated with many qualities that are highly sought after by employers such as reliability, persistence, attention to detail, creativity in problem solving and many others.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
246 X 173 mm  
Release Date: October 2021  
**9781787759831**

Paperback  
160 pages  
COLOUR SECTION(S)  
**AUD\$: 39.99**



**Camouflage**

By Sarah Bargiela, Sophie Standing

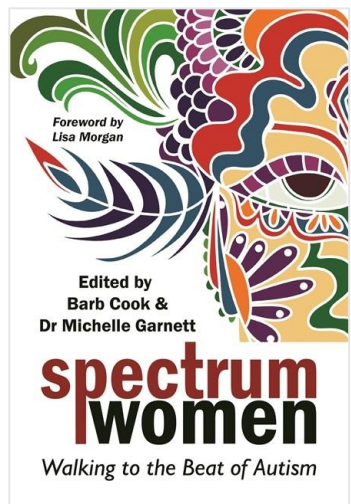
**BESTSELLER**



Autism in women and girls is still not widely understood and is often misrepresented or even overlooked. This graphic novel offers an engaging and accessible insight into the lives and minds of autistic women.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
234 X 176 mm  
Release Date: May 2019  
**9781785925665**

Hardback  
48 pages  
**AUD\$: 34.99**



**Spectrum Women**

By Barb Cook, Michelle Garnett

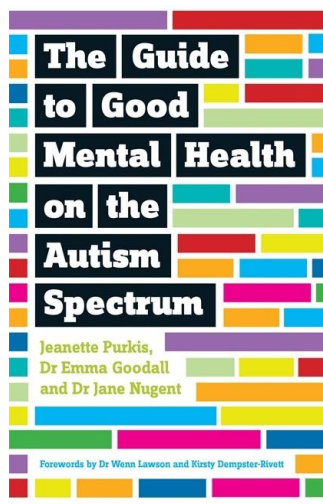
**BESTSELLER**  
**AUS AUTHORS**



Barb Cook and 14 other autistic women describe life from a female autistic perspective, and present empowering, helpful and supportive insights from their personal experience for fellow autistic women.

**JESSICA KINGSLEY PUBLISHERS**  
Author is from Australia  
Disc: TRADE INTERNATIONAL  
228 X 152 mm  
Release Date: October 2018  
**9781785924347**

Paperback  
336 pages  
**AUD\$: 44.99**



**Guide to Good Mental Health on the Autism Spectrum**

By Yenn Purkis, Emma Goodall

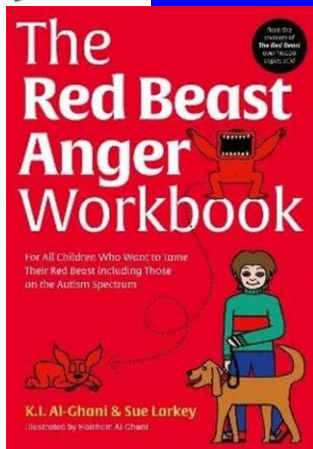
**BESTSELLER**  
**AUS AUTHORS**



Filled with strategies and advice, this empowering guide presents practical ways to improve the mental wellbeing of people on the Autism Spectrum.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
228 X 150 mm  
Release Date: May 2016  
**9781849056700**

Paperback  
272 pages  
**AUD\$: 42.99**



## The Red Beast Anger Workbook

By Kay Al-Ghani, Sue Larkey

This illustrated and interactive workbook will help children find ways to calm their Red Beast and learn how to prevent it from waking in the first place. Full of practical activities and illustrated examples, it supports the development of emotional and sensory regulation and provides coping mechanisms for children who experience intense emotional flooding or meltdowns as well. The workbook includes a helpful introduction for adults on the science of self-regulation, clear guidance on how to pace the learning and a wide range of activities such as scenarios to help children explore their anger, anger management plans, and exercises that encourage interoceptive awareness.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

246 X 173 mm

128 Pages

B&W THROUGHOUT

Rel Date: June 2023

9781839974151

AUD\$: 38.99



COMING SOON

AUS AUTHOR

KIDS 4-8YRS



## The Red Beast 2/e

Helping Children on the Autism Spectrum to Cope with Angry Feelings

By K.I. Al-Ghani, Haitham Al-Ghani

Deep inside everyone, a red beast lies sleeping. When it is asleep, the red beast is quite small, but when it wakes up, it begins to grow and grow. This is the story of a red beast that was awakened. Danni is in the school playground when his friend, Charlie, kicks a ball that hits him in the stomach, and wakes up the sleeping red beast: 'I hate you - I'm going to get you!'. The red beast doesn't hear the teacher asking if he's okay. It doesn't see that Charlie is sorry - how can Danni tame the red beast? The second edition of this vibrant fully illustrated children's storybook is written for children aged 4-9 and has been updated with inclusive up-to-date language and new illustrations to make sure every child's red beast can learn to be tamed!

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Hardback

279 X 216 mm

40 Pages

COLOUR THROUGHOUT

Rel Date: August 2022

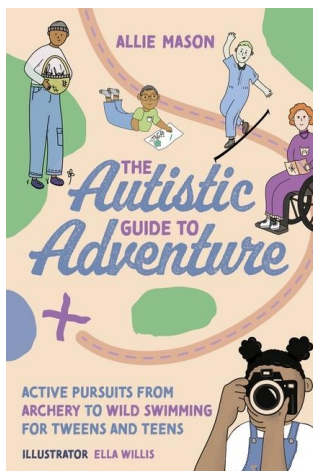
9781839972751

AUD\$: 36.99



NEW EDITION

KIDS 4-8YRS



## The Autistic Guide to Adventure

Active Pursuits from Archery to Wild Swimming for Tweens and Teens

By Allie Mason, Ella Willis

It's time for a new generation of autistic adventurers! Outdoor adventuring can be life changing - it makes you physically and mentally stronger, takes you to new places and introduces you to new friends, as well as being an exhilarating challenge - but it can be stressful when there are unexpected social and sensory challenges involved. Allie Mason, autistic adventurer extraordinaire, is here to help. Join Allie as she introduces activities ranging from archery to stargazing, parasailing to powerlifting, snorkeling to nature-writing - and so much more.

JESSICA KINGSLEY

PUBLISHERS

Disc: TRADE INTERNATIONAL

Paperback

229 X 152 mm

176 Pages

B&W THROUGHOUT

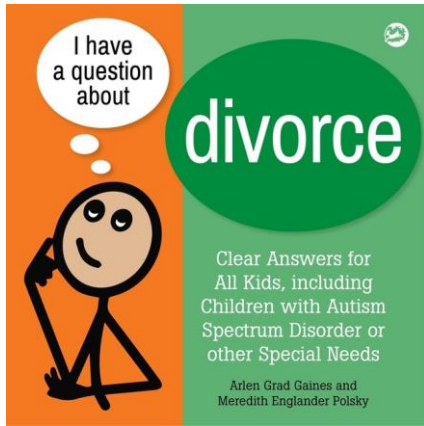
Rel Date: June 2023

9781839972171

AUD\$: 38.99



COMING SOON



### I Have a Question about Divorce

By Arlen Grad Gaines, Meredith Englander Polsky

**NEW IN PAPERBACK**

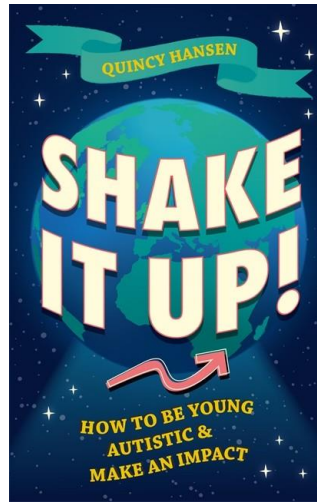


Considering the questions a child might have about divorce, it gently offers answers to them using straightforward text and clear illustrations. Perfect for children aged 5-11 with Autism Spectrum Disorder or other special needs.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
210 X 210 mm  
Release Date: January 2023  
9781839977558

Paperback  
40 pages  
AUD\$: 28.99



### Shake It Up!

By Quincy Hansen

**NEW**

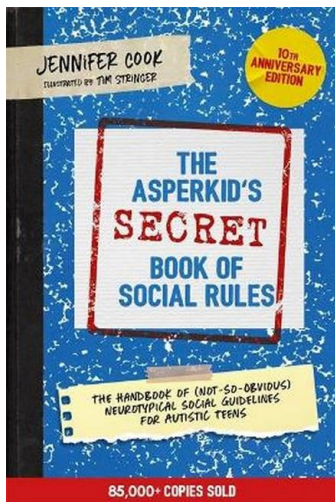


This book empowers autistic and neurodivergent teens to be confident advocates for their needs and beliefs. Featuring a cast of dynamic young autistic voices, this book provides tips, advice and a positive approach.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: September 2022  
9781787759794

Paperback  
256 pages  
AUD\$: 36.99



### The Asperkid's (Secret) Book of Social Rules

By Jennifer Cook

**NEW EDITION**

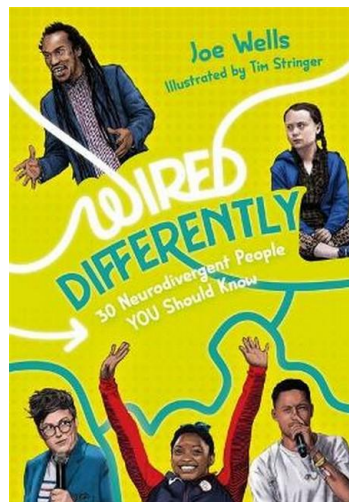


The Asperkid's (Secret) Book of Social Rules offers witty insights into baffling social codes such as making and keeping friends and common conversation pitfalls.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: August 2022  
9781787758377

Paperback  
288 pages  
B&W THROUGHOUT  
AUD\$: 38.99



### Wired Differently

By Joe Wells, Tim Stringer



This empowering book showcases successful neurodivergent role models from the worlds of sport, art, science, music and more. Written by a stand-up comedian, with illustrated portraits.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
246 X 173 mm  
Release Date: May 2022  
9781787758421

Paperback  
168 pages  
B&W THROUGHOUT  
AUD\$: 39.99



**BESTSELLER**

**AUS AUTHOR**

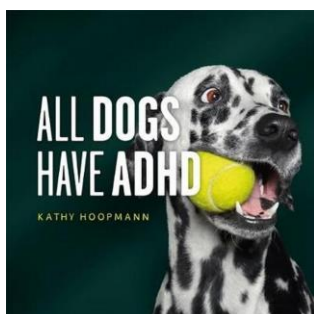
## All Cats Are on the Autism Spectrum

*By Kathy Hoopmann*

This updated edition of the bestselling All Cats Have Asperger Syndrome provides an engaging, gentle introduction to autism. All-new cats take a playful look at the world of autism, and these fun feline friends will strike a chord with all those who are familiar with typical autistic traits, bringing to life common characteristics such as sensory sensitivities, social issues, and communication difficulties. Touching, humorous and insightful, this book evokes all the joys and challenges of being on the autism spectrum, leaving the reader with a sense of the dignity, individuality, and the potential of autistic people.

**JESSICA KINGSLEY PUBLISHERS**

Author is from QLD  
 Disc: TRADE INTERNATIONAL  
 Hardback  
 150 X 150 mm  
 80 Pages  
 Rel Date: September 2020  
**9781787754713**  
**AUD\$: 28.99**



**BESTSELLER**

**AUS AUTHOR**

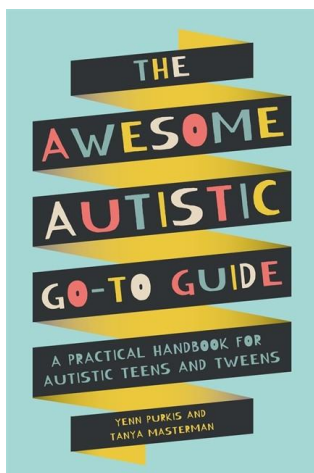
## All Dogs Have ADHD

*By Kathy Hoopmann*

This delightful, revised edition of All Dogs Have ADHD takes an inspiring and affectionate look at Attention Deficit Hyperactivity Disorder (ADHD). With all-new images from the canine world, it explores a variety of traits that will be instantly recognisable to those who are familiar with ADHD. Charming colour photographs of dogs bring to life familiar ADHD characteristics such as being restless and excitable, getting easily distracted, and acting on impulse. It combines humour with understanding to reflect the difficulties and joys of raising a child with ADHD and celebrates what it means to be considered different.

**JESSICA KINGSLEY PUBLISHERS**

Author is from Australia  
 Disc: TRADE INTERNATIONAL  
 Hardback  
 216 X 213 mm  
 80 Pages  
 Rel Date: August 2020  
**9781787756601**  
**AUD\$: 28.99**



**BESTSELLER**

**AUS AUTHOR**

## Awesome Autistic Go-To Guide A Practical Handbook for Autistic Teens and Tweens

*By Yenn Purkis, Tanya Masterman*

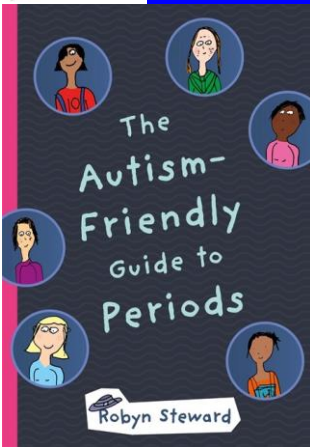
This book explores what it feels like to be a young person on the autism spectrum and looks at all the brilliant things people on the autism spectrum can do. Full of insights about being awesome and autistic, this book celebrates the strengths of understanding the world in a different way. It looks at all the reasons being you and thinking differently can be totally awesome! It also has tips for managing tricky situations such as meltdowns, sensory differences, and anxiety. It includes fun activities and diary pages where you can write your thoughts and feelings to help you concentrate on your strengths and work on your challenges. This book helps you develop the confidence to be who you are and help you live life with as little stress and anxiety as possible. Age Range: 10-14 years.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
 Paperback  
 228 X 152 mm  
 112 Pages  
 Rel Date: June 2020  
**9781787753167**  
**AUD\$: 34.99**







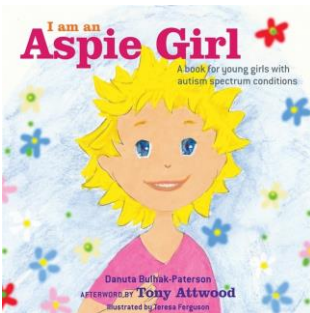
## Autism-Friendly Guide to Periods

**By Robyn Steward**

Written by autistic author Robyn Steward, this is a detailed guide for young people aged 9 to 16 on the basics of menstruation. Created in consultation with young people, an online survey, and a group of medical professionals, this is a book that teaches all people about periods, which can be a scary and overwhelming issue. Promoting the fact that everyone either has periods or knows someone who does, the book reduces the anxiety girls face in asking for help. It offers direct advice on what periods look and feel like and how to manage hygiene and pain. It also breaks up information using flaps and step-by-step photos of how to change pads and tampons, it discusses alternatives to tampons and pads, and gives information about possible sensory issues for people with autism.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
 Hardback  
 248 X 176 mm  
 96 Pages  
 Rel Date: June 2019  
**9781785923241**  
**AUD\$: 34.99**



## I am an Aspie Girl

**By Danuta Bulhak-Paterson, Teresa Ferguson**

Lizzie is an Aspie Girl - she has Aspergers Syndrome, which means that her brain works differently to her friends, and even to boys with Asperger Syndrome. In this book, Lizzie explains what it's like to be an Aspie Girl, including how she has a special talent for blending in with her friends, how she gets really tired after being at school all day, how she worries about making mistakes, and how she finds it hard to understand how she is feeling. By simply, clearly, and positively explaining the social differences associated with Aspergers Syndrome, or Autism Spectrum Disorder, in young girls, this book will help Aspie Girls aged 5-11 to understand their diagnosis, recognise their unique strengths and celebrate their differences, and find ways of coping with difficulties. This positive and celebratory book also contains helpful discussion points for parents and professionals to explore further with the girls in their care.

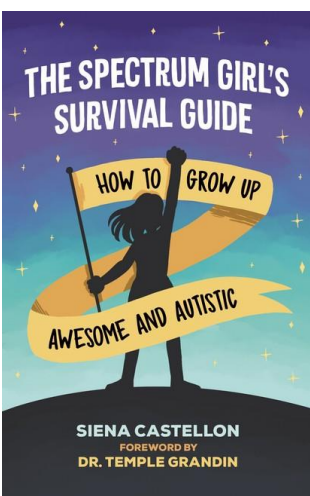
**JESSICA KINGSLEY PUBLISHERS**

Author is from Australia  
 Disc: TRADE INTERNATIONAL  
 Hardback  
 214 X 216 mm  
 32 Pages  
 Rel Date: June 2015  
**9781849056342**  
**AUD\$: 28.99**



**BESTSELLER**

**AUS AUTHOR**



## Spectrum Girl's Survival Guide

**By Siena Castellon**

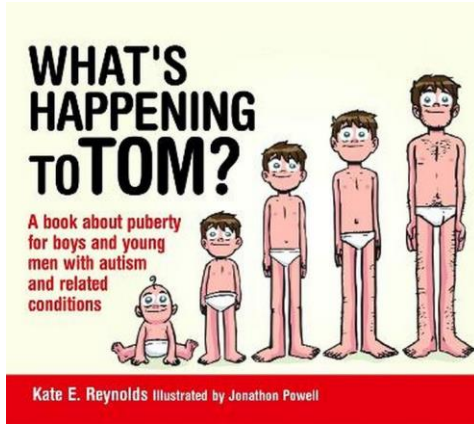
"Never be ashamed of being different: it is this difference that makes you extraordinary and unique." This essential go-to guide gives you all the advice and tools you'll need to help you flourish and achieve what you want in life. From the answers to everyday questions such as Am I using appropriate body language? and Did I say the wrong thing?, through to discussing the importance of understanding your emotions, looking after your physical and mental health and coping with anxiety and sensory overloads, award-winning neurodiversity campaigner Siena Castellon uses her own experiences to provide you with the skills to overcome any challenge.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
 Paperback  
 216 X 138 mm  
 256 Pages  
 Rel Date: May 2020  
**9781787751835**  
**AUD\$: 34.99**

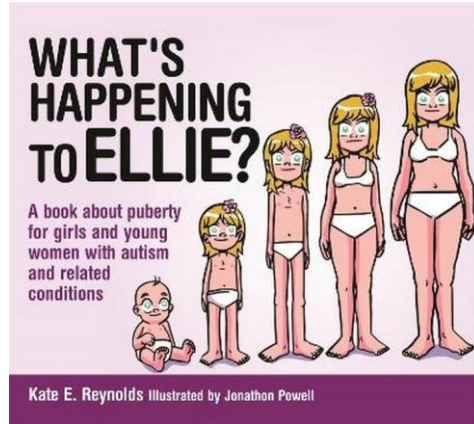


**BESTSELLER**



**What's Happening to Tom?**

*By Kate E. Reynolds, Jonathon Powell*



**What's Happening to Ellie?**

*By Kate E. Reynolds, Jonathon Powell*

Kate E. Reynolds Illustrated by Jonathon Powell

Kate E. Reynolds Illustrated by Jonathon Powell



Tom notices that his body is changing. Tom's voice is different, and hair is growing in new places. There are other changes happening too. Tom learns that he has started growing into a man.

Ellie notices that her body is changing. Hair is growing in new places and there are other changes happening too. Ellie's mum helps her understand that she has started growing into a woman.

**JESSICA KINGSLEY PUBLISHERS**

Author is from Australia

Disc: TRADE INTERNATIONAL  
189 X 171 mm

Release Date: October 2014

9781849055239

Hardback  
36 pages

AUD\$: 28.99

**JESSICA KINGSLEY PUBLISHERS**

Author is from Australia

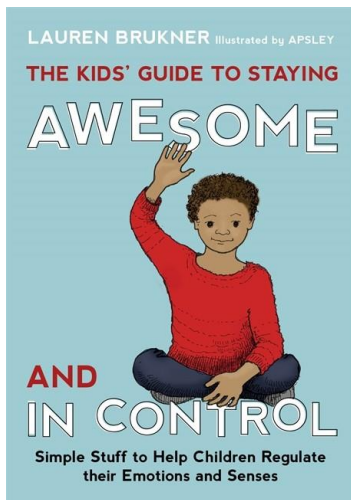
Disc: TRADE INTERNATIONAL  
187 X 165 mm

Release Date: March 2015

9781849055260

Hardback  
36 pages

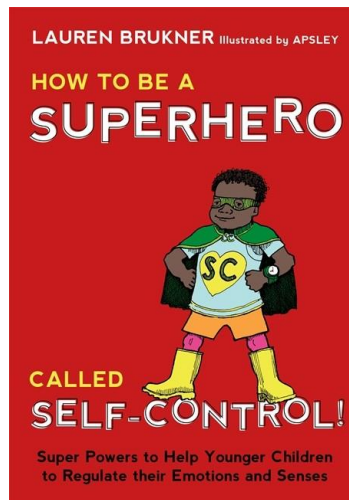
AUD\$: 28.99



**Kids' Guide to Staying Awesome and in Control**

*By Lauren Brukner*

KIDS 7-14YRS



**How to Be a Superhero Called Self-Control!**

*By Lauren Brukner, Apsley*

KIDS 4-7YRS



Packed with simple ideas to regulate the emotions and senses, this book will help children tackle difficult feelings head-on and feel awesome and in control!

Meet Self-Control, a superhero who wants to teach young children his superpowers of self-control! Anxiety, frustration, anger, and other difficult feelings won't stand a chance against their new-found powers.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
253 X 176 mm  
Release Date: September 2014

9781849059978

Hardback  
112 pages

AUD\$: 36.99

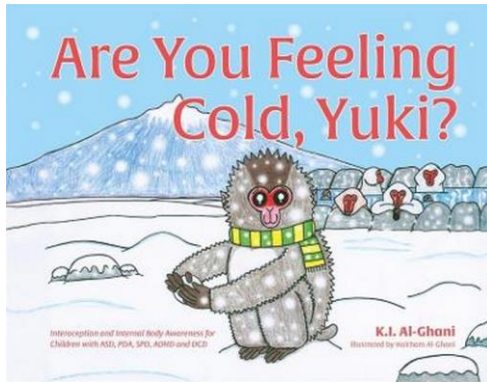
**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
254 X 177 mm  
Release Date: January 2016

9781849057172

Hardback  
112 pages

AUD\$: 36.99

**Are You Feeling Cold, Yuki?***By Kay Al-Ghani, Haitham Al-Ghani***KIDS 5-13YRS**

Yuki the snow monkey lives in Japan with his family and friends. He sometimes finds it hard to realise when his body is giving him signals, like when he is hungry or cold.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
282 X 222 mm  
Release Date: March 2022  
9781787756922

Hardback  
48 pages  
COLOUR SECTION(S)  
AUD\$: 36.99

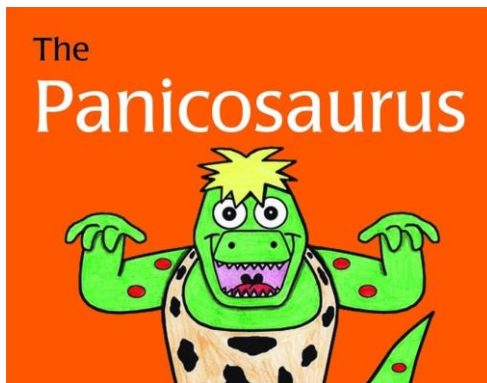
**The Disappointment Dragon**K.I. Al-Ghani  
Illustrations by Haitham Al-Ghani**Disappointment Dragon***By Haitham Al-Ghani, Kay Al-Ghani***KIDS 5-13YRS****BESTSELLER**

The fun characters in this charming, fully illustrated storybook will help children to cope with, and discuss openly, their feelings of disappointment.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
280 X 224 mm  
Release Date: February 2014  
9781849054324

Hardback  
64 pages

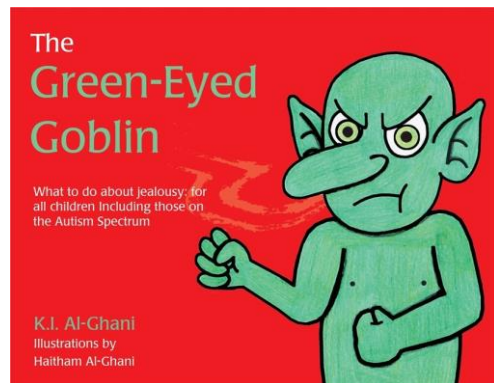
**AUD\$: 36.99****The Panicosaurus****Panicosaurus***By Kay Al-Ghani, Haitham Al-Ghani***KIDS 5-13YRS**

This fun, easy-to-read and fully illustrated storybook will inspire children who experience anxiety and encourage them to banish their own Panicosauruses with help from Mabels strategies.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
283 X 218 mm  
Release Date: December 2012  
9781849053563

Hardback  
56 pages  
AUD\$: 36.99

**The Green-Eyed Goblin**

What to do about jealousy: for all children including those on the Autism Spectrum

K.I. Al-Ghani  
Illustrations by Haitham Al-Ghani**Green-Eyed Goblin***By Kay Al-Ghani, Haitham Al-Ghani***KIDS 5-13YRS**

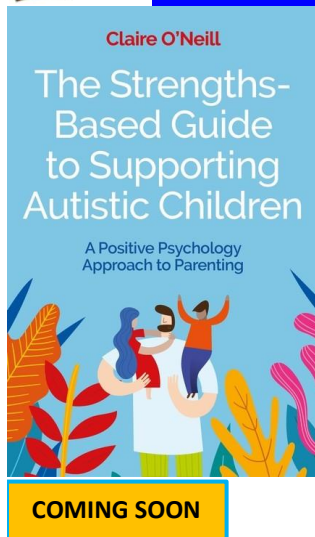
This fun illustrated storybook will help children aged 5-13 to understand and cope with jealousy and how it can sometimes make us feel not good enough.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
287 X 223 mm  
Release Date: December 2016  
9781785920912

Hardback  
48 pages

**AUD\$: 36.99**



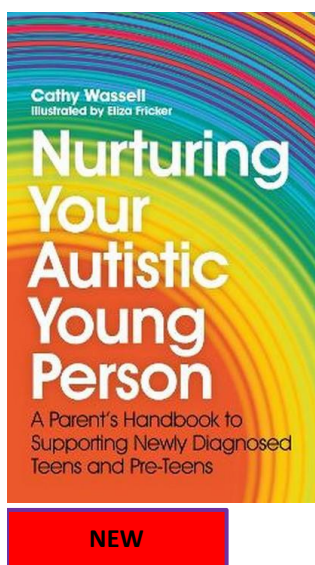
## The Strengths-Based Guide to Supporting Autistic Children

A Positive Psychology Approach to Parenting

By *Claire O'Neill*

'Being strength-aware has brought many moments of joy to our family life. It is this potential for growth and joy that I now want to share in this book' This flexible, dip-in-dip-out guide will introduce you to the strengths-based approach that is helping autistic children and their families to thrive. By focusing on how to identify, develop and use your child's strengths to support them throughout childhood and into adolescence, this transformative approach is here to show you and your child that their unique character-strengths can empower them and shape their future. Claire O'Neill combines her personal experience as an autistic person and mother to autistic children with her expert knowledge as a professional working with autistic young people to demonstrate the value of a strengths-based approach.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
Paperback  
229 X 152 mm  
208 Pages  
B&W THROUGHOUT  
Rel Date: May 2023  
**9781839972157**  
**AUD\$: 37.99**



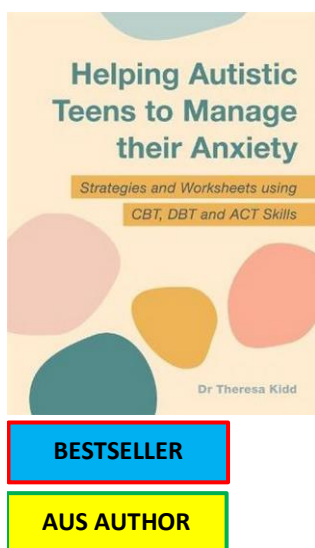
## Nurturing Your Autistic Young Person

A Parent's Handbook to Supporting Newly Diagnosed Teens and Pre-Teens

By *Cathy Wassell, Eliza Fricker*

As the parent of a child recognised as autistic as a pre-teen or teen, it can often feel difficult to find the answers you need. Children who make it to late primary/early secondary age before being picked up by the system tend to present with traits that are harder to spot, meaning it can be harder to engage professionals in the diagnostic process and gather the necessary support. Cathy Wassell, CEO of Autistic Girls Network, has tailored this handbook to support parents with older children or teenagers who are at the identification stage, walking them through the basics in an engaging and accessible manner. She addresses key challenges for this age group, including co-occurring conditions, puberty, and safeguarding, as well as looking to the future, advising on schooling options, and beyond.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
Paperback  
216 X 138 mm  
288 Pages  
Rel Date: January 2023  
**9781839971112**  
**AUD\$: 38.99**



## Helping Autistic Teens to Manage their Anxiety

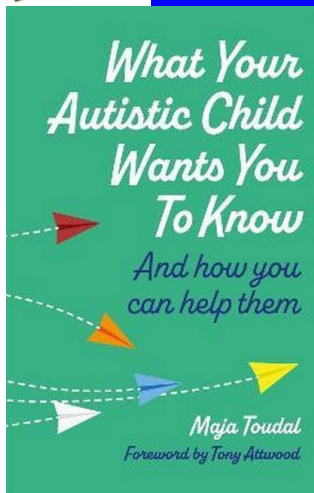
Strategies and Worksheets using CBT, DBT, and ACT Skills

By *Dr Theresa Kidd*

Drawing on the author's extensive clinical and research experience, this book presents practical strategies purposefully developed for parents, therapists and teachers working with autistic adolescents experiencing anxiety. In addition, it features chapters dedicated to assisting parents in supporting their anxious child. The book outlines the co-occurrence of anxiety and autism, highlights specific anxiety risks and triggers, and presents practical solutions for overcoming barriers to therapeutic engagement. A collection of CBT, ACT and DBT-informed practical worksheets are included.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
Paperback  
279 X 216 mm  
240 Pages  
Rel Date: April 2022  
**9781787754508**  
**AUD\$: 52.99**





**NEW**

## What Your Autistic Child Wants You to Know And How You Can Help Them

By *Maja Toudal*

"There are so many things I wish I could have told my parents when I was a child, but back then I did not have the words." It can be challenging understanding what your autistic child wants and needs, at times it can feel like a struggle to ask the right questions and find the right words. Written by autistic academic and advocate, Maja Toudal, in collaboration with other autistic voices, this candid book explores a range of common situational and social challenges an autistic young person may face and gives lived-experience advice on how to resolve them. Maja offers insights on everything from making mealtimes work for your child, to handling bullying and peer pressure, both at school and on social media, providing an insider's guide into the child's emotional life.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
Paperback  
216 X 138 mm  
240 Pages  
Rel Date: September 2022  
**9781787757721**  
**AUD\$: 41.99**



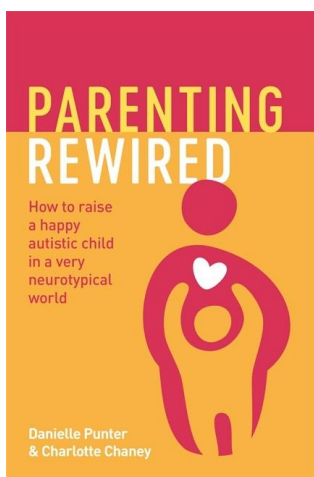
## Championing Your Autistic Teen at Secondary School

Getting the Best from Mainstream Settings

By *Debby Elley, Gareth D. Morewood*

The transition to secondary school can be a daunting time for parents of autistic youngsters, as well as children themselves. Have you selected the right place? What if staff don't really understand your child's needs? Will they adapt sufficiently - and if not, then what happens? The good news is that you have the ability as a parent or carer to address these concerns, rather than leaving it all to chance. This book will give you the tools to do just that. From choosing the right school for your child (and spotting the tell-tale signs of the wrong one), to preparing both your child and the new school for the transition, to overcoming barriers and building a positive, collaborative and effective relationship between home and school.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
Paperback  
216 X 138 mm  
208 Pages  
B&W THROUGHOUT  
Rel Date: May 2022  
**9781839970740**  
**AUD\$: 39.99**



**NEW**

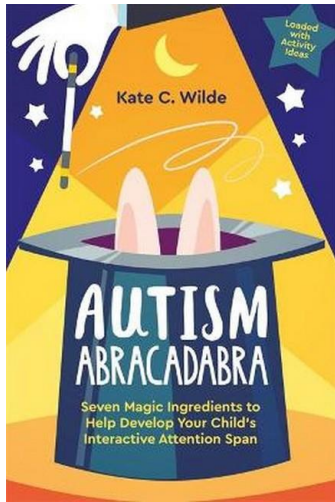
## Parenting Rewired How to Raise a Happy Autistic Child in a Very Neurotypical World

By *Danielle Punter, Charlotte Chaney*

Parenting an autistic child as a neurotypical adult can be challenging but it doesn't need to feel impossible! This essential guide will help you reshape your approaches to parenting. Packed with lived-experience insight and easy-to-follow advice this transformative guide will change how you view the behaviour of your autistic child and challenge you to rewire your thinking to see the world through the autistic lens. This guide challenges the common misunderstandings surrounding autistic behaviour, such as emotional dysregulation in public settings or meltdowns at mealtimes. Parents and carers will be given a deeper understanding of why your child behaves the way they do and how a change in your parenting approach is key to relax and resolve difficult situations.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
Paperback  
229 X 152 mm  
224 Pages  
Rel Date: November 2022  
**9781839970726**  
**AUD\$: 42.99**



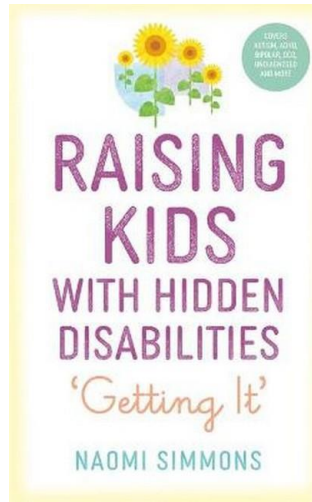
**Autism Abracadabra***By Kate Wilde*

This book is filled with magical game ideas and creative activities designed for children on the autism spectrum to maximise connection and social interaction.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: August 2022  
**9781787757516**

Paperback  
208 pages

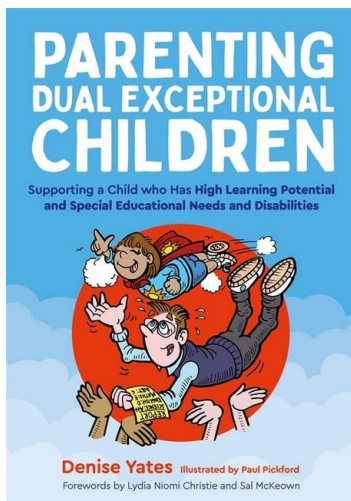
**AUD\$: 39.99****Raising Kids with Hidden Disabilities***By Naomi Simmons*

This accessible guide will tell you everything you need to know about parenting a child with a hidden condition, such as autism, dyspraxia, ADHD or bipolar, whether or not a formal diagnosis has been received.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: July 2022  
**9781839971556**

Paperback  
336 pages  
B&W THROUGHOUT  
**AUD\$: 44.99**

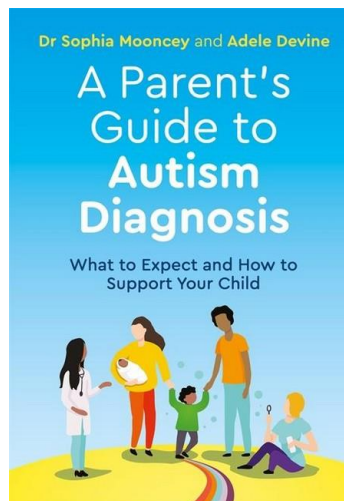
**Parenting Dual Exceptional Children***By Denise Yates, Paul Pickford*

An essential guide to supporting a child who is a high potential learner (dual or multiple exceptionality). Introducing DME, the author also shares tips and strategies for supporting your child to meet their full learning potential.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
246 X 173 mm  
Release Date: June 2022  
**9781787758100**

Paperback  
336 pages  
B&W THROUGHOUT  
**AUD\$: 54.99**

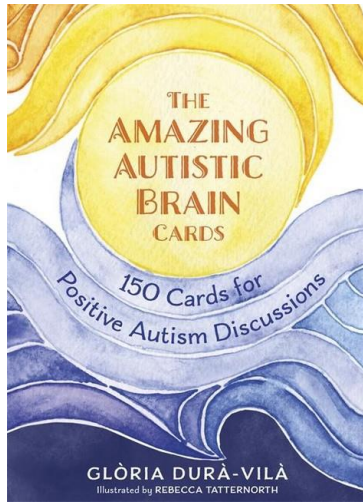
**A Parent's Guide to Autism Diagnosis***By Adele Devine, Sophia Mooncey*

Everything parents need to know about the process of autism diagnosis for a child, from referral to assessment and beyond. Combining information on medical diagnosis, educational needs and more.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: January 2022  
**9781787754249**

Paperback  
272 pages  
**AUD\$: 39.99**



### The Amazing Autistic Brain Cards

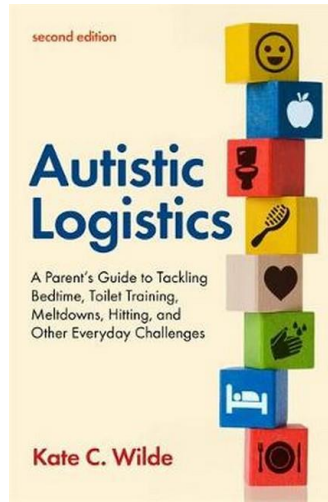
By Gloria Dura-Vila,  
Rebecca Tatternorth



A set of cards to help children and teens recently diagnosed with autism to characterise and understand their diagnosis in a positive light.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
75 X 105 mm  
Release Date: September 2021  
**9781787754300**

Cards  
**AUD\$: 60.99**



### Autistic Logistics 2/e

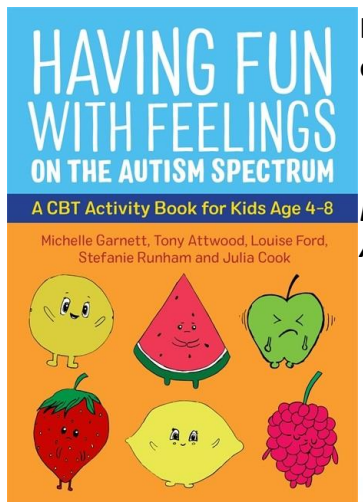
By Kate Wilde



A fully updated edition of the bestselling guide to parenting children on the autism spectrum. It covers all the key problem areas including sleep, food avoidance and emotional regulation, and is full of tried-and-tested strategies.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: January 2022  
**9781787757493**

Paperback  
288 pages  
**AUD\$: 39.99**



### Having Fun with Feelings on the Autism Spectrum

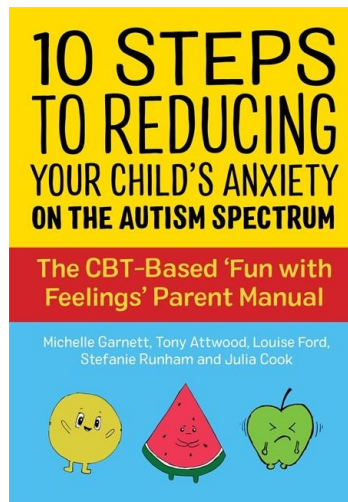
By Michelle Garnett, Tony Attwood



This activity book is a helpful and creative tool for children aged 4-8 to learn and understand their emotions to help reduce anxiety.

**JESSICA KINGSLEY PUBLISHERS**  
Author is from Australia  
Disc: TRADE INTERNATIONAL  
150 X 150 mm  
Release Date: July 2020  
**9781787753273**

Paperback  
96 pages  
**AUD\$: 26.99**



### 10 Steps to Reducing Your Child's Anxiety on the Autism Spectrum

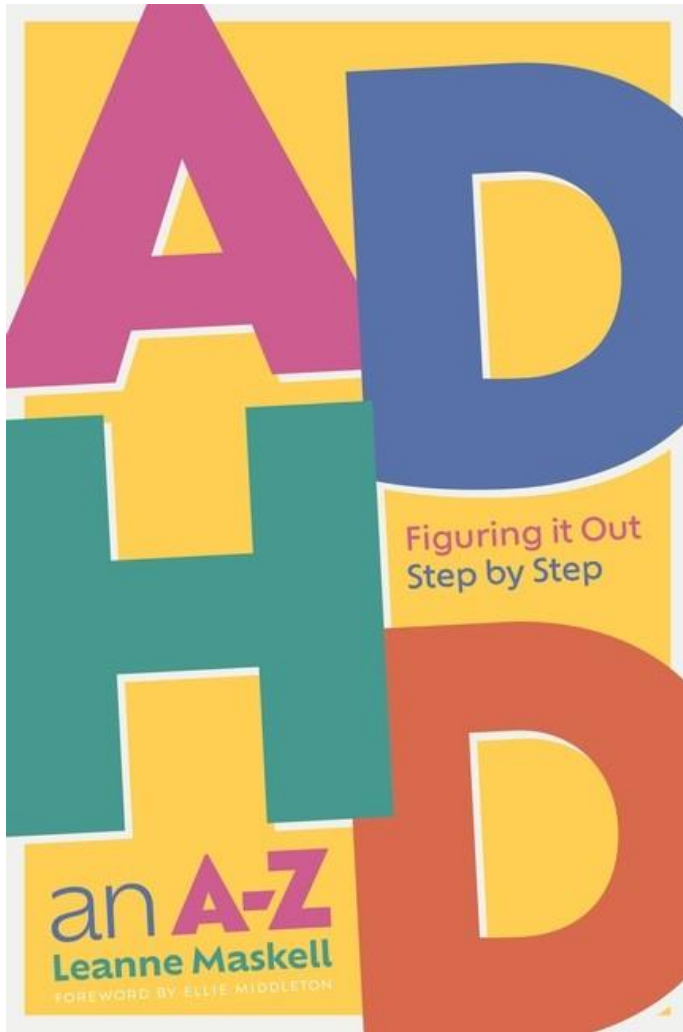
By Michelle Garnett, Tony Attwood



Recognising, expressing, and understanding emotions helps young children make sense of their life experiences. Children diagnosed with autism can have significant difficulties with recognising and processing emotions.

**JESSICA KINGSLEY PUBLISHERS**  
Author is from Australia  
Disc: TRADE INTERNATIONAL  
150 X 150 mm  
Release Date: July 2020  
**9781787753259**

Paperback  
256 pages  
**AUD\$: 39.99**

**Author Bio:**

Leanne Maskell is an ADHD coach, author, and consultant. She was diagnosed with ADHD age 25, trained at the ADD Coach Academy and worked in mental health & disability legal policy for over 2 years. Having trained companies such as Microsoft, Leanne founded 'ADHD Works' to help others harness the strengths of ADHD through coaching, education, and empowerment. This is Leanne's third book.

**ADHD an A-Z****Figuring it Out Step by Step****NEW***By Leanne Maskell***Key Sales Points:**

\*A guide to navigating life as a young adult with ADHD - from someone who's been through it all

Navigating the world with an ADHD brain can be exhausting. The rollercoaster ride from clinical assessments through diagnosis to treatment can leave you feeling anxious and isolated, worried about failing or feeling different.

This handy guide is here to change all that. If you have (or suspect you have) ADHD, you'll know the frustration of being given neurotypical or clinical advice - but this is straight from an ADHD brain to you.

The accessible A-Z format, covering everything from burnout and finances to time management and relationships, gives you the tips and confidence you need to reach your full potential. It empowers you to understand why ADHD brains work the way they do and how to harness your unique mind to think creatively and overcome any hurdle life throws at you.

Easy to digest and full to the brim with practical life advice including budgeting plans for impulsive spending, advice on rejection sensitive dysphoria and ways to relax, this book provides everything you need to feel confident and supported through your ADHD diagnosis and beyond.

**JESSICA KINGSLEY PUBLISHERS**

Disc: Trade International

229 X 152 mm

Release Date: March 2023

**9781839973857**

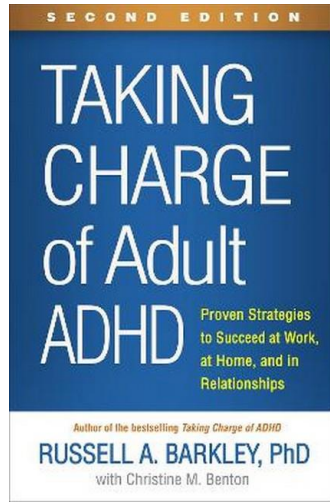
Paperback

304 pages

**AUD\$: 33.99**

9 781839 973857

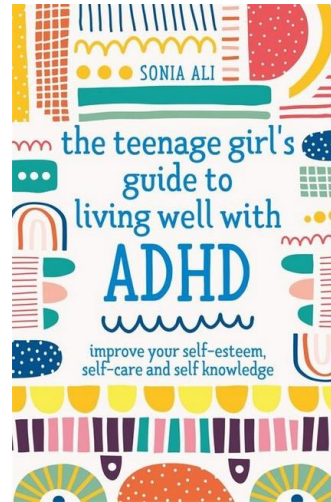


**Taking Charge of Adult ADHD 2/e***By Russell A. Barkley, Christine M. Benton***BESTSELLER**

Many tens of thousands of readers have found needed information and support in this authoritative guide, now in a revised and updated second edition.

**GUILFORD PUBLICATIONS**  
Disc: TRADE INTERNATIONAL  
254 X 178 mm  
Release Date: February 2022  
**9781462546855**

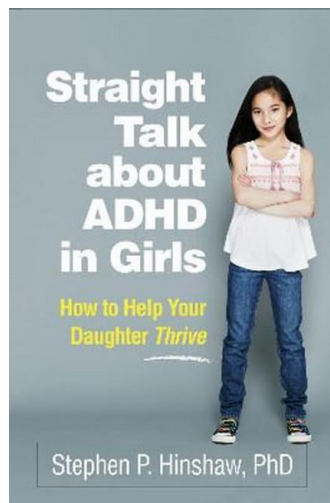
Paperback  
316 pages  
**AUD\$: 47.99**

**The Teenage Girl's Guide to Living Well with ADHD***By Sonia Ali***BESTSELLER**

This positive, self-affirming guide will increase your knowledge about ADHD and empower you in your daily life. The chapters are full of tips, tricks and life hacks so you can better manage your time, harness your creativity and more.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: March 2022  
**9781787757684**

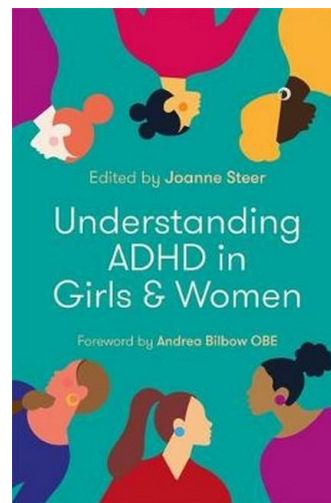
Paperback  
160 pages  
B&W THROUGHOUT  
**AUD\$: 34.99**

**Straight Talk about ADHD in Girls***By Stephen P. Hinshaw*

Parenting a daughter with attention-deficit/hyperactivity disorder (ADHD) is no easy path—especially because of the myth that the disorder is rare to non-existent in girls.

**GUILFORD PUBLICATIONS**  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: September 2022  
**9781462547517**

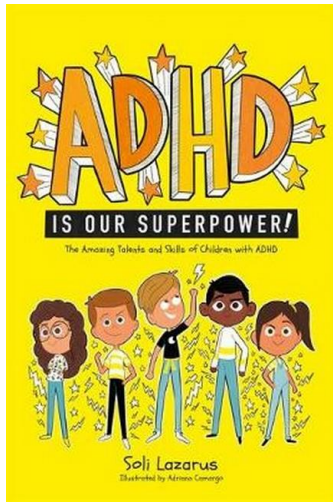
Paperback  
258 pages  
**AUD\$: 44.99**

**Understanding ADHD in Girls and Women***By Joanne Steer, Andrea Bilbow*

This book offers honest and clear professional insights into what it really means to have ADHD and provides information about where to go and what to expect.

**JESSICA KINGSLEY PUBLISHERS**  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: June 2021  
**9781787754003**

Paperback  
360 pages  
B&W THROUGHOUT  
**AUD\$: 52.99**



**ADHD Is Our Superpower**

By *Soli Lazarus, Adriana Camargo*

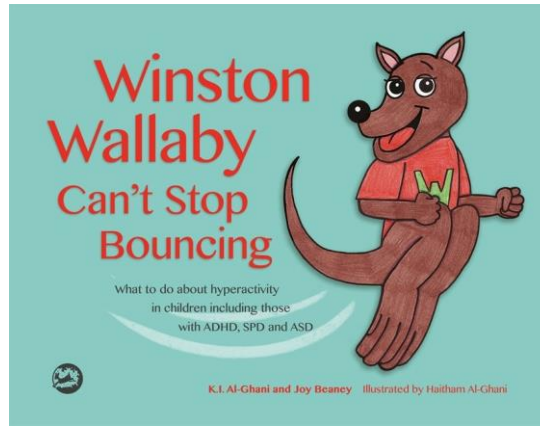
**BESTSELLER**



An illustrated book to help children to understand their ADHD diagnosis in a positive light. Each character in the book focuses on a specific symptom of ADHD.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 229 X 152 mm  
 Release Date: August 2021  
**9781787757301**

Paperback  
 64 pages  
 COLOUR SECTION(S)  
**AUD\$: 26.99**



**Winston Wallaby Can't Stop Bouncing**

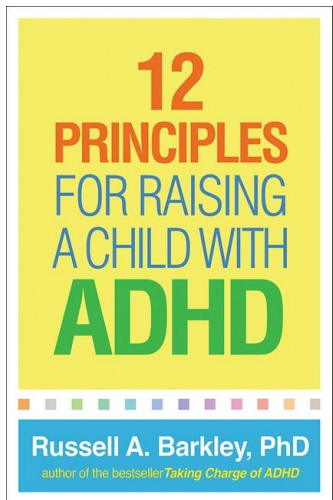
By *Kay Al-Ghani, Haitham Al-Ghani*



Winston Wallaby, like most Wallabies, loves to bounce. However, Winston can't seem to ever sit still and when he starts school, he needs help to concentrate.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 286 X 221 mm  
 Release Date: March 2018  
**9781785924033**

Hardback  
 72 pages  
**AUD\$: 36.99**



**12 Principles for Raising a Child with ADHD**

By *Russell A. Barkley*

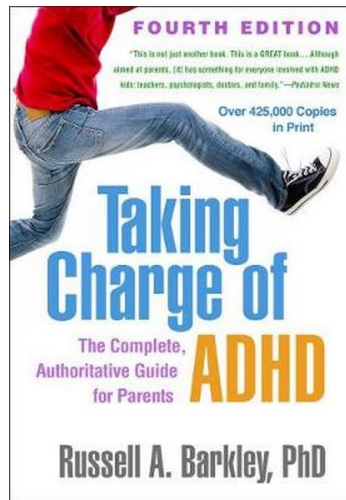
**BESTSELLER**



From his decades of research and work with thousands of families, leading authority Russell A. Barkley knows how overwhelming the everyday challenges of ADHD can be.

**GUILFORD PUBLICATIONS**  
 Disc: TRADE INTERNATIONAL  
 100 X 100 mm  
 Release Date: January 2021  
**9781462542550**

Paperback  
 205 pages  
**AUD\$: 44.99**



**Taking Charge of ADHD 4/e**

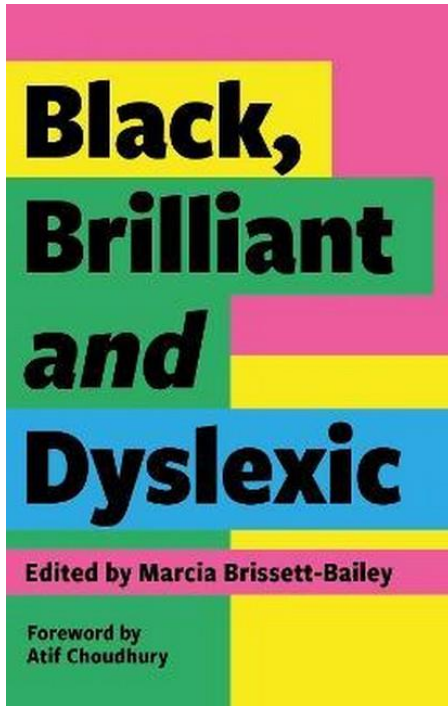
By *Russell A. Barkley*



The leading parent resource about attention-deficit/hyperactivity disorder (ADHD) and its treatment has now been revised and updated with the latest information and resources.

**GUILFORD PUBLICATIONS**  
 Disc: TRADE INTERNATIONAL  
 150 X 150 mm  
 Release Date: August 2020  
**9781462542673**

Paperback  
 381 pages  
**AUD\$: 52.99**



**Black, Brilliant and Dyslexic**  
Neurodivergent Heroes Tell their Stories

*By Marcia Brissett-Bailey*

My book showcases positive role models for black and people within our wider dyslexic community and society, to inspire current and future generations. This is a raw, honest and enlightening collection of experiences, across the black and dyslexic community, giving an intersectional perspective on topics including the education system, the workplace, daily life and entrepreneurship. These stories highlight the challenges, progress, successes and contributions of the black and dyslexic community, helping others to find their voice, feel empowered and be proud of their differences. It charts journeys from early childhood through to adulthood and, despite the lack of representation within the public arena, how black dyslexic people of all ages are changing the world. Raising awareness, breaking silences and tackling the stigma around dyslexia and the difficulties stemming from a lack of support. Contributors share how they tackled their unique adversities and provide practical tips for others to live proudly at the intersection of blackness and dyslexia.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL

Release Date: May 2023

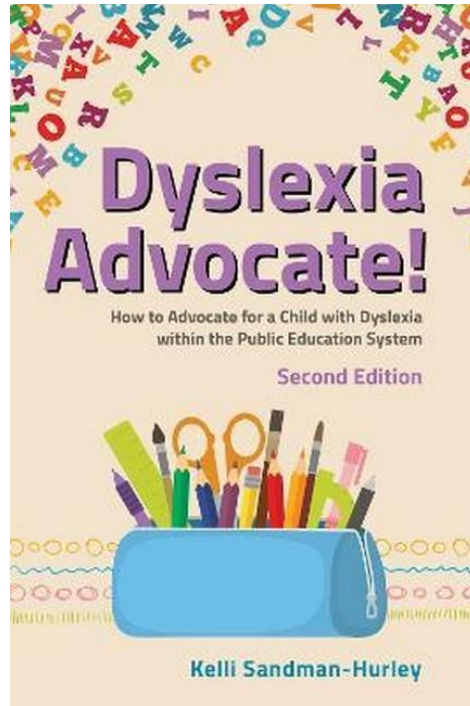
**9781839971334**



9 781839 971334

Paperback  
240 pages

**AUD\$: 36.99**



**Dyslexia Advocate! 2/e**

*By Kelli Sandman-Hurley*

This updated edition of this bestselling, straightforward guide provides the essential information for parents and advocates to understand US law and get the right educational entitlements for a dyslexic child. Using case studies and examples, this book demonstrates clearly how to apply the Individuals with Disabilities Education Act (IDEA) to the unique requirements of a dyslexic child. It offers simple, intelligible help for parents on how to coordinate successfully with their child's school and achieve the right services and support for their dyslexic child; up to and beyond getting an effective Individual Education Plan (IEP). Dyslexia Advocate! is an invaluable tool for parents trying to negotiate a complex legal system to get the best outcome for their child. With brand new chapters on the structure of special education services in the US and current state laws, this guide is fundamental to understanding and advocating for your dyslexic child.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL

Release Date: May 2023

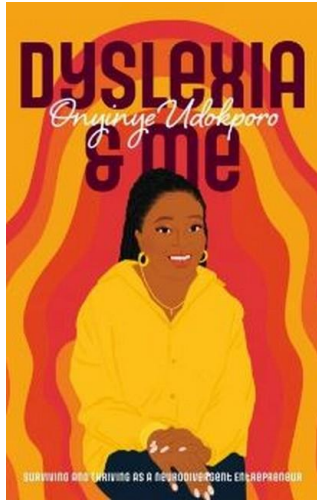
**9781839971709**



9 781839 971709

Paperback  
240 pages

**AUD\$: 51.99**

**Dyslexia and Me***By Onyinye Udokporo***NEW**

Rising star entrepreneur Onyinye Udokporo shares her story of being young, black and dyslexic in a society where dyslexia was presented as a white male issue.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL

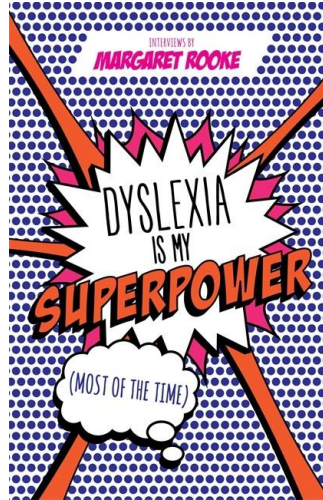
216 X 138 mm

Release Date: November 2022

**9781787759442**

Paperback

208 pages

**AUD\$: 34.99****Dyslexia is My Superpower (Most of the Time)***By Margaret Rooke, Catherine Drennan*

In more than 100 interviews, children and young adults reveal their personal tips and tactics for honing the creative benefits of dyslexia, enabling them to thrive in school and beyond.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL

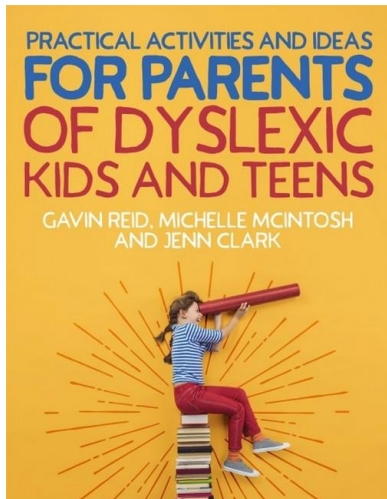
215 X 140 mm

Release Date: December 2017

**9781785922992**

Paperback

240 pages

**AUD\$: 36.99****Practical Activities and Ideas for Parents of Dyslexic Kids and Teens***By Gavin Reid, Michelle McIntosh*

Over 70 tried and tested accessible activities and games for parents to use with dyslexic children and teens to boost their fundamental educational skills.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL

279 X 216 mm

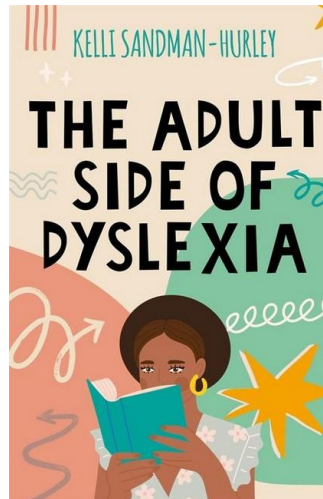
Release Date: May 2022

**9781787757615**

Paperback

192 pages

B&amp;W THROUGHOUT

**AUD\$: 44.99****The Adult Side of Dyslexia***By Kelli Sandman-Hurley***NEW**

This book shares interviews and insights from adults with dyslexia, sharing the obstacles they have faced in life and the things that helped them overcome them.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL

229 X 152 mm

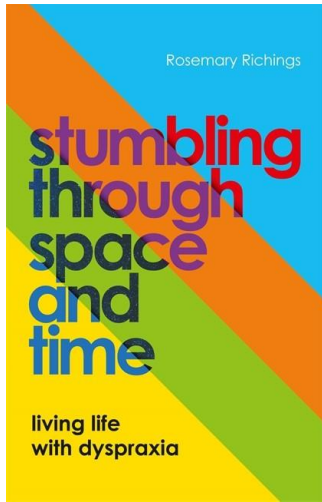
Release Date: February 2022

**9781787754751**

Paperback

128 pages

**AUD\$: 39.99**



### Stumbling through Space and Time

By Rosemary Richings

**NEW**

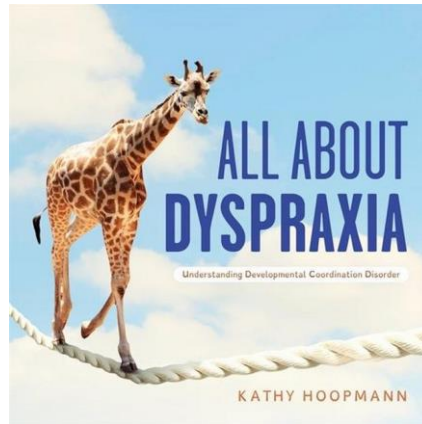


In this essential guide, Rosemary Richings shares her tips, advice and insights on growing up and thriving with dyspraxia.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: November 2022  
9781839972690

Paperback  
160 pages  
**AUD\$: 39.99**



### All About Dyspraxia

By Kathy Hoopmann

**AUS AUTHOR**

**BESTSELLER**

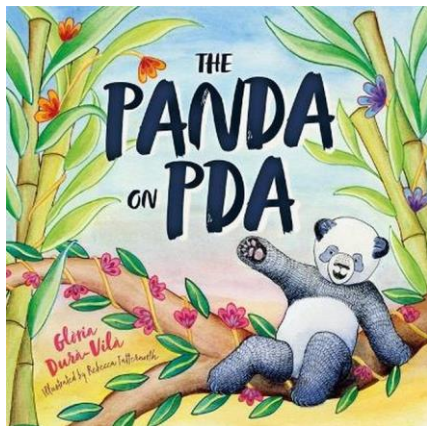


A playful look at the world of dyspraxia, explored through photographs of an array of animals, following in the best-selling footsteps of Kathy Hoopmann's Inside Asperger's Looking Out.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
216 X 213 mm  
Release Date: March 2022  
9781787758353

Hardback  
80 pages  
**AUD\$: 28.99**



### The Panda on PDA

By Gloria Dura-Vila, Rebecca Tatternorth

**NEW**

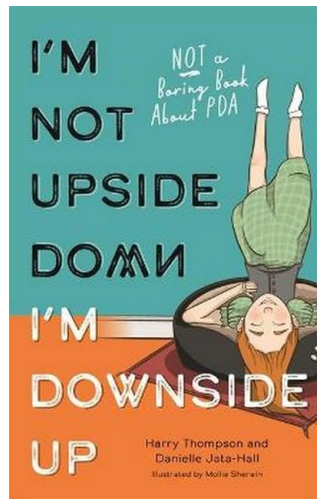


A positive and gentle introduction to PDA for children aged 3+. Panda describes the strengths and challenges of PDA, explaining how he finds it very hard to do what others ask him to do.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
216 X 213 mm  
Release Date: September 2022  
9781839970061

Hardback  
40 pages  
COLOUR SECTION(S)  
**AUD\$: 32.99**



### I'm Not Upside Down, I'm Downside Up

By Danielle Jata-Hall, Harry Thompson

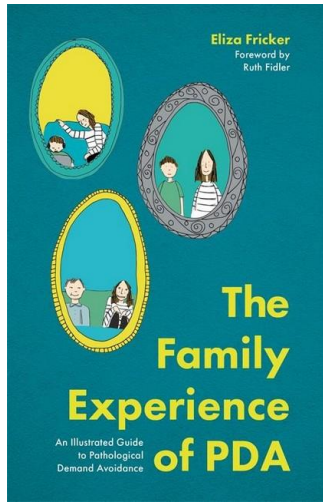


Welcome to my downside up life! My name is Ariana and I want to explain what it's like to have pathological demand avoidance from my perspective.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: May 2022  
9781839971174

Paperback  
64 pages  
B&W THROUGHOUT  
**AUD\$: 26.99**



## The Family Experience of PDA

By *Eliza Fricker*

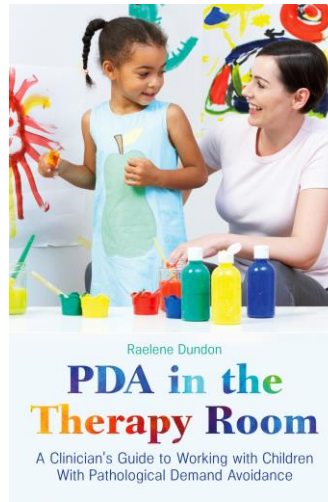


This book is an essential read for any parent with a PDA child, to help better understand your child, build support systems and carve out some essential self-care time guilt free.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 150 X 150 mm  
 Release Date: January 2022  
**9781787756779**

Paperback

**AUD\$: 34.99**



## PDA in the Therapy Room

By *Raelene Dundon*

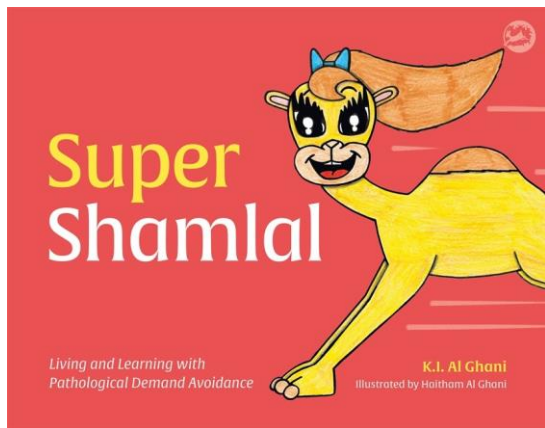


Pathological Demand Avoidance (PDA) presents a unique challenge for professionals, whereby conventional therapy methods are often perceived as demands and met with opposition where they normally would have proven effective.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 229 X 152 mm  
 Release Date: April 2021  
**9781787753471**

Paperback  
 176 pages

**AUD\$: 44.99**



## Super Shamlal

By *Kay Al-Ghani, Haitham Al-Ghani*

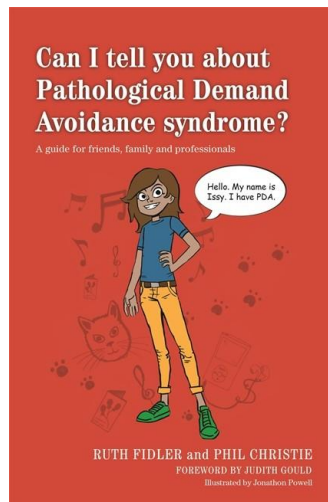


Shamlal the Camel finds it almost impossible to do all the normal, everyday things that the other camels do. Her first word was NO! and this is still the word she repeats the most through every day.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 222 X 284 mm  
 Release Date: December 2019  
**9781787750562**

Hardback  
 72 pages

**AUD\$: 36.99**



## Can I tell you about Pathological Demand Avoidance syndrome?

By *Ruth Fidler, Phil Christie*

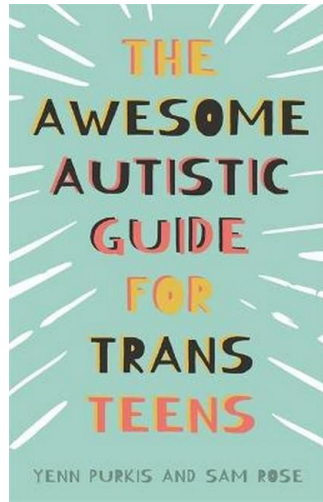
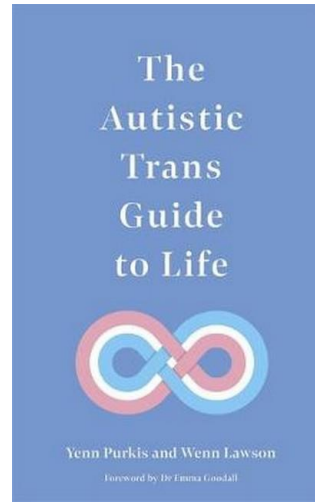


Meet Issy - an 11-year-old girl with pathological demand avoidance syndrome (PDA), a condition on the autism spectrum. Issy invites readers to learn about PDA.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 226 X 152 mm  
 Release Date: March 2015  
**9781849055130**

Paperback  
 56 pages

**AUD\$: 26.99**

**The Awesome Autistic Guide for Trans Teens***By Yenn Purkis, Sam Rose***The Autistic Trans Guide to Life***By Yenn Purkis, Wenn B. Lawson*

In this empowering guide, Yenn Purkis and Sam Rose set out honest advice and strategies to help autistic trans and/or gender divergent teens to thrive exactly as they are.

A guide for navigating life as an autistic trans and/or non-binary adult, presenting evidence-based, lived experience strategies for living well as your most authentic self.

**JESSICA KINGSLEY PUBLISHERS**

Author is from Australia

Disc: TRADE INTERNATIONAL

216 X 138 mm

Release Date: August 2022

**9781839970764**

Paperback

112 pages

B&amp;W THROUGHOUT

**AUD\$: 34.99****JESSICA KINGSLEY PUBLISHERS**

Author is from Australia

Disc: TRADE INTERNATIONAL

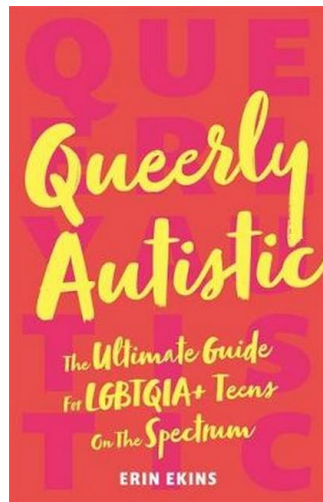
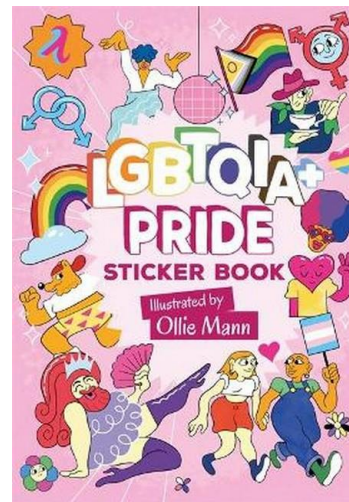
216 X 138 mm

Release Date: May 2021

**9781787753914**

Paperback

208 pages

**AUD\$: 39.99****Queerly Autistic***By Erin Ekins***LGBTQIA+ Pride Sticker Book***By JESSICA KINGSLEY, Ollie Mann*

An inspiring survival guide for autistic LGBTQIA+ teens, sharing experience and advice on coming out, consent, staying safe in relationships, communicating with family members, finding a community and practicing self-care.

The first, fabulous, LGBTQ+ Pride sticker book out there, featuring beautifully illustrated glossy stickers to share and express your pride and support of the LGBTQ+ community.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL

216 X 138 mm

Release Date: June 2021

**9781787751712**

Paperback

240 pages

**AUD\$: 34.99****JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL

246 X 173 mm

Release Date: August 2022

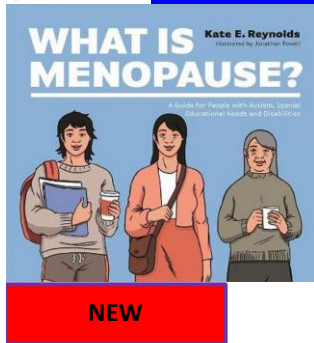
**9781839972461**

Paperback

48 pages

COLOUR SECTION(S)

**AUD\$: 23.99**

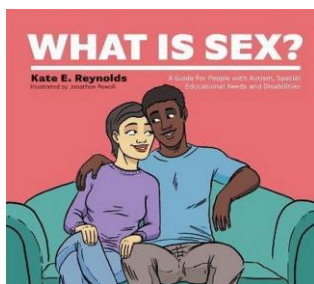


## What Is Menopause?

*By Kate E. Reynolds, Jonathon Powell*

This carefully written and explicitly illustrated book provides an explanation of menopause for people with autism and special education needs and disabilities (SEND). It helps readers to understand the physical processes and symptoms of menopause, as well as important practical information, such as how to cope with the emotional and hormonal changes in menopause, complementary therapies, and tips on how to effectively communicate your experiences to support networks and professionals such as, doctors and therapists. Menopause is rarely recognised or addressed with people who have autism, special educational needs, and disabilities (SEND) yet it has a significant impact on their daily living. This book frankly explains what constitutes menopause, that it is part of the life course and can be actively managed.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 Hardback  
 166 X 183 mm  
 40 Pages  
 Rel Date: August 2022  
**9781787759411**  
**AUD\$: 30.99**

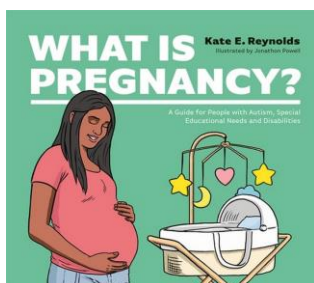


## What Is Sex?

*By Kate E. Reynolds, Jonathon Powell*

This carefully written and illustrated book provides an explanation of sex for people with autism and special education needs and disabilities (SEND). It helps readers to understand the physical processes as well as important issues such as consent and sexual safety, helping them to develop positive relationships. Many people with autism and SEND have or will have intimate relationships. Often sex is alluded to, rather than being carefully explored. This can create confusion around consent, sexual health, and pregnancy, and cause people to turn to dubious online information.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 Hardback  
 166 X 183 mm  
 40 Pages  
 COLOUR SECTION(S)  
 Rel Date: March 2022  
**9781787759374**  
**AUD\$: 28.99**



## What Is Pregnancy?

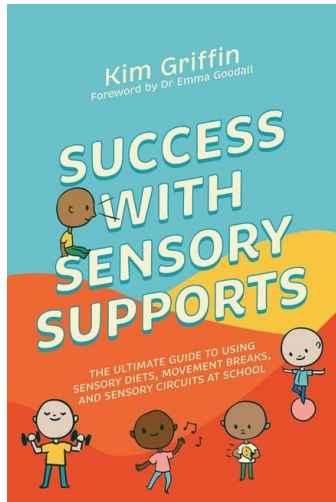
*By Kate E. Reynolds, Jonathon Powell*

This carefully written and illustrated book provides an explanation of pregnancy for people with autism and special education needs and disabilities (SEND). It helps readers to understand the physical process as well as important practical information such as how to care for a baby and antenatal care, pregnancy and childcare for autism/SEND partners. Many people with autism and SEND may want or plan to have children. Many women who have autism, special educational needs and disabilities (SEND) have poor experiences of prenatal and postnatal care and high levels of stress, anxiety and depression or do not disclose their pregnancy until far into their terms due to fears of forced termination.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 Hardback  
 166 X 183 mm  
 40 Pages  
 COLOUR SECTION(S)  
 Rel Date: March 2022  
**9781787759398**  
**AUD\$: 28.99**

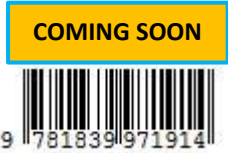






**Success with Sensory Supports**

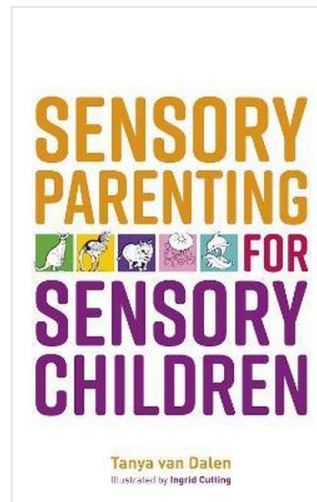
*By Kim Griffin*



For those looking to support children's sensory needs in school settings, this is an essential guide to harnessing the full powers of sensory supports.

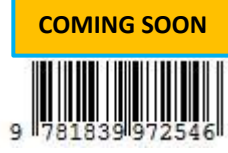
**JESSICA KINGSLEY PUBLISHERS**  
 Disc: ACAD & PROFESSIONAL  
 229 X 152 mm  
 Release Date: June 2023  
**9781839971914**

Paperback  
 176 pages  
 B&W THROUGHOUT  
**AUD\$: 33.99**



**Sensory Parenting for Sensory Children**

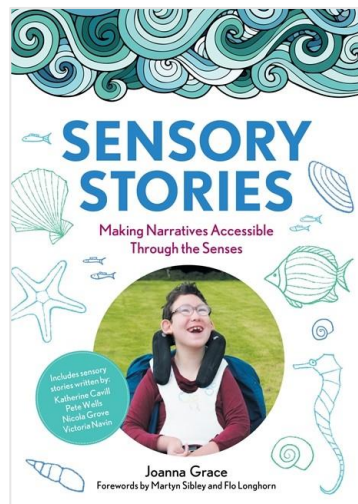
*By Tanya Van Dalen*



A reflective guide for parenting a child with sensory needs, with guidance on navigating sensory meltdowns, managing your own emotions, and responding empathetically to your child.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 Release Date: June 2023  
**9781839972546**

Paperback  
 192 pages  
**AUD\$: 33.99**



**Sensory Stories**

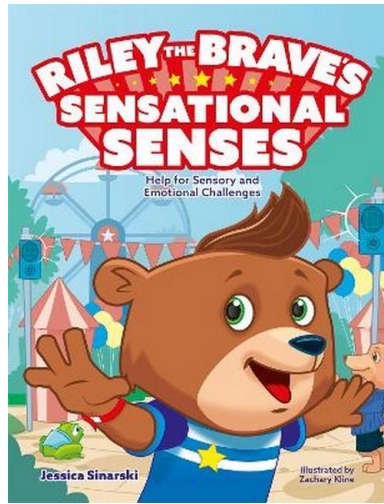
*By Joanna Grace*



Sensory Stories are short stories of a few lines which are brought to life through a selection of meaningful sensory experiences.

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 246 X 173 mm  
 Release Date: November 2022  
**9781839971471**

Paperback  
 208 pages  
**AUD\$: 60.99**



**Riley the Brave's Sensational Senses**

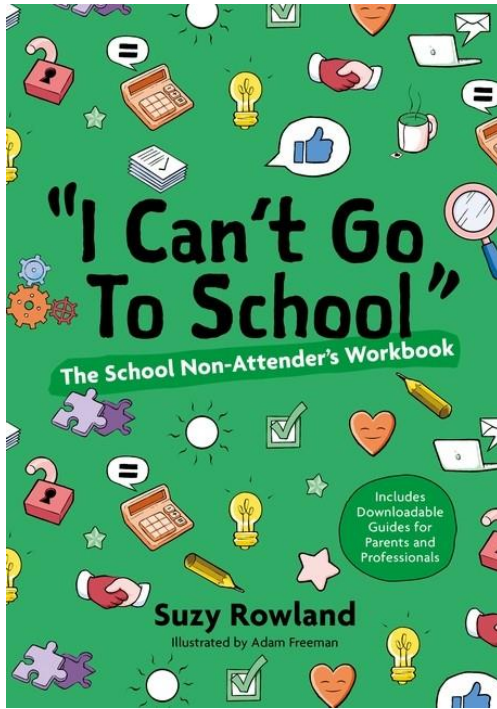
*By Jessica Sinarski, Zachary Kline*



Sensory and emotional challenges can make it tough to have fun - even at exciting places like the fair. All the smells, sounds, and sights can just be too much!

**JESSICA KINGSLEY PUBLISHERS**  
 Disc: TRADE INTERNATIONAL  
 285 X 219 mm  
 Release Date: December 2022  
**9781839973116**

Hardback  
 48 pages  
 B&W THROUGHOUT  
**AUD\$: 35.99**



**'I can't go to school!'**  
The School Non-Attender's Workbook

NEW

*By Suzy Rowland, Adam A. Freeman*

An interactive workbook for young teens who are absent from school (for a variety of reasons) to be used individually, as a direct communication aid for young people and their families, or as a companion guide to use with a therapist. If you think that going to school is tough - you're not wrong. It's difficult to do subjects you don't understand. Or be with people you don't feel comfortable around. Or to deal with the feelings you get when you think about going to school. Your parents and teachers might be having a hard time understanding why going to school is tricky for you. But don't worry, there are things you can do and there are things that other people can do to help you. By working through this book, we can explore some of the words you can use to get help and activities you can try that will make being at school feel better. Whether you're working through this individually, or if your parents, teachers, or therapist use the downloadable guides to go through this workbook with you - you'll soon discover what works best for you to get the most of learning and education!

**JESSICA KINGSLEY PUBLISHERS**

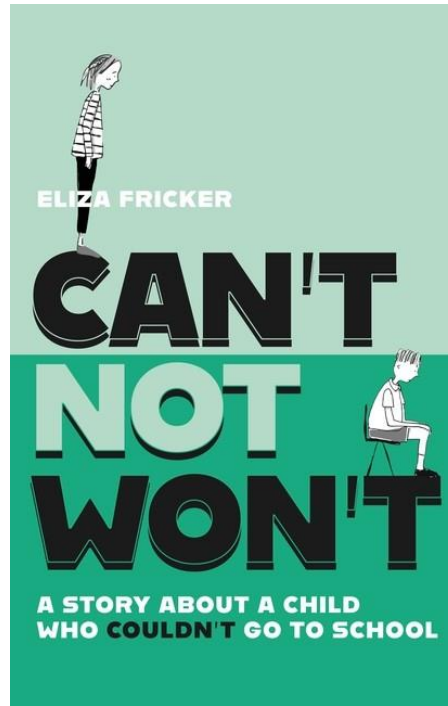
Disc: TRADE INTERNATIONAL  
246 X 173 mm  
Release Date: February 2023  
**9781839972065**

Paperback  
128 pages

**AUD\$: 38.99**



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**Can't Not Won't**  
A Story About A Child Who Couldn't Go To School

COMING SOON

*By Eliza Fricker, Sue Moon, Tom Vodden*

**Key Sales Points:**

\*A fully illustrated, empathetic and wry guide to helping and understanding children who are unable to go to school, written by a parent who has been there and gets it

Eliza Fricker gets it. Her compelling, hard-hitting, and irreverently humorous illustrations follow a family through the early days of school avoidance, the process of accessing support and the challenges of coping in the meantime. Can't Not Won't illuminates the absurdity and frustrations that often arise when dealing with health, social and educational systems, and will help any parent in the same boat feel seen.

This guide acts to communicate these difficult circumstances with others. Wonderfully relatable, the book also includes written guidance for parents and professionals on what works best when it comes to managing school avoidance.

**JESSICA KINGSLEY PUBLISHERS**

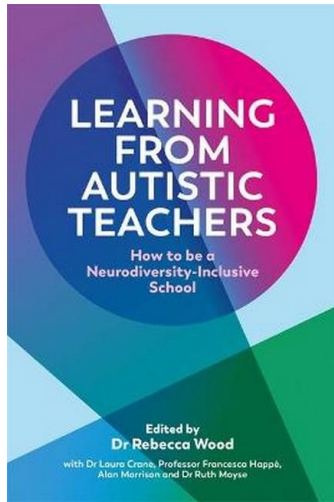
Disc: TRADE INTERNATIONAL  
Release Date: May 2023  
**9781839975202**

Paperback  
160 pages

**AUD\$: 33.99**



9 781839 975202



## Learning From Autistic Teachers

*By Rebecca Wood, Ruth Moyse*

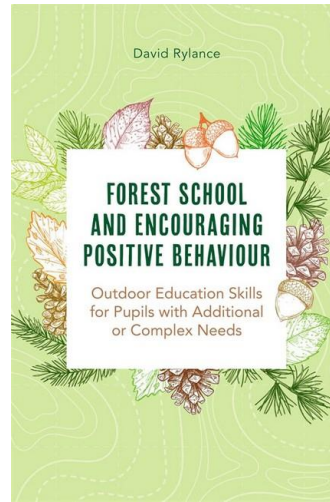


A strikingly honest anthology of autistic teachers sharing the challenges and successes of their careers. With topics including identity, inclusion, intersectionality and more.

### JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: April 2022  
**9781839971266**

Paperback  
208 pages  
B&W THROUGHOUT  
**AUD\$: 63.99**



## Forest School and Encouraging Positive Behaviour

*By Dave Rylance*

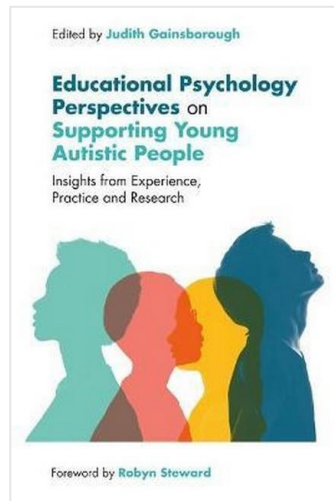


A unique look at Forest School practices, utilising outdoor skills and activities to help children with behavioural issues. The book explains strategies and approaches for education professionals.

### JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: June 2022  
**9781839970788**

Paperback  
128 pages  
**AUD\$: 44.99**



## Educational Psychology Perspectives on Supporting Young Autistic People

*By Judith Gainsborough*

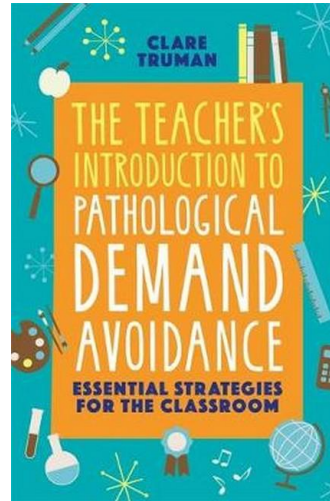


An essential guide for any professionals working with autistic children and young adults, this book provides expert insights which need to be considered by professionals, parents, and autistic people alike.

### JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL  
230 X 150 mm  
Release Date: May 2022  
**9781787758209**

Paperback  
**AUD\$: 65.99**



## The Teacher's Introduction to Pathological Demand Avoidance

*By Clare Truman*



This essential guide for working with PDA pupils outlines effective and practical ways that teachers and school staff can support these pupils, by endorsing a child-led approach to learning and assessment.

### JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: October 2021  
**9781787754874**

Paperback  
176 pages  
**AUD\$: 39.99**

# The Adult Autism Assessment Handbook

A Neurodiversity Affirmative Approach



Davida Hartman, Tara O'Donnell-Killen,  
Jessica K Doyle, Dr Maeve Kavanagh,  
Dr Anna Day, Dr Juliana Azevedo

## Author Bio:

Davida Hartman is an Adjunct Professor, as well as founder, Clinical Director and Senior Psychologist at The Adult Autism Practice and The Children's Clinic.

Tara O'Donnell-Killen is the founder and Principal Psychologist at Thriving Autistic, a non-profit global multidisciplinary team of Autistic and otherwise Neurodivergent practitioners who specialise in supporting late-identified neurodivergent adults.

Jessica K Doyle is an Autistic Assistant Psychologist at the Adult Autism Practice, a director at Thriving Autistic, a project officer at TCDSense, and a consultant and researcher.

Dr Maeve Kavanagh is a Chartered Clinical Psychologist who has worked with the Autistic community in both public and private services in Ireland since 2008.

Dr Anna Day is a Senior Clinical Psychologist at The Adult Autism Practice. Anna's daughter is Autistic.

Dr Juliana Azevedo is a Chartered Clinical Psychologist who has worked in public and private mental health services. She also works with The Adult Autism Practice since 2020.

## The Adult Autism Assessment Handbook A Neurodiversity Affirmative Approach

COMING SOON

*By Davida Hartman, Maeve Kavanagh, Juliana Azevedo,  
Tara O'Donnell-Killen, Jessica Doyle*

### Key Sales Points:

\*The first handbook on the fast-growing area of adult autism assessment for professionals, for which the authors take a neurodiversity-affirmative approach.

Adult autism assessment is a new and fast-growing clinical area, for which professionals often feel ill-equipped. Autistic adults are often misdiagnosed which has enormous implications for their mental health. This accessible and comprehensive adult autism assessment handbook covers the most up to date research and best practice around adult autism assessment, centring the person's internal experiences and sense-making in clinical assessment, rather than subjective observation, thus providing the clinician with a truly paradigm shifting Neuro-Affirmative approach to autism assessment. Traditional clinical assessment tools are comprehensively explored and unpacked to enable the clinician to have full confidence in aligning traditional criteria to the Autistic person's subjective experiences.

Full of additional resources like language guidelines and an exploration of the common intersections between Autistic experience and the effects of trauma, mental health and more, this book supplies a breadth of knowledge on key areas that affect Autistic adults in everyday life. The mixed team of neurotypical and neurodivergent authors describe lived experience of Autistic adults, a how-to for conducting Neuro-Affirmative assessments and post-assessment support, alongside reflections from practice. This book also has a directory of further resources including downloadable forms that you can use to prepare for your own assessments and a downloadable deep dive into Autistic perception. This guide will also support professionals through every step of the assessment process.

### JESSICA KINGSLEY PUBLISHERS

Disc: Acad & Professional

Paperback  
320 pages

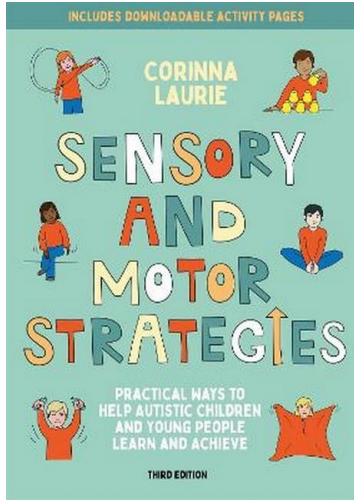
Release Date: June 2023

9781839971662

AUD\$: 67.99



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### Sensory and Motor Strategies 3/e

By Corinna Laurie, Kirsteen Wright

**NEW**

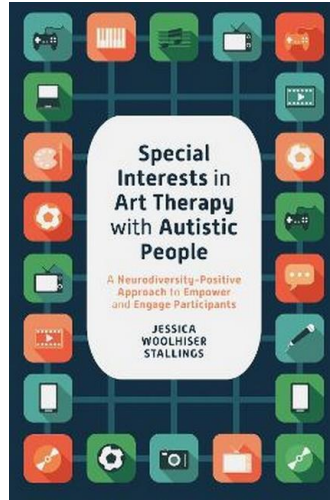


The fully revised third edition to Corinna Laurie's Sensory and Motor Strategies, an essential resource for professionals working with children on the autism spectrum.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
210 X 297 mm  
Release Date: September 2022  
9781839972720

Paperback  
128 pages  
AUD\$: 54.99



### Special Interests in Art Therapy with Autistic People

By Jessica Woolhiser Stallings

**NEW**

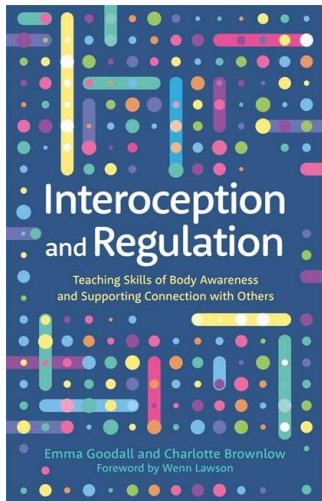


The book outlines the strategies and framework for using a unique form of art therapy incorporating popular culture and special interests.

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: November 2022  
9781787759084

Paperback  
192 pages  
AUD\$: 65.99



### Interoception and Regulation

By Emma Goodall, Charlotte Brownlow

**AUS AUTHORS**

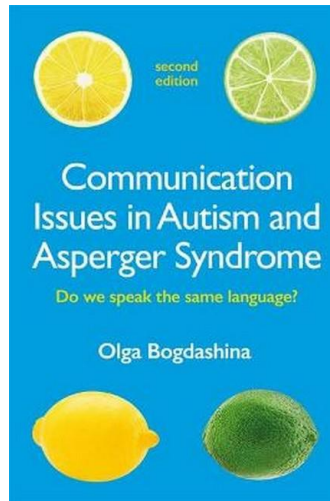


There are some things that many of us take for granted - such as knowing when we are hot or cold, feel hungry, or need to go to the toilet. But how do we know these things, and why do some people struggle to recognise them?

**JESSICA KINGSLEY PUBLISHERS**

Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: March 2022  
9781787757288

Paperback  
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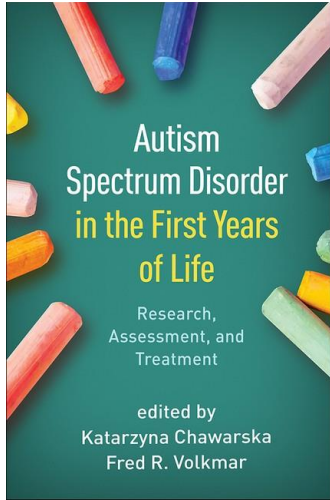


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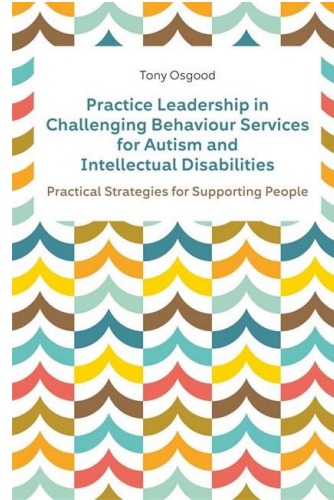
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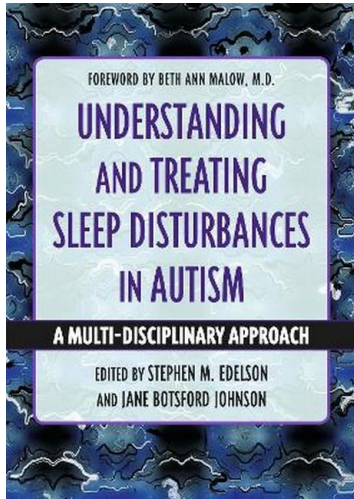
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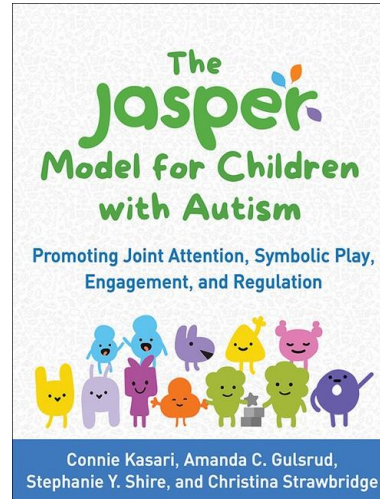
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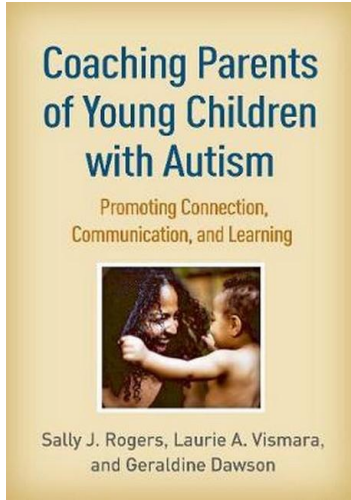
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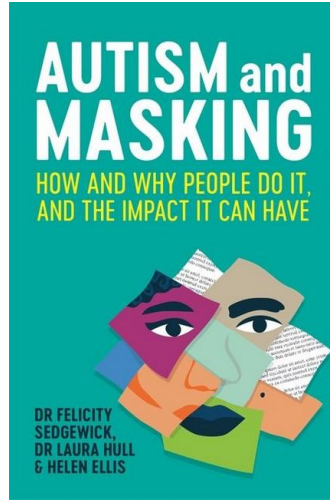
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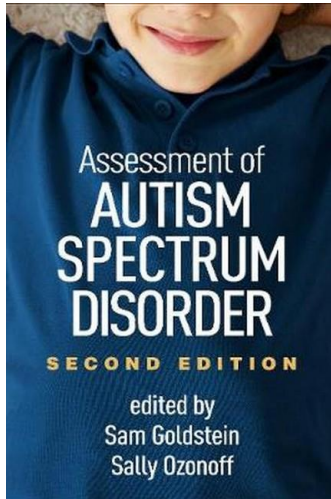
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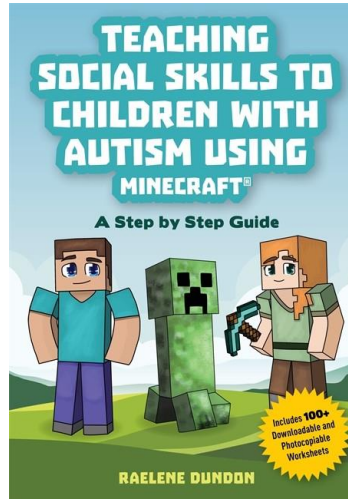
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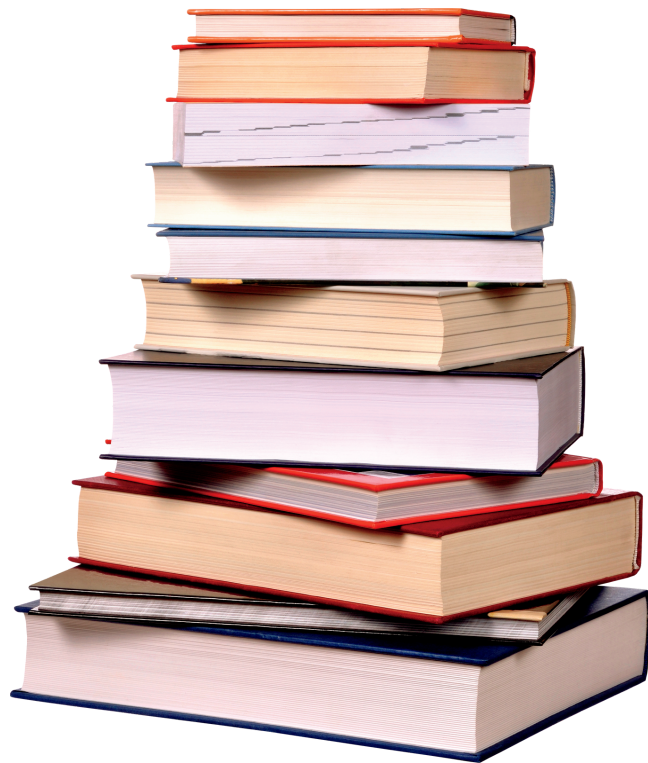
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